

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  15G320	X2) MULTIPLE CONSTRUCTION A. BUILDING 00 B. WING _____	X3) DATE SURVEY COMPLETED  08/22/2014
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NAME OF PROVIDER OR SUPPLIER  REHABILITATION CENTER DEVELOPMENTAL SERVICES	STREET ADDRESS, CITY, STATE, ZIP CODE 1855 WESTWOOD DR MOUNT VERNON, IN 47620
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W000000	<p>This visit was for a fundamental recertification and state licensure survey.</p> <p>Survey Dates: August 18, 20, 21 and 22, 2014.</p> <p>Facility Number: 000838 Provider Number: 15G320 AIM Number: 100243770</p> <p>Surveyor: Jo Anna Scott, QIDP</p> <p>This deficiency also reflects state findings in accordance with 460 IAC 9.</p> <p>Quality review completed August 29, 2014 by Dotty Walton, QIDP.</p>	W000000		
W000407	<p>483.470(a)(1) CLIENT LIVING ENVIRONMENT The facility must not house clients of grossly different ages, developmental levels, and social needs in close physical or social proximity unless the housing is planned to promote the growth and development of all those housed together.</p> <p>Based on observation, record review and interview for 1 of 4 sampled clients (client #1), the facility failed to ensure the client was properly placed in regard to social, behavioral and psychiatric needs.</p> <p>Findings include:</p>	W000407	Client #1's behaviors began increasing in frequency, intensity and duration during the month of February. IDT began meeting weekly to discuss all issues. At these meetings behavior programming was changed, plans were implemented to keep the other residents safe, he was referred out for waiver services,	09/12/2014

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (see instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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	<p>During the observation period on 8/20/14 from 2:15 PM to 7:00 PM, client #1 was on an outing with staff until 6:10 PM. Clients #2, #3, #4, #5, #6, #7 and #8, who lived in the home, returned from their day program at 3:05 PM. They had a snack and got ready to go to a special Olympics bowling activity at 4:00 PM. Client #1 did not attend the activity. Clients #2, #3, #4, #5, #6, #7 and #8 returned to the home at 5:00 PM and assisted with preparing dinner and setting the table. Dinner was served at 5:20 PM. Client #1 did not return to the home until 6:10 PM. The staff in the home got a telephone when client #1 returned and tried to contact the client's mother. The mother was not available and the staff called the group home coordinator. Client #1 took the phone call as soon as he walked in the door. Clients #2, #3, #4, #5, #6, #7 and #8 went to their rooms as soon as client #1 came into the home. Client #1 walked around the living room shaking hands with staff and surveyor.</p> <p>During the observation period on 8/21/14 from 5:20 AM to 8:10 AM, client #1 came to the living room at 6:37 AM. Client #1 had a one to one staff with him who would try to redirect him when he tried to hug clients #5 and #2. Client #2 tried to back away, but staff #4 reassured</p>		<p>BDDS was contacted, decisions were made to consult the psychiatrist, medication changes occurred, etc.. We continue to keep client #1 and the other clients safe as we have followed the Atypical Behavior Intervention Protocol and Client #1's Emergency Behavior Protocol. IDT has been working diligently with his mother and the waiver case manager to obtain placement as quickly as possible. The case manager services were transferred to another agency as requested by the mother for a more aggressive approach at finding him housemates and a place to live. The current case manager has arranged multiple meetings with potential housemates. Client #1's mother has chosen CLS for his provider. His budget has been completed, a transition meeting with CLS has been held, and he has chosen roommates and the apartment will be available towards the end of the month. He has a move out date of Oct. 1, 2014 with potential of that occurring sooner.</p>				

