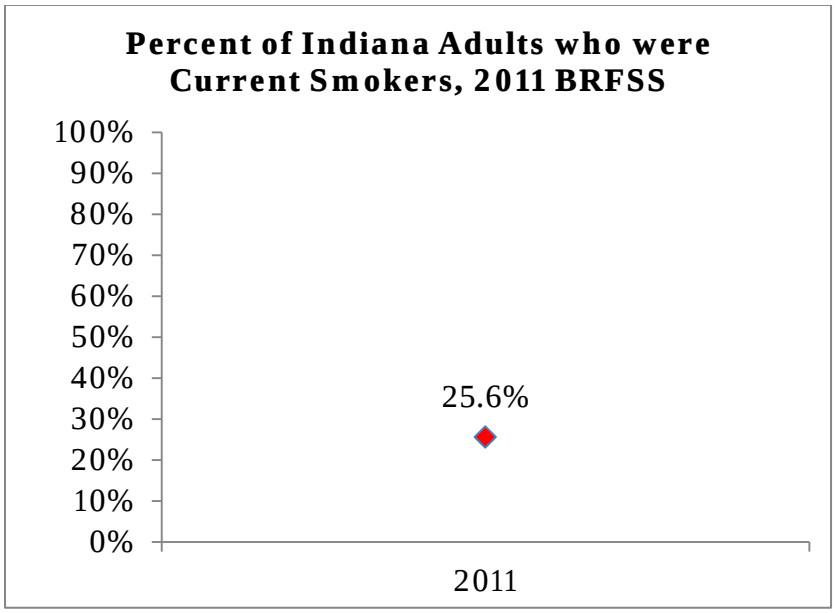
Indiana's Tobacco Burden

Tobacco use is the single most preventable cause of death and disease in the United States. Annually, cigarette smoking causes more deaths than alcohol, AIDS, car accidents, illegal drugs, murders and suicides, combined. The impact of tobacco on Indiana is staggering, costing Hoosiers 9,700 lives each year.

Data shown here are smoking rates for Indiana and some comparisons with the U.S. This data illustrates the great burden tobacco use places on all Hoosiers.

Indiana Adult Smoking Rates

- 25.6% of adults in Indiana, over 1 million people, were current smokers in 2011.
- Indiana ranks high among states in adult smoking prevalence, and is higher than the U.S. rate of 21.2%.
- The 2011 adult smoking rate among Indiana men (27.5%) remains higher than that of Indiana women (23.7%).

