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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 155784 | X2) MULTIPLE CONSTRUCTION A. BUILDING 00 B. WING _____ | X3) DATE SURVEY COMPLETED 02/21/2013 |
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| NAME OF PROVIDER OR SUPPLIER MICHIANA HEALTH AND REHABILITATION CENTER | STREET ADDRESS, CITY, STATE, ZIP CODE 1420 E DOUGLAS RD MISHAWAKA, IN 46545 |
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| F000000 | <p>This survey was for the Investigation of Complaint IN00124071.</p> <p>This visit was in conjunction with a Recertification and State Licensure Survey.</p> <p>Complaint IN00124071 - Substantiated. Federal/state deficiencies related to the allegations are cited at F279, F315, and F441.</p> <p>Survey dates: February 19-21, 2013</p> <p>Facility number: 012329 Provider number: 155784 AIM number: 201002500</p> <p>Survey team: Honey Kuhn, RN</p> <p>Census bed type: SNF: 37 SNF/NF: 47 Total: 84</p> <p>Census payor type: Medicare: 29 Medicaid: 34 Other: 21 Total: 84</p> <p>These deficiencies reflect state findings cited in accordance with 410</p> | F000000 | <p>This Plan of Correction constitutes this facility's written allegation of compliance for the deficiencies cited. This submission of this plan of correction is not an admission of or agreement with the deficiencies or conclusions contained in the Department's inspection report."</p> | |
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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (see instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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| | <p>IAC 16.2.</p> <p>Quality Review completed on March 1, 2013 by Brenda Meredith, R.N.</p> | | | |

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| F000279 SS=D | <p>483.20(d), 483.20(k)(1) DEVELOP COMPREHENSIVE CARE PLANS A facility must use the results of the assessment to develop, review and revise the resident's comprehensive plan of care.</p> <p>The facility must develop a comprehensive care plan for each resident that includes measurable objectives and timetables to meet a resident's medical, nursing, and mental and psychosocial needs that are identified in the comprehensive assessment.</p> <p>The care plan must describe the services that are to be furnished to attain or maintain the resident's highest practicable physical, mental, and psychosocial well-being as required under §483.25; and any services that would otherwise be required under §483.25 but are not provided due to the resident's exercise of rights under §483.10, including the right to refuse treatment under §483.10(b)(4).</p> <p>Based on record reviews and interviews, the facility failed to ensure a "CATHETER PLAN OF CARE" was specific to the needs of 1 of 3 residents reviewed for catheter care plans in a sample of 3. (Resident "B")</p> <p>Finding includes:</p> <p>The record of resident "B" was reviewed on 02/19/13 at 10:30 a.m. Resident "B" was admitted to the facility on 01/22/12, with diagnoses including, but not limited to, neurogenic bladder, paraplegia, DVT</p> | F000279 | <p>F279 It is the practice of this facility to use the results of an assessment to develop, review and revise the resident's comprehensive plan of care. It is the practice of this facility to develop a comprehensive care plan for each resident that includes measureable objectives and timetables to meet a resident's medical, nursing, and mental and psychosocial needs that are identified in the comprehensive assessment. Corrective Action: Resident B care plans reviewed and updated to reflect current status. Licensed nurses will be re-educated on</p> | 03/23/2013 |

