

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  155744	X2) MULTIPLE CONSTRUCTION A. BUILDING 00 B. WING _____	X3) DATE SURVEY COMPLETED  01/15/2014
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NAME OF PROVIDER OR SUPPLIER  LUTHERAN LIFE VILLAGES	STREET ADDRESS, CITY, STATE, ZIP CODE 351 N ALLEN CHAPEL RD KENDALLVILLE, IN 46755
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F000000	<p>This visit was for a Recertification and State Licensure Survey.</p> <p>Survey dates: January 8, 9, 10, 13, 14, and 15, 2014</p> <p>Facility number: 000570 Provider number: 155744 AIM number: 100275010</p> <p>Survey team: Rick Blain, RN - TC Tim Long, RN Carol Miller, RN Diane Nilson, RN</p> <p>Census bed type: SNF: 8 SNF/NF: 60 Residential: 5 Total: 73</p> <p>Census payor type: Medicare: 11 Medicaid: 46 Other: 16 Total: 73</p>	F000000		

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (see instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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	<p>Residential sample: 5</p> <p>These deficiencies reflect state findings cited in accordance with 410 IAC 16.2.</p> <p>Quality review completed on January 16, 2014 by Randy Fry RN.</p>			

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F000279 SS=D	<p>483.20(d), 483.20(k)(1) DEVELOP COMPREHENSIVE CARE PLANS</p> <p>A facility must use the results of the assessment to develop, review and revise the resident's comprehensive plan of care.</p> <p>The facility must develop a comprehensive care plan for each resident that includes measurable objectives and timetables to meet a resident's medical, nursing, and mental and psychosocial needs that are identified in the comprehensive assessment.</p> <p>The care plan must describe the services that are to be furnished to attain or maintain the resident's highest practicable physical, mental, and psychosocial well-being as required under §483.25; and any services that would otherwise be required under §483.25 but are not provided due to the resident's exercise of rights under §483.10, including the right to refuse treatment under §483.10(b)(4).</p> <p>Based on record review, and interview, the facility failed to develop a care plan which included interventions/approaches regarding medication use for 1 Resident (Resident #74) in a sample of 5 residents reviewed for Unnecessary Medication Use.</p> <p>Findings include:</p> <p>The record for Resident #74 was reviewed, at 1:16 p.m., on 1/10/14, and indicated the resident was admitted on 8/29/12.</p> <p>Diagnoses included, but not limited to: Atrial Fibrillation, hypertension, depression, hypothyroidism, hypercholesterolemia, and edema.</p>	F000279	<p>A lab order was immediately obtained to check electrolytes and triglycerides on resident # 74. The results were all within normal limits. Standing orders for electrolytes Q 6 months and triglycerides annually were put into place for this resident during the survey process. A report was initiated and run on all residents in healthcare who had orders for Lasix. All of these records were audited to ensure appropriate labs had been done and routine orders were in place. All records were found to be complete. A report was then generated for</p>	01/20/2014			

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	<p>Physician orders for January 2014, indicated the resident was receiving Lasix ( a diuretic medication given for diagnosis of edema), 40 milligrams, by mouth, daily, which was initially ordered on 10/10/12.</p> <p>Physician orders indicated the resident was also receiving Simvastatin ( a medication given for high cholesterol), 10 milligrams, by mouth, daily for Pure Hypercholesterolemia. This medication was initially ordered on 8/29/12.</p> <p>There was no comprehensive care plan which included interventions/approaches for the edema or hypercholesterolemia, however, review of the Cumulative diagnoses-goals of medication therapy form which listed all of the resident's medications, onset dates, and goals of medication therapy indicated the following:</p> <p>Diagnosis/problem for hypercholesterolemia, with a goal, Simvastatin 10 milligrams daily, and "will maintain cholesterol &lt; (less than) 200." The onset date indicated 8/30/12. There were no approaches/interventions listed.</p> <p>Diagnosis/problem for edema, with a goal, Lasix 40 milligrams daily- "will have edema 1+ or (arrow down) , no cough, no cholesterol." The onset date of this medication was 10/11/12. There were no approaches/interventions listed.</p> <p>LPN #1 was interviewed, at 9:00 a.m., on 1/15/14, and confirmed there were no comprehensive care plans to address goals and interventions for the edema and high cholesterol.</p>		<p>all residents who were taking a Statin medication. All of these records were audited and were all found to have recent lipid profiles and standing orders for annual retesting. Care plans were then audited for all of these residents to ensure these medications were care-planned appropriately. All care plans have been updated appropriately. This audit proved this was an isolated incident for resident # 74.</p> <p>Pharmacy consultant will make it a monthly priority to review all residents with these medications to make sure a lab order is recommended if not already in place. The Director of Nursing and/or Quality Assurance Nurse will run audits quarterly on all residents on these medications and check labs to make sure there are appropriate lab orders in place. QA nurse will review with care plan audits quarterly. All nursing staff reminded of importance of ensuring appropriate care plans, routine orders, and labs for these medications are in place and being followed. The form below will be used for auditing.</p> <p>Lutheran Life VillagesPlan of Correction Audit NAME &amp; DOBDATE Medication Pharmacy Review Care Plan Labs</p>				

