

# 2008 Training Schedule

## ICAADA Central Indiana Regional Chapter (CIRC)

### Friday, January 18

"Grief and Substance Abuse," Clara Ann Merkel, MTS, NCBF, Bereavement Specialist, Ruth Lilly Hospice of Clarian, and Dr. Bonita Stone, LSW, Psychiatric and Substance Abuse Therapist, Valle Vista Health System and Bereavement Specialist, Ruth Lilly Hospital of Clarian. This workshop will address the process of grieving in addiction recovery, help therapists assist clients in identifying personal losses and understanding what the losses mean, and share interventions to facilitate the grieving process.

### Friday, March 21

"Introduction to Eating Disorders," Rachel J. Roby, BGS, Addictions Specialist and Personal and Wellness Coach, Emergency Medicine EMT, Inc., Bloomington Hospital, and Bloomington YMCA. This workshop will provide an overview of eating disorders, discuss societal and biological factors influencing development of these disorders, present models of effective treatment, and generate discussion on incorporating prevention techniques into program prevention efforts.

### Friday, May 16

"Working Together: Understanding Indiana's Court Programs for Alcohol and Drug Offenders," Mary Kay Hudson, MSW, Problem Solving Courts Administrator, and Lisa White, CADAC IV, Administrator, Court Alcohol and Drug Program, Indiana Judicial Center. This workshop will explore how alcohol and drug (AOD) use factors in at sentencing for criminal offenses, present two sentencing alternatives for AOD offenders, and discuss Indiana statutes and rules governing these programs and how the courts and treatment providers collaborate for the benefit of both the offender and society.

### Friday, July 18

"Needing to Exhale: Vicarious Trauma and Service Providers," Tisha Pletcher, BA, Psychology and Philosophy and Graduate Coach Trainer, Renewall Coaching, Inc., Fishers, Indiana. This six-hour workshop will present an overview of vicarious trauma often experienced by providers working in the mental health and addiction service system and promising practices providers can use for self-healing.

### Friday, September 19

"Treating Adolescent Substance Abuse/Dependence Disorder," Kristen Burke, MSW, LCSW, Program Director, Pathway Family Center, Indianapolis. This workshop will address the importance of family involvement in treating adolescent substance use, provide insight into the unique dynamics of how families move from turmoil and dysfunction to open communication and healing, and will include a visit with a family and teen who have benefited from this approach.

### Friday, November 21

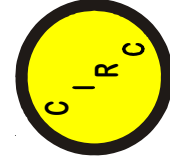
"Narcissistic Personality Disorders: Symptoms, Dynamics and Treatment," K. Brynolf Lyon, Ph.D., LMHC, Certified Group Psychotherapist; National Certified Counselor, Professor in the counseling training programs of Christian Theological Seminary, and President, Indiana Society for Psychoanalytic Thought. This workshop will describe the nature of narcissistic personality disorders, the dynamics that give rise to and sustain these disorders through the course of life, and their impact on relationships and work life, paying special attention to contemporary cognitive and psychoanalytic methodologies for treatment.



## 2008 Registration Form

Indianapolis Workshops [ICAADA Central Indiana Regional Chapter (CIRC)]

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| <input type="checkbox"/> <b>Friday, January 18</b><br>"Grief and Substance Abuse"<br><br><input type="checkbox"/> <b>Friday, March 21</b><br>"Introduction to Eating Disorders"<br><br><input type="checkbox"/> <b>Friday, May 16</b><br>"Working Together: Understanding Indiana's Court Programs for Alcohol and Drug Offenders"<br><br><input type="checkbox"/> <b>Friday, September 19</b><br>"Treating Adolescent Substance Abuse/Dependence Disorder"<br><br><input type="checkbox"/> <b>Friday, November 21</b><br>"Narcissistic Personality Disorders: Symptoms, Dynamics and Treatment" | <input type="checkbox"/> <b>Friday, July 18</b><br>"Needing to Exhale: Vicarious Trauma and Service Providers"<br><br><input type="checkbox"/> <b>Friday, September 19</b><br>"Treating Adolescent Substance Abuse/Dependence Disorder"<br><br><input type="checkbox"/> <b>Friday, November 21</b><br>"Narcissistic Personality Disorders: Symptoms, Dynamics and Treatment" |
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Name \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone(\_\_\_\_) \_\_\_\_\_ Fax \_\_\_\_\_ email \_\_\_\_\_