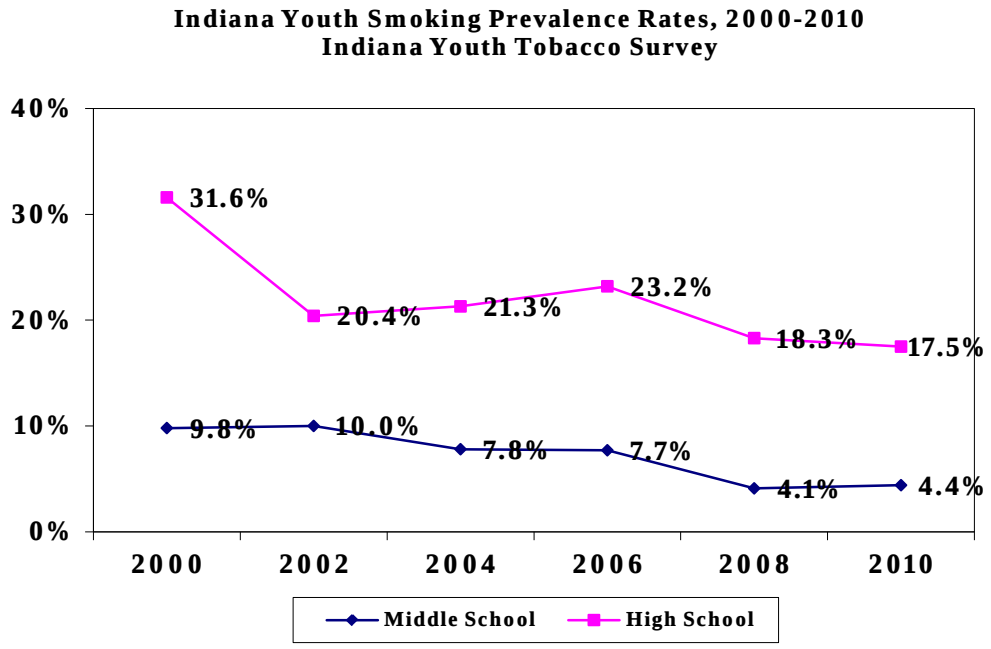


Indiana Youth Smoking Rates

High School Smoking – 17.5%
45% decline from 32% in 2000 to 17.5% in 2010

Middle School Smoking – 4.4%
56% decline from 10.0% in 2000 to 4.4% in 2010

Dramatic gains have been made among "frequent" smokers, or youth who report smoking 20 out of the last 30 days. An estimated 7.2% of high school youth and 0.9% of middle school youth are established smokers that will likely become addicted adult smokers. This is a significant decline since 2000.



Smoking among Pregnant Women in Indiana

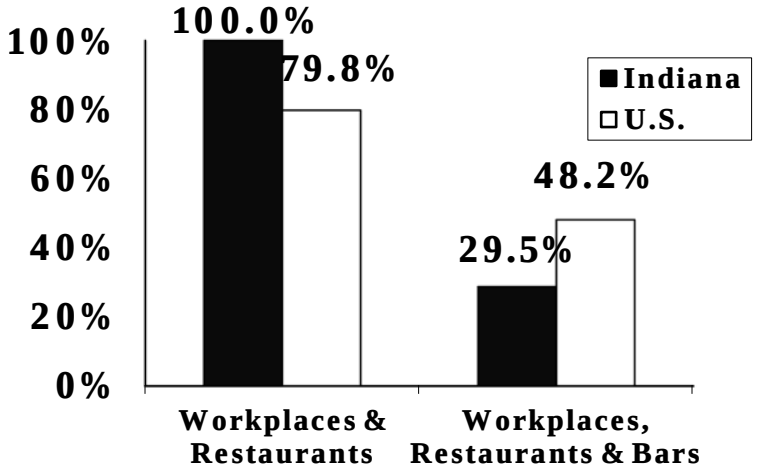
- Indiana's smoking rate among pregnant women has declined from 21% in 1999 to 17.1% in 2010. However, this is still one of the highest smoking rates among pregnant women in the country.

- County rates range from 3.9% to 35.9%. Sixty-nine (69) of Indiana's 92 counties have a smoking during pregnancy rate higher than Indiana's average of 17.1%. All but 9 counties have a smoking during pregnancy rate higher than the United States average of 12.8%.

- Smoking during pregnancy is associated with poor health outcomes, such as low birth rate, growth retardation, and spontaneous abortions.

Indiana's Tobacco-related policies

- Current Indiana state cigarette excise tax: 99.5 cents
- The average state tobacco tax is $1.49, with taxes ranging from 17 cents to $4.35 a pack.
- All Hoosiers are protected by an effective statewide smoke-free air law that covers most workplaces including restaurants. Only 29.5% are protected by a comprehensive local smoke-free air law that covers workplaces, restaurants, and bars.



What Tobacco Costs Indiana

- Medical costs related to smoking in Indiana: Over $2 billion annually
- Medicaid expenditures directly related to tobacco: $487 million
- For every pack of cigarettes sold in Indiana, Hoosiers spend $7.57 in health care costs related to smoking.

Smoking rates among Hoosiers illustrate why tobacco use greatly impacts our state. Through Indiana's comprehensive tobacco control program, we continue to raise awareness of tobacco prevention and control issues. These tobacco control efforts are beginning to be realized through reductions in youth smoking, but it will take some time before we will see substantial declines in Indiana's high smoking rates among adults and pregnant women. Join the fight so that all Hoosiers can live without tobacco!

Tobacco Prevention and Cessation Commission~ www.in.gov/isdh/tpc ~ 317.234.1787
www.QuitNowIndiana.com ~ www.indianaquitline.net

Indiana State Department of Health | Tobacco Prevention & Cessation

1-800-QUIT NOW
Indiana's Tobacco Quitline