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F000428 SS=D	<p>3.1-35(a)</p> <p>483.60(c) DRUG REGIMEN REVIEW, REPORT IRREGULAR, ACT ON The drug regimen of each resident must be reviewed at least once a month by a licensed pharmacist.</p> <p>The pharmacist must report any irregularities to the attending physician, and the director of nursing, and these reports must be acted upon.</p> <p>Based on record review, and interview, the facility failed to ensure pharmacy recommendations were provided to the physician regarding the use of 2 medications, which were used for greater than 1 year without laboratory testing being completed. This affected 1 Resident (Resident #74) in a sample of 5 residents</p>	F000428	A lab order was immediately obtained to check electrolytes and triglycerides on resident # 74. The results were all within normal limits. Standing orders for electrolytes Q 6 months and triglycerides annually were put into place for this	01/20/2014	

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	<p>reviewed for Unnecessary Medication Use.</p> <p>Findings include:</p> <p>The record for Resident #74 was reviewed, at 1:16 p.m., on 1/10/14, and indicated the resident was admitted on 8/29/12. Diagnoses included, but not limited to: Atrial Fibrillation, hypertension, depression, hypothyroidism, hypercholesterolemia, and edema.</p> <p>Physician orders for January 2014, indicated the resident was receiving Lasix ( a diuretic medication given for diagnosis of edema), 40 milligrams, by mouth, daily, which was initially ordered on 10/10/12. Physician orders indicated the resident was also receiving Simvastatin ( a medication given for high cholesterol), 10 milligrams, by mouth, daily for Pure Hypercholesterolemia. This medication was initially ordered on 8/29/12.</p> <p>There was no care plan for the edema or hypercholesterolemia, however, review of the Cumulative diagnoses-goals of medication therapy form which listed all of the resident's medications, onset dates, and goals of medication therapy indicated the following:</p> <p>Diagnosis/problem for hypercholesterolemia, with a goal, Simvastatin 10 milligrams daily, and "will maintain cholesterol &lt; (less than) 200." The onset date indicated 8/30/12.</p> <p>Diagnosis/problem for edema, with a goal, Lasix 40 milligrams daily- "will have edema 1+ or (arrow down) , no cough, no</p>		<p>resident during the survey process. A report was initiated and run on all residents in healthcare who had orders for Lasix. All of these records were audited to ensure appropriate labs had been done and routine orders were in place. All records were found to be complete. A report was then generated for all residents who were taking a Statin medication. All of these records were audited and were all found to have recent lipid profiles and standing orders for annual retesting. Care plans were then audited for all of these residents to ensure these medications were care-planned appropriately. All care plans have been updated appropriately. This audit proved this was an isolated incident for resident # 74.</p> <p>Pharmacy consultant will make it a monthly priority to review all residents with these medications to make sure a lab order is recommended if not already in place. The Director of Nursing and/or Quality Assurance Nurse will run audits quarterly on all residents on these medications and check labs to make sure there are appropriate lab orders in place. QA nurse will review with care plan audits quarterly. All nursing staff reminded of importance of ensuring appropriate care plans, routine orders, and labs for these medications are in place and being followed. Please find</p>				

