



INDIANA

2009

Pregnancy Nutrition
Surveillance System

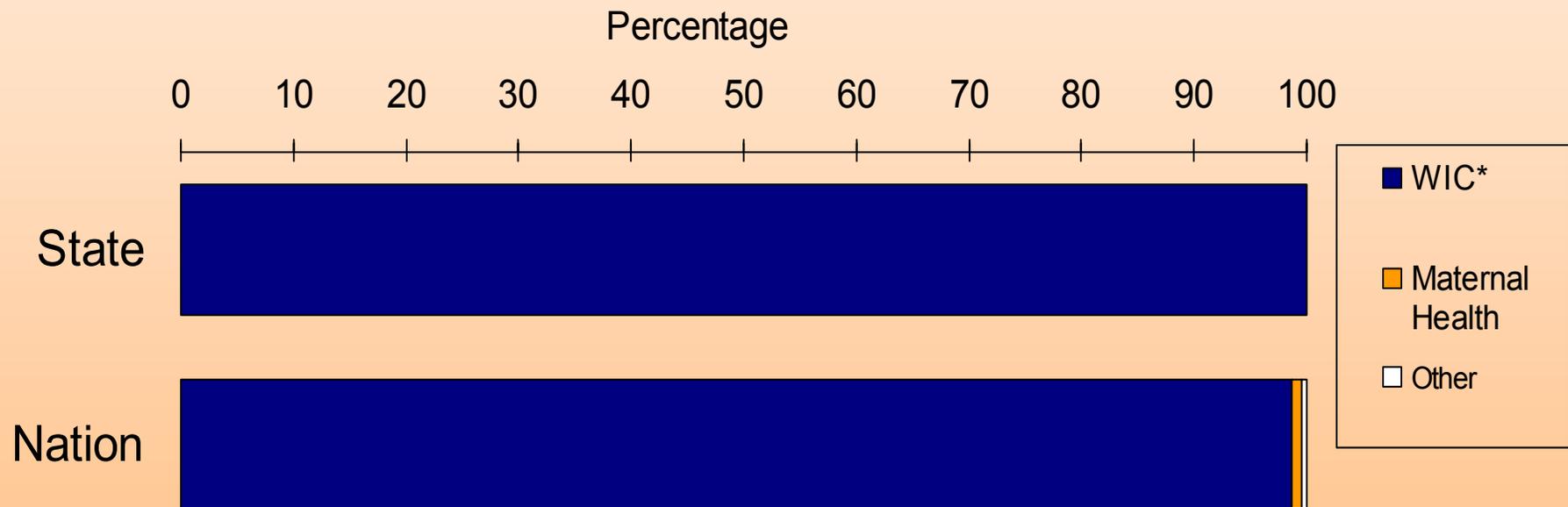
Graphics

Comparing Contributor and National Data

2008 (prior year) national PNSS data are presented.

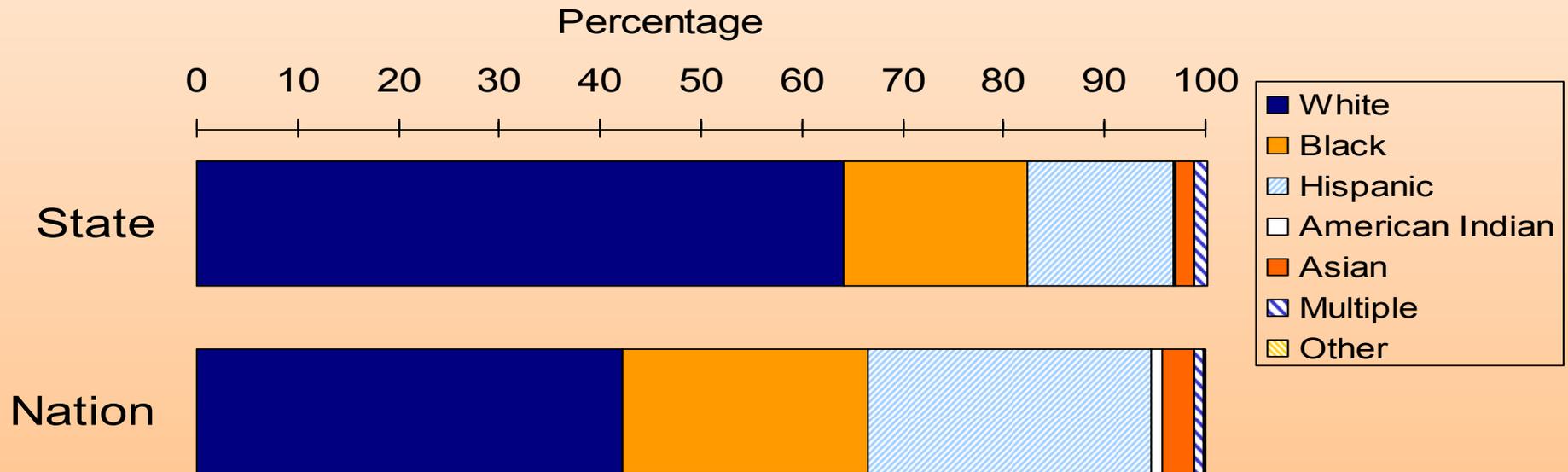
Contributors included 30 states, the District of Columbia, 6 Indian Tribal Organizations, and 1 U.S. territory.

Source of data

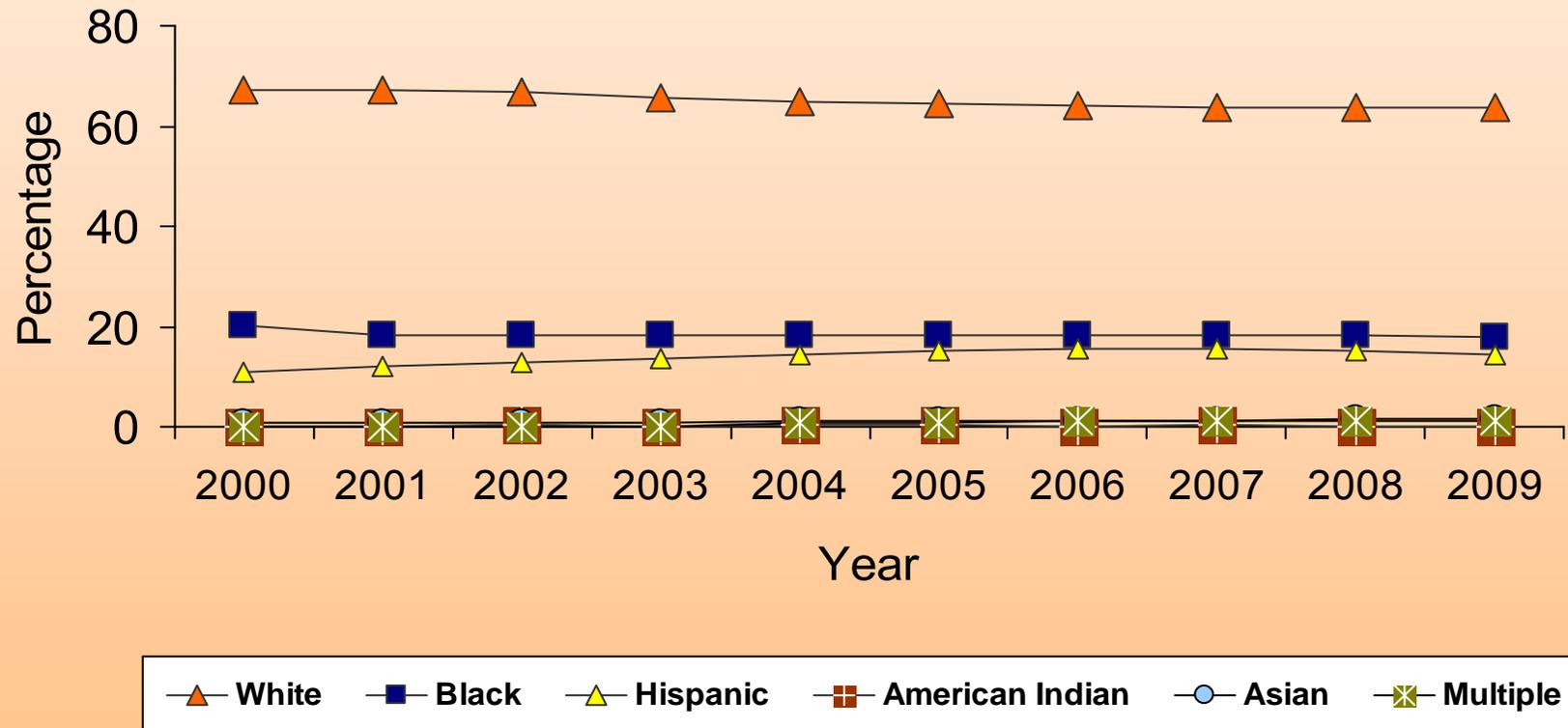


* Special Supplemental Nutrition Program for Women, Infants and Children.