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	<p>him that client #1 was just trying to be friendly and client #2 did shake his hand. Client #1 went outside at 7:45 AM while other clients got on vans to go to their day program.</p> <p>Interview with staff #2, QIDP (Qualified Intellectual Disabilities Professional) on 8/20/14 at 2:40 PM indicated clients #2, #3, #4, #5, #6, #7 and #8 tried to avoid any conflict with client #1 and would go to their rooms. Staff #2, QIDP indicated they had a plan in place currently where the staff with client #1 would take him on an outing before the other clients returned from their day program and would not return to the home until 6:00 PM. Staff #2, QIDP, indicated client #1 liked to go to bed as soon as he got his evening medication and the other clients stayed in their rooms to avoid client #1 until he went to bed.</p> <p>The record review of incident reports was conducted on 8/18/14 at 12:28 PM. Client #1 had the following behavioral incident reports:</p> <p>"3/9/14 - [Client #1] upset that [client #6] was eating his breakfast and hit him 3 times in the head. Mandt (restraint) attempted but client dropped to the floor.</p> <p>3/10/14 - [Client #1] angry about getting dressed after shower. Attacked staff, grabbed food from refrigerator.</p>			

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	<p>3/10/14 - [Client #4] was trying to go in med (medication) room when door was locked. [Client #1] forcefully grabbed [client #4's] arm and pulled him away.</p> <p>3/14/14 - [Client #1] using phone in office and urinated.</p> <p>3/15/14 - [Client #1] kicked staff in [buttocks] when she was bent over tying another client's shoe.</p> <p>3/15/14 - Staff had [client #8] get communication book and [client #1] got up and ran at [client #8], yelling with his arms raised, grabbed book and took to staff. [Client #8] tried to leave the area but [client #1] got in his face and pushed [client #8] away with his elbow.</p> <p>3/16/14 - [Client #1] got coffee creamer out of the refrigerator because he wanted some added to his milk. Staff asked him to finish his current drink before he got another drink. Client #8 put the creamer back in refrigerator. [Client #1] started yelling and charged at [client #8]. [Client #1] got in [client #8's] face gesturing that he needed to get out of the house.</p> <p>3/18/14 - [Client #1] PA (Physically Aggressive) to other resident - pulled other resident's hair and slapped on back. When staff intervened [client #1] attacked staff. Mandt (restraint) was tried but unsuccessful. [Client #1] pulled staff's hair, bit another staff.</p> <p>3/23/14 - [Client #1] PA (Physically</p>						

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	<p>Aggressive) with staff when prompted to get milk to puree cheese whiz.</p> <p>3/28/14 - [Client #1] got a drink out of the refrigerator and tried to drink it. Staff tried to redirect him to get a cup and he instantly got upset and started swinging his arms at staff. Staff tried to do a two person side body hug. Unsuccessful since he dropped to floor.</p> <p>4/20/14 - [Client #1] got upset when directed to get in car to go for ride. Tried to hit staff.</p> <p>4/21/14 - [client #5] was cleaning out [client #1's] backpack. [Client #1] became upset and hit [client #5] two times in the face. Clients spent the rest of the evening in their rooms.</p> <p>4/22/14 - Staff walked out of med room when client #1 grabbed their arm, pulled their hair. Two person Mandt (restraint) tried but unsuccessful because he dropped to the floor.</p> <p>5/1/14 - [Client #1] attacked staff - Mandt unsuccessful. Client then went outside and picked up Frisbee and threw it at staff. Mandt tried again unsuccessfully.</p> <p>5/3/14 - [Client #1] attacked staff -pulled hair, tried to open their car doors, tried to bite.</p> <p>5/4/14 - [Client #1] aggressive toward staff - threw them to ground, chased them outside, tried to bite, threw shovel at their car, locked them out of the house.</p>			

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	<p>5/11/14 - Peers all in their rooms prior to [client #1] coming home per plan. [Client #1] came in and walked around. Tried to block staff from entering med (medication) room but allowed her to pass him. Attacked staff when they came back into Living Room, jumped on staff, grabbed her hair, knocked off her glasses and attempted to bite her. [Client #1] chased staff out of the house into yard throwing planter, grass, etc. 911 was called and police came to house.</p> <p>6/8/14 - [Client #1] refused to eat while he was out in community and staff fixed his plate at home. [Client #1] went to get something out of the cabinet and staff redirected him to eat his food. [Client #1] became upset, grabbed staff by the hair. Chased staff out of house and tried to grab their hair and bite.</p> <p>6/17/14 - [Client #1] wanted to go outside and became aggressive when staff did not comply.</p> <p>7/1/14 - [Client #1] agitated when returning from community outing. Took med (medication) keys from med room. Followed staff outside and pulled his pants down and got upset when he was redirected to pull his pants back up. Grabbed staff by her shirt and attempted to bite her.</p> <p>7/10/14 - [Client #1] got upset when staff got off couch to go to kitchen.</p>			

