

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 08/04/2023

FORM APPROVED

OMB NO. 0938-039

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 155156	X2) MULTIPLE CONSTRUCTION A. BUILDING 00 B. WING _____	X3) DATE SURVEY COMPLETED 07/20/2023
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NAME OF PROVIDER OR SUPPLIER APERION CARE ARBORS MICHIGAN CITY	STREET ADDRESS, CITY, STATE, ZIP COD 1101 E COOLSPRING AVE MICHIGAN CITY, IN 46360
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
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F 0000 Bldg. 00	<p>This visit was for the Investigation of Complaints IN00409912, IN00410989, and IN00411376.</p> <p>This visit was done in conjunction with the Post Survey Revisit (PSR) to the Recertification and State Licensure Survey and a PSR to the Investigation of Complaints IN00404726, IN00404823, IN00405200, IN00405707, and IN00405922 completed on 5/30/23.</p> <p>Complaint IN00409912 - Federal/State deficiencies related to the allegations are cited at F580, F686, and F773.</p> <p>Complaint IN00410989 - No deficiencies related to the allegations are cited.</p> <p>Complaint IN00411376 - Federal/State deficiencies related to the allegations are cited at F686 and F774.</p> <p>Complaint IN00404726 - Corrected.</p> <p>Complaint IN00404823 - Not Corrected.</p> <p>Complaint IN00405200 - Not Corrected.</p> <p>Complaint IN00405707 - Corrected.</p> <p>Complaint IN00405922 - Corrected.</p> <p>Survey dates: July 19 and 20, 2023</p> <p>Facility number: 000076 Provider number: 155156 AIM number: 100271060</p>	F 0000	<p>Preparation and/or execution of this plan of correction does not constitute admission or agreement by the provider of the truth of the facts alleged or conclusions set forth in the statement of deficiencies. The plan of correction is prepared and/or executed solely because it is required by the provisions of federal and state law.</p> <p>The facility respectfully requests a desk review for these alleged deficient practices.</p>	
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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
Todd Smith	Executive Director	08/01/2023

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined other safeguards provide sufficient protection to the patients. (see instructions.) Except for nursing homes, the findings stated above are disclosable following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosed days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 0580 SS=D Bldg. 00	<p>Census Bed Type: SNF/NF: 120 Total: 120</p> <p>Census Payor Type: Medicare: 9 Medicaid: 89 Other: 22 Total: 120</p> <p>These deficiencies reflect State Findings cited in accordance with 410 IAC 16.2-3.1.</p> <p>Quality review completed on 7/24/23.</p> <p>483.10(g)(14)(i)-(iv)(15) Notify of Changes (Injury/Decline/Room, etc.) §483.10(g)(14) Notification of Changes. (i) A facility must immediately inform the resident; consult with the resident's physician; and notify, consistent with his or her authority, the resident representative(s) when there is-</p> <p>(A) An accident involving the resident which results in injury and has the potential for requiring physician intervention; (B) A significant change in the resident's physical, mental, or psychosocial status (that is, a deterioration in health, mental, or psychosocial status in either life-threatening conditions or clinical complications); (C) A need to alter treatment significantly (that is, a need to discontinue an existing form of treatment due to adverse consequences, or to commence a new form of treatment); or (D) A decision to transfer or discharge the resident from the facility as specified in §483.15(c)(1)(ii). (ii) When making notification under paragraph</p>			

