

Suicide Prevention and Intervention Training Programs
Requirements for New Teacher Licensure – Effective July 1, 2013
State Senate Bill 4 (SB4) - (IC20-18-2-22(b))

Training	*BPR*	**EBPP**	Training Description		Online Resource	Cost
More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel	X		A two-hour educational program to help teachers and other school personnel learn more about teen suicide and how they can play a role in its prevention. Program features two films and a manual that integrates both films into a comprehensive suicide prevention program. The program is designed to comply with states that have requirements or recommendations for teacher education in suicide prevention, and can be used for group trainings or individual study.	American Foundation for Suicide Prevention (AFSP)	www.afsp.org/Indiana 1-888-333-AFSP (2377)	See Website
Applied Suicide Intervention Skills Training (ASIST)	X		A two-day course designed to help individuals learn how to intervene with actively suicidal individuals. ASIST is highly recommended for staff that are likely to deal with high risk youth or for those that youth turn to in crisis such as Guidance Counselors, Social Workers, Nurses, and School Psychologists. ASIST requires a certified ASIST trainer.	Livingworks	https://www.livingworks.net/programs/asist/ 1-888-733-5484	See Website
At-Risk: High School Educators	X		A one-hour, online, interactive gatekeeper training program that teaches high school educators how to (1) identify students exhibiting signs of psychological distress, including depression and thoughts of suicide; (2) approach students to discuss their concern; and (3) make a referral to school support services.	Kognito Interactive	www.kognito.com/store 212-675-9234	See Website
At-Risk: Middle School Educators	X		A 50-minute, online, interactive gatekeeper training program that teaches middle school educators and staff how to (1) identify students exhibiting signs of psychological distress, including depression and thoughts of suicide, (2) approach students to discuss their concern, and (3) make a referral to school support personnel.	Kognito Interactive	www.kognito.com/store 212-675-9234	See Website
<i>Be A Link!</i>	X		A two-hour adult gatekeeper training program that provides participants with knowledge to help them identify youth at risk for suicide and refer them to appropriate help resources. <i>Be A Link!</i> requires a certified Yellow Ribbon trainer.	Yellow Ribbon	www.yellowribbon.org 303-429-3530	See Website
Staff Develop Training Module			Educates young people, parents, teachers, and others who work with young people about youth suicide. The foundation offers programs, seminars, and support materials on suicide awareness and prevention.	The Jason Foundation	http://jasonfoundation.com/ 1-888-881-2323	No charge
Making Educators Partners in Youth Suicide Prevention	X		An online gatekeeper training program for educators and school staff that addresses the critical but limited responsibilities of educators in the process of identifying and referring potentially suicidal youth. It focuses on the practical realities and challenges inherent in the school setting through a variety of training formats that include lecture, question and answer, and role plays.	Society for the Prevention of Teen Suicide	http://spts.pldm.com/	See Website

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Question Persuade and Refer (QPR): Gatekeeper Training for Suicide Prevention	X	X	A 2-3 hour educational program designed to teach "gatekeepers" - - those who are strategically positioned to recognize and refer someone at risk of suicide (e.g., parents, friends, neighbors, teachers, coaches, caseworkers, police officers) – the warning signs of suicide crisis and how to respond by following three steps.	QPR Institute	www.qprinstitute.com 1-888-726-7926	See Website
Question Persuade and Refer (QPR): Online Gatekeeper Training	X		An online training program that prepares both volunteers and professionals to detect, assess, and mitigate suicide risk in persons requesting or requiring text-only communications. Learners must successfully complete 130 exam items and practice challenges to complete the course, which consists of a highly structured, multimedia, interactive learning experience	QPR Institute	www.qprinstitute.com 1-888-726-7926	See Website
School Suicide Prevention Accreditation	X		A self-study course for school professionals who want to increase their knowledge of school-based suicide prevention issues. The course is appropriate for those who work in school settings or work with school-age youth, who may be responsible for reducing suicide and suicide-related behaviors.	American Association of Suicidology (AAS)	http://www.suicidology.org/training-accreditation/school-suicide-prevention-accreditation 1-202-237-2280	See Website
safeTALK	X		A half-day training program that teaches participants to recognize and engage persons who might be having thoughts of suicide and connect them with community resources trained in suicide intervention.	Livingworks	https://www.livingworks.net/programs/safetalk/ 1-888-733-5484	See Website
Plan, Prepare, Prevent: The SOS Signs of Suicide Online Gatekeeper Training	X		The 90 minute includes videos and interactive quizzes which provide middle and high school staff members contextual information about mental illness, suicide, and risk and protective factors, and teach participants to recognize and respond to the warning signs of depression and suicide. As a result of completing the Plan, Prepare, Prevent online course, school staff will be able to: <ol style="list-style-type: none"> 1. Discuss the prevalence of youth depression and suicidal behavior 2. Describe risk and protective factors for depression and suicidal behavior 3. Recognize and respond to suicide warning signs 4. Understand the steps involved in rolling out an evidence-based school suicide prevention program 	Screening for Mental Health, Inc.	http://mentalhealthscreening.org/gatekeeper (781) 239-0071	No Charge

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***SPRC/AFSP Best Practices Registry (BPR)** – *The purpose of the BPR is to identify, review, and disseminate information about best practices that address specific objectives of the National Strategy for Suicide Prevention. The BPR is a collaborative project of the Suicide Prevention Resource Center (SPRC) and the American Foundation for Suicide Prevention (AFSP). It is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).*

****SPRC/AFSP Evidence-Based Practices Project (EBPP)**- *was a previous effort to identify evidence-based suicide prevention practices. Interviews for the EBPP were stopped in 2005 when SAMSHA began reviewing suicide-related interventions for NREPP. Based on expert review, the EBPP included 12 evidence-based programs that were classified as either effective or promising. These 12 programs continue to be included in Section I of the BPR (most are now also listed in NREPP.) For more information about the EBPP, see [EBPP Project Description \(PDF\)](#) and [List of Programs Identified by the EBPP \(PDF\)](#).*

Please see the Suicide Prevention Resource Center's Best Practice Registry for more information on these and other programs:
http://www.sprc.org/featured_resources/bpr/ebpp.asp