

**Indiana**

**R.E.S.P.E.C.T.**

**Indiana Reduces Early Sex and Pregnancy By  
Educating Children and Teens**

**Adolescent Pregnancy Prevention Initiative**

**Community Grant Program  
October 1, 2001 – September 30, 2003  
Application Packet**

**Sexual Abstinence  
Education Programs**

**Administered by  
Indiana State Department of Health  
Maternal and Child Health Services**



**Indiana State  
Department of Health**

### Purpose:

The Indiana State Department of Health, Maternal and Child Health Services announces the availability of Title V Section 510 Sexual Abstinence Education Block Grant federal funds to support community-based educational efforts to provide sexual abstinence education as a strategy to prevent adolescent and out-of-wedlock pregnancies. Public Law 104-193, enacted August 22, 1996, added the Section 510 formula grant program to Title V of the Social Security Act. The purpose of Section 510 is to "enable the state to provide abstinence education, and at the option of the state, where appropriate, mentoring, counseling, and adult supervision to promote abstinence from sexual activity, with a focus on those groups most likely to bear children out of wedlock." Abstinence education is specifically defined in the law. (see Selection Criteria Section.)

**Federal funding for the Sexual Abstinence Education Block Grant program has been authorized for FY 2002. Funding for FY 2003 is pending, based on Congressional reauthorization of the Federal Sexual Abstinence Education Block Grant.**

This announcement directly addresses the Healthy People 2010 National Health Objectives, which focus on reducing pregnancies among adolescent females aged 15 to 17 years, increasing the proportion of adolescents who have never engaged in sexual intercourse, and increasing the proportion of adolescents who have received formal instruction on reproductive health issues.<sup>1</sup>

With this announcement, the Indiana State Department of Health, Maternal and Child Health Services is interested in partnering with local community organizations, schools, and agencies to implement educational programs which address locally determined priorities and needs.

### Background:

Nearly 1 million teenage pregnancies occur each year in the United States.<sup>2</sup> The teenage pregnancy rate in the United States is much higher than in many other developed countries – twice as high as in England and Wales, France, and Canada and nine times as high as in the Netherlands or Japan.<sup>3</sup>

In 1998, 11,730 Indiana females aged 19 and under gave birth.<sup>4</sup> Infants born to teenaged mothers, especially mothers under age 15 years, are more likely to suffer from low birth weight, neonatal death, and sudden infant death syndrome. The infants may be at greater risk of child abuse, neglect, and behavioral and educational problems at later stages. Teenaged mothers are less likely to get or stay married, less likely to complete high school or college, and more likely to require public assistance and to live in poverty than their peers who are not mothers.<sup>3</sup>

Unintended births to teenagers, which account for about 40 percent of teenaged pregnancies, cost more than \$1.3 billion in direct health expenditures each year.<sup>5</sup> Estimates of the overall cost to U.S. taxpayers for teenage childbearing range between \$7 billion and \$15 billion a year, mainly attributed to higher public assistance costs, foregone tax revenues resulting from changes in productivity of the teen parents, increased child welfare, and higher criminal justice costs.<sup>6</sup>

#### Eligibility Requirements:

All public or private not-for-profit organizations and agencies are eligible to apply. Grants will be awarded to applicants who are determined to demonstrate the capability of providing the proposed services and commitment to meeting the statutory requirements. Partnerships among applicants from the same geographic area are encouraged.

#### Selection Criteria:

Programs funded must provide instruction consistent with abstinence education as defined in the "Personal Responsibility and Work Opportunity Reconciliation Act of 1996", P.L.104-193. Under this announcement, abstinence education is defined as "an educational or motivational program which:

- A. Has as its exclusive purpose, teaching the social, psychological, and health gains to be realized by abstaining from sexual activity;
- B. Teaches abstinence from sexual activity outside marriage as the expected standard for all school age children;
- C. Teaches that abstinence from sexual activity is the only certain way to avoid out-of-wedlock pregnancy, sexually transmitted diseases, and other associated health problems;
- D. Teaches that a mutually faithful monogamous relationship in context of marriage is the expected standard of human sexual activity;
- E. Teaches that sexual activity outside of the context of marriage is likely to have harmful psychological and physical effects;
- F. Teaches that bearing children out-of-wedlock is likely to have harmful consequences for the child, the child's parents, and society;
- G. Teaches young people how to reject sexual advances and how alcohol and drug use increases vulnerability to sexual advances; and
- H. Teaches the importance of attaining self-sufficiency before engaging in sexual activity.

The Indiana State Department of Health, Maternal and Child Health Services recognizes the varying needs and priorities of local communities will result in the development of programs with significant variation. As indicated in the Maternal and Child Health Bureau's Application Guidance for the Abstinence Education Provision of the 1996 Welfare Law P.L.104-193, it is not necessary to place equal emphasis on each element of the definition; however, a program may not be inconsistent with any aspect of the Section 510 abstinence education definition. The Indiana State Department of

Health, Maternal and Child Health Services will monitor grantees for compliance with the federal 8-point abstinence education definition.

