

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 155373	X2) MULTIPLE CONSTRUCTION A. BUILDING 00 B. WING _____	X3) DATE SURVEY COMPLETED 07/11/2014
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NAME OF PROVIDER OR SUPPLIER BLUFFTON REGIONAL MEDICAL CENTER CARE CENTER	STREET ADDRESS, CITY, STATE, ZIP CODE 303 S MAIN ST BLUFFTON, IN 46714
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F000000	<p>This visit was for a Recertification and State Licensure Survey.</p> <p>Survey dates: July 7, 8, 9, 10 and 11, 201.</p> <p>Facility number: 000264 Provider number: 1555373 AIM number: N/A</p> <p>Survey Team: Julie Call, RN TC Martha Saull, RN Sue Brooker, RD</p> <p>Census bed type: SNF: 10 Total: 10</p> <p>Census payor type: Medicare: 10 Other: NA Total: 10</p> <p>These deficiencies reflect state findings cited in accordance with 410 IAC 16.2.</p> <p>Quality review completed on July 15, 2014 by Randy Fry RN.</p>	F000000	Bluffton Regional Medical Center respectfully request a paper compliance revisit.	
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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (see instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F000325 SS=D	<p>483.25(i) MAINTAIN NUTRITION STATUS UNLESS UNAVOIDABLE Based on a resident's comprehensive assessment, the facility must ensure that a resident -</p> <p>(1) Maintains acceptable parameters of nutritional status, such as body weight and protein levels, unless the resident's clinical condition demonstrates that this is not possible; and</p> <p>(2) Receives a therapeutic diet when there is a nutritional problem.</p> <p>Based on interview and record review, the facility failed to follow the care plan to ensure a resident's weight was monitored to prevent a 13 % weight loss in a 2 week period for 1 of 3 residents reviewed for weight loss. Resident #33</p> <p>Findings include:</p> <p>On 7/9/14 at 11 A.M., the clinical record of Resident #33 was reviewed. The resident was admitted to the facility on 3/10/14. Diagnoses included, but were not limited to, the following: Diabetes Mellitus and stroke. The MDS (minimum data set) assessment dated</p>	F000325	The Director of Nursing determined that no other residents had significant weight loss and that adequate nutritional status was being maintained. Measures to prevent reoccurrence: The Director of Nursing of Continuing Care conducted an in-service on the appropriate weight management of residents. The CCC quality committee met and revised the weight management policy to increase the frequently of weight monitoring and interventions to be taken on the residents. The dietician received additional training to include management of adequate nutritional status and how to request weight monitoring from nursing. The Director of	08/10/2014	

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	<p>3/16/14 indicated the following: moderately impaired cognition; eating required supervision, oversight, cueing and/or encouragement; height 62 inches; weight 138 lbs (pounds); no weight loss or unknown; feeding tube; mechanically altered diet and 26-50% of total calories received through parenteral and/or tube feeding.</p> <p>At the time, the clinical flowsheet for the resident was reviewed and included, but was not limited to, the following weights for 2014: 3/10 = 62.76 kg (kilograms) (138 lb (pounds) BMI (body mass index) 25.3 3/11 = 62.76 (138 lb) BMI 25.3 3/25 = 54.48 kg (119.8 lb) 3/26 = 54.48 kg (119.8 lb) BMI = 22 3/31 = 54.57 kg (120 lb) BMI = 22 (Normal BMI Parameters: 18 - 25) 4/21 = 57.83 kg (127.22) 127.8 lb</p> <p>On 7/10/14 at 1:40 P.M., the DON (Director of Nursing) was interviewed. She indicated the resident should have been weighed weekly. At the time, the DON reviewed the weight flowsheet and indicated the resident was weighed on 3/11/14 (62.76 kg, 138 lb) and the next documented weight was on 3/25/14 (54.48 kg, (119.8 lb). The DON indicated on admission the resident was ordered to have hydrochlorthiazide</p>		<p>Nursing of Continuing Care will conduct weekly observations for significant weight loss of residents for six months or until 100% compliance is met. Findings will be presented at CCC quarterly meeting and Quality Council with reports forwarded to Medical Executive Committee and Board of Trustees.</p>				

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	<p>(diuretic) 25 mg daily. This medication continued at the same dose throughout the resident's facility stay. The DON indicated on admission, the resident had received a continuous tube feeding of Glucerna (used as a calorie and/or meal replacement for diabetics) 1.0 at 55 cc/hr and also received a pureed diet with nectar thick liquids. She indicated the resident had not eaten well as he didn't like the pureed diet. She indicated on 3/13/14 the continuous tube feeding was discontinued and the resident's diet changed to nectar thick liquids and Glucerna 1 can after meals if he ate less than 50% at meals. She indicated the resident routinely received 1 can of Glucerna at bedtime. The DON indicated the resident's diet was then changed on 3/26/14 to a mechanical soft diet with pureed meats and snacks were added at 10 A.M. and 2 P.M.</p> <p>On 7/10/14 at 3:11 P.M., the DON and Director of Quality Assurance were interviewed. The DON indicated on 3/24/14 the resident was weighed but it was not documented. She indicated the day shift nurse on 3/24/14 was made aware of an 18 lb weight loss and called the physician about the weight loss on 3/24/14. The DON indicated the physician did come to see the resident on 3/25/14 at which time he ordered a video</p>			