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| | <p>(Deep Vein Thrombosis: blood clot), and anemia. Resident "B" had an A/C (anchored catheter) for urine output upon admission. Resident "B" was alert and orientated. Resident "B" was able to move and adjust his catheter without assistance. Resident "B" was being treated for a UTI.</p> <p>Review of the most most recent MDS assessment (Minimum Data Set: a tool to assist in planning resident care), dated 01/02/13, indicated Resident "B" required extensive assists of 2 more persons for personal hygiene and toileting (catheter care) needs.</p> <p>Review of the Physician's Order Sheet, dated 02/01/13, indicated: "01/21/12 CATH CARE EVERY SHIFT" "FOLEY CATH FLUSH W [with]/60 CC [centimeters] NS [Normal Saline] EVERY SHIFT AND PRN [as needed]"</p> <p>Review of a "CATHETER PLAN OF CARE", initiated on 12/22/11, indicated: "Daily Indwelling Catheter Care: Refer to Lipincott Manual of Nursing Practice"</p> <p>The care plan did not include the</p> | | <p>developing and updating care plans to reflect residents current status.</p> <p>How others identified: Residents with catheters my be affected by this practice. A one time audit completed to ensure care plans reflect residents current status.</p> <p>Systemic Changes: Licensed nurses will be re-educated on proper catheter irrigation procedure according to Lippencot Manual of Nursing Practice with a proper return demonstration.</p> <p>Monitoring: Unit managers will review care plans with each new catheter and ensure appropriateness. ADON, DON and/or designee will review during clinical meeting to ensure care plans reflect current status. The UM, ADON, DON, or designee will use a monitoring log to check compliance daily for 2 weeks, 3 times a week for 2 weeks, weekly for 4 weeks, then monthly for 4 months. New nurses will be educated on this skill and a return demonstration completed successfully. Also, done annually with licensed nurses during skills validation. Trends will be reviewed in QA monthly times 3 months and quarterly thereafter to determine further education and/or further monitoring needs. Identified non-compliance will result in one to one re-education up to and including termination. Any identified trends will be forwarded to the administrator for</p> | | |

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| | <p>specific care to be provided by staff to Resident "B" in regards to the Lippencott Manual of Nursing Practice."</p> <p>The care plan then continued to list assessment cues, including but not limited to, checking the catheter, placement of the drainage bag, tubing, emptying the drainage bag, description of the urine output, and offering oral fluids to the resident.</p> <p>The ADNS (Assistant Director Nursing Services) was interviewed, on 02/20/13 at 2:00 p.m., in regards to the facility's Catheter Care and Catheter Irrigation Care Plans. The ADNS, when queried, indicated the staff refer to the "Lippencott Manual of Nursing Practice located on the unit, for direction. Reference to the provided manual, Chapter 21: RENAL AND URINARY DISORDERS, indicated:</p> <p>"PROCEDURE: Nursing Action: Care of the indwelling catheter 1. Clean around the area where catheter enters urethral meatus...with soap and water during the daily bath to remove debris..."</p> <p>"PROCEDURE: Nursing Action: To irrigate the catheter... 1. Wash hands. Put on gloves.</p> | | <p>review and presented to QA to determine further educational needs. Completed By: March 23, 2013</p> | | | | |

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| | <p>2. Using aseptic technique, pour sterile irrigating solution into sterile container.</p> <p>3. Clean around the catheter and drainage tubing connection with sterile gauze pads soaked in povidine-iodine solution.</p> <p>4. Disconnect catheter from drainage tubing. Cover tubing with a sterile cap.</p> <p>5. Place a sterile drainage basin under the catheter.</p> <p>6. Connect a large-volume syringe to the catheter and irrigate catheter using prescribed amount of sterile irrigant.</p> <p>7. Remove syringe and place end of catheter over drainage basin, allowing returning fluid to drain into basin.</p> <p>8. Repeat irrigation procedure until fluid is clear or according to physician's directives.</p> <p>9. Disinfect the distal end of the catheter and end of drainage tubing; reconnect the catheter and tubing. Remove gloves. Wash hands."</p> <p>This Federal tag relates to Complaint IN00124071.</p> <p>3.1-35(b)(1)</p> | | | | |