Instruction using these federal funds must stress sexual abstinence until marriage. These federal funds may not be used to provide instruction regarding family planning, contraceptive methods, and/or disease risk-reduction methods. Information provided to adolescents who may be or become involved in sexual activity, which relates to reducing the risk of unintended pregnancy and disease, must be medically accurate and must be presented within the context that sexual abstinence until marriage is recommended. These federal funds may not be used for the provision of medical services or medical supplies. Grantees may not teach or promote religion or provide religious instruction in federally-funded programs. Funded programs must be accessible to the general public. (Appendix A)

Applicants must be familiar with the enclosed documents (Appendix B) in their entirety to ensure compliance with all applicable requirements:

- P.L.104-193 Section 510 Sexual Abstinence Education Definition
- P.L.104-193 Section 104 Services Provided by Charitable, Religious, or Private Organizations
- Article 1 Sections 4 and 6 of the Indiana Constitution
- I.C. 20-8.1-7-21 AIDS Information
- I.C. 20-10.1-4-10 AIDS Instruction
- I.C. 20-10.1-4-11 Sexual Abstinence Education Instruction in Accredited Schools
- I.C. 20-10.1-4-15 Student Non-Academic Personal Analysis/Evaluation/Survey in the Classroom Setting
- Maternal and Child Health Bureau Abstinence Advisory #1: Funding of Religiously-Affiliated Organizations (May 12, 1997)

Funding Availability:

These federal funds will be administered by the Indiana State Department of Health, Maternal and Child Health Services, Judith A. Ganser, M.D., M.P.H., Medical Director. Approximately \$1,268,422 will be available (contingent upon notification from the Maternal and Child Health Bureau) for the Sexual Abstinence Education Block Grant Community Grant Program for a 24-month period. The awards will begin October 1, 2001.

**Federal funding for the Sexual Abstinence Education Block Grant program has been authorized for FY 2002. Funding for FY 2003 is pending, based on Congressional reauthorization of the Federal Sexual Abstinence Education Block Grant.**

Awards will be granted for a total 24-month budget period including two (2) budget segments:

1 <sup>st</sup>	12-month budget period	October 1, 2001 - September 30, 2002
2 <sup>nd</sup>	12-month budget period	October 1, 2002 - September 30, 2003

Applicants may request up to \$25,000 for the 1<sup>st</sup> 12-month budget period and up to \$25,000 for the 2<sup>nd</sup> 12-month budget period. Funds from the 1<sup>st</sup> 12-month budget period will not be allowed to carry over into the 2<sup>nd</sup> 12-month budget period.

The Indiana State Department of Health is committed to serving the broadest statewide range of applicants possible. For this reason, individual applicants will be allowed total maximum Indiana RESPECT funding (federal and state) of \$25,000 per 12-month budget period. Applicants may choose to complete applications for both the Federal Sexual Abstinence Education funds and State Adolescent Pregnancy Prevention Education funds; however, an individual applicant agency will be eligible to receive total Indiana RESPECT grants (federal grant & state grant) equaling a maximum of \$25,000 per 12-month budget period. School buildings will be considered as individual applicants.

Applicants are required to provide a local match (cash and/or in-kind) of 30% for each budget period (maximum of \$7,500/year for \$25,000 grant/year).

Efforts will be made to award grants in all geographic areas of the state.

How to Apply:

An application packet is enclosed.

Inquiries:

All inquiries regarding the grant program should be addressed to:

Sally J. Goss, M.S., C.H.E.S.	317/233-1374(Phone)
Adolescent Health Coordinator	317/233-1299 (Fax)
Indiana State Department of Health	1-800-761-1271, ext. 1374
Maternal and Child Health Services	
2 North Meridian Street, Section 7C	
Indianapolis, Indiana 46204	

Additional informational materials regarding sexual abstinence education research, models, and programs may be requested from:

Helen Schwartzel	317/233-1261(Phone)
Administrative Assistant	317/233-1299 (Fax)
Indiana State Department of Health	1-800-761-1271, ext. 1261
Maternal and Child Health Services	
2 North Meridian Street, Section 7C	
Indianapolis, Indiana 46204	

Information available on the World Wide Web:

- Sexual Abstinence Education Programs and National Data/Statistics – [www.teenpregnancy.org/links.htm](http://www.teenpregnancy.org/links.htm)
- Indiana Data/Statistics – [www.IN.gov/isdh/dataandstats/data\\_and\\_statistics.htm](http://www.IN.gov/isdh/dataandstats/data_and_statistics.htm)

Time Table:

(Contingent upon receipt of notification of award from the Maternal and Child Health Bureau)

Applications available:	June 1, 2001
Applications submitted to ISDH/Maternal & Child Health Services postmarked by:	July 27, 2001
Grant recipients notified by:	August 30, 2001
Grant start date:	October 1, 2001

References:

<sup>1</sup>U.S. Department of Health and Human Services. *Healthy People 2010: Understanding and Improving Health*. Second Edition Washington, D.C.: Government Printing Office, November 2000.

<sup>2</sup>Henshaw, S.K. U.S. *Teenage Pregnancy Statistics*. New York, NY: The Alan Guttmacher Institute, 1998.

<sup>3</sup>The Alan Guttmacher Institute. *Sex and America's Teenagers*. New York, NY: the Institute, 1994.

<sup>4</sup>Indiana State Department of Health, Epidemiology Resource Center.

<sup>5</sup>Trussell, J.; Koenig, J.; Stewart, F.; et al. Medical care cost savings from adolescents' contraceptive use. *Family Planning Perspectives* 29(6): 248-255, 295, 1997.

<sup>6</sup>Maynard, R.A., ed. *Kids Having Kids: The Economic and Social Consequences of Teen Pregnancy*. Washington, D.C.: Urban Institute Press, 1997.

**INSTRUCTIONS** for completing the Indiana RESPECT (Indiana Reduces Early Sex and Pregnancy by Educating Children and Teens) Adolescent Pregnancy Prevention Initiative - Sexual Abstinence Education Programs application.

**Introduction:**

If a grant is awarded as the result of this application, the applicant organization becomes a grantee and assumes legal and financial accountability for the awarded funds and for the performance of the grant-supported activities. The applicant organization is responsible for verifying the accuracy, validity, and conformity with the most current institutional guidelines of all the administrative, fiscal, and scientific information in the application. Deliberate withholding, falsification, or misrepresentation of information could result in administrative actions such as disapproval of an application or, if approved, contract termination.

