

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 15G725	X2) MULTIPLE CONSTRUCTION A. BUILDING 00 B. WING _____	X3) DATE SURVEY COMPLETED 01/03/2014
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NAME OF PROVIDER OR SUPPLIER BETHESDA LUTHERAN COMMUNITIES INC	STREET ADDRESS, CITY, STATE, ZIP CODE 370 FRANCISCAN DR VALPARAISO, IN 46385
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W000000	<p>This visit was for a fundamental recertification and state licensure survey.</p> <p>Dates of Survey: 12/18, 12/19, 12/20/2013 and 1/3/2014.</p> <p>Facility number: 004859 Provider number: 15G725 AIM number: 200809680</p> <p>Surveyor: Amber Bloss, QIDP</p> <p>The following federal deficiencies also reflect state findings in accordance with 460 IAC 9. Quality Review completed 1/14/14 by Ruth Shackelford, QIDP.</p>	W000000		
W000478	<p>483.480(c)(1)(ii) MENUS Menus must provide a variety of foods at each meal.</p> <p>Based on observation, record review, and interview, the facility failed to develop a menu which contained a variety of food in regards to breakfast foods for 6 of 6 clients residing in the home (clients #1, #2, #3, #4, #5, and #6).</p> <p>Findings include:</p>	W000478	<p>Menus have been revised to allow for more variety and choices in meals. Staff have been retrained on the importance of providing food choices. See menus and staff meeting minutes. The QIDP or PM will be responsible for doing observations around mealtimes at least twice weekly to ensure that the menus are being</p>	02/01/2014

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (see instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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	<p>On 12/19/13 between 6:21 AM and 8:05 AM, group home observations were conducted. Between 6:21 AM and 7:58 AM, Clients #1, #2, #3, #4, #5, and #6 ate breakfast individually when they were ready to eat. Clients were offered choice of cold cereals between two similar types of cereals of "rice Chex" cereal and "whole grain Cheerios" cereal. Staff gave each client the choice between one piece of toast with butter or two pieces of toast with butter. Clients were not offered a choice of jellies for their toast nor were jellies on the table for use by clients. Client #4 was offered a "Carnation Instant Breakfast" drink. Clients #1, #2, #3, #5, and #6 were only offered pink "Kool-aid" for their beverage. Clients #1, #2, #3, #5, and #6 were not offered milk or water or other beverage choices for breakfast.</p> <p>On 12/19/13 at 11:15 AM, the group home menu for the week of 12/15/13 to 12/21/13 was reviewed. The menu indicated the following items for breakfast:</p> <p>-Sunday, 6 oz. (ounces) orange juice or 1/2 cup fruit, 2 small pancakes with lite syrup, 12 oz. skim milk.</p> <p>-Monday, 6 oz. orange juice, 3/4 cups cold cereal (Corn Flakes, Raisin Bran, Bran Flakes, Rice Krispies, Cheerios) or 1/2 cup oatmeal or 1 slice toast, 12 oz. skim milk.</p> <p>-Tuesday, 6 oz. orange juice, 3/4 cups cold cereal (Corn Flakes, Raisin Bran, Bran Flakes, Rice Krispies, Cheerios) or 1/2 cup oatmeal or 1 slice toast, 12 oz. skim milk.</p> <p>-Wednesday, 6 oz. apple juice, 3/4 cups cold cereal (Corn Flakes, Raisin Bran, Bran Flakes, Rice Krispies, Cheerios) or 1/2 cup oatmeal or 1</p>		<p>followed and that food choices are available. Any problems noted will be discussed with staff on duty and training will be provided as needed. Continued concerns in this area will result in corrective action. The QIDP will gradually fade the observations based on the outcomes. No problems for one month and the fading process will begin. The QDDP/Manager will be responsible for reviewing the observations forms to ensure that this has been done.</p>	