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| F000315 SS=G | <p>483.25(d) NO CATHETER, PREVENT UTI, RESTORE BLADDER</p> <p>Based on the resident's comprehensive assessment, the facility must ensure that a resident who enters the facility without an indwelling catheter is not catheterized unless the resident's clinical condition demonstrates that catheterization was necessary; and a resident who is incontinent of bladder receives appropriate treatment and services to prevent urinary tract infections and to restore as much normal bladder function as possible.</p> <p>Based on observations, record reviews and interviews, the facility failed to assure catheter care was provided in a manner to prevent infection for a resident with a history of UTI (Urinary Tract Infection) for 1 of 3 residents in a sample of 3 with a urinary catheter. (Resident "B")</p> <p>Finding includes:</p> <p>The record of resident "B" was reviewed on 02/19/13 at 10:30 a.m. Resident "B" was admitted to the facility on 01/22/12, with diagnoses including, but not limited to, neurogenic bladder, paraplegia, DVT (Deep Vein Thrombosis: blood clot), and anemia. Resident "B" had an A/C (anchored catheter) for urine output upon admission. Resident "B" was alert and orientated. Resident "B" was able to move and adjust his catheter</p> | F000315 | <p>F315 It is the practice of this facility to ensure that a resident who enters the facility without an indwelling catheter is not catheterized unless the resident's clinical condition demonstrates that catheterization was necessary; and a resident who is incontinent of bladder receives appropriate treatment and services to prevent urinary tract infections and to restore as much normal bladder function as possible.</p> <p>Corrective Action: RN #15 was immediately re-educated on catheter irrigation with a successful return demonstration. Licensed nurses will be re-educated on catheter irrigation and care.</p> <p>How others identified: Residents with catheters may be affected by this practice. A one time audit completed to ensure care plans reflect residents current status.</p> <p>Systemic Changes: Licensed</p> | 03/23/2013 |

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| | <p>without assistance. Resident "B" was being treated for a UTI. Resident "B" had been treated for a UTI on 01/12/13, 01/18/13, and 02/07/13.</p> <p>Review of the Physician's Order Sheet, dated 02/01/13, indicated: "01/21/12 CATH CARE EVERY SHIFT" "FOLEY CATH FLUSH W (with)/60 CC (centimeters) NS (Normal Saline) EVERY SHIFT AND PRN (as needed)"</p> <p>On 02/20/13 at 1:00 p.m., RN #15, the unit's full time RN, was observed to provide catheter care and catheter irrigation for Resident "B". RN #15 indicated she was the usual nurse who did the cath care and irrigation. RN #15 washed her hands and opened the sterile bottle of Normal Saline and the irrigation syringe without incident. RN #15 was then observed to disconnect the catheter drainage tubing from the catheter and proceed to irrigate the bladder through the catheter with the syringe and Normal Saline, then reconnect the catheter to the catheter drainage tubing without cleansing the area of connection.</p> <p>RN #15 then gave a clear and</p> | | <p>nurses will be re-educated on proper catheter irrigation procedure according to Lippencot Manual of Nursing Practice with a proper return demonstration.</p> <p>Monitoring: The UM, ETD, ADON, DON, or designee will monitor one nurse per day for proper technique of catheter irrigation. Both the observer and the nurse will sign the paper that indicates proper procedure was done correctly. One nurse per day, Monday through Friday, for 2 weeks, one nurse 3 times per week, Monday through Friday for 4 weeks. One nurse once a week for 4 weeks then monthly for 4 months. This will be across all shifts. If there is no resident with a scheduled irrigation, the nurse will simulate a return demonstration with the manquin. Trends will be reviewed in QA monthly times 3 months and quarterly thereafter to determine further education and/or further monitoring needs. Identified non-compliance will result in one to one re-education up to and including termination. Any identified trends will be forwarded to the administrator for review and presented to QA to determine further educational needs.</p> <p>Completed By: March 23, 2013</p> | | | | |

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| | <p>accurate assessment of checking the urine for color, clarity, flow and checking the catheter, tubing, and drainage bag for positioning. RN #15 indicated the assessment as the process for providing for cath care for Resident "B."</p> <p>The ADNS (Assistant Director Nursing Services) was interviewed, on 02/20/13 at 2:00 p.m., in regards to the facility's Catheter Care and Catheter Irrigation Policy and Procedures. The ADNS provided, at the time, a "PROCEDURE: Indwelling Urinary Catheters: 07/2012". The procedure did not address catheter care or catheter irrigation. The ADNS, when queried, indicated the staff refer to the "Lippencott Manual of Nursing Practice located on the unit, for direction. Reference to the provided manual, Chapter 21: RENAL AND URINARY DISORDERS, indicated:</p> <p>"PROCEDURE: Nursing Action: Care of the indwelling catheter 1. Clean around the area where catheter enters urethral meatus...with soap and water during the daily bath to remove debris..."</p> <p>"PROCEDURE: Nursing Action: To irrigate the catheter... 1. Wash hands. Put on gloves.</p> | | | | | | |

