



Thank you for your help in raising asthma awareness in Indiana! The Indiana Joint Asthma Coalition [InJAC] has developed educational materials to help people with asthma understand they can live an active and healthy life by controlling their asthma. The materials highlight methods from the recently updated (August 2007) National Heart, Lung, and Blood Institute's *Guidelines on the Diagnosis and Management of Asthma*, which also emphasize asthma control. You can find a copy of the guidelines and summary at: <http://www.nhlbi.nih.gov/guidelines/asthma/index.htm>.

To receive **FREE asthma materials (shipping included)**, please provide the following information:

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To view the materials, visit the InJAC website at <http://www.injac.org/awareness-campaign>

Please fax or mail your request for materials to: Kathy Such / Kathryn Nicely
 2 N. Meridian Street, 6B
 Indianapolis, IN 46204
 Fax: (317) 233-7805

Questions or requests for more than set quantities should be directed to Kathy Such at ksuch@lungin.org or 317-819-1181 x221 or Kathryn Nicely at Knicely@isdh.in.gov or 317-233-7793 . Please allow 3 to 4 weeks for delivery.