**Format:**

This application must be single-spaced, printed on one side only, on 8 1/2" X 11" paper, using standard black type (no smaller than 12-pitch) that can be photocopied. All pages and forms must be numbered sequentially. The application must be unbound. **DO NOT** include photographs, oversized documents, video or audiotapes, or materials that cannot be photocopied.

**Unacceptable Applications:**

An application will be deemed unacceptable if it is (1) post-marked after the submission deadline of 7/27/01, (2) incomplete, (3) illegible, (4) not prepared according to the instructions, (5) insufficient to permit an adequate review, or (6) does not address the stated **Healthy People 2010** objective(s).

**Instructions for Completing Form 1, "ISDH Grant Application."**

- Item 1.**        **Title of Project:** List proposed project.
  
- Item 2.**        **Response to Specific Program Announcement:** Check the box marked "YES" and identify the title of the announcement as: Indiana RESPECT.
  
- Item 3a.**       **Name of Program Director:** Name the one person responsible to the applicant organization for the specified and technical direction of the project.
  
- Item 3b.**       **Position Title:** Use the title of the program director that is most relevant to the proposed project.
  
- Item 3c.**       **Degree(s):** Indicate academic and professional degrees.
  
- Item 3d.**       **Mailing Address:** Self-explanatory.
  
- Item 3e.**       **Telephone:** Self-explanatory.
  
- Item 3f.**       **FAX No:** Self-explanatory.

- Item 4. Human Subjects:** Check the box marked "YES". If the project activities are exempt from the Department of Health and Human Services (DHHS) regulations regarding Human Subjects, insert the exemption number(s) corresponding to one or more of the six categories listed. (Appendix C) If the project activities involving human subjects are not exempt, the applicant agency must submit an Assurance of Compliance and certification of Institutional Review Board (IRB) approval.
- Item 5. Budget Period:**  
Budget Period is October 1, 2001 - September 30, 2003 (24 months)
- Item 6. Amount Requested:** Amount requested for the categories of "Personnel", "Other Operating," and "Equipment" must equal the "Total Amount".
- Item 7. Type of Organization:** Check the appropriate box.
- Item 8. Applicant Agency:** Provide the name and address of the organization that will be legally responsible for the proposed project.
- Item 9a. Self-explanatory**
- Item 9b. Self-explanatory**
- Item 10a. Self-explanatory**
- Item 10b. Self-explanatory**
- Item 11a. Self-explanatory**
- Item 11b. Self-explanatory**
- Item 12. Self-explanatory**

**Instructions for Completing Form 1a, "Sexual Abstinence Education Programs - Prevention Strategies."**

On the attached Form 1a, "Sexual Abstinence Education Programs - Prevention Strategies," check any/all of the prevention strategies the funded program will implement with Indiana RESPECT funds. Please do not substitute another format.

**Indiana RESPECT**  
**(Indiana Reduces Early Sex and Pregnancy by Educating Children and Teens)**  
**Adolescent Pregnancy Prevention Initiative-**  
**Sexual Abstinence Education Programs**

**Narrative Application**

**Section 1: Proposal Summary (1 page) - 10 pts.**

This summary will provide the reviewer a succinct and clear narrative of the proposal. The summary must:

- Identify the problem(s) to be addressed
- State the project objectives
- Include an overview of solutions (methods)
- Identify the target population(s) (including county (ies) served)
- Include specific services provided

**Section 2: Applicant Agency (1/2 page) - 5 pts.**

Complete the attached Form 1, "Indiana State Department of Health Grant Application" and Form 1a, "Adolescent Pregnancy Prevention Strategies." Please do not substitute another format.

Describe the applicant agency. Include:

- An agency statement of purpose
- A brief agency history of serving youth
- An explanation of how the project will be implemented within the structure of the applicant agency
- An explanation of how the project will be implemented within priorities of the local community

**Section 3: Statement of Need (1/2 page) - 15 pts.**

Describe the specific problem(s) or need(s) related to sexual abstinence education to be addressed by the project. This section represents the reasoning for the proposal and should:

- Be supported by evidence such as statistical data, surveys of community leaders and youth (e.g., local Step Ahead Council Needs Assessment data, local Education Agency data)
- Describe target populations (include characteristics and numbers)

**Section 4: Outcome Objective(s) (Form 2) - 5 pts.**

On the attached Form 2, "Healthy People 2010 National Health Objectives," check the outcome objective(s) related to sexual abstinence education the project will address. Please do not substitute another format.

**Section 5: Process Objectives(s) Narrative (2 pages) and Proposed Work Plan (Forms 3a and 3b) - 25 pts.**

The process objectives narrative (2 pages) should describe the process objective(s) for the project. Process objectives typically focus on the achievement of major activities over the course of the funding period (e.g., clients to be served, training sessions to be provided - what, by whom, for whom, by when). In this description, clearly relate the project process objective(s) to the grant selection criteria identified on page 3 of the application packet in the section, "Selection Criteria."

In this section, also describe the involvement of the target audience(s) (youth, parents and community members) in the design, development, implementation, and assessment of the proposed project.

Use the attached Forms 3a & 3b, "Work Plan," to identify the work plan/activities to be completed to achieve each identified process objective(s); one process objective per form. Complete Form 3a for the process objectives to be completed October 1, 2001 – September 30, 2002. Complete Form 3b for the process objectives to be completed October 1, 2002 – September 30, 2003. Please do not substitute another format. The activities should:

- Be logically related to needs and outcome objectives
- Be linked to specific process objectives
- Be easily understood
- Be presented in a logical step-by-step manner
- Identify responsible staff
- Identify target populations
- Indicate a time (date) when the activities will be achieved
- Be achievable in the funding period and within available resources

**Section 6: Reporting Requirements/Evaluation Plan (1 page) - 5 pts.**

Discuss project methods of data collection, data reporting, and measurement of:

- The completion of project activities
- The achievement of project process objective(s) (e.g., # of persons served/# of trainings provided)
- If possible, the achievement of Healthy People 2010 National Health Objectives outcome objective(s) as identified on Form 2 (e.g., school/local/county adolescent birth incidence, pre/post assessments)

Indicate the program data related to the process objectives (e.g., # of persons served/# of trainings provided) to be collected during the program contract period and identify the person responsible for data collection and reporting. Submission of data is a requirement for Federal Title V Section 510 grantees.