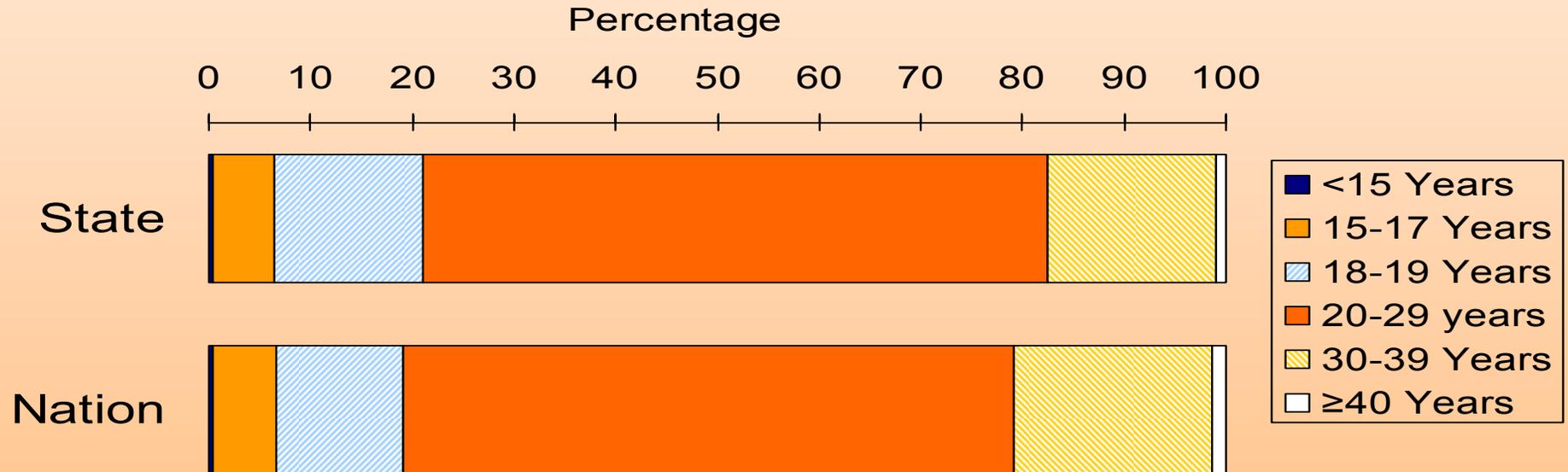
Racial and ethnic distribution



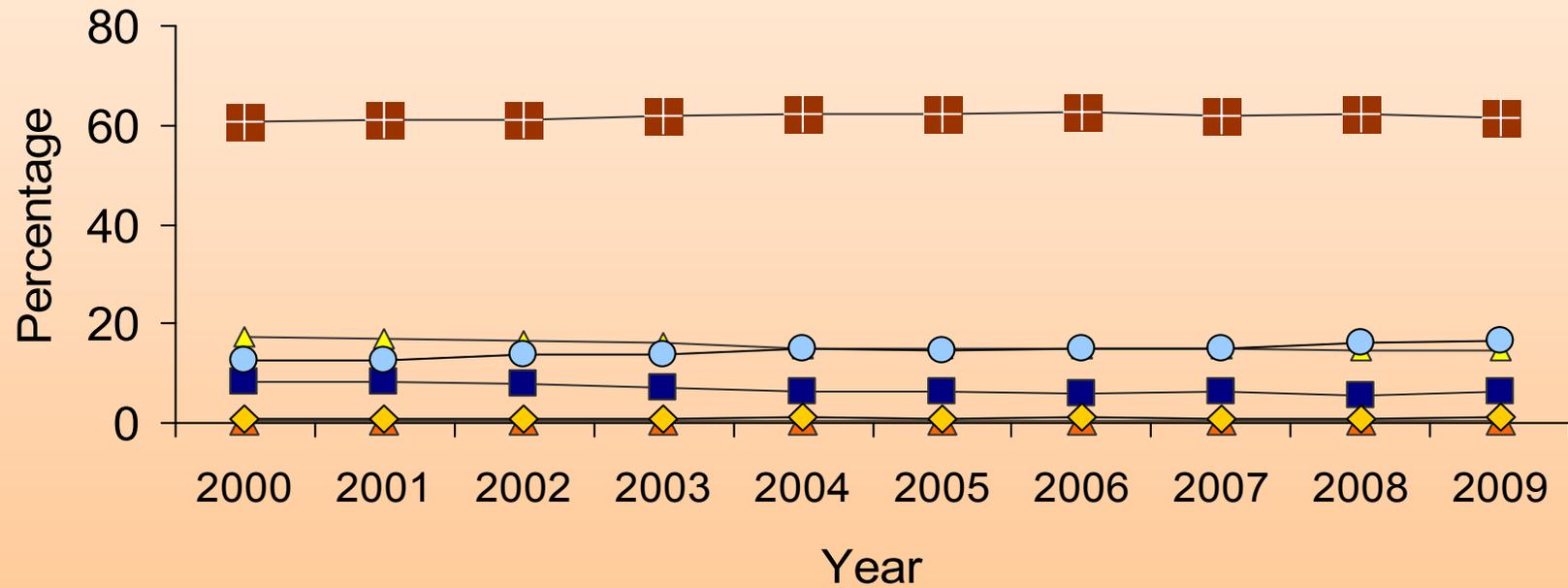
Trends in racial and ethnic distribution