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	<p>(g)(14)(i) of this section, the facility must ensure that all pertinent information specified in §483.15(c)(2) is available and provided upon request to the physician.</p> <p>(iii) The facility must also promptly notify the resident and the resident representative, if any, when there is-</p> <p>(A) A change in room or roommate assignment as specified in §483.10(e)(6); or</p> <p>(B) A change in resident rights under Federal or State law or regulations as specified in paragraph (e)(10) of this section.</p> <p>(iv) The facility must record and periodically update the address (mailing and email) and phone number of the resident representative(s).</p> <p>§483.10(g)(15) Admission to a composite distinct part. A facility that is a composite distinct part (as defined in §483.5) must disclose in its admission agreement its physical configuration, including the various locations that comprise the composite distinct part, and must specify the policies that apply to room changes between its different locations under §483.15(c)(9).</p> <p>Based on record review and interview, the facility failed to ensure the Physician was notified of a possible fracture for 1 of 3 residents reviewed for notification of change. (Resident B)</p> <p>Finding includes:</p> <p>An Incident Report, dated 5/26/23 at 4:01 p.m. and received from the Administrator, indicated Resident B had a follow up to an initial x-ray for complaints of pain to the left foot. The type of injury was a diffuse prominent osteopenia with linear lucencies that suggested subacute healing</p>	F 0580	<p>Tag number: F580 – Notify of Changes</p> <p>I. What corrective action(s) will be accomplished for those residents found to have been affected by the deficient practice; Resident B's change in condition was communicated with the NP.</p> <p>II. How other residents</p>	08/04/2023
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	<p>fractures of the distal fibula and tibial metaphysis. His lower extremity was immobilized immediately and the physician and responsible party were notified. The follow-up on 6/2/23 indicated the resident returned from the hospital from a CT scan and the results were reported on 5/26/23 which indicated there were no negative acute findings.</p> <p>The record for Resident B was reviewed on 7/19/23 at 10:02 a.m. Diagnoses included, but were not limited to, hemiplegia (one sided weakness) following a stroke affecting the left non-dominant side, heart failure, and dementia.</p> <p>The Annual Minimum Data Set (MDS) assessment, dated 6/22/23, indicated the resident was cognitively intact for daily decision making. The resident required extensive assistance with two persons physical assist for bed mobility, transfer, dressing, toilet use, and personal hygiene. He had an impairment for range of motion on one side on both the upper and lower extremities.</p> <p>A Radiology Results Report, dated 5/19/23 at 11:55 a.m., indicated the resident had a possible distal tibial fracture.</p> <p>The results were reported to the Nurse Practitioner on 5/22/23 at 9:48 a.m. New orders were received for the resident to have a consult with an orthopedic surgeon. An appointment was made for 5/25/23.</p> <p>An Incident IDT Note, dated 5/23/23 at 2:46 p.m., indicated the resident had an area noted to his left sub-medial metatarsal. The root cause of the incident was noted to be due to the resident rubbing his foot up against the footboard of the bed. Wound care was initiated and a longer bed</p>		<p>having the potential to be affected by the same deficient practice will be identified and what corrective action(s) will be taken; All residents have the potential to be affected by the alleged deficient practice. All notifications of pertinent changes in condition will be communicated with all resident physicians and/or NPs 7 days a week.</p> <p>III. What measures will be put into place and what systemic changes will be made to ensure that the deficient practice does not recur; DON/designee to educate nursing staff by 8-4-2023 on necessary notifications of changes in condition to resident physician/NP.</p> <p>IV. How the corrective action(s) will be monitored to ensure the deficient practice will not recur i.e., what quality assurance program will be put into place; DON/designee will conduct a notification of change audit to ensure notifications of changes are reported to physician/NP per regulation. Audits will be completed 7x/week for 4 weeks, 3x/week for 4 weeks then weekly. The results of</p>	

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F 0686 SS=D Bldg. 00	<p>was given to the resident.</p> <p>Interview with the Director of Nursing, on 7/20/23 at 4:44 p.m., indicated she was made aware of the resident having pain to his left foot by a QMA. She assessed the resident and he had swelling and pain to the left foot so she made the Nurse Practitioner aware. There were new orders to obtain an x-ray of the foot which was completed on 5/19/23. The Nurse Practitioner should have been made aware of the results immediately when they were available. She placed the resident in a new bed as his foot was pushing against the foot board and they were under the impression that this was causing his foot pain. A formal investigation was never started to determine the root cause of the possible fracture because they were waiting on the results from the x-ray and scans to come back to determine the extent of the injury.</p> <p>A Policy titled, "Physician-Family Notification-Change in Condition," noted as current, indicated "...Guidelines: The facility will inform the resident; consult with the resident's physician or authorized designee such as Nurse Practitioner; and if known, notify the resident's legal representative or an interested family member when there is: (A) An accident involving the resident which results in injury and has the potential for requiring physician intervention..."</p> <p>This Federal tag relates to Complaint IN00409912.</p> <p>3.1-5(a)(1)</p> <p>483.25(b)(1)(i)(ii) Treatment/Svcs to Prevent/Heal Pressure Ulcer §483.25(b) Skin Integrity</p>		<p>these audits will be reviewed in Quality Assurance Meeting monthly x6 months or until an average of 90% compliance or greater is achieved x3 consecutive months. The QA Committee will identify any trends or patterns and make recommendations to revise the plan of correction as indicated.</p> <p>Date of compliance: 8/4/2023</p>	