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	<p>Pulled on staff's shirt and tried to bite her. Two person side body (restraint) was tried but he dropped to floor. He came after staff grabbing shirt and kicking. He pushed staff. Mandt (restraint) holds were attempted but he would drop to floor. 911 was called and police showed up.</p> <p>7/21/14 - [Client #1] - Staff asked for med (medication) keys to get in med room. Smacked staff in chest. Staff led him outside. [Client #1] smacked staff's glasses off, pulled her hair, he tried to kick staff in stomach. Mandt (restraint) hold was attempted - not successful.</p> <p>7/22/14 - [Client #1] was sitting on couch and wanting staff to wave. Became aggressive toward staff, bit himself, then went outside to front yard. [Client #1] then became physically aggressive toward staff. Grabbed their hair and bit her head.</p> <p>7/23/14 - [Client #1] attacked staff - wanting them to leave. Grabbed staff's hair, tried to bite another staff, grabbed their hair, was in yard and chased 5 staff around house.</p> <p>7/24/14 - [Client #1] chased staff in yard for 30 minutes. Threw trash can, banged on door and banged on staff's car.</p> <p>7/30/14 - [Client #1] had aggressive behavior and 911 was called."</p> <p>The BDDS (Bureau of Developmental</p>						

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	<p>Disabilities Services) reports were reviewed on 8/18/14 at 1:45 PM. The BDDS reports for client #1 are listed below:</p> <p>3/18/14 - "At 4:00 PM [client #1] began engaging in a 20 minute aggressive behavior. During this time he was not redirectable and he was aggressive to both staff and a resident. He slapped a resident on the back and pulled their hair. He then physically attacked two staff by hitting, biting, and grabbing their bodies and hair. He took one staff by the hair and pulled her to the ground and banged her head against the floor. He then grabbed the other staff by the hair and pulled her down to the floor. He bit each staff with one of the bites causing injury. A two person Mandt hold was attempted several times during this behavioral episode, however staff were unable to secure holds." The Plan to Resolve on the BDDS report indicated: "IDT (Interdisciplinary Team) has met multiple times and has exhausted all programming, and safety measures have been implemented however significant safety risk for other clients and staff still exist. We are following out Atypical Behavioral Intervention Policy for behavioral crises, and the team is meeting weekly. His behaviors are occurring more frequently and are more intense. We continue consulting with his</p>			

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	<p>psychiatrist for medication management. IDT agrees that he is not appropriate (sic) placed in the group home setting as he has been unsuccessful in 2 group homes in the past 2 years. He has also been forbidden to return to two day program/workshop agencies as a result of his behaviors. It is believed that he would be more successful in a waiver setting with fewer people and less demands. Our local BDDS office is aware of this situation and the 'My Life, My Choice' program has been contacted."</p> <p>3/27/14 - "[Client #1] had been out of the house on an outing for several hours, when he arrived home he began showing precursors then grabbed staff by the hair trying to pull her off the couch. Two other staff intervened he then began physically attacking that staff. During his 30 minute behavior he physically attacked 3 staff by pulling hair, biting, grabbed staff by hair and whipped her to the ground, he threw a plate and a chair at staff, hit staff with his shoe, spit in staff's face shoved staff into a table, and pushed staff out the door. Staff attempted to put him in a Mandt hold at least twice, however, both attempts were unsuccessful as one time he dropped to the ground and the other attempt he shoved staff into a table."</p> <p>3/28/14 - "[Client #1] returned to the group home after being out with staff for</p>				