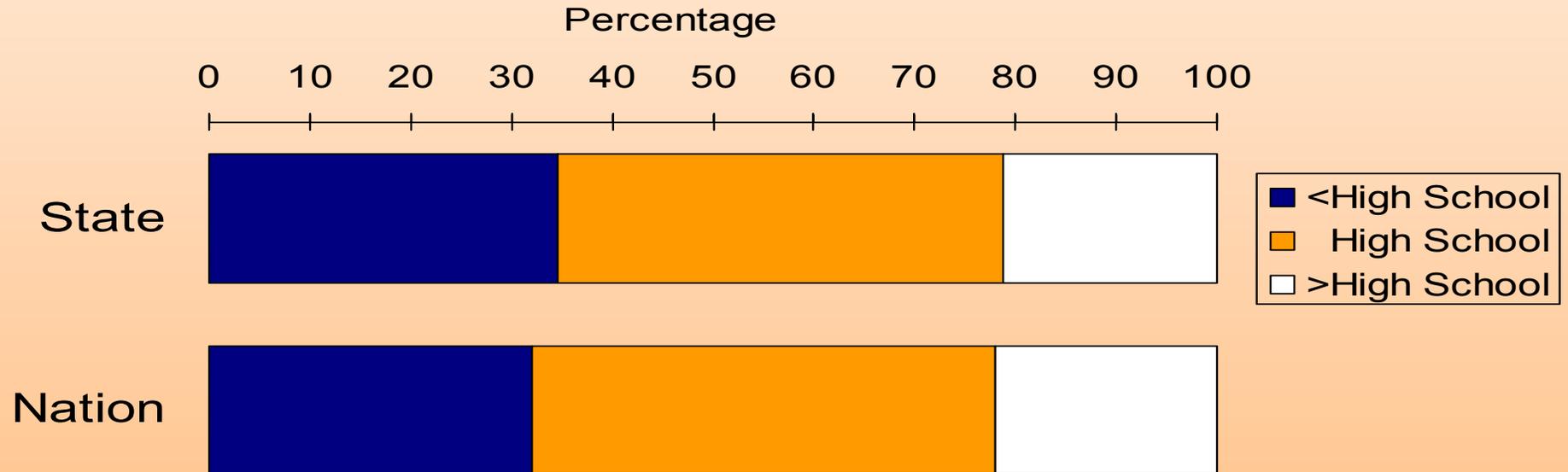
Age distribution



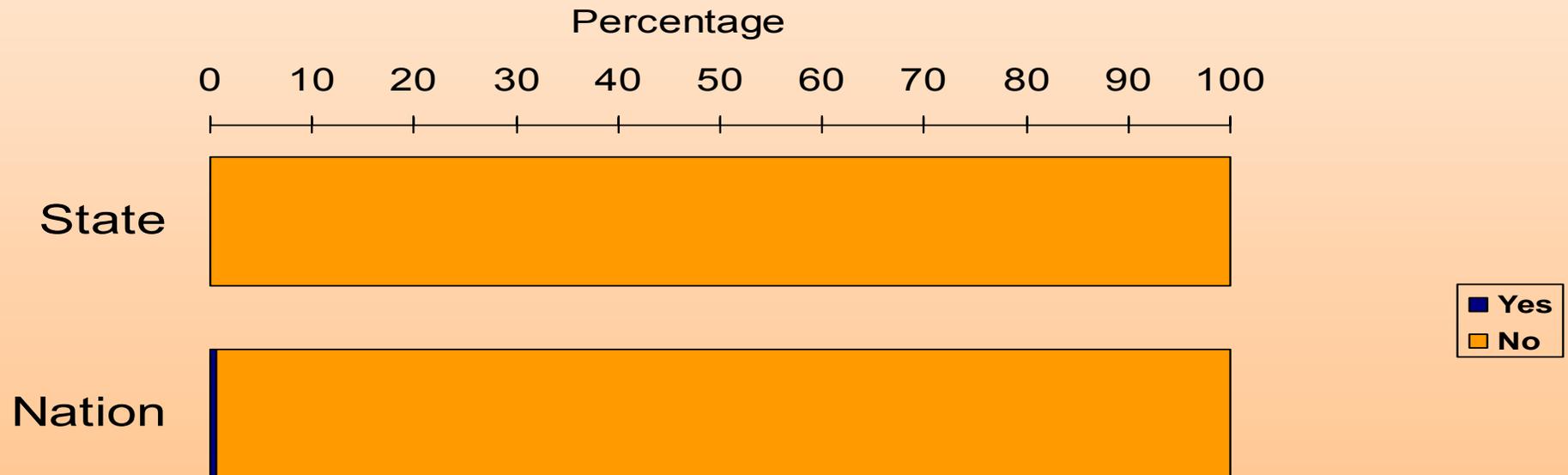
Trends in age distribution



Education level

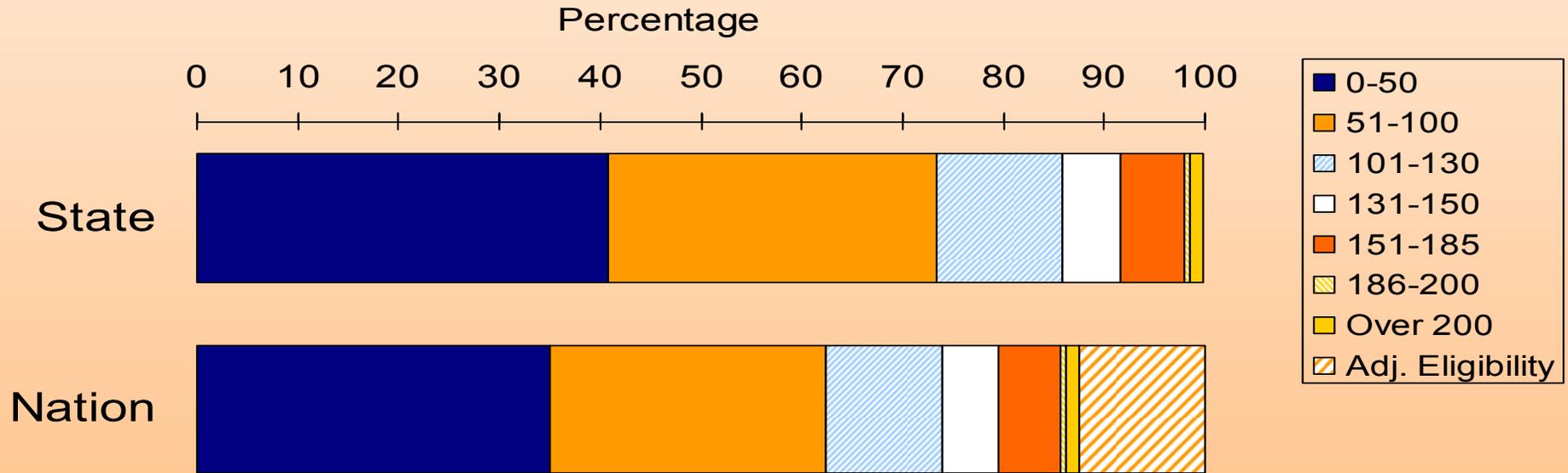


Migrant status

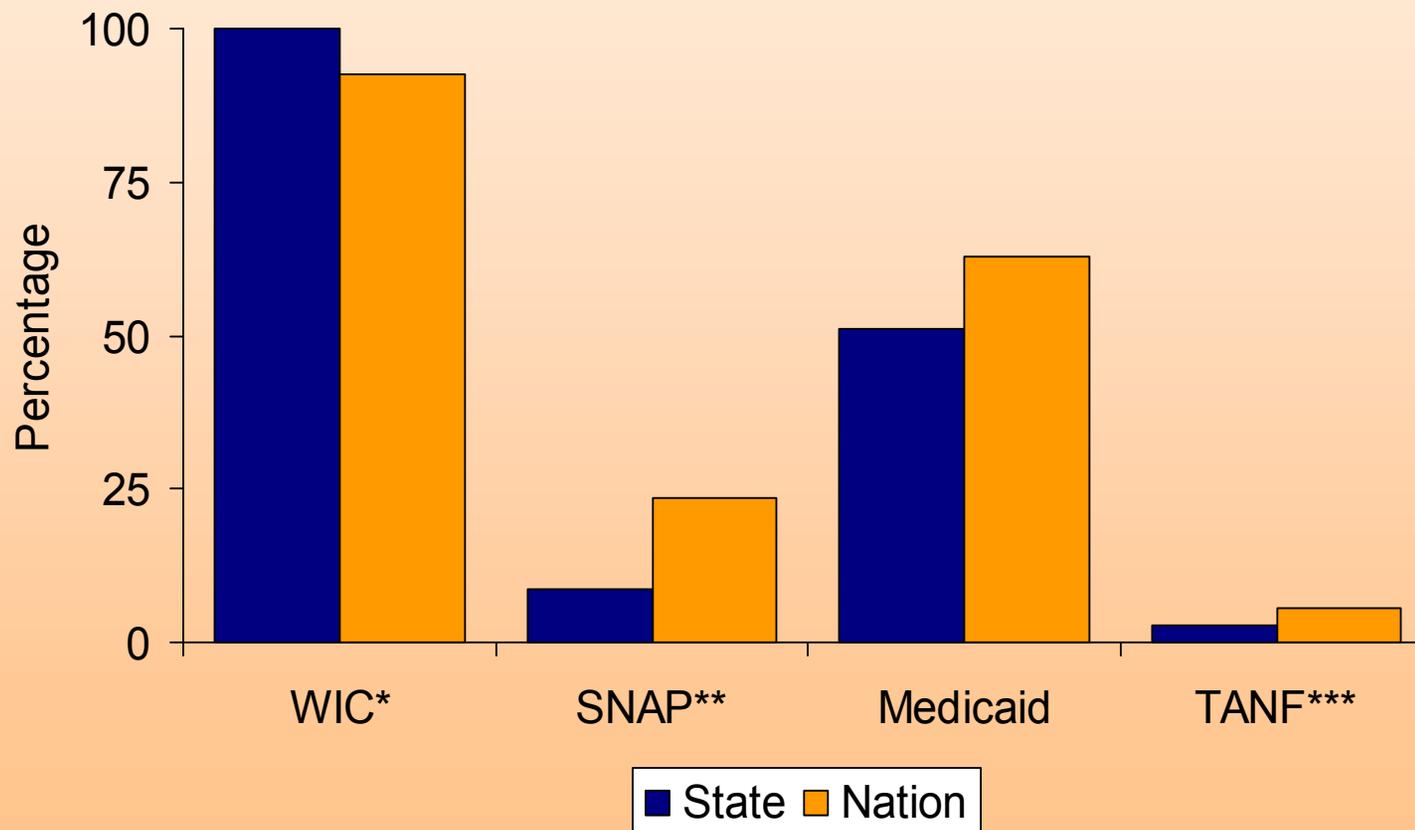


Household income

reported as percent poverty level



Program participation at initial prenatal visit

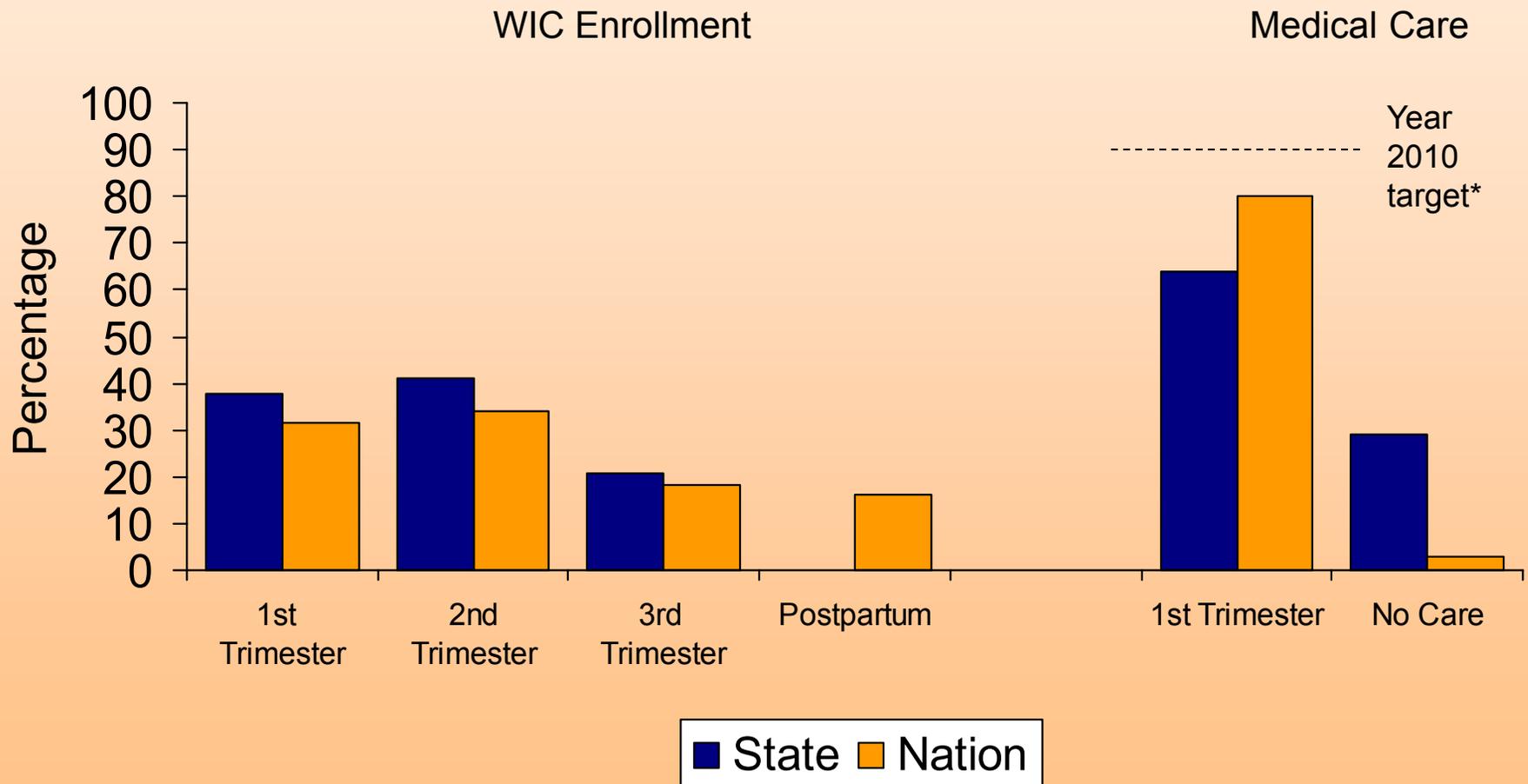


* *Special Supplemental Nutrition Program for Women, Infants, and Children.*

** *Supplemental Nutrition Assistance Program.*

*** *Temporary Assistance for Needy Families.*

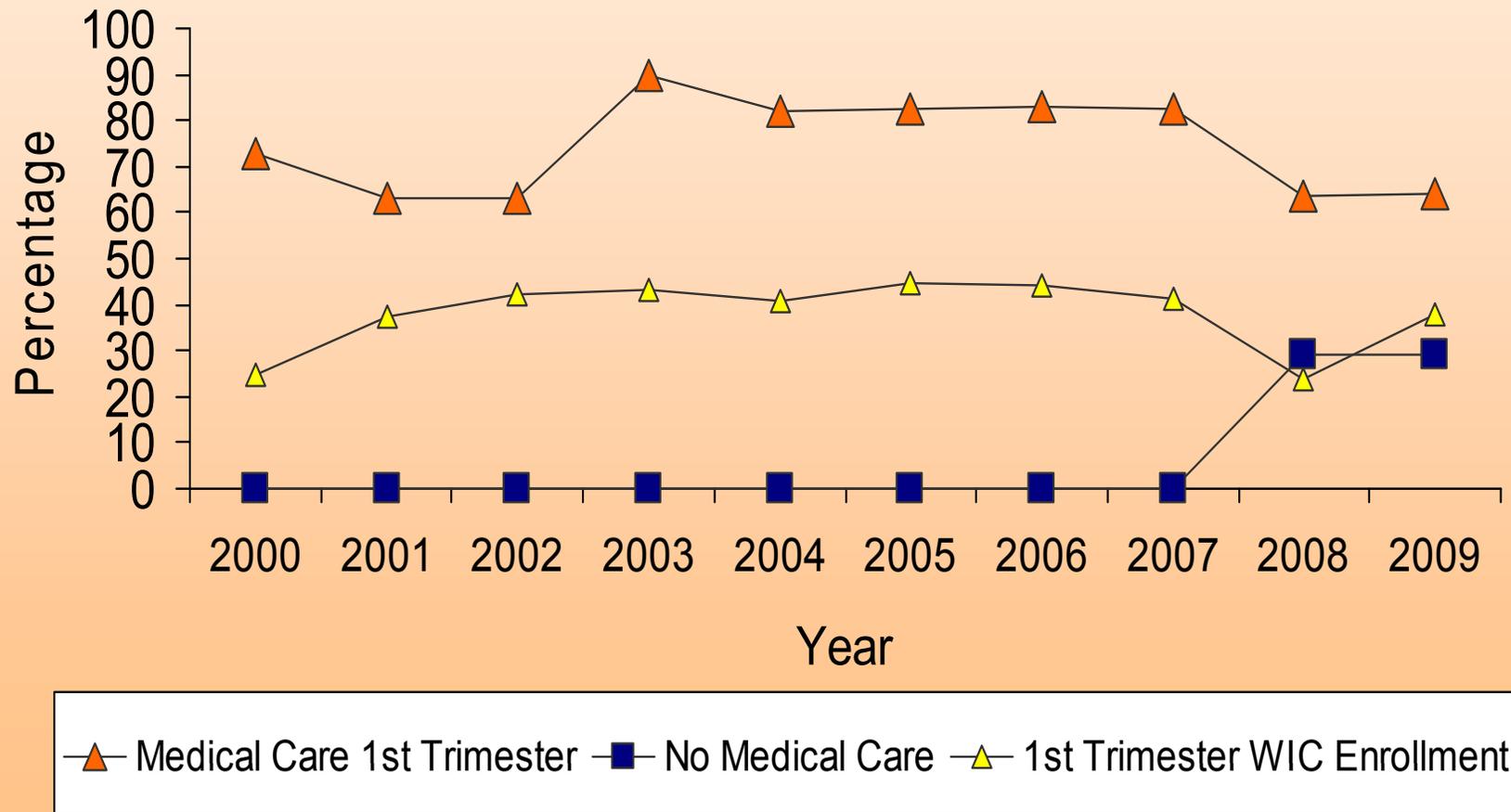
Timing of WIC enrollment and medical care



* Year 2010 target: 90% of pregnant women will enter into prenatal care during the first trimester.