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	<p>§483.25(b)(1) Pressure ulcers. Based on the comprehensive assessment of a resident, the facility must ensure that-</p> <p>(i) A resident receives care, consistent with professional standards of practice, to prevent pressure ulcers and does not develop pressure ulcers unless the individual's clinical condition demonstrates that they were unavoidable; and</p> <p>(ii) A resident with pressure ulcers receives necessary treatment and services, consistent with professional standards of practice, to promote healing, prevent infection and prevent new ulcers from developing.</p> <p>Based on record review and interview, the facility failed to ensure residents with pressure ulcers received the necessary treatment and services to promote healing, related to turning and repositioning and treatments not completed as ordered for 2 of 3 residents reviewed for pressure ulcers. (Residents C and E)</p> <p>Findings include:</p> <p>1. The closed record for Resident C was reviewed on 7/19/23 at 2:15 p.m. Diagnoses included, but were not limited to, high blood pressure, multiple myeloma, paraplegia, and acute respiratory failure. The resident was admitted to the facility on 4/28/23 and discharged to the hospital on 6/9/23.</p> <p>The resident was admitted to the hospital several times over the course of her stay at the facility as follows:</p> <ul style="list-style-type: none"> - Hospital admission on 5/8/23 and returned 5/12/23 - Hospital admission on 5/17 and returned on 5/30/23 <p>The Quarterly Minimum Data Set (MDS)</p>	F 0686	<p>Tag number: F686 – Treatment/Svcs to Prevent/Heal Pressure Ulcer</p> <p>I. What corrective action(s) will be accomplished for those residents found to have been affected by the deficient practice; Residents C and E had no adverse reactions to cited alleged deficient practice.</p> <p>II. How other residents having the potential to be affected by the same deficient practice will be identified and what corrective action(s) will be taken; All residents with pressure areas have the potential to be affected by the alleged deficient practice. The DON/designee will review CNA documentation 5 times a week.</p>	08/04/2023
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	<p>assessment, dated 6/6/23, indicated the resident was cognitively intact and was an extensive assist with a 2 person physical assist for toilet use and bed mobility. The resident had a supra pubic foley catheter and was frequently incontinent of bowel.</p> <p>A Care Plan, dated 5/3/23, indicated the resident had a pressure ulcer.</p> <p>The resident was admitted to the facility with 3 pressure ulcers. The measurements and description were as follows: - sacrum: unstageable and measured 8.5 centimeters (cm) by 10.5 cm with 100% of necrotic tissue. - right ischium: unstageable and measured 4.5 cm by 3 cm with 100% of necrotic tissue. - left ischium: unstageable and measured 6.5 cm by 4.5 cm with 100% of necrotic tissue.</p> <p>The wounds were measured after the first hospital return on 5/16/23 as follows: - sacrum: Stage 4 and measured 8 cm by 6 cm by 1.5 cm with 60% granulation tissue, 20% slough (necrotic tissue) and 20% viable tissue. - right ischium: Stage 3 and measured 2 cm 1.0 by 0.3 cm with 100% granulation tissue. - left ischium: Unstageable and measured 4 cm by 7.5 cm with 40% necrotic tissue, 30% granulation tissue and 30% viable tissue.</p> <p>The Bed Mobility (how resident moved to and from a lying position, turned side to side, and positioned the body while in bed or alternate sleep furniture) in the CNA task section indicated the resident was not turned or repositioned at least every 2 hours. The Bed Mobility documentation indicated the resident was turned and repositioned only during following times: 4/29 at 1:17 a.m. and 1:29 p.m.</p>		<p>III. What measures will be put into place and what systemic changes will be made to ensure that the deficient practice does not recur; DON/designee to re-educate nursing staff on treatment of pressure areas and documentation in the TAR. Re-education to also include protocol for turning and repositioning of residents.</p> <p>IV. How the corrective action(s) will be monitored to ensure the deficient practice will not recur i.e., what quality assurance program will be put into place; DON/designee will conduct a Pressure Area audit to ensure compliance as follows: Audits will be completed 5x/week for 8 weeks, then 3 X week weekly. Updated audit has included auditing of turning and repositioning of residents – 9 residents per week. The results of these audits will be reviewed in Quality Assurance Meeting monthly x6 months or until an average of 90% compliance or greater is achieved x3 consecutive months. The QA Committee will identify any trends or patterns and make recommendations to revise the plan of correction as indicated.</p>	