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	<p>several hours. He directly went and got himself a drink and tried to drink it. Staff redirected him to get his cup (to prevent him from aspirating) he instantly became upset and began trying to hit staff. He put staff in the corner, grabbed and pulled staff down to the floor. Staff attempted to redirect and distract him during this 20 minute behavior. The Group Home Coordinator called and talked to him and he began to calm down. Staff did attempt to place him in a Mandt hold, however, it was unsuccessful as he dropped to the floor."</p> <p>4/20/14 - "Staff were getting ready to take [Client #1] and 2 of his housemates on an outing. Before leaving the parking lot he became very agitated. He then followed staff back into the house and became physically aggressive to two staff. He punched staff in the face, pulled both staff's hair multiple times, kneed staff in her stomach, and was swinging his arms at staff during a period of 40 minutes.</p> <p>[Client #1] has been having one on one outings and it is believed that this behavior was caused by two other individuals being involved in this outing. The assistant manager came into the home to assist and he then began to calm down. He remained calm the rest of the evening."</p> <p>4/22/14 - "[Client #1] became upset</p>			

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	<p>when another resident began cleaning out his backpack. He ran up to this individual and smacked him in the face two times. This did not cause injury. Staff attempted to put him in a Mandt hold, but it was unsuccessful as he immediately dropped to the ground and the hold had to be released. [Client #1] was redirected to eat his snack and he began calming down. There was no further aggression the remainder of the evening.</p> <p>Plan to Resolve - [Client #1] will be encouraged to clean out his backpack when he gets home. If he refuses, the backpack will be put away so the other individual will not get his backpack and staff will clean it out when the residents are in bed. Residents will continue to be encouraged to be in their bedrooms during this transition period of [client #1] home from his outings."</p> <p>4/23/14 - "[Client #1] had an aggressive behavior towards staff beginning at 7:10 PM and lasting for 45 minutes. He has been more agitated the past couple of days. He ran up to staff and grabbed her by her hair. Throughout the behavior, he was forcefully swinging his arms, grabbing multiple staff by the hair, and kicking at them. Once he calmed down he remained calm the rest of the evening."</p> <p>5/1/14 - "[Client #1] was sitting in a</p>			

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	<p>chair in the living room. Two staff were still on shift and finishing up morning clean-up as all of the other clients had already gone to workshop. While staff was in kitchen, [client #1] approached them and began pointing his finger, staff did not get to respond and he immediately began hitting and yelling at staff. Staff attempted Mandt unsuccessfully. [Client #1] then walked outside throwing items and then came back in the group home and began hitting out at both staff again. Staff again attempted Mandt unsuccessfully. [Client #1] then grabbed staff and knocked her against a wooden door. One staff had contacted the on-call phone immediately after the incident began. When management staff walked into the door, [client #1] immediately stopped and began crying.</p> <p>Plan to Resolve: Management staff continue to monitor [client #1's] behaviors. He is approved for a Medicaid waiver slot and we are working with his caseworker to seek placement as quickly as possible. He is staff one-on-one at all times and also is kept out of the home for one-on-one outings for the majority of every evening in order to keep the other clients safe. We will continue to follow these plans until placement is obtained in the Waiver program."</p>			

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	<p>5/3/14 - "During the morning hours on 5/3/14 [client #1] became very aggressive with staff. No precursor was noted. Staff had come into the living room and he began pointing at them, taunting them, and trying to get them to get out of the house. Staff tried to get [client #1] to calm but were unsuccessful. Staff went outside and [client #1] came out after them. He pulled their hair, hit them, bit them, and ended up pulling them down with him into the gavel by the driveway. [Client #1] got back up and staff attempted Mandt several times unsuccessfully. [Client #1] finally calmed down after approximately 25 minutes of aggression and intimidation towards staff. [Client #1] finally got into the bath tub and although he remained agitated he did not show any further aggression."</p> <p>5/4/14 - "[Client #1] had seven explosive episodes on Sunday, 5/4/14. He was very agitated and aggressive with staff. He was biting, punching, head butting, kicking, pulling hair. After three incidents of aggression, and no interventions being successful, IDT agreed to discuss additional dosage of medication with (name of doctor), [client #1's] GP (General Practitioner). [Name of Doctor] suggested giving him a 10 mg (milligram) dosage of Haldol (antipsychotic) as soon as it could be</p>						