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| | <p>2. Using aseptic technique, pour sterile irrigating solution into sterile container.</p> <p>3. Clean around the catheter and drainage tubing connection with sterile gauze pads soaked in povidine-iodine solution.</p> <p>4. Disconnect catheter from drainage tubing. Cover tubing with a sterile cap.</p> <p>5. Place a sterile drainage basin under the catheter.</p> <p>6. Connect a large-volume syringe to the catheter and irrigate catheter using prescribed amount of sterile irrigant.</p> <p>7. Remove syringe and place end of catheter over drainage basin, allowing returning fluid to drain into basin.</p> <p>8. Repeat irrigation procedure until fluid is clear or according to physician's directives.</p> <p>9. Disinfect the distal end of the catheter and end of drainage tubing; reconnect the catheter and tubing. Remove gloves. Wash hands."</p> <p>RN #15 was interviewed on 02/20/13 at 2:30 p.m. RN #15 indicated she was the full time day nurse who normally cared for Resident "B" and provided the catheter care and catheter irrigation as previously observed.</p> | | | |

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| | <p>This Federal tag relates to Complaint IN00124071.</p> <p>4.1-4(a)(2)</p> | | | |

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| F000441 SS=D | <p>483.65 INFECTION CONTROL, PREVENT SPREAD, LINENS The facility must establish and maintain an Infection Control Program designed to provide a safe, sanitary and comfortable environment and to help prevent the development and transmission of disease and infection.</p> <p>(a) Infection Control Program The facility must establish an Infection Control Program under which it - (1) Investigates, controls, and prevents infections in the facility; (2) Decides what procedures, such as isolation, should be applied to an individual resident; and (3) Maintains a record of incidents and corrective actions related to infections.</p> <p>(b) Preventing Spread of Infection (1) When the Infection Control Program determines that a resident needs isolation to prevent the spread of infection, the facility must isolate the resident. (2) The facility must prohibit employees with a communicable disease or infected skin lesions from direct contact with residents or their food, if direct contact will transmit the disease. (3) The facility must require staff to wash their hands after each direct resident contact for which hand washing is indicated by accepted professional practice.</p> <p>(c) Linens Personnel must handle, store, process and transport linens so as to prevent the spread of infection.</p> <p>Based on observation, record reviews and interviews, the facility failed to</p> | F000441 | F441 It is the practice of this facility to establish and maintain | 03/23/2013 | | | |

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| | <p>ensure catheter care and catheter irrigations were provided in accordance to the facility's policy to prevent infection for 1 of 3 residents in a sample of 3 reviewed for catheter care. (Resident "B")</p> <p>Finding includes:</p> <p>The record of resident "B" was reviewed on 02/19/13 at 10:30 a.m. Resident "B" was admitted to the facility on 01/22/12 with diagnoses including, but not limited to, neurogenic bladder, paraplegia, DVT (Deep Vein Thrombosis: blood clot), and anemia. Resident "B" had an A/C (anchored catheter) for urine output upon admission. Resident "B" was alert and orientated. Resident "B" was able to move and adjust his catheter without assistance. Resident "B" had been treated for a UTI on 01/12/13, 01/18/13, and 02/07/13.</p> <p>Review of the Physician's Order Sheet, dated 02/01/13, indicated: "01/21/12 CATH CARE EVERY SHIFT" "FOLEY CATH FLUSH W (with)/60 CC (centimeters) NS (Normal Saline) EVERY SHIFT AND PRN (as needed)"</p> <p>On 02/20/13 at 1:00 p.m., RN #15,</p> | | <p>an infection control program designed to provide a safe, sanitary and comfortable environment and to help prevent the development and transmission of disease and infection.</p> <p>Corrective Action: RN #15 was immediately re-educated on catheter irrigation with a successful return demonstration. Licensed nurses will be re-educated on catheter irrigation and care.</p> <p>How others identified: Residents with catheters may be affected by this practice. A one time audit completed to ensure care plans reflect residents current status.</p> <p>Systemic Changes: Licensed nurses will be re-educated on proper catheter irrigation procedure according to Lippencot Manual of Nursing Practice with a proper return demonstration.</p> <p>Monitoring: The UM, ETD, ADON, DON, or designee will monitor one nurse per day for proper technique of catheter irrigation. Both the observer and the nurse will sign the paper that indicates proper procedure was done correctly. One nurse per day Monday through Friday for 2 weeks, one nurse 3 times per week, Monday through Friday for 4 weeks. One nurse once a week for 4 weeks then monthly for 4 months. This will be across all shifts. If there is no resident with a scheduled irrigation, the</p> | | |