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	<p>4/30 at 5:59 a.m. and 10:20 a.m. 5/1 at 4:06 a.m., 10:11 a.m., and 9:43 p.m. 5/2 at 1:02 a.m., 1:58 p.m., and 8:25 p.m. 5/3 at 11:58 a.m. and 9:39 p.m. 5/4 at 3:32 a.m., 9:35 a.m., and 8:54 p.m. 5/5 at 12:51 p.m. and 7:17 p.m. 5/6 at 5:59 a.m., 11:28 a.m., and 9:17 p.m. 5/7 at 12:19 a.m., 1:59 p.m., 7:43 p.m., and 11:06 p.m. Nothing documented 5/8/23 Nothing documented on 5/12/23 5/13 at 3:27 a.m., 1:51 p.m., and 9:59 p.m. 5/14 at 5:59 a.m. and 7:05 a.m. 5/15 at 2:59 a.m., 1:59 p.m., and 9:28 p.m. 5/16 at 2:57 a.m., 10:20 a.m., and 6:44 p.m. 5/17 at 11:38 a.m. and 6:29 p.m. 5/30 at 5:18 p.m. 5/31 at 4:46 a.m., 11:12 a.m., and 9:59 p.m. 6/1 at 9:22 a.m. 6/2 at 3:04 a.m. and 9:47 a.m. 6/3 at 5:59 a.m. and 12:20 p.m. 6/4 at 1:05 a.m., 1:36 p.m., and 9:59 p.m. 6/5 at 3:36 a.m., 1:12 p.m., and 8:10 p.m. 6/6 at 5:59 a.m. and 1:39 p.m. 6/7 at 5:59 a.m., 6:35 a.m., and 7:23 p.m. 6/8 at 2:27 a.m., 1:59 p.m., and 6:50 p.m. 6/9 at 3:08 a.m. and 1:41 p.m.</p> <p>Interview with the Director of Nursing (DON) on 7/20/23 at 4:15 p.m., indicated there was no documentation the resident was turned and repositioned every 2 hours. She indicated staff were to do that, especially for residents with pressure sores.</p> <p>The revised and current 1/15/18 "Pressure Ulcer Prevention" policy, provided by the DON on 7/20/23 at 4:10 p.m., indicated to prevent and treat pressure sores whenever possible encourage the resident to change positions at regular intervals. Turn dependent residents approximately every 2</p>		Date of compliance: 8/4/2023	

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	<p>hours or as needed and position the resident with pillows or pads protecting bony prominences.2. Resident E's record was reviewed on 7/20/23 at 10:14 a.m. Diagnoses included, but were not limited to dementia, high blood pressure, and Alzheimer's disease.</p> <p>The Significant Change Minimum Data Set (MDS) assessment, dated 6/14/23, indicated the resident was severely cognitively impaired. She required extensive assistance with two persons physical assist for bed mobility, transfer, and toilet use. She was always incontinent of bowel and bladder.</p> <p>A Care Plan, revised on 6/15/23, indicated the resident had a pressure ulcer present on the coccyx due to limited mobility. Interventions included, but were not limited to, administer treatments as ordered and assess for effectiveness.</p> <p>A Wound Care Physician Note, dated 7/18/23, indicated the resident had a stage 4 (full thickness tissue loss with exposed bone, tendon, or muscle) pressure wound to the coccyx measuring 4.5 centimeters (cm) by 4 cm by 0.5 cm. The wound had undermining (tunneling) at 12 o'clock and moderate serous (clear) exudate (drainage).</p> <p>A Physician Order, dated 6/20/23, indicated cleanse coccyx area with normal saline, pat dry, apply calcium alginate to wound bed and cover with dry dressing one time a day for wound care.</p> <p>The July 2023 Treatment Administration Record (TAR) indicated the treatment of calcium alginate was not completed as ordered on 7/2/23, 7/5/23, and 7/10/23.</p> <p>Interview with the Director of Nursing on 7/20/23</p>			