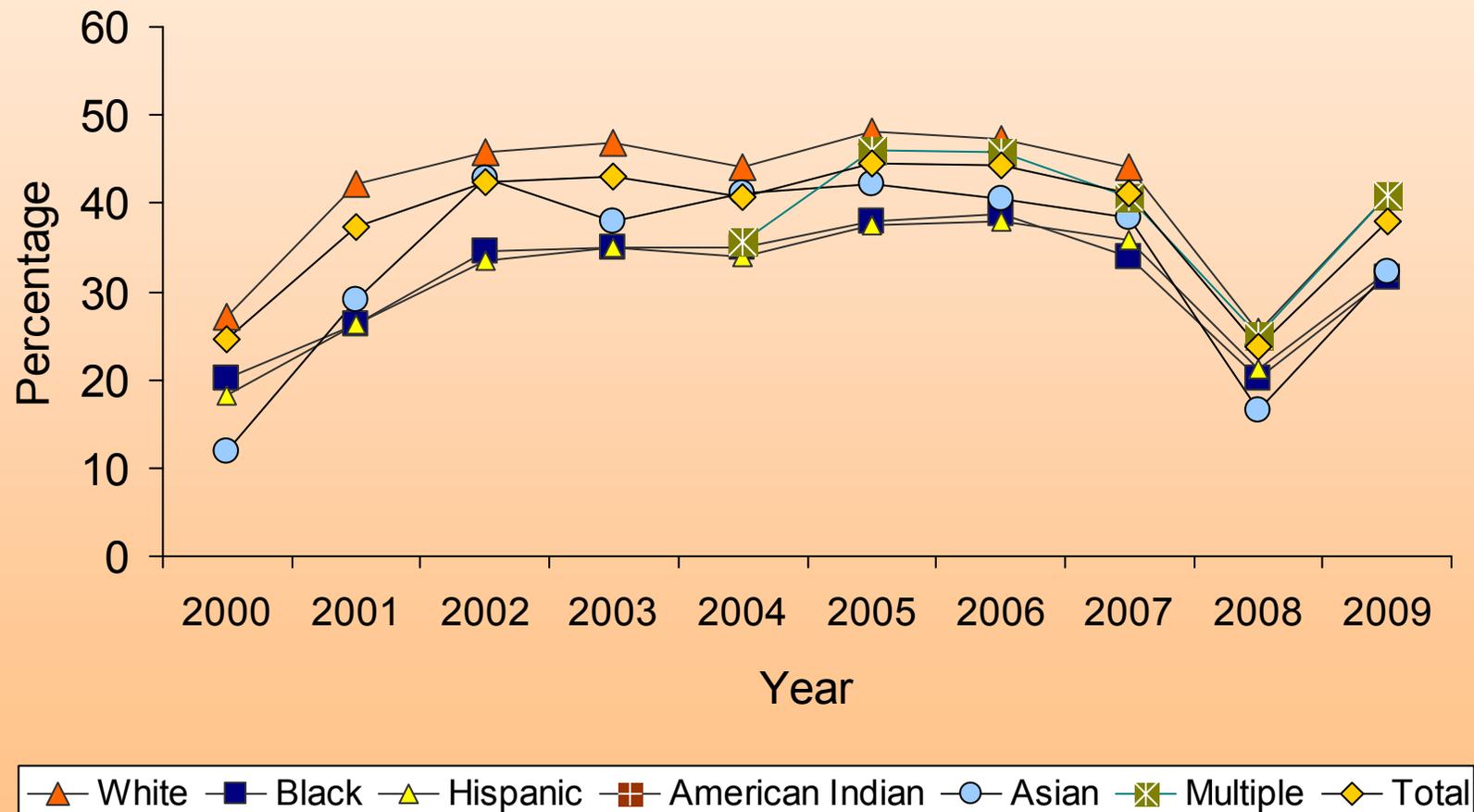
2009 IN PNSS Table 2C

Trends in WIC enrollment and medical care

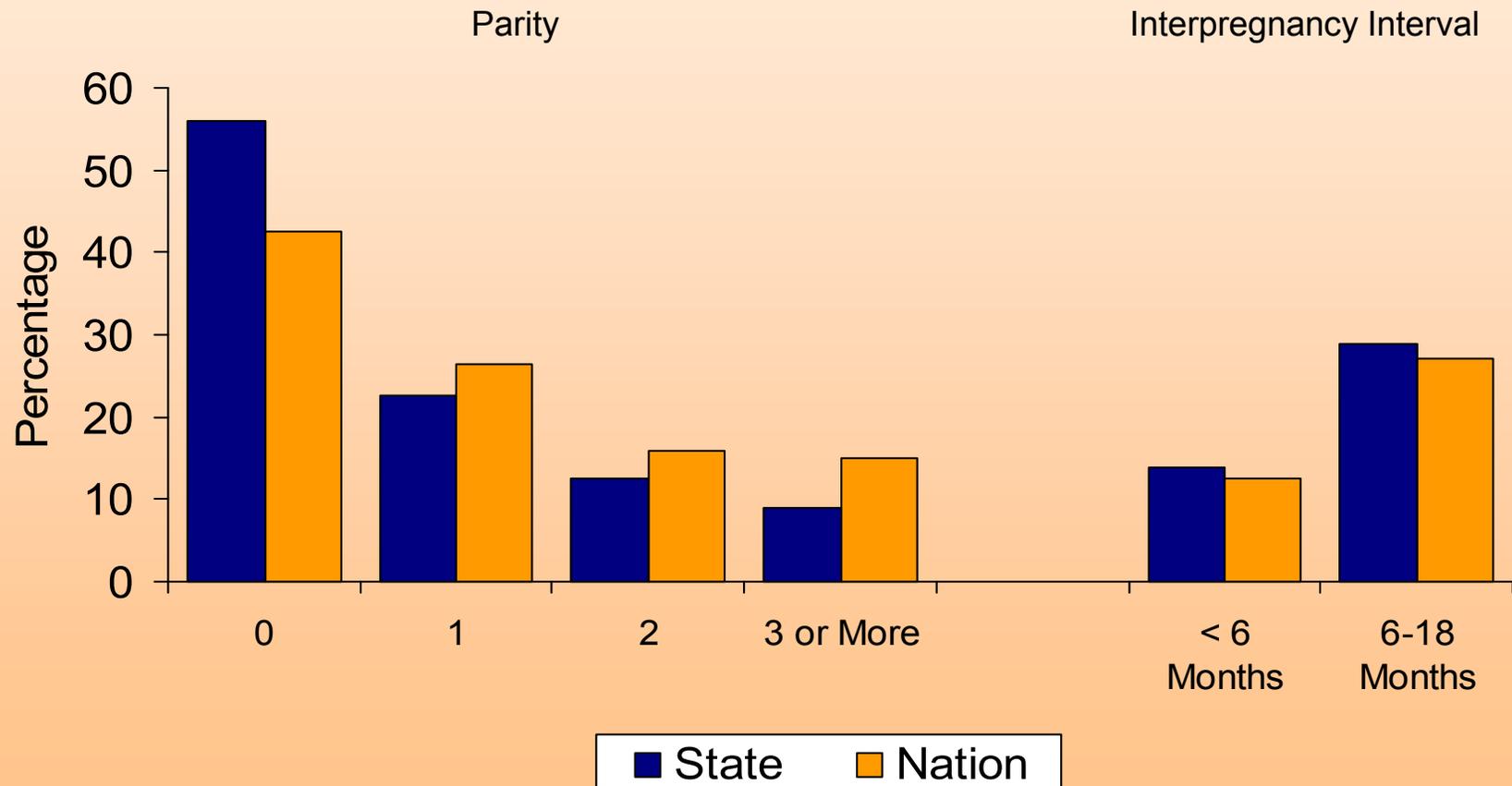


Trends in first trimester WIC enrollment

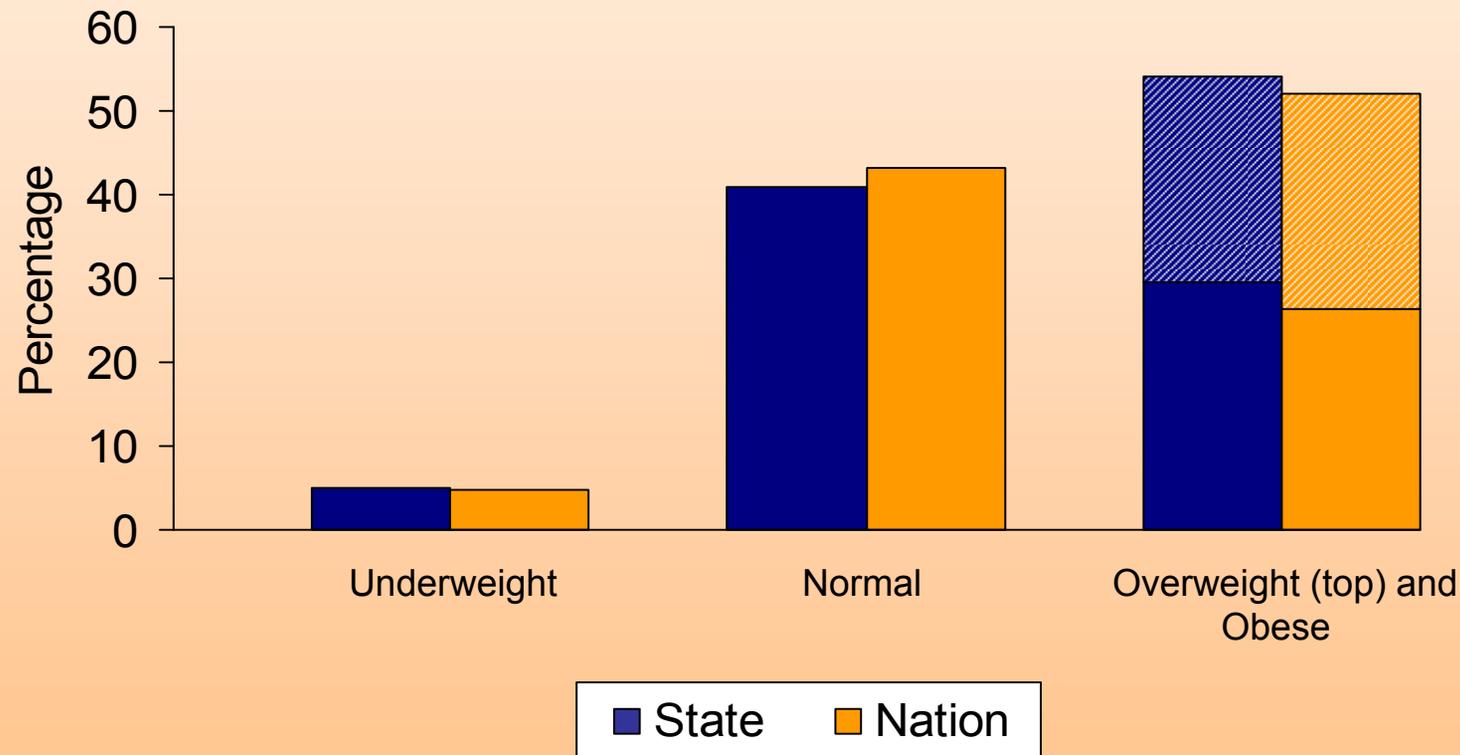
by race and ethnicity



Parity and interpregnancy interval



Prevalence of prepregnancy underweight and overweight*

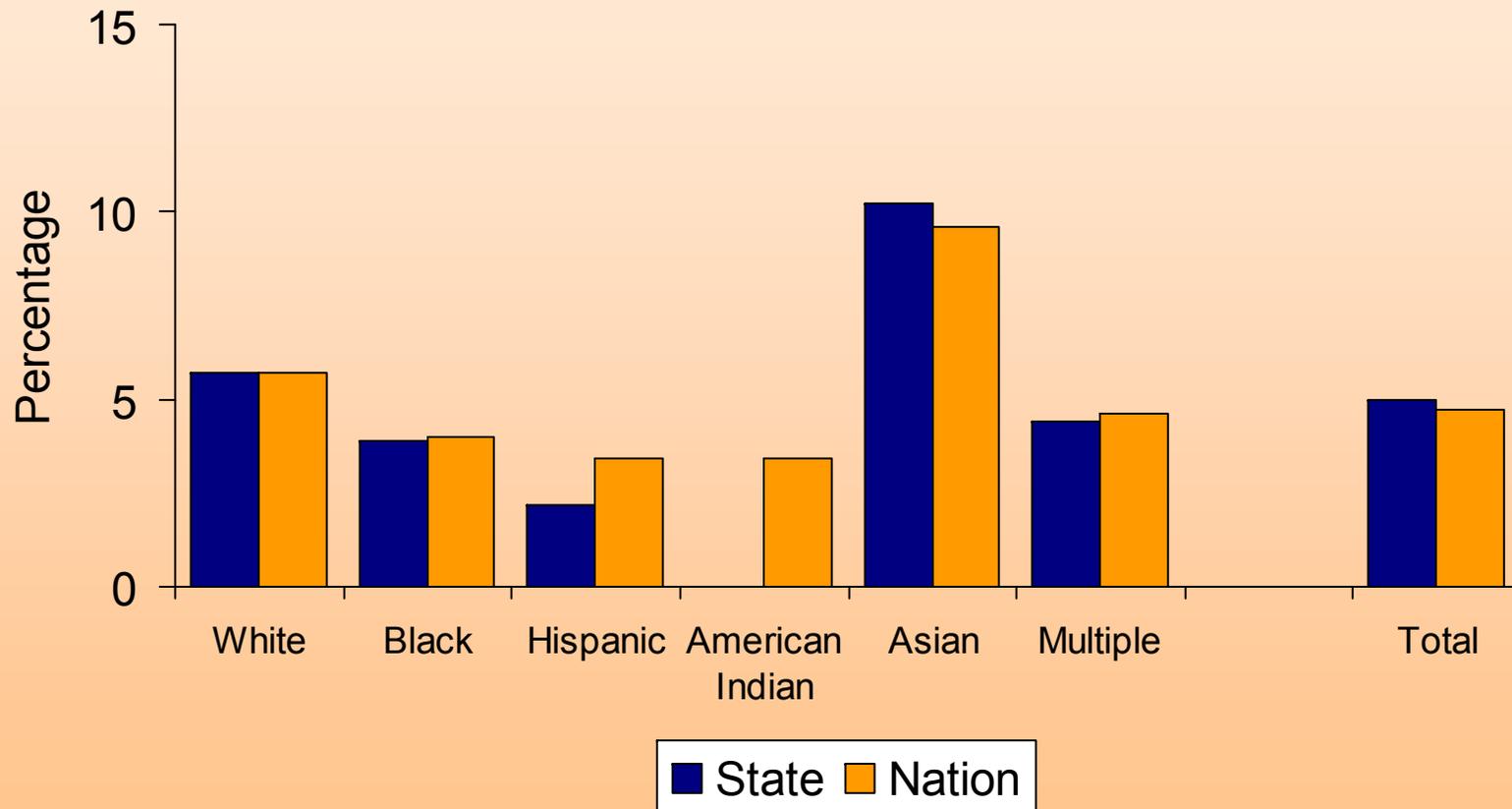