**Section 7: Staff (1/2 page) - 10 pts.**

Describe the relevant education, training, and work experience of the project staff, which will enable them to successfully develop, implement, and evaluate the project or provide curriculum vitae/resume for project staff.

**Section 8: Budget (Forms 4a and 4b) and Budget Narrative (2 pages) - 15 pts.**

The budget is an estimate of what the project will cost. The Indiana State Department of Health, Maternal and Child Health Services supports reasonable and necessary costs for grants within the scope of the approved projects. Allowable costs may include planning and evaluation, salaries, training, educational materials, educational equipment (infant simulators, videos, displays, models), media activities, in-state travel (.28 cents/mile), incentives, and consultant fees. Non-allowable costs include food, out-of-state travel, and general equipment and computer equipment (hardware and software) for the maintenance of the applicant agency.

Complete Form 4a for the project budget for October 1, 2001 – September 30, 2002. Complete Form 4b for the project budget for October 1, 2002 – September 30, 2003. Please do not substitute a different format.

In the column marked, “ISDH Request,” indicate the cash amount of Indiana RESPECT funds requested.

In the column marked, “Local Contribution/Other Funds,” indicate the total local contribution (cash and/or in-kind) the applicant agency would expend for the proposed program. This local contribution could include salaries, educational materials, educational equipment (infant simulators, videos, displays, models), media activities, in-state travel, incentives, consultant fees, or any expenses directly related to the proposed program. Applicants are required to provide a minimum local match (cash and/or in-kind) of 30% for each budget period (maximum of \$7,500/year for \$25,000 grant/year).

The budget narrative (2 pages) must include a justification for each line item (line #1 - line #7 on Forms 4a & 4b). Each narrative statement should describe the specific item, how the specific item relates to the project, and how the amount shown in the budget was derived. Cash and/or in-kind local contributions should be identified by source and amount. Please include a separate budget narrative for Budget Period #1 - October 1, 2001 - September 30, 2002 and Budget Period #2 - October 1, 2002 - September 30, 2003.

**Section 9: Endorsements (Attach) - 10 pts.**

Provide a minimum of three (3) current letters of collaboration describing the collaborations that will occur between the project and other community organizations to implement the proposed program. (i.e., schools, community organizations, youth serving organizations)

**Submission:**

- Application must be postmarked by **July 27, 2001**.
- Please identify the applicant agency at the top of each page of the application
- Submit one original and three copies of the application to:

Helen Schwartzel  
Indiana State Department of Health  
Maternal and Child Health Services  
2 North Meridian Street, Section 7-C  
Indianapolis, IN 46204

## INDIANA STATE DEPARTMENT OF HEALTH GRANT APPLICATION

**Follow Instructions Carefully**

1. Title of Project		
2. Response to Specific Program Announcement	___ No ___ Yes (if "Yes" state announcement title)	
3a. Name of Program Director	3b. Position Title	3c. Degrees
3d. Mailing Address	3e. Telephone (Area Code, Number, & Extension)	
	3f. FAX No.	
4. Human Subjects ___ No ___ Yes (if "Yes" Exemption Number)		
5. Budget Period: <p style="text-align: center;">From October 1, 2001 through September 30, 2003</p>		
6. Amount Requested	7. Type of Organization	
\$ _____ Personnel	___ Public ___ State ___ Local  ___ Private Nonprofit	
\$ _____ Other Operating		
\$ _____ Equipment		
\$ _____ Total Amount		
8. Applicant Agency Name _____ Federal ID Number _____  Address (Street, City, State, and Zip Code)		
9a. Chief Administrative Officer (type name) _____	9b. Phone (Area Code, Number & Extension)	
10a. Official Custodian of Funds (type name) _____	10b. Phone (Area Code, Number & Extension)	
11a. Person authorized to make legal and contractual agreement for the applicant agency (Type name & write signature)	11b. Title	
_____	_____	
TYPE		
_____		
SIGNATURE		
12. Program Director Assurance: _____ <p style="text-align: center;">Project Director Signature</p>		
I agree to accept responsibility for the conduct of the project and to provide the required progress reports if a grant is awarded as a result of this application.		

**Indiana RESPECT  
Adolescent Pregnancy Prevention Initiative -  
Sexual Abstinence Education Programs  
Prevention Strategy (ies)**

Please indicate which of the following adolescent pregnancy prevention strategy (ies) the proposed project will implement with Indiana RESPECT funds:

**Youth Instruction**

- School Class Room/Small Group
- School Assembly
- Community-based Small Group
- Community-based Assembly (Fairs/Rallies/Forums)
- \_\_\_\_\_
- \_\_\_\_\_

**Youth Development**

- Youth/Peer Educators
- Youth-Led Conference/Events
- Youth Mentoring (Adult to Youth)
- Youth Mentoring (Youth to Youth)
- Youth Community Service/Volunteering
- \_\_\_\_\_
- \_\_\_\_\_

**Youth Life Options Program**

- Family Life/Sexuality Education
- Educational Tutoring/Mentoring
- Employment and Career Training
- Post-Secondary Education Opportunities
- Creative Self-Expression
- Mental Health Services
- Medical Health Services (using local/in-kind contribution)
- \_\_\_\_\_
- \_\_\_\_\_