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	<p>administered. [Client #1] generally gets a 5 mg dosage of Haldol at 1 PM. [Client #1] was given the 10 mg dosage around 11:45 AM and his 1 PM dose was held. However, the additional medication dosage did not calm him. He continued to have behaviors throughout the afternoon. Extra staff came to the group home to assist. [Client #1] generally goes on outings each day to get out of the home, but he was so aggressive and agitated he would not get into the van."</p> <p>5/11/14 - "[Client #1] had a 35 minute behavior of aggressively attacking the staff. [Client #1] had been on an outing and returned to the group home when the behavior began. He was screaming, jumped onto staff, grabbed one staff by the hair knocking her glasses off, and was attempting to bite her. He chased staff out of the house, threw items at staff, attempted to flip the picnic table, hit and kicked at staff's car. Staff called the coordinator and 911 was called for assistance. He began calming down when the policeman showed up. However, while the policeman was still there he attempted to hit staff in the head. The policeman did not physically touch [client #1], they did sternly tell him that he cannot be hurting the staff. He began calming down after 35 minutes and went to sleep for the night around 9:00 PM."</p> <p>7/10/14 - "[Client #1] arrived home</p>						

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	<p>from an outing agitated. Staff walked past him and he instantly became aggressive. He grabbed staff's shirts and hair, attempted to bite staff, kicking, pushed staff outside of the house; all of this occurred multiple times throughout the 50 minutes. [Client #1's] emergency protocol was followed and 911 was called for assistance. As soon as [client #1] saw the police car he calmed down. The police came in, saw that he was calm and left. Five to ten minutes later [client #1] became aggressive to staff again. The on-call was contacted and once she arrived he calmed down. He went to bed at approximately 7:30 PM and there were no further incidents. His behavior strategy was followed and Mandt holds were attempted, however, the holds were unsuccessful as he dropped to the ground and the hold had to be released."</p> <p>7/21/14 - "[Client #1] had a 13 minute aggressive behavior toward three different staff. During this time [client #1] charged at staff, smacked staff multiple times, smacked staff's glasses off their face, pulled hair, tried to kick staff in the stomach, and attempted to get into other resident's bedrooms. Staff attempted to place [client #1] in a 2 person Mandt hold, however, it was unsuccessful as he dropped to the floor. He began crying, calmed down and then went to bed and fell asleep. There were</p>						

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	<p>no further issues during the evening." 7/22/14 - "[Client #1] had a 40 minute aggressive behavior towards staff. [Client #1] had previously been on an outing and shortly after he returned home he became agitated and aggressive. He was charging at staff, grabbing all staff, biting himself, pushing, bit a staff's head, and pulled staff's hair. Majority of these behaviors occurred (a) multiple of times. Mandt was attempted, but the hold was unsuccessful as they had to be released. His Emergency Behavior Protocol was followed. Once [client #1] calmed down he had his bedtime snack and went to bed. There were no further incidents." 7/30/14 - "[Client #1] had an aggressive behavior toward staff. He was yelling, charging at staff, grabbing them and taunting them. His Emergency Behavioral Protocol was followed and 911 was called for assistance. He began calming down when the police arrived. Once he calmed down he went to bed and there were no further incidents for that day."</p> <p>The IDT (Interdisciplinary Team) notes for client #1 were reviewed on 8/20/14 at 11:30 AM and indicated the team had met on the following dates: 2/10/14 - Discussed his inattention to tasks, behaviors, medication (adding Adderall for behavior).</p>						

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	<p>2/27/14 - Team discussed his day programming being terminated due to aggressive behavior.</p> <p>3/5/14 - Team met to discuss the Atypical Behavioral Intervention Policy. Team agreed to ask Mom to defer visits to help control his environment because of his increased behaviors after he visits with her. He will continue his phone calls with her. His housemates are to go back to their bedrooms when he begins having behaviors. The IDT agreed his current placement was not appropriate as he had been unsuccessful at two group homes, a day program and a workshop.</p> <p>3/9/14 - IDT met and the case manager had made contact to set up an intake meeting with waiver case manager.</p> <p>3/12/14 - IDT met and discussed the Adderall being increased.</p> <p>3/19/14 - IDT met and agreed the behaviors were worse since taking the Adderall. Staffing was being increased and the staff will call the on-call phone when (client #1) becomes aggressive if they are not in the home.</p> <p>3/26/14 - IDT met and discussed an aggressive behavior that lasted almost 2 hours. Extra staff were called in to assist. The staffing is increasing up to four staff on the weekends and on second shift. Team agreed the Adderall did not have a positive effect and was decreased. His</p>						