* Underweight ($BMI < 18.5$); overweight ($BMI = 25.0-29.9$); and obese ($BMI \geq 30.0$).

2009 IN PNSS Table 2C

Prevalence of prepregnancy underweight*

by race and ethnicity

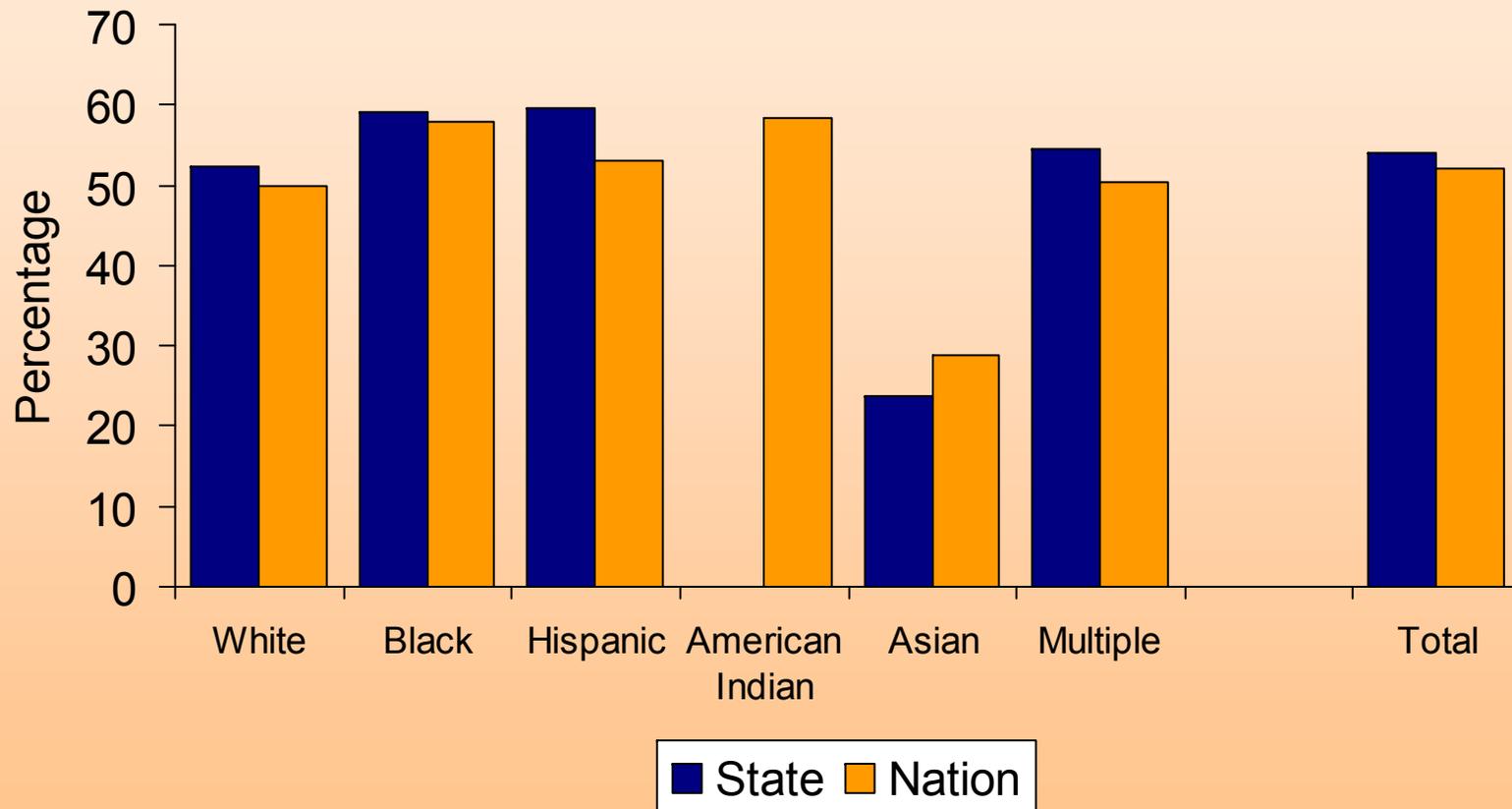


* BMI < 18.5.

2009 IN PNSS Table 9C

Prevalence of prepregnancy overweight*

by race and ethnicity

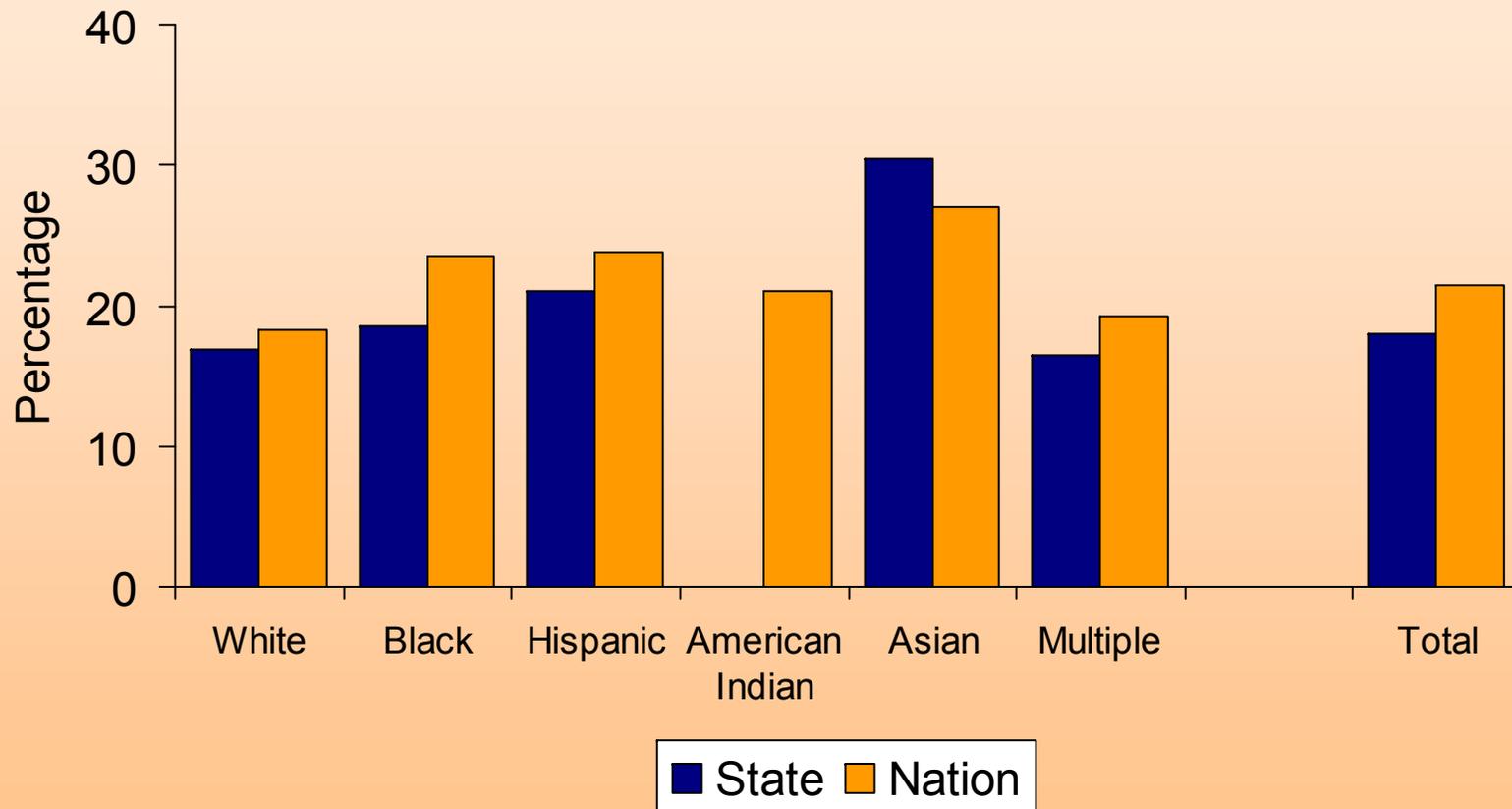


* BMI \geq 25.0 (includes overweight and obese women).