**Adult/Community Development**

- Parent Education Materials/Workshop
- Teacher/Professional Materials/Training
- Community Events (Fairs/Rallies/Forums)
- Media Outreach (TV/Radio/Newspapers/Newsletters/Billboards)
- \_\_\_\_\_
- \_\_\_\_\_

**Indiana RESPECT  
Adolescent Pregnancy Prevention Initiative-  
Sexual Abstinence Education Programs  
Healthy People 2010  
National Health Objectives**

Please indicate which of the following Healthy People 2010 outcome objective(s) the project will address:

- 9.7 Reduce pregnancies among adolescent females aged 15-17 years.
- 9.8 Increase the proportion of adolescents who have never engaged in sexual intercourse before age 15 years.
- 9.9 Increase the proportion of adolescents aged 15 to 17 years who have never engaged in sexual intercourse.
- 9.11 Increase the proportion of young adults who have received formal instruction before turning age 18 years on reproductive health issues, including all of the following topics: abstinence, birth control methods, safer sex to prevent HIV, and prevention of sexually transmitted diseases.
- 7.2 Increase the proportion of middle, junior high, and senior high schools that provide school health education to prevent health problems in the following areas: unintentional injury; violence; suicide; tobacco use and addiction; alcohol and other drug use; unintended pregnancy, HIV/AIDS, and STD infection; unhealthy dietary patterns; inadequate physical activity; and environment health.

**Indiana RESPECT  
Adolescent Pregnancy Prevention Initiative-  
Sexual Abstinence Education Programs  
Work Plan  
October 2001 – September 2002**

**Project Title:** \_\_\_\_\_

Check HP2010 Objective(s): 9.7\_\_\_\_ 9.8\_\_\_\_ 9.9\_\_\_\_ 9.11\_\_\_\_ 7.2\_\_\_\_

Process Objective: \_\_\_\_\_

\_\_\_\_\_

County: \_\_\_\_\_

Estimated Unduplicated Clients To Be Served:

Youth: \_\_\_\_\_

Parents/Adults: \_\_\_\_\_

Professionals: \_\_\_\_\_

**MONTHS**

Tasks	Staff	Oct 1	Nov 2	Dec 3	Jan 4	Feb 5	Mar 6	Apr 7	May 8	Jun 9	Jul 10	Aug 11	Sep 12	Anticipated Completion Date	Completion Date

**METHOD (S) TO EVALUATE OUTCOME AND/OR PROCESS OBJECTIVES:** \_\_\_\_\_

**(One Process Objective per page, duplicate as needed)**

**Indiana RESPECT  
Adolescent Pregnancy Prevention Initiative-  
Sexual Abstinence Education Programs  
Work Plan  
October 2002 – September 2003**

**Project Title:** \_\_\_\_\_

Check HP2010 Objective(s): 9.7 \_\_\_ 9.8 \_\_\_ 9.9 \_\_\_ 9.11 \_\_\_ 7.2 \_\_\_

Process Objective: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

County: \_\_\_\_\_

Estimated Unduplicated Clients To Be Served:

Youth: \_\_\_\_\_

Parents/Adults: \_\_\_\_\_

Professionals: \_\_\_\_\_

**MONTHS**

Tasks	Staff	Oct 1	Nov 2	Dec 3	Jan 4	Feb 5	Mar 6	Apr 7	May 8	Jun 9	Jul 10	Aug 11	Sep 12	Anticipated Completion Date	Completion Date

**METHOD (S) TO EVALUATE OUTCOME AND/OR PROCESS OBJECTIVES:** \_\_\_\_\_

\_\_\_\_\_

(One Process Objective per page, duplicate as needed)

**Indiana RESPECT  
Adolescent Pregnancy Prevention Initiative-  
Sexual Abstinence Education Programs  
Proposed Budget  
October 2001 – September 2002**

**Project Name:** \_\_\_\_\_ **Budget Period: From:** 10/1/01 **to:** 9/30/02

<b>Category</b>	<b>Total Project Costs</b>	<b>Local Contribution/ Other Funds</b>	<b>ISDH Request</b>
(1) <b>PERSONNEL (include fringes)</b>			
<b>OTHER OPERATING EXPENSES</b>			
(2) <b>Consumable Supplies (includes postage)</b>			
(3) <b>Travel (mileage, per diem, registration fees)</b>			
(4) <b>Rental and Utilities (includes telephone)</b>			
(5) <b>Consultant &amp; Contractual Services</b>			
(6) <b>Other Expenditures</b>			
(7) <b>EQUIPMENT (allowable equipment defined p. 11)</b>			
<b>TOTAL BUDGET</b>			



**Indiana RESPECT  
Adolescent Pregnancy Prevention Initiative-  
Sexual Abstinence Education Programs  
Proposed Budget  
October 2002 - September 2003**

Project Name: \_\_\_\_\_ Budget Period: From: 10/1/02 to: 9/30/03

	Category	Total Project Costs	Local Contribution/ Other Funds	ISDH Request
(1)	<b>PERSONNEL (include fringes)</b>			
	<b>OTHER OPERATING EXPENSES</b>			
(2)	<b>Consumable Supplies (includes postage)</b>			
(3)	<b>Travel (mileage, per diem, registration fees)</b>			
(4)	<b>Rental and Utilities (includes telephone)</b>			
(5)	<b>Consultant &amp; Contractual Services</b>			
(6)	<b>Other Expenditures</b>			
(7)	<b>EQUIPMENT (allowable equipment defined p.11)</b>			
	<b>TOTAL BUDGET</b>			