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F 0773 SS=D Bldg. 00	<p>at 1:34 p.m., indicated the treatment should have been completed as ordered.</p> <p>This Federal tag relates to Complaint IN00409912 and IN00411376.</p> <p>3.1-40(a)(2)</p> <p>483.50(a)(2)(i)(ii) Lab Srvcs Physician Order/Notify of Results §483.50(a)(2) The facility must-</p> <p>(i) Provide or obtain laboratory services only when ordered by a physician; physician assistant; nurse practitioner or clinical nurse specialist in accordance with State law, including scope of practice laws.</p> <p>(ii) Promptly notify the ordering physician, physician assistant, nurse practitioner, or clinical nurse specialist of laboratory results that fall outside of clinical reference ranges in accordance with facility policies and procedures for notification of a practitioner or per the ordering physician's orders.</p> <p>Based on record review and interview, the facility failed to ensure specimens for laboratory testing were collected as ordered by the Physician for 1 of 3 residents reviewed for laboratory services. (Resident B)</p> <p>Findings include:</p> <p>The record for Resident B was reviewed on 7/19/23 at 10:02 a.m. Diagnoses included, but were not limited to, hemiplegia (one sided weakness) following a stroke affecting the left non-dominant side, heart failure, and dementia.</p> <p>The Annual Minimum Data Set (MDS) assessment, dated 6/22/23, indicated the resident was cognitively intact for daily decision making.</p>	F 0773	<p>Tag number: F773 – Physician Order/Notify of Results</p> <p>I. What corrective action(s) will be accomplished for those residents found to have been affected by the deficient practice; Resident B had wound cultured and sent out to the laboratory for testing on 7-20-2023.</p> <p>II. How other residents having the potential to be affected by the same deficient practice will be identified and what corrective</p>	08/04/2023

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	<p>The resident required extensive assistance with two persons physical assist for bed mobility, transfer, dressing, toilet use, and personal hygiene.</p> <p>A Physician Order, dated 7/14/23, indicated culture for wound one time only.</p> <p>A Nurse's Note, dated 7/13/23 at 10:31 p.m., indicated there was a new order for labs.</p> <p>A Nurse's Note, dated 7/14/23 at 2:06 p.m., indicated the Nurse Practitioner and the resident's responsible party were made aware of the resident's refusals for lab draws that morning.</p> <p>A Nurse's Note, dated 7/17/23 at 3:52 p.m., indicated the lab called the facility to inform them the wrong test tube swab color was sent for the wound culture and it would have to be resent.</p> <p>There were no records the wound culture was completed and sent.</p> <p>Interview with the Director of Nursing on 7/20/23 at 1:34 p.m., indicated the correct wound culture was sent out as of today (7/20/23), however it should have been sent out sooner.</p> <p>This Federal tag relates to Complaint IN00409912.</p> <p>3.1-49(a)</p>		<p>action(s) will be taken; All residents having laboratory tests ordered have the potential to be affected by the alleged deficient practice. The facility DON/designee re-audited residents with laboratory tests ordered to ensure compliance in obtaining labs/cultures and reporting results to physician/NP.</p> <p>III. What measures will be put into place and what systemic changes will be made to ensure that the deficient practice does not recur; DON/designee to re-educate by 8-4-2023 nursing staff on obtaining laboratory tests/cultures as ordered and reporting results to physician/NP.</p> <p>IV. How the corrective action(s) will be monitored to ensure the deficient practice will not recur i.e., what quality assurance program will be put into place; DON/designee will conduct a laboratory audit to ensure compliance in obtaining and reporting results. Audit to include educational opportunities and explanations for any laboratory tests/cultures that were not able to be obtained timely.</p>		

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

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FORM APPROVED
OMB NO. 0938-039

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 155156	X2) MULTIPLE CONSTRUCTION A. BUILDING 00 B. WING _____		X3) DATE SURVEY COMPLETED 07/20/2023
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			<p>Audits will be completed 5x/week for 4 weeks, 3x/week for 4 weeks then weekly. The results of these audits will be reviewed in Quality Assurance Meeting monthly x6 months or until an average of 90% compliance or greater is achieved x3 consecutive months. The QA Committee will identify any trends or patterns and make recommendations to revise the plan of correction as indicated.</p> <p>Date of compliance: 8/4/2023</p>		