2009 IN PNSS Table 9C

Prevalence of less than ideal maternal weight gain*

by race and ethnicity

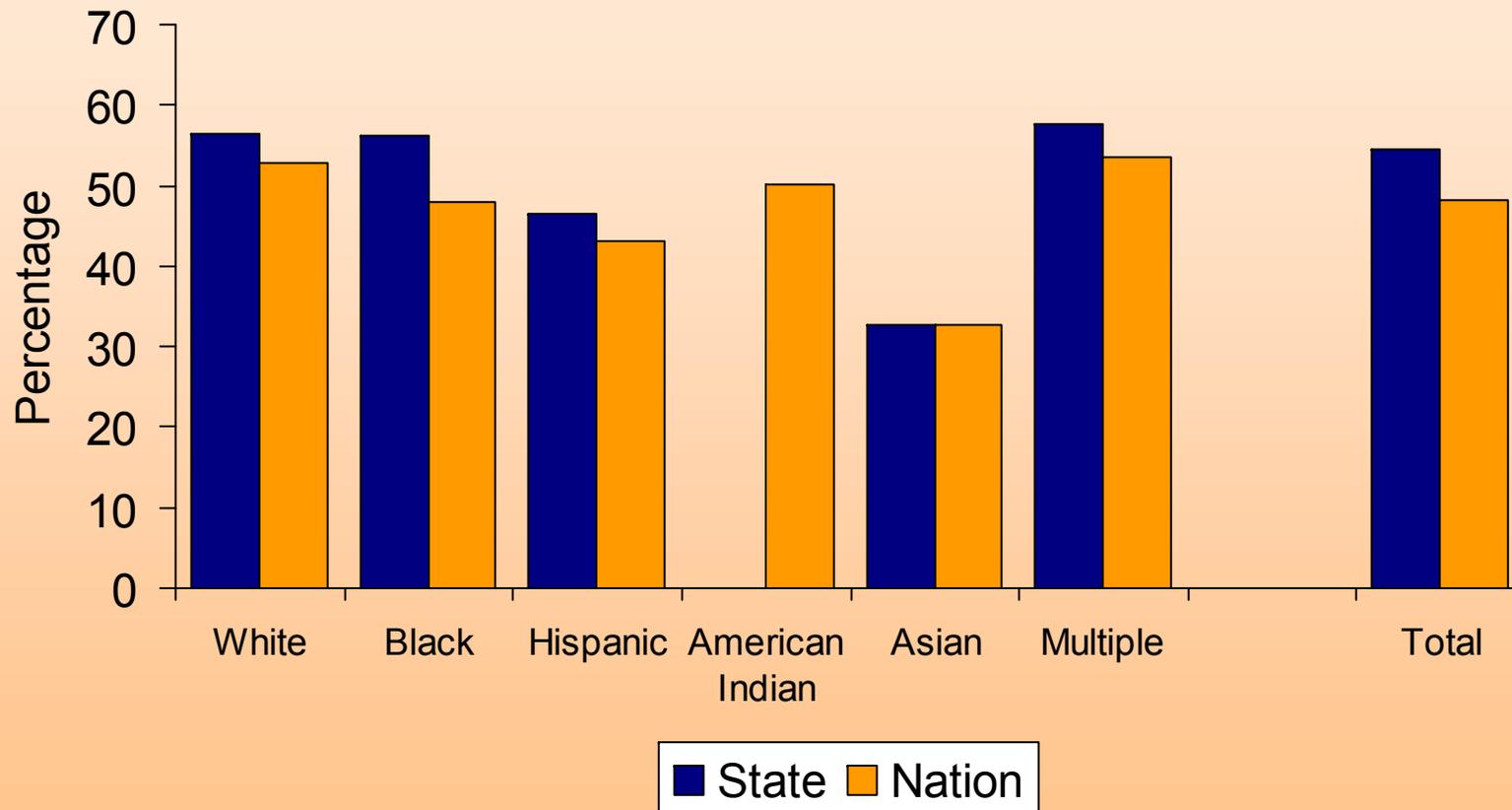


* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.

2009 IN PNSS Table 9C

Prevalence of greater than ideal maternal weight gain*

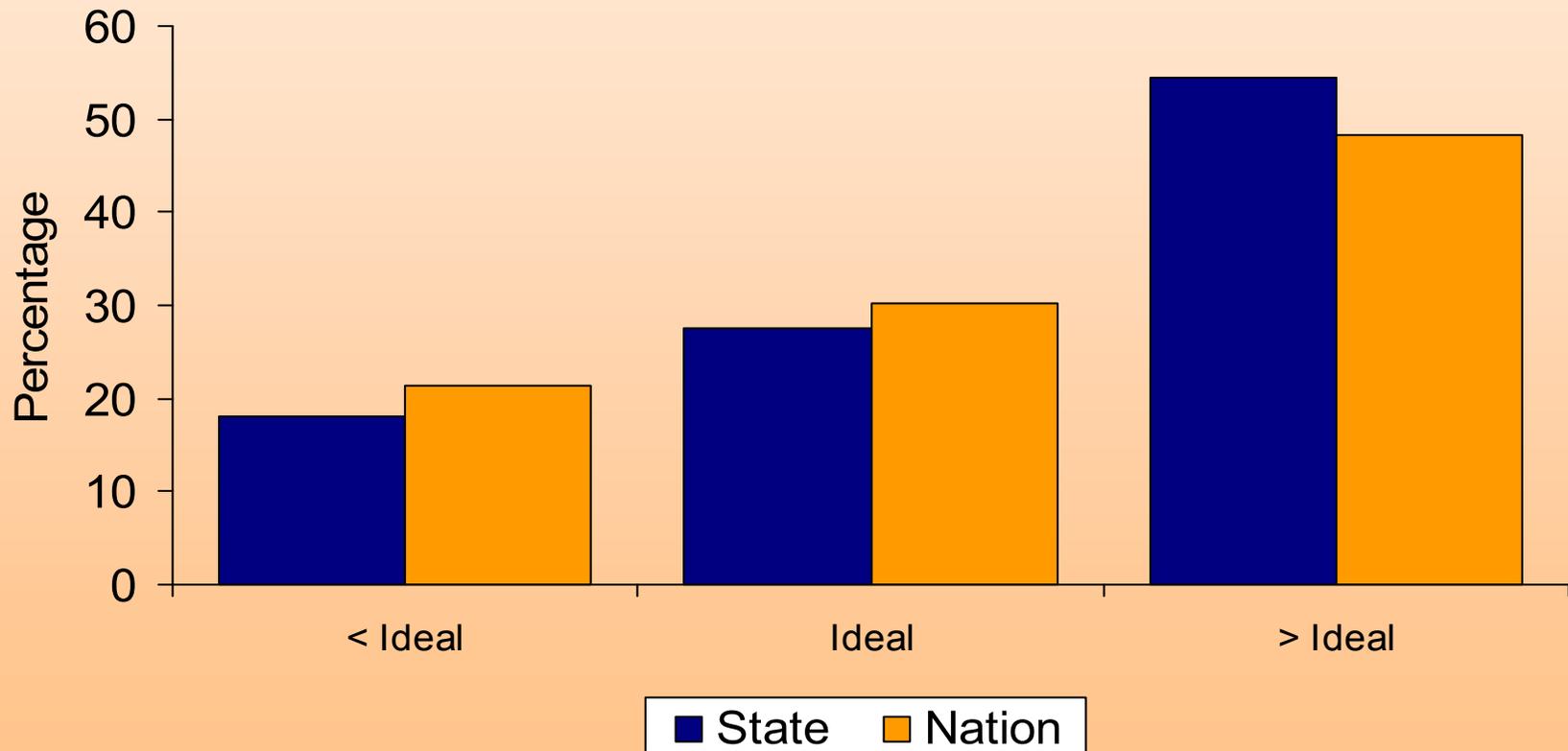
by race and ethnicity



* *Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.*

2009 IN PNSS Table 9C

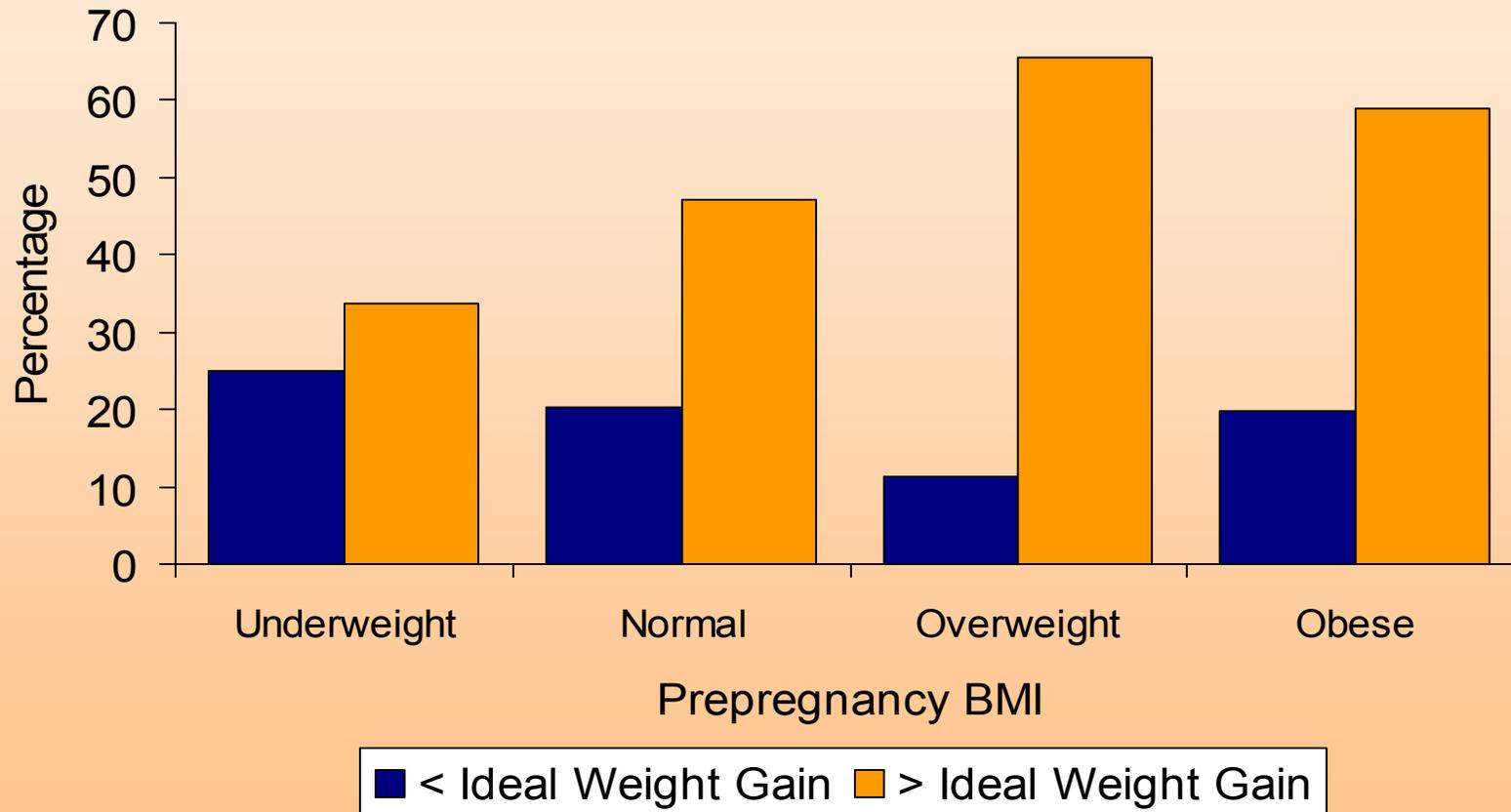
Prevalence of less than ideal, ideal and greater than ideal maternal weight gain*