**APPENDIX A**

<p align="center"><b><u>FEDERAL</u></b> (includes State match)</p>	<p align="center"><b><u>STATE</u></b></p>
<p><b>SEXUAL ABSTINENCE EDUCATION PROGRAMS</b></p>	<p><b>ADOLESCENT PREGNANCY PREVENTION EDUCATION PROGRAMS</b></p>
<ul style="list-style-type: none"> <li>• <b>SEXUAL ABSTINENCE UNTIL MARRIAGE</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>SEXUAL ABSTINENCE THROUGHOUT ADOLESCENT YEARS</b></li> </ul>
<ul style="list-style-type: none"> <li>• <b><u>NO</u> INSTRUCTION RE:  FAMILY PLANNING  CONTRACEPTIVE METHODS  DISEASE RISK-REDUCTION METHODS</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>MAY</u> INCLUDE INSTRUCTION RE:  FAMILY PLANNING  CONTRACEPTIVE METHODS  DISEASE RISK-REDUCTION METHODS  (LOCAL DECISION)</b></li> </ul>
<ul style="list-style-type: none"> <li>• <b>NO MEDICAL SERVICES</b></li> <li>• <b>NO MEDICAL SUPPLIES</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>NO MEDICAL SERVICES</b></li> <li>• <b>NO MEDICAL SUPPLIES</b></li> </ul>
<ul style="list-style-type: none"> <li>• <b>NO PROMOTION OF RELIGION/RELIGIOUS INSTRUCTION</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>NO PROMOTION OF RELIGION/RELIGIOUS INSTRUCTION</b></li> </ul>

## APPENDIX B

### P.L.104-193 WELFARE REFORM ACT - SEXUAL ABSTINENCE EDUCATION

Sec. 510. [42 U.S.C.710] (a) For the purpose described in subsection (b), the Secretary shall, for fiscal year 1998 and each subsequent fiscal year, allot to each State which has transmitted an application for the fiscal year under section 505(a) an amount equal to the product of--

(1) the amount appropriated in subsection (d) for the fiscal year; and  
the percentage determined for the State under section 502(c)(1)(B)(ii).

(b)(1) The purpose of an allotment under subsection (a) to a State is to enable the State to provide abstinence education, and at the option of the State, where appropriate, mentoring, counseling, and adult supervision to promote abstinence from sexual activity, with a focus on those groups which are most likely to bear children out-of-wedlock.

(2) For purposes of this section, the term "abstinence education" means an educational or motivational program which--

(A) has as its exclusive purpose, teaching the social, psychological, and health gains to be realized by abstaining from sexual activity;

(B) teaches abstinence from sexual activity outside marriage as the expected standard for all school age children;

(C) teaches that abstinence from sexual activity is the only certain way to avoid out-of-wedlock pregnancy, sexually transmitted diseases, and other associated health problems;

(D) teaches that a mutually faithful monogamous relationship in context of marriage is the expected standard of human sexual activity;

(E) teaches that sexual activity outside of the context of marriage is likely to have harmful psychological and physical effects;

(F) teaches that bearing children out-of-wedlock is likely to have harmful consequences for the child, the child's parents, and society;

(G) teaches young people how to reject sexual advances and how alcohol and drug use increases vulnerability to sexual advances; and

(H) teaches the importance of attaining self-sufficiency before engaging in sexual activity.

(c)(1) Sections 503, 507, and 508 apply to allotments under subsection (a) to the same extent and in the same manner as such sections apply to allotments under section 502(c).

(2) Sections 505 and 506 apply to allotments under subsection (a) to the extent determined by the Secretary to be appropriate.

(d) For the purpose of allotments under subsection (a), there is appropriated, out of any money in the Treasury not otherwise appropriated, an additional \$50,000,000 for each of the fiscal years 1998 through 2002. The appropriation under the preceding sentence for a fiscal year is made on October 1 of the fiscal year.

- P.L.104-193 WELFARE REFORM ACT - SERVICES PROVIDED BY CHARITABLE, RELIGIOUS, OR PRIVATE ORGANIZATIONS

Sec. 104 SERVICES PROVIDED BY CHARITABLE, RELIGIOUS, OR PRIVATE ORGANIZATIONS

(a) IN GENERAL--

(1) STATE OPTIONS--A State may--

(A) administer and provide services under the programs described in subparagraphs (A) and (B)(i) of paragraph (2) through contracts with charitable, religious, or private organizations; and

(B) provide beneficiaries of assistance under the programs described in subparagraphs (A) and (B)(ii) of paragraph (2) with certificates, vouchers, or other forms of disbursement which are redeemable with such organizations.

(2) PROGRAMS DESCRIBED--The programs described in this paragraph are the following programs:

(A) A State program funded under part A of title IV of the Social Security Act (as amended by section 103(a) of this Act).

(B) Any other program established or modified under title I or II of this Act, that--

(i) permits contracts with organizations; or

(ii) permits certificates, vouchers, or other forms of disbursement to be provided to beneficiaries, as a means of providing assistance.

(b) RELIGIOUS ORGANIZATIONS--The purpose of this section is to allow States to contract with religious organizations, or to allow religious organizations to accept certificates, vouchers, or other forms of disbursement under any program described in subsection (a)(2), on the same basis as any other nongovernmental provider without impairing the religious character of such organizations, and without diminishing the religious freedom of beneficiaries of assistance funded under such program.

(c) NONDISCRIMINATION AGAINST RELIGIOUS ORGANIZATIONS--In the event a State exercises its authority under subsection (a), religious organizations are eligible, on the same basis as any other private organization, as contractors to provide assistance, or to accept certificates, vouchers, or other forms of disbursement, under any program described in subsection (a)(2) so long as the programs are implemented consistent with the Establishment Clause of the United States Constitution. Except as provided in subsection (k), neither the Federal Government nor a State receiving funds under such programs shall discriminate against an organization which is or applies to be a contractor to provide assistance, or which accepts certificates, vouchers, or other forms of disbursement, on the basis that the organization has a religious character.