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	<p>swallow study. The DON indicated after the swallow study was completed, the resident's diet was changed to mechanical soft with pureed meats, thin liquids with a straw only and mechanical soft snacks to be given daily at 10 A.M. and 2 P.M. with Glucerna three times a day. She indicated the resident was getting the Glucerna from 3/10/14 on because he didn't eat well due to not having liked the pureed diet.</p> <p>On 7/10/14 at 3:12 P.M., the DON provided a current copy of the facility policy and procedure for "Weight Management." This policy and procedure was dated 2/1/12 and included, but was not limited to, the following: "Guidelines to evaluate weight measurements...Residents are weighed once a week unless otherwise ordered by a physician. A change of weight of more than 5 lbs (gain or loss) will be assessed for rationale and need for any interventions. Rationale for weight change will be documented by nursing or dietary in the plan of care..."</p> <p>On 7/10/14 at 3:27 P.M., the DON provided a copy of the nutritional care plan for Resident #33, which had an initial date of 3/11/14 and included but was not limited to, the following: risk factors were chronic illness/age 70 or</p>			

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	<p>over/chewing and/or swallowing problems; plan/goals: maintain current weight; goal status of adequate nutritional intake was documented as "meeting goal" on 3/11, 3/14, 3/19 and 3/21. A dietary note dated 3/11/14, in the "Intervention" area of the care plan, indicated "related to decreased consumption of adequate calories as evidenced by recent oral intake after stroke." Interventions included, but were not limited to, the following: monitor patient for oral intake, weight change and recommend nutritional support and weight monitoring. A note dated 3/14/14 indicated adequate nutritional intake was being met with combination of pureed diet and Glucerna. A dietary note 3/19/14 indicated the resident was eating 75-100% at most meals and bolus/drinking of 1 can Glucerna daily. A dietary note dated 3/21/14 indicated the resident was eating 50-74% of meals plus Glucerna at bedtime. In the "risk levels" section of the care plan, on the following dates, the notation "Reassess 3-4 days" was documented: 3/11, 3/14, 3/19 and 3/21.</p> <p>On 7/10/14 at 3:30 P.M., physician progress notes for the following dates were reviewed and included, but were not limited to, the following:</p>			

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	<p>3/19/14: "pt (patient) is post CVA (cerebral vascular accident) which affected his ... and his swallowing...has severe oropharyngeal dysphagia...he has absent tongue movements...no chew...he gets fatigued just trying to chew...he is on pureed diet and has not felt ready for mechanical soft...he is on Glucerna which is being offered to him orally rather than through PEG tube which he is leaning less on... his main problem is fatigue..."</p> <p>3/26/14: "main problem is generalized weakness, pt (patient) has lost 18 pounds because he does not like his pureed diet. He did pass a swallow study and his diet has been upgraded to thick liquids. Recommend that he be offered thickened liquid drinks at various times during the day. He can be upgraded to a mechanical soft diet. oral motor function is poor and should improve as his po (oral) intake improves."</p> <p>4/2/14: "... he has had weight loss and this is starting to correct..."</p> <p>On 7/10/14 at 3:30 P.M., the DON was interviewed. She indicated the resident was ordered to have had weekly weights on admission. She indicated she didn't know why the resident did not have a weight documented from 3/11/14 to 3/25/14.</p>			

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	<p>On 7/11/14 at 9 A.M., the Registered Dietician (RD) was interviewed. She indicated the resident did not like pureed foods. The RD indicated the resident would have been considered high risk for nutritional monitoring due to having had his tube feeding stopped and having started a mechanical soft diet. She indicated the CNAs (certified nursing assistants) document the percent of meals the resident's take in and she reviewed the CNA's documentation to determine how the resident was eating. She indicated she was made aware if the resident accepted the Glucerna or not and didn't know for sure the amount of the Glucerna the resident consumed. She indicated she was unable to tell from the documentation if the resident refused the Glucerna or not. The RD indicated she was made aware of the amount of Glucerna the resident consumed from communication with the nursing staff and CNAs. At the time, the RD was unable to provide information as to the reason the resident experienced an 18.2 lb weight loss in a 2 week period. She was unable to recall if the resident had any concerns with edema. She was made aware at the time the resident had been on Hydrochlorthiazide (a diuretic to decrease fluid retention) 25 mg daily. She indicated this she indicated that dose</p>			
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	<p>of medication would not have caused the 18.2 lb weight loss. The RD indicated the resident should have been weighed at least every 7 days if not more frequently. She indicated it probably would have been good to weigh the resident when his dietary orders changed.</p> <p>On 7/11/14 at 9 25 A.M., QMA (qualified medical assistant) #1 was interviewed. She indicated she also works on the unit as a CNA. She indicated she picks up meal trays from the resident's rooms. She indicated she looks at the meal ticket to see what the resident ordered and uses this as 100% to calculate the amount of food consumed. She indicated she considers the intake from all the items on the plate to calculate the intake. She indicated the Glucerna comes up on the resident's tray, when the computer indicates a dietary supplement, they document how much the resident drinks. She stated they document the Glucerna total under the intake. She indicated Glucerna comes from dietary but nursing documents it, she indicated if the resident refuses the Glucerna, they write a side note.</p> <p>On 7/11/14 at 11 A.M., the RD (registered dietician) was interviewed. She indicated the ideal body weight for the resident should be "approximately</p>						

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	<p>118 lbs."</p> <p>On 7/11/14 at 11:05 A.M., the DON was interviewed. At the time, she reviewed the resident's clinical record and indicated she didn't see any documentation which indicated the resident had had edema. She indicated when the resident was done eating his meal, whoever removed the tray from the resident room, would have decided if he needed the Glucerna offered or not. She indicated once the resident drank the Glucerna, the amount he consumed would have been documented in the intake record. She indicated if the resident would have refused the Glucerna, this would have been documented in the nurses notes. At the time, the DON reviewed the clinical record and indicated she didn't see where the resident refused to take the Glucerna when it had been offered.</p> <p>3.1-46(a)(1)</p>			

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