* *Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.*

Maternal weight gain*

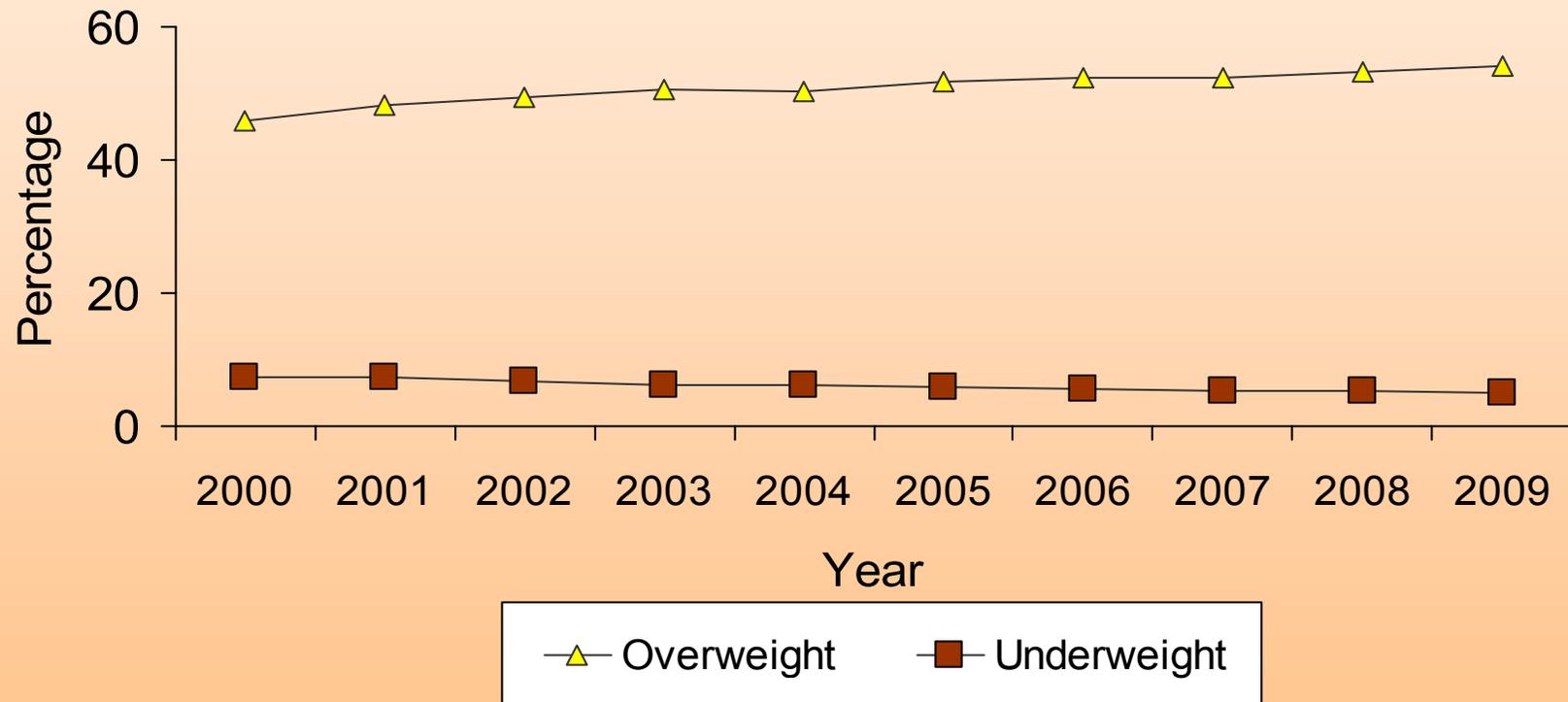
by prepregnancy BMI**



* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.

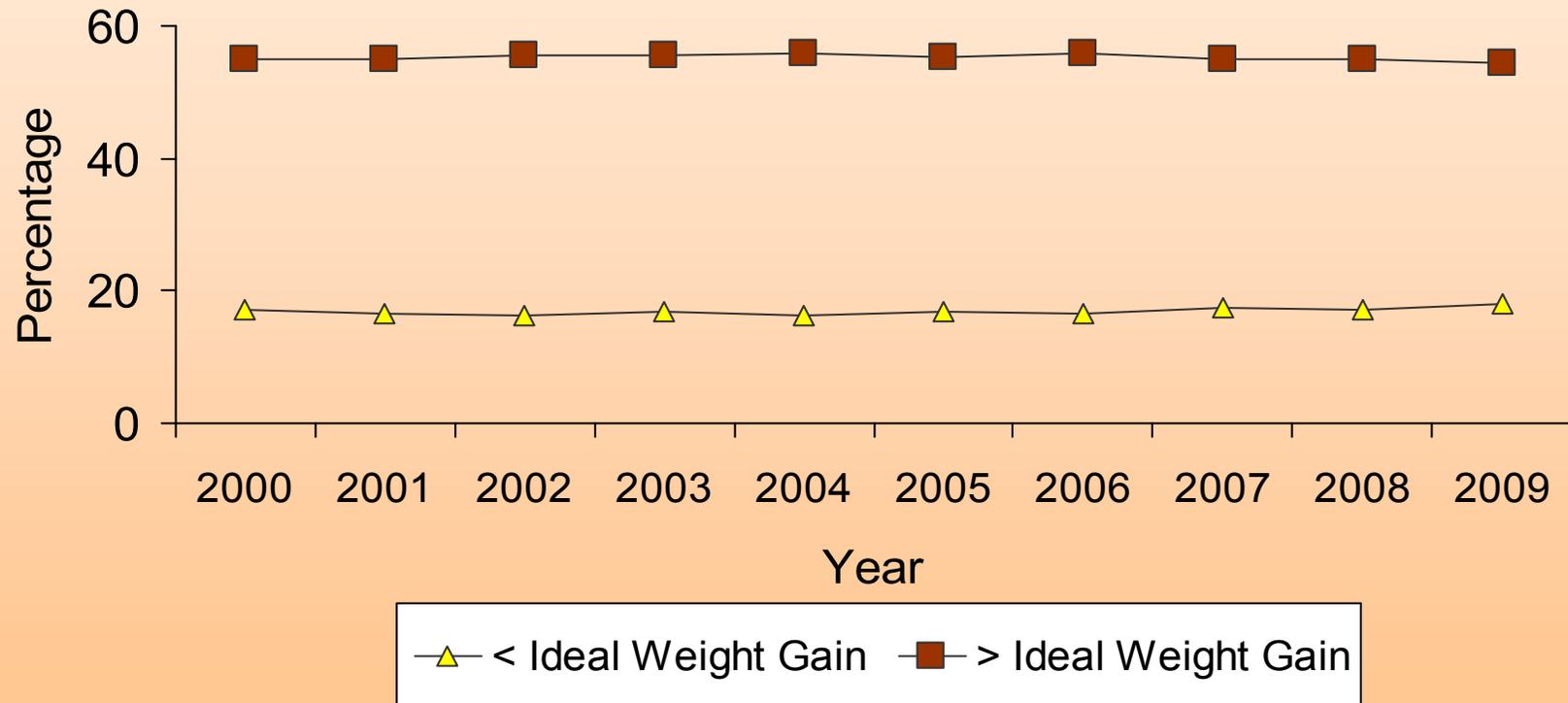
** Underweight (BMI < 18.5); overweight (BMI = 25.0-29.9); and obese (BMI \geq 30.0).

Trends in prevalence of prepregnancy overweight and underweight*



* Underweight (BMI < 18.5); overweight (BMI ≥ 25.0; includes overweight and obese).

Trends in prevalence of less than ideal and greater than ideal weight gain*

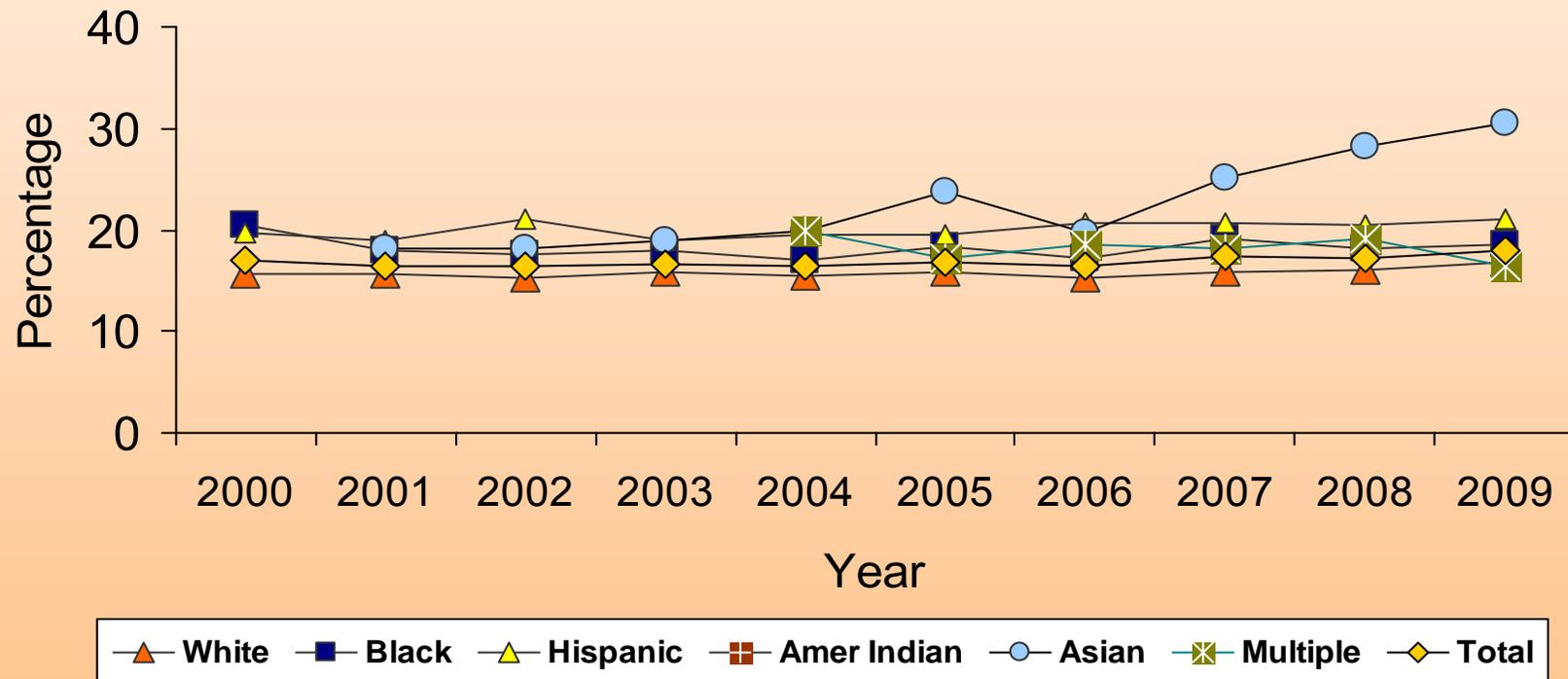


* *Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight 15-25 pounds and prepregnancy obese = 11-20 pounds.*