(d) RELIGIOUS CHARACTER AND FREEDOM--

(1) RELIGIOUS ORGANIZATIONS--A religious organization with a contract described in subsection (a)(1)(A), or which accepts certificates, vouchers, or other forms of disbursement under subsection (a)(1)(B), shall retain its independence from Federal, State, and local governments, including such organization's control over the definition, development, practice, and expression of its religious beliefs.

(2) ADDITIONAL SAFEGUARDS--Neither the Federal Government nor a State shall require a religious organization to--

(A) alter its form of internal governance; or

(B) remove religious art, icons, scripture, or other symbols;

in order to be eligible to contract to provide assistance, or to accept certificates, vouchers, or other forms of disbursement, funded under a program described in subsection (a)(2).

(e) RIGHTS OF BENEFICIARIES OF ASSISTANCE--

(1) IN GENERAL--If an individual described in paragraph (2) has an objection to the religious character of the organization or institution from which the individual receives, or would receive, assistance funded under any program described in subsection (a)(2), the State in which the individual resides shall provide such individual (if otherwise eligible for such assistance) within a reasonable period of time after the date of ... that is accessible to the individual and the value of which is not less than the value of the assistance which the individual would have received from such organization.

(2) INDIVIDUAL DESCRIBED--An individual described in this paragraph is an individual who receives, applies for, or requests to apply for, assistance under a program described in subsection (a)(2).

(f) EMPLOYMENT PRACTICES--A religious organization's exemption provided under section 702 of the Civil Rights Act of 1964 (42 U.S.C.2000e-1a) regarding employment practices shall not be affected by its participation in, or receipt of funds from, programs described in subsection (a)(2).

(g) NONDISCRIMINATION AGAINST BENEFICIARIES--Except as otherwise provided in law, a religious organization shall not discriminate against an individual in regard to rendering assistance funded under any program described in subsection (a)(2) on the basis of religion, a religious belief, or refusal to actively participate in a religious practice.

(h) FISCAL ACCOUNTABILITY--

(1) IN GENERAL-- Except as provided in paragraph (2), any religious organization contracting to provide assistance funded under any program described in subsection (a)(2) shall be subject to the same regulations as other contractors to account in accord with generally accepted auditing principles for the use of such funds provided under such programs.

(2) LIMITED AUDIT--If such organization segregates Federal funds provided under such programs into separate accounts, then only the financial assistance provided with such funds shall be subject to audit.

(i) COMPLIANCE--Any party which seeks to enforce its rights under this section may assert a civil action for injunctive relief exclusively in an appropriate State court against the entity or agency that allegedly commits such violation.

(j) LIMITATIONS ON USE OF FUNDS FOR CERTAIN PURPOSES--No funds provided directly to institutions or organizations to provide services and administer programs under subsection (a)(1)(A) shall be expended for sectarian worship, instruction, or proselytization.

(k) PREEMPTION--Nothing in this section shall be construed to preempt any provision of a State constitution or State statute that prohibits or restricts the expenditure of State funds in or by religious organizations.

- Article I Section 4 of the Indiana Constitution provides that: "No preference shall be given, by law, to any creed, religious society, or mode of worship; and no person shall be compelled to attend, erect, or support any place of worship, or to maintain any ministry against his consent."

- Article I Section 6 of the Indiana Constitution provides that: "No money shall be drawn from the treasury, for the benefit of any religious or theological institution."
- I.C.20-8.1-7-21 AIDS INFORMATION; CONTENTS; CONSENT TO DISTRIBUTION

Sec.21. (a) The state board of education shall provide information stressing the moral aspects of abstinence from sexual activity in any literature that it distributes to schoolchildren and young adults concerning available methods for the prevention of acquired immune deficiency syndrome (AIDS). Such literature must state that the best way to avoid AIDS is for young people to refrain from sexual activity until they are ready as adults to establish, in the context of marriage, a mutually faithful monogamous relationship.

(b) The state board of education may not distribute AIDS literature described in subsection (a) to schoolchildren without the consent of the governing body of the school corporation the schoolchildren attend. As added by P.L.197-1987, Sec.2.

- I.C.20-10.1-4-10 AIDS INSTRUCTION

Sec.10. (a) Each school corporation shall include in its curriculum instruction concerning the disease known as acquired immune deficiency syndrome (AIDS) and shall integrate this effort to the extent possible with instruction on other dangerous communicable diseases.

(b) A school corporation shall consider the recommendations of the AIDS advisory council (as established in IC 20-8.1-11) concerning community standards on the content of the instruction, the manner in which the information is presented, and the grades in which it is taught.

(c) Literature that is distributed to school children and young adults under this section must include information required by IC 20-8.1-7-21.

(d) The department, in consultation with the state department of health, shall develop AIDS educational materials. The department shall make the materials developed under this section available to school corporations. As added by P.L.123-1988, Sec.21. Amended by P.L.2-1992, Sec.725.

- I.C.20-10.1-4-11 SEX EDUCATION TO EMPHASIZE ABSTINENCE AND MONOGAMY

Sec.11. Throughout instruction on human sexuality or sexually transmitted diseases, an accredited school shall:

- (1) teach abstinence from sexual activity outside of marriage as the expected standard for all school age children;
- (2) include that abstinence from sexual activity is the only certain way to avoid out-of-wedlock pregnancy, sexually transmitted diseases, and other associated health problems; and
- (3) include that the best way to avoid sexually transmitted diseases and other associated health problems is to establish a mutually faithful monogamous relationship in the context of marriage. As added by P.L.134-1988, Sec. 3.