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	<p>slice toast, 12 oz. skim milk.</p> <p>-Thursday, 6 oz. apple juice, 3/4 cups cold cereal (Corn Flakes, Raisin Bran, Bran Flakes, Rice Krispies, Cheerios) or 1/2 cup oatmeal or 1 slice toast, 12 oz. skim milk</p> <p>-Friday, 6 oz. grape juice, 3/4 cups cold cereal (Corn Flakes, Raisin Bran, Bran Flakes, Rice Krispies, Cheerios) or 1/2 cup oatmeal or 1 slice toast, 12 oz. skim milk.</p> <p>-Saturday, 6 oz. grape juice, 4 oz. yogurt, 2 slices toast, 12 oz. skim milk.</p> <p>On 12/19/13 at 1:01 PM during an interview with the Administrator and the QIDP (Qualified Intellectual Disabilities Professional), the QIDP stated the menu reviewed was a menu for a "weight reduction diet." The QIDP indicated they adjust the menu accordingly to adjust for the various diet orders in the home. When asked why the clients are not offered eggs, breakfast meats, a wide variety of cereals, choices of jellies, or fruits, the Administrator indicated the menus could have been developed with higher functioning clients in mind. The Administrator indicated the menu would give higher functioning clients the opportunity to pick what they wanted from the kitchen and make their own breakfast. The QIDP indicated staff are careful with selection of cereals to maintain a healthy weight. The Administrator and QIDP indicated they agreed the breakfast menu should offer a greater variety of foods.</p> <p>9-3-8(a)</p>			

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W000484	<p>483.480(d)(3) DINING AREAS AND SERVICE The facility must equip areas with tables, chairs, eating utensils, and dishes designed to meet the developmental needs of each client.</p> <p>Based on observation and interview for 6 of 6 clients (clients #1, #2, #3, #4, #5, and #6) who lived in the group home, the facility failed to provide condiments and a full set of silverware during meals.</p> <p>Findings include:</p> <p>On 12/18/13 between 4:32 PM and 5:49 PM, group home observations were conducted. Between 5:18 PM and 5:49 PM, dinner was served. Clients #1, #2, #3, #4, #5, and #6 were served ham, mashed potatoes, pineapples and bread for dinner. Throughout the dinner observation, no condiments (salt, pepper, or butter) were offered to any of the clients nor were condiments on the table. Throughout the dinner observation, the clients were not given a full set of silverware. Client #1 had a regular spoon, Client #2 had a spoon, Client #3 had a regular spoon, Client #4 had a built-up spoon, Client #5 was fully assisted by staff using a spoon, and Client #6 had a regular spoon during</p>	W000484	Staff have been retrained on the importance of providing condiments and a full set of silverware at meals and providing training on the appropriate use of silverware and condiments. See staff meeting minutes and menus. The QIDP or Program Manager will be responsible for observing mealtimes at least twice weekly and completing the Mealtime Observation form. All concerns will be addressed immediately. Re-training will be provided as needed. Continued problems in this area will result in corrective action. The QIDP/Manager will be responsible for reviewing the observation forms to ensure that this is being done.	02/01/2014

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	<p>dinner.</p> <p>On 12/19/13 between 6:21 AM and 8:05 AM, group home observations were conducted. Between 6:21 AM and 7:58 AM, Clients #1, #2, #3, #4, #5, and #6 ate breakfast individually when they were ready to eat. Clients were offered choice of cold cereals between "rice Chex" cereal and "whole grain Cheerios" cereal. Staff gave each client the choice between one piece of toast with butter or two pieces of toast with butter. Clients were not offered a choice of jellies for their toast nor were jellies out on the table for use by clients. The clients were not offered a sweetener for their cereals such as sugar or a sugar substitute.</p> <p>On 12/19/13 at 1:01 PM during an interview, the Administrator indicated clients should be offered condiments. The Administrator stated condiments may not always be on the table because some clients will grab them but "they should always be offered." The Administrator indicated clients (#1, #2, #3, #4, #5, and #6) should be given a full set of silverware unless less safety concerns dictated otherwise.</p> <p>9-3-8(a)</p>						

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W000488	<p>483.480(d)(4) DINING AREAS AND SERVICE The facility must assure that each client eats in a manner consistent with his or her developmental level.</p> <p>Based on observation and interview, for 6 of 6 clients (clients #1, #2, #3, #4, #5, and #6) who lived in the group home, the facility failed to encourage clients to function with as much independence to the extent possible in regards to family style dining and dining clean up.</p> <p>Findings include:</p> <p>On 12/18/13 between 4:32 PM and 5:49 PM, group home observations were conducted. Between 5:18 PM and 5:49 PM, dinner was served. Clients #1, #2, #3, #4, #5, and #6 were served ham, mashed potatoes, pineapples and bread for dinner. At 4:39 PM, Client #3 was assisting in meal preparations with DSP (Direct Support Professional) #2. Client</p>	W000488	<p>Staff have been retrained on the importance of active treatment and involving the individuals in mealtime activities including food preparation, setting the table, and kitchen clean up. They were also retrained on family style dining, assisting and training the individuals in serving themselves and eating as independently as they can. See minutes and Mealtime Activities. The QIDP or PM will randomly observe activities around mealtimes at least twice weekly. The Mealtime Observation Checklist will be completed. Any concerns will immediately be discussed with staff on duty and retraining will be provided as needed. Repeated concerns will result in corrective action. The QDDP/Manager will review the Mealtime Observation Checklist to ensure that this is being done.</p>	02/01/2014