\_\_\_\_ Number of Workshops X \$30= \$\_\_\_\_ (Pre-registration only)  
 \_\_\_\_ Number of Workshops X \$40= \$\_\_\_\_ (Paid day of workshop)

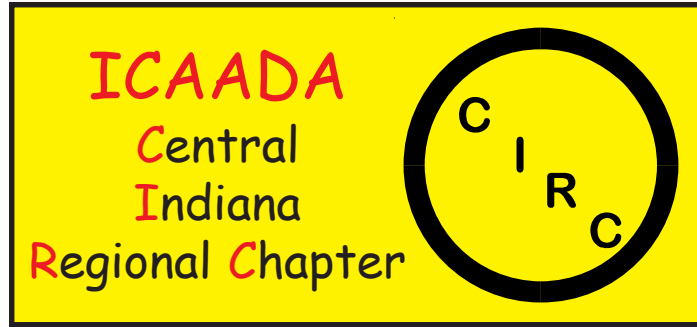
Make checks payable to CIRC. Mail to: P.O Box 441275, Indianapolis, IN 46244

NON-PROFIT ORG.  
U.S. POSTAGE  
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INDIANAPOLIS, IN  
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ICAADA  
Central Indiana Regional Chapter  
PO Box 441275  
Indianapolis, Indiana 46244



Each Workshop  
ICAADA - Approved  
for CEU's



**The Central Indiana Regional Chapter (CIRC)** is an independent, non-profit chapter of the Indiana Counselors Association on Alcohol and Drug Abuse, Inc. (ICAADA), established over ten years ago and made up of individuals dedicated to addressing the treatment needs of persons with alcohol and/or other drug use and mental health disorders. As a chapter of ICAADA, CIRC participation provides Central Indiana substance abuse and mental health practitioners the opportunity to be represented on the ICAADA board of directors and to have their voices heard at the State level, including through discussions regarding addiction counselor licensure. In the last ten years, CIRC has focused on providing low-cost, high quality workshops to help keep front-line clinical staff abreast of the most effective addictions treatment modalities for not only individuals with addictions, but individuals with co-occurring mental health and substance use disorders as well.

CIRC charges no membership fees and meets bi-monthly during the lunch break at CIRC workshops. CIRC business meetings include updates on ICAADA activities and the opportunity to participate in planning the CIRC training curriculum, which depends on the involvement of CIRC members. As manpower allows, CIRC is able to take on other efforts in support of Indiana addiction and mental health counselor interests.

**CIRC Workshops.** CIRC offers bi-monthly workshops, each approved by ICAADA for continuing education units (CEU's). All CEU's are valid not only for ICAADA certification, but also for renewal of Indiana Professional Licensing Agency licenses for Social Workers, Marriage and Family Therapists and Mental Health Counselors. Most workshops are approved for five (5) CEU's, and

in 2008, the July workshop is approved for six CEU's. ICAADA also approves up to a one-hour CEU for the CIRC business meeting, up to a bi-annual limit set by ICAADA.

Workshops and meetings are being held in 2008 in the first floor Community Room of the Indiana Interchurch Center, 1100 W. 42<sup>nd</sup> Street, Indianapolis, on the northeast corner of N. Michigan Road and W. 42<sup>nd</sup> Street. The location has ample parking, the building entrance is on the north side of the building, and the Community Room is just to the right of the entrance.

Registration for all workshops begins at 8:30 a.m., and workshops are from 9 a.m. to 3 p.m.\* The per-workshop registration fee of \$40 (\$30 if check and pre-registration are received ten days prior to the workshop) includes coffee and donuts in the morning, lunch, and coffee and cold drinks throughout the day. Documentation of CEU's is provided to all participants who attend the full workshop. Registration will be accepted for one workshop or for several workshops at a time, but registration is per-workshop and not transferable to another workshop except under special conditions. On-site registration is generally available the morning of the workshop, as space allows.

\*The July workshop will be held from 9 a.m. - 4 p.m.

**Pre-registration checks should be made payable to CIRC and mailed to CIRC, P.O. Box 441275, Indianapolis, IN 46244.**

**For more information, leave messages with:**

**Louise Polansky,**  
317-730-2039 or 317-257-7540,

**Bobby Majors, 317-542-1856, or**

**Dr. Bonita Stone, 317-590-4046.**