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	<p>Inderal for behavior was increased. "IDT agreed that it is beneficial for both (client #1) and his housemates to get (client #1) out of the house when his housemates are home (afternoons, early evenings and weekends)." Team also discussed having a local policeman talk to (client #1) and explained the consequences of him not being nice to the staff and his housemates.</p> <p>4/2/14 - IDT met and discussed (client #1) being approved for waiver, local police understanding their presence could assist in calming (client #1) without becoming physical with him. The police also agreed to allowing (client #1) to come to the station for a tour and a policeman talking to him.</p> <p>4/3/14 - IDT met with BDDS to review waiver questions.</p> <p>4/18/14 - Agreed to continue current plan.</p> <p>4/23/14 - IDT discussed behaviors the past 3 evenings. Client #1 was staying up later. Will be taken to a hotel during the day over the weekend as a trial to see how he does. Intake meeting for waiver had been scheduled.</p> <p>5/12/14 - IDT discussed behavior from 5/11/14 where police had been involved. Discussed staff contacting on call after behavior had reached 5 minutes and daily outings to continue to keep him away from his housemates.</p>			

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	<p>5/14/14 - IDT discussed client staying up later in the evenings, staffing 2 during the day and contacting the police for aggressive behaviors.</p> <p>6/4/14 - IDT discussed client being more agitated last week but did not have any explosive behaviors.</p> <p>6/6/14 - IDT discussed client #1 falling during the night. IDT agreed a sound monitor for 3rd shift for staff to know when he may be attempting to get up out of bed.</p> <p>6/26/14 - IDT discussed that client #1's mother was contacting another case management agency because she was not satisfied with the current case manager. No other changes.</p> <p>7/2/14 - IDT met to discuss a behavior he had the previous night. The nurse was contacted to see if his 8 PM meds could be given at 7:00 PM because staff had to wake him for the 8 PM med pass.</p> <p>7/9/14 - IDT agreed that they would have extra staff on when he returned from visits with his mother and he was to be double staffed during the daytime the day after his visit.</p> <p>7/16/14 - IDT met and discussed the new case manager for waiver that client #1's mother had selected. Had a meeting scheduled to meet potential roommate.</p> <p>7/23/14 - IDT discussed the increased behaviors when he gets back to the group</p>						

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	<p>home at 6:00 PM and indicated staff were to administer his meds (medicine) at 5:30 PM, and take the phone out to him as soon as he arrives home.</p> <p>7/30/14 - IDT discussed 7/30/14 behavior. IDT agrees to continue calling 911.</p> <p>8/12/14 - No significant behaviors.</p> <p>8/20/14 - Discussed the 5 meetings he had with potential providers. Team feels all the meetings are making him feel special.</p> <p>Interview with administrative staff #1 on 8/18/14 at 11:30 AM indicated they had been trying for some time to get client #1 into a waiver home. Administrative staff #1 indicated the behavior plan for client #1 had been revised, medication had been changed and the IDT (Interdisciplinary Team) had been meeting weekly to discuss client #1's behavior.</p> <p>Interview with administrative staff #2 on 8/21/14 at 1:00 PM indicated client #1 had not attended a day program since February and the facility tried to keep him busy during the day doing tasks like laundry and cleaning. The staff also were to take the client on an outing before the other staff left to get the clients from the workshop. Client #1 was not to return to the home until around 6:00 PM.</p> <p>Administrative staff #2 indicated the</p>			

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	<p>other clients were usually finished with their dinner at that time and were ready to relax in their rooms.</p> <p>9-3-7(a)</p>				