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	<p>cholesterol." The onset date of this medication was 10/11/12.</p> <p>The only lab value available was for a Chem 6 panel ( a blood test that measures levels of several substances in the blood, such as electrolytes), dated 10/11/12, which indicated all values were normal, except for an elevated CO2 (carbon dioxide) .</p> <p>Physician progress notes, dated 7/29/13, indicated trace edema in the extremities, and to continue on current medications. Physician progress notes, dated 10/7/13, indicated had 10 pound weight loss which was "beneficial" with decreased edema, 1+ edema in extremities with ted hose in place, and to continue current medications. Physician progress notes, dated 12/16/13, indicated resident's weight continued to come down slowly, weight loss beneficial with decreased edema, trace edema in extremities.</p> <p>Review of the only 2 pharmacy consultation reports with recommendations from the past year indicated a recommendation, dated 8/27/13, to reduce an antipsychotic medication, which was accepted by the physician.</p> <p>Also a recommendation, dated 12/17/13, due to a recent fall, which indicated the resident had experienced a recent fall and received the following medications which "may cause or contribute to falls: lexapro, seroquel, antihypertensive medications, metoprolol, lasix, lisinopril", and prn (as needed) medications, Phenergan.</p> <p>The Pharmacist recommended blood pressure be monitored, and a lab value be completed for TSH(Thyroid Stimulating Hormone) since the last level was</p>		attached the audit tool we will be using	

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	<p>completed in April 2013, and since hypothyroidism could cause confusion. Also, if this therapy was continued, it was recommended the prescriber document an assessment of risk versus benefit, indicating that the medication was not believed to be contributing to falls in this individual, and the facility Interdisciplinary team was to ensure ongoing monitoring for effectiveness and potential adverse consequences.</p> <p>These recommendations were not accepted by the physician due to, "Has been stable on current meds. No recent additions. " This was signed by the physician on 1/8/14.</p> <p>The charge nurse LPN #1 was interviewed, at 2:20 p.m., on 1/13/14, and indicated the most recent Chem 6 lab report was completed in October of 2012, and she could not find any lab results to indicate a lipid profile( a blood test for high cholesterol) had been completed.</p> <p>She indicated the resident's physician was out of the office today, but she called the medical director who ordered a Chem 6 and a lipid profile to be completed this week.</p> <p>LPN #1 was interviewed, at 11:18 a.m., on 1/14/14, and indicated there was no specific policy for labs being done in relation to medications, but indicated the pharmacist should have addressed and made recommendations regarding laboratory tests because of the resident being on these medications.</p> <p>LPN #1 was interviewed, at 9:00 a.m., on 1/15/14, and indicated the facility received all their information related to medications from the facility pharmacy.</p>				

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	<p>At 9:30 a.m., on 1/15/14, LPN #1 provided copies of a Lipid profile, dated 8/26/12, which she indicated she had received from a hospital today. The cholesterol and triglyceride levels were within normal range, and the only low value was the HDL (high density lipoprotein)level.</p> <p>LPN #1 also indicated she had talked to the physician on the telephone on 1/15/14, and he indicated he had not ordered additional lab work because the resident had been stable, and had been on these medications long term, which she indicated meant greater than 2 years.</p> <p>At 9:30 a.m., on 1/15/14, LPN #1 also provided copies of Website drug information obtained from the facility pharmacy on 1/15/14 regarding Lasix and Simvastatin. The Website drug information was reviewed, at 9:35 a.m., on 1/15/14, and indicated the following:</p> <p>Under the "note" section of the information provided for Lasix indicated Laboratory and/or medical tests(such as kidney tests, blood mineral levels such as potassium) should be performed periodically to monitor progress or check for side effects.</p> <p>Under the "note" section for Simvastatin indicated laboratory and/or medical tests (such as blood cholesterol/triglyceride levels) should be performed periodically to monitor progress or check for side effects.</p> <p>The Pharmacist was interviewed, on the telephone, at 10:07 a.m., on 1/15/14, with LPN #1 present in the room due to the pharmacy policy to have a facility witness present.</p> <p>The Pharmacist indicated even though the resident had been stable, normally if a</p>						

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	<p>resident was on Lasix, she would recommend Electrolytes (lab screen) be drawn every 6 months, and if on Simvastatin, would recommend a lipid profile be done annually. She indicated she just "missed it. "</p> <p>3.1-25(i)</p>				