

LONG TERM CARE Department of Health NEWSLETTER

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In Today's Issue:

- Premiere of Film on Aging



Premiere Thursday, November 19, 2009 at 9:00 p.m. Eastern Time WFYI, Channel 20

Television Program Alert

When Did I Get Old? **Reflections on Aging Today**

Premiere Thursday, November 19, 2009 9:00 p.m. Eastern WFYI, Channel 20

Program Description: By traveling Indiana and looking at the lives of older adults in a wide variety of settings and situations, and through insightful conversations with a panel of leading experts, this local production explores the questions: Are there things that we can do to help minimize the rough spots in the aging process? And, are there measures we can take to maximize the opportunities unique to our older selves?

The University of Indianapolis Center for Aging & Community and WFYI Productions have produced a documentary on aging. The film premieres tomorrow evening (Thursday, November 19) and will be repeated regularly over the coming weeks. The film is inspiring and thought-provoking as it discusses the aging process.