- I.C.20-10.1-4-15 ACCESS TO MATERIALS RELATING TO PERSONAL ANALYSIS, EVALUATION, OR SURVEY OF STUDENTS; CONSENT FOR PARTICIPATION

Sec.15. (a) A school corporation shall make available for inspection by the parents or guardians of a student any instructional materials, including:

- (1) teachers' manuals;
- (2) student texts;
- (3) films or other video materials;
- (4) tapes; and
- (5) other materials;

used in connection with a personal analysis, an evaluation, or a survey described in subsection (b).

(b) A student shall not be required to participate in a personal analysis, an evaluation, or a survey that is not directly related to academic instruction and that reveals or attempts to affect the student's attitudes, habits, traits, opinions, beliefs, or feelings concerning:

- (1) political affiliations;
- (2) religious beliefs or practices;
- (3) mental or psychological conditions that may embarrass the student or the student's family;
- (4) sexual behavior or attitudes;
- (5) illegal, antisocial, self-incriminating, or demeaning behavior;
- (6) critical appraisals of other individuals with whom the student has a close family relationship;
- (7) legally recognized privileged or confidential relationships, including a relationship with a lawyer, minister, or physician; or
- (8) income (except as required by law to determine eligibility for participation in a program or for receiving financial assistance under a program);

without the prior consent of the student (if the student is an adult or emancipated minor) or the prior written consent of the student's parent or guardian (if the student is an unemancipated minor). A parental consent form for such a personal analysis, evaluations, or survey shall accurately reflect the contents and nature of the personal analysis, evaluation, or survey shall accurately reflect the contents and nature of the personal analysis, evaluation, or survey.

(c) The department and the governing body shall give parents and students notice of their rights under this section.

(d) The governing body shall enforce this section. As added by P.L.204-1995, Sec.1.

# APPENDIX C

## Human Subjects

The Department of Health and Human Services (DHHS) regulations for the protection of human subjects provide a systematic means, based on established internationally recognized ethical principles, to safeguard the rights and welfare of individuals who participated as subjects in research activities supported or conducted by the DHHS. The regulations require that applicant organizations establish and maintain appropriate policies and procedures for the protection of human subjects. These regulations, 45 CFR 46, Protection of Human Subjects, are available from the Office for Protection from Research Risks, National Institutes of Health, Bethesda, MD 20892.

The regulations stipulate that an applicant organization, whether domestic or foreign, bears responsibility for safeguarding the rights and welfare of human subjects in DHHS-supported research activities. The regulations define "human subject" as a "living individual about whom an investigator (whether professional or student) conducting research obtains (1) data through intervention or interaction with the individual or (2) identifiable private information." The regulations extend to the use of human organs, tissues, and body fluids from individually identifiable human subjects as well as to graphic, written, or recorded information derived from individually identifiable human subjects. The use of autopsy materials is governed by applicable state and local law and is not directly regulated by 45 CFR 46.

An applicant organization proposing to conduct non-exempt research involving human subjects must file an Assurance of Compliance with the Office for Protection from Research Risks (OPRR). As part of this Assurance, which commits the applicant organization to comply with the DHHS regulations, the applicant organization must appoint an institutional review board (IRB), which is required to review and approve all non-exempt research activities involving human subjects.

Exempt from coverage by the regulations are activities in which the only involvement of human subjects will be in one or more of the following six categories:

1. Research conducted in established or commonly accepted educational settings, involving normal educational practices, such as (i) research on regular and special education instructional strategies, or (ii) research on the effectiveness of or the comparison among instructional techniques, curricula, or classroom management methods.
2. Research involving the use of educational tests (cognitive, diagnostic, aptitude, achievement), if information taken from these sources recorded in such a manner that subjects cannot be identified, directly or through identifiers linked to the subject.
3. Research involving survey or interview procedures, except where all of the following conditions exist: (i) responses are recorded in such a manner that the human subjects can be identified, directly or through identifiers linked to the subjects; (ii) the subject's responses, if they became known outside the research, could reasonably place the subject at risk of criminal or civil liability or be damaging to the subject's financial standing or employability; and (iii) the research deals with sensitive aspects of the subject's own behavior, such as illegal conduct, drug use, sexual behavior, or use of alcohol. All research involving survey or interview procedures is exempt,

without exception, when the respondents are elected or appointed public officials or candidates for public office.

4. Research involving the observations (including observation by participants) of public behavior, except where all of the following conditions exist: (i) observations are recorded in such a manner that the human subjects can be identified, directly or through the identifiers linked to the subjects; (ii) the observations recorded by the individual, if they became known outside the research, could reasonably place the subject at risk of criminal or civil liability or be damaging to the subject's financial standing or employability; and (iii) the research deals with sensitive aspects of the subject's own behavior such as illegal conduct, drug use, sexual behavior, or use of alcohol.
5. Research involving the collection or study of existing data, documents, records, pathological specimens, or diagnostic specimens, if these sources are publicly available or if the information is recorded by the investigator in such a manner that subjects cannot be identified, directly or through identifiers linked to the subjects.
6. Unless specifically required by statute, research and demonstration projects which are conducted by or subject to the approval of the DHHS, and which are designed to study, evaluate, or otherwise examine: (i) programs under the Social Security Act, or other public benefit or service programs; (ii) procedures for obtaining benefits or services under those programs; (iii) possible changes in or alternatives to those programs or procedures; or (iv) possible changes in methods or levels of payment for benefits or services under those programs. However, if following review of proposed research activities that are exempt from these regulations under this paragraph, the Secretary of the DHHS determines that a research or demonstration project presents a danger to the physical, mental, or emotional well-being of a participant or subject of the researcher demonstration project, then Federal funds may not be expended for such a project without the written informed consent of each participant or subject.