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| | <p>the unit's full time RN, was observed to provide catheter care and catheter irrigation for Resident "B". RN #15 indicated she was the usual nurse who did the cath care and irrigation. RN #15 washed her hands and opened the sterile bottle of Normal Saline and the irrigation syringe without incident. RN #15 was then observed to disconnect the catheter drainage tubing from the catheter and proceed to irrigate the bladder through the catheter with the syringe and Normal Saline, then reconnect the catheter to the catheter drainage tubing without cleansing the area of connection.</p> <p>RN #15 then gave a clear and accurate assessment of checking the urine for color, clarity, flow and checking the catheter, tubing, and drainage bag for positioning. RN #15 indicated the assessment as the process for providing for cath care for Resident "B".</p> <p>The ADNS (Assistant Director Nursing Services) was interviewed, on 02/20/13 at 2:00 p.m., in regards to the facility's Catheter Care and Catheter Irrigation Policy and Procedures. The ADNS provided, at the time, a "PROCEDURE: Indwelling Urinary Catheters: 07/2012." The</p> | | <p>nurse will simulate a return demonstration with the mannequin. Trends will be reviewed in QA monthly times 3 months and quarterly thereafter to determine further education and/or further monitoring needs. Identified non-compliance will result in one to one re-education up to and including termination. Any identified trends will be forwarded to the administrator for review and presented to QA to determine further educational needs.</p> <p>Completed By: March 23, 2013</p> | | |

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| | <p>procedure did not address catheter care or catheter irrigation. The ADNS, when queried, indicated the staff refer to the "Lippencott Manual of Nursing Practice located on the unit, for direction. Reference to the provided manual, Chapter 21: RENAL AND URINARY DISORDERS, indicated:</p> <p>"PROCEDURE: Nursing Action: Care of the indwelling catheter</p> <ol style="list-style-type: none"> 1. Clean around the area where catheter enters urethral meatus...with soap and water during the daily bath to remove debris..." <p>"PROCEDURE: Nursing Action: To irrigate the catheter...</p> <ol style="list-style-type: none"> 1. Wash hands. Put on gloves. 2. Using aseptic technique, pour sterile irrigating solution into sterile container. 3. Clean around the catheter and drainage tubing connection with sterile gauze pads soaked in povidine-iodine solution. 4. Disconnect catheter from drainage tubing. Cover tubing with a sterile cap. 5. Place a sterile drainage basin under the catheter. 6. Connect a large-volume syringe to the catheter and irrigate catheter using prescribed amount of sterile irrigant. | | | | |

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| | <p>7. Remove syringe and place end of catheter over drainage basin, allowing returning fluid to drain into basin.</p> <p>8. Repeat irrigation procedure until fluid is clear or according to physician's directives.</p> <p>9. Disinfect the distal end of the catheter and end of drainage tubing; reconnect the catheter and tubing. Remove gloves. Wash hands."</p> <p>RN #15 was interviewed on 02/20/13 at 2:30 p.m. RN #15 indicated she was the full time day nurse who normally cared for Resident "B" and provided the catheter care and catheter irrigation as previously observed.</p> <p>The DNS (Director Nursing Services) was interviewed on 02/21/13 at 8:45 a.m. The DNS indicated the resident had been treated for occasional UTI's from admission until 01/2013. The DNS indicated Resident "B" had incurred several UTI's since 01/2013. The DNS was queried if the facility had identified a cause for the increase. The DNS indicated although the UTI frequency had been noted, the facility had not yet addressed the issue. The DNS indicated being unaware, until 02/20/13, regarding the procedure being used for catheter care and catheter irrigation for</p> | | | |

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| | <p>Resident "B."</p> <p>This Federal tag relates to Complaint IN00124071.</p> <p>3.1-18(b)(1)(A) 3.1-18(b)(4)</p> | | | | |