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	#4 also entered the kitchen and assisted DSP #2 with meal preparation. At 5:18 PM, DSP #2 had prepared each client's plate in the kitchen with cut up bread, cut up ham, and a scoop of mashed potatoes and put the prepared plates on a tray. DSP #2 brought the tray of prepared plates to the dining room and handed Clients #1, #2, #3, #4, #5, and #6 their plates. DSP #2 walked around the table with the serving dish of pineapple chunks. DSP #2 served Client #2 his pineapple onto his mashed potatoes and ham without his assistance. DSP #2 served Client #5 her pineapple without her assistance. Client #1 independently served herself pineapple. When all clients had pineapple, DSP #2 put the serving bowl of pineapple back into the kitchen. No serving dishes were left on the dining room table. At 5:33 PM, DSP #3 verbally prompted Client #2 to take his dishes to the kitchen and he did. At 5:37 PM, DSP #3 cleaned up Client #4's plate, spoon, and shirt protector without his assistance. DSP #3 verbally prompted Client #6 to put her plate in the sink and she did. DSP #3 cleaned up clients #6 and #4's place mats without their assistance. At 5:47 PM, Client #3 was offered a second helping of mashed potatoes which he assisted in serving given hand over hand assistance. At 5:49 PM, DSP #1 took						

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	<p>Client #1's plate and placemat to the kitchen without her assistance.</p> <p>Throughout the dinner observation, family style dining was not observed and clients #1, #2, #3, #4, #5, and #6 were not consistently prompted to be as independent as possible in serving dinner or dinner clean up.</p> <p>On 12/19/13 between 6:21 AM and 8:05 AM, group home observations were conducted. Between 6:21 AM and 7:58 AM, Clients #1, #2, #3, #4, #5, and #6 ate breakfast individually when they were ready to eat. Clients were offered a choice of cold cereals between "rice Chex" cereal and "whole grain Cheerios" cereal. Staff gave each client the choice between one piece of toast with butter or two pieces of toast with butter. Clients were not offered a choice of jellies for their toast. Clients #1, #2, #3, #5, and #6 were offered pink "Kool-aid" for their beverage. Client #4 was given a 'Carnation Instant Breakfast' drink. Clients #1, #2, #3, #5, and #6 were not offered milk or water or other beverage choices for breakfast. At 6:21 AM, Client #4 was in the kitchen picking his cereal with DSP #5. DSP #5 had Client #4 sit at the table and assisted him with his shirt protector. DSP #5 gave Client #4 his drink. At 6:40 AM, Client #2 went into the kitchen and</p>			

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	<p>picked his cereal, poured his milk into the bowl with hand over hand assistance and then carried his own bowl of cereal to the table. Client #4 went into the kitchen and got his prepared plate of buttered toast which had already been cut up into bite size pieces with scissors without his assistance. At 6:45 AM, DSP #4 took the cereal options to the table and asked Client #3 to pick a cereal. DSP #4 also offered choice of cereal to Client #4 at the table. DSP #4 returned to the kitchen to pour the cereals into bowls without assistance from Client #4 or Client #3. DSP #4 also prepared cut up buttered toast for two clients (#3, #4). At 6:56 AM, staff gave Client #5 a choice of cereal. DSP #4 returned to kitchen and prepared Client #5's cereal, toast, and beverage without her assistance. At 7:03 AM, DSP #5 verbally prompted Client #4 to put his dishes into the kitchen. At 7:19 AM, DSP #4 poured Client #1's cereal in the kitchen without her assistance. DSP #4 asked Client #1 whether she wanted one piece of toast or two. DSP #4 prepared Client #1's toast, buttered the toast, and cut the toast up in the kitchen without her assistance. At 7:41 AM, Client #6 left the table leaving her dishes at the table and did not assist in cleaning up her dishes. At 7:58 AM, DSP #4 took Client #1's dishes to the</p>			

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	<p>kitchen sink without her assistance.</p> <p>On 12/19/13 at 1:01 PM during an interview, the Administrator stated "theoretically" clients should have participated in "family style dining, should be passing the food and staff may need to have heavy involvement." The Administrator indicated the clients (#1, #2, #3, #4, #5, and #6) should have been serving themselves food to the best of their ability. The Administrator indicated clients should be assisted or prompted to clean up their dishes to the best of their ability.</p> <p>9-3-8(a)</p>			