2009 IN PNSS Table 16C

Trends in the prevalence of less than ideal maternal weight gain*

by race and ethnicity

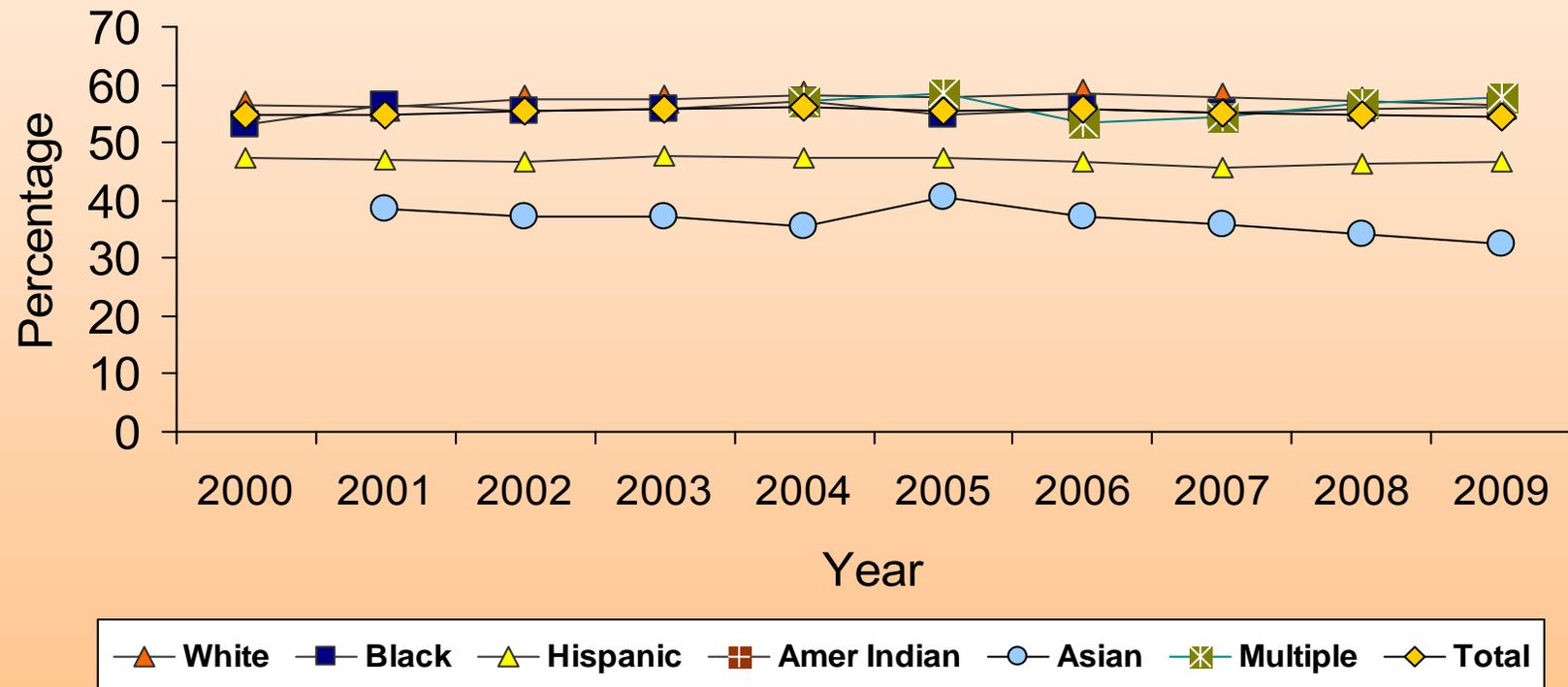


* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.

2009 IN PNSS Table 20C

Trends in the prevalence of greater than ideal maternal weight gain*

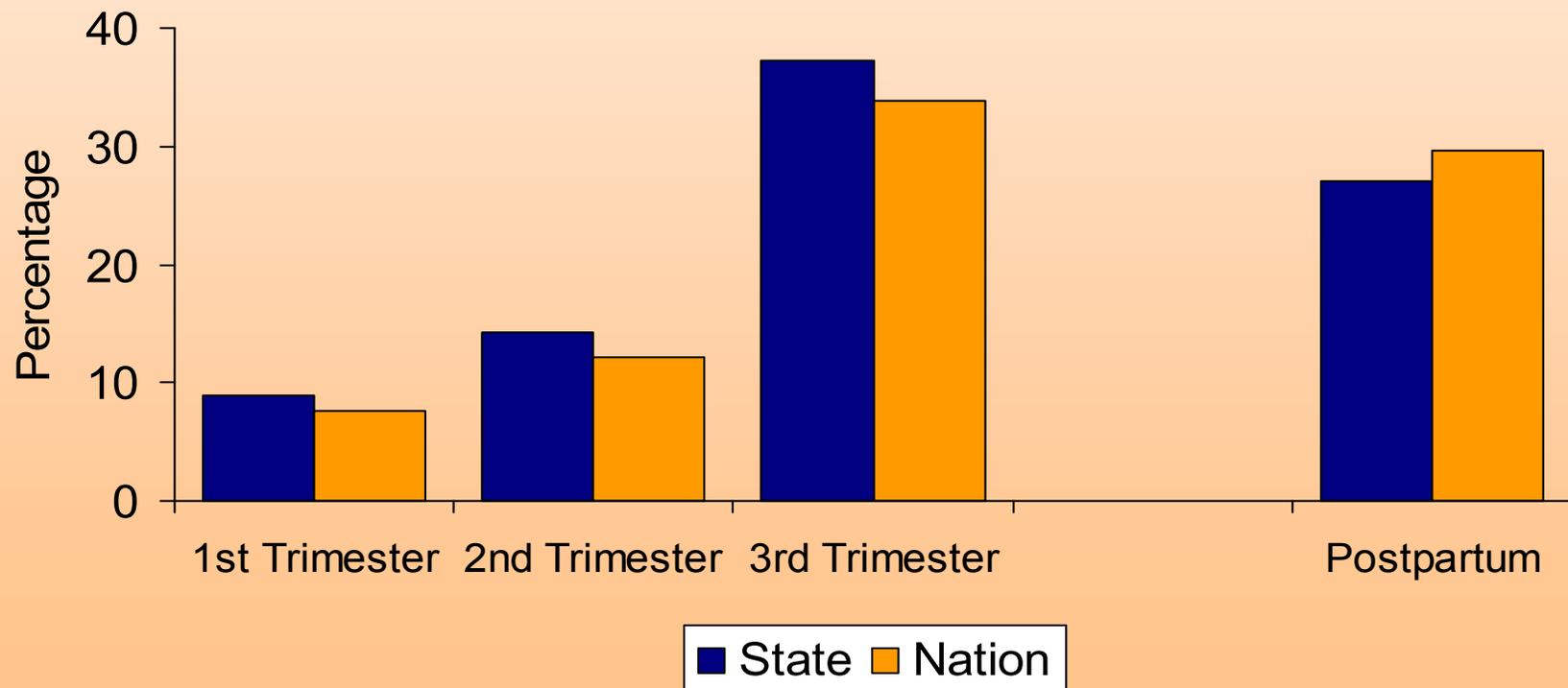
by race and ethnicity



* Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.

2009 IN PNSS Table 20C

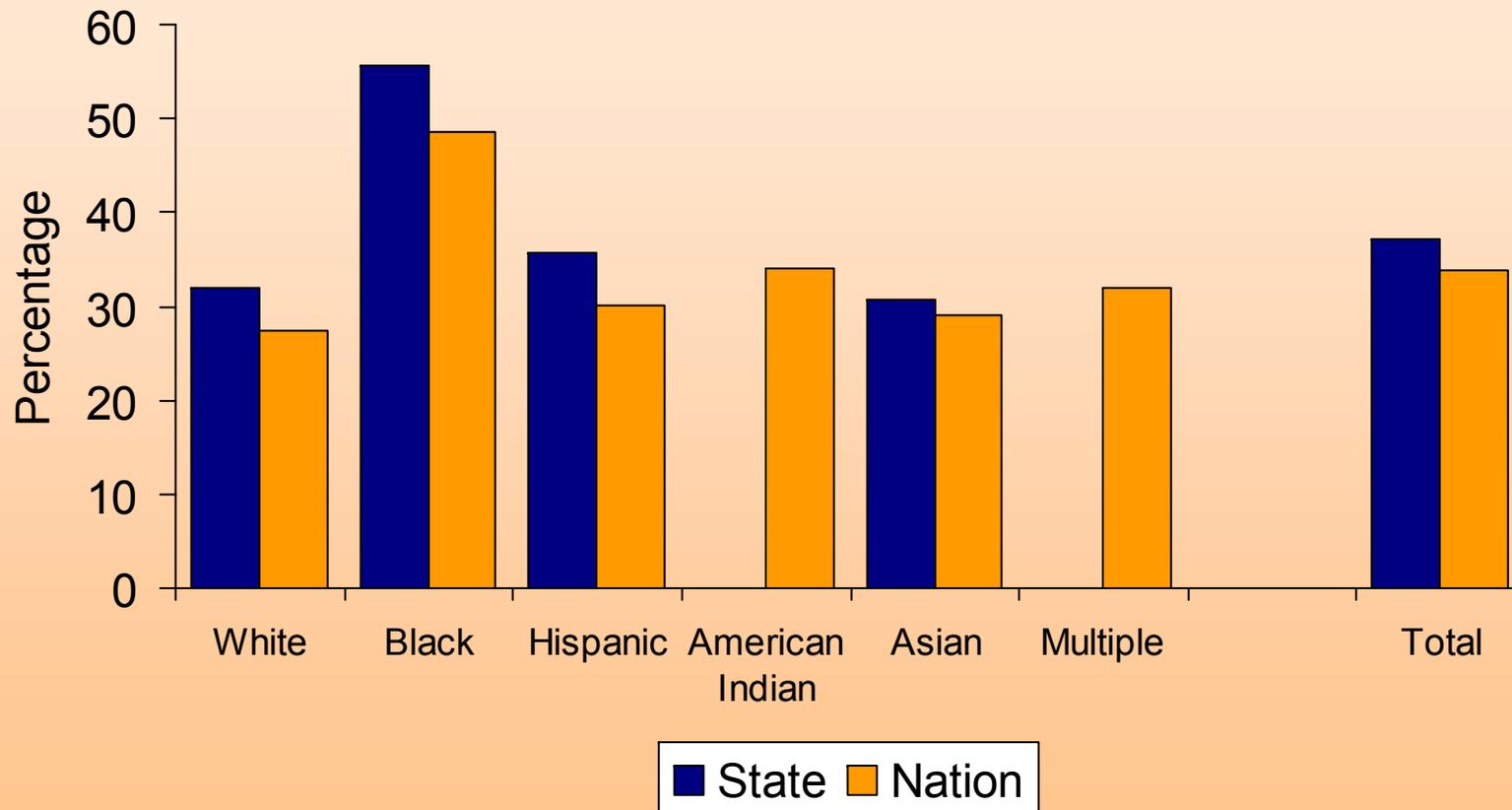
Prevalence of anemia* by timing of program enrollment



* Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.

Prevalence of third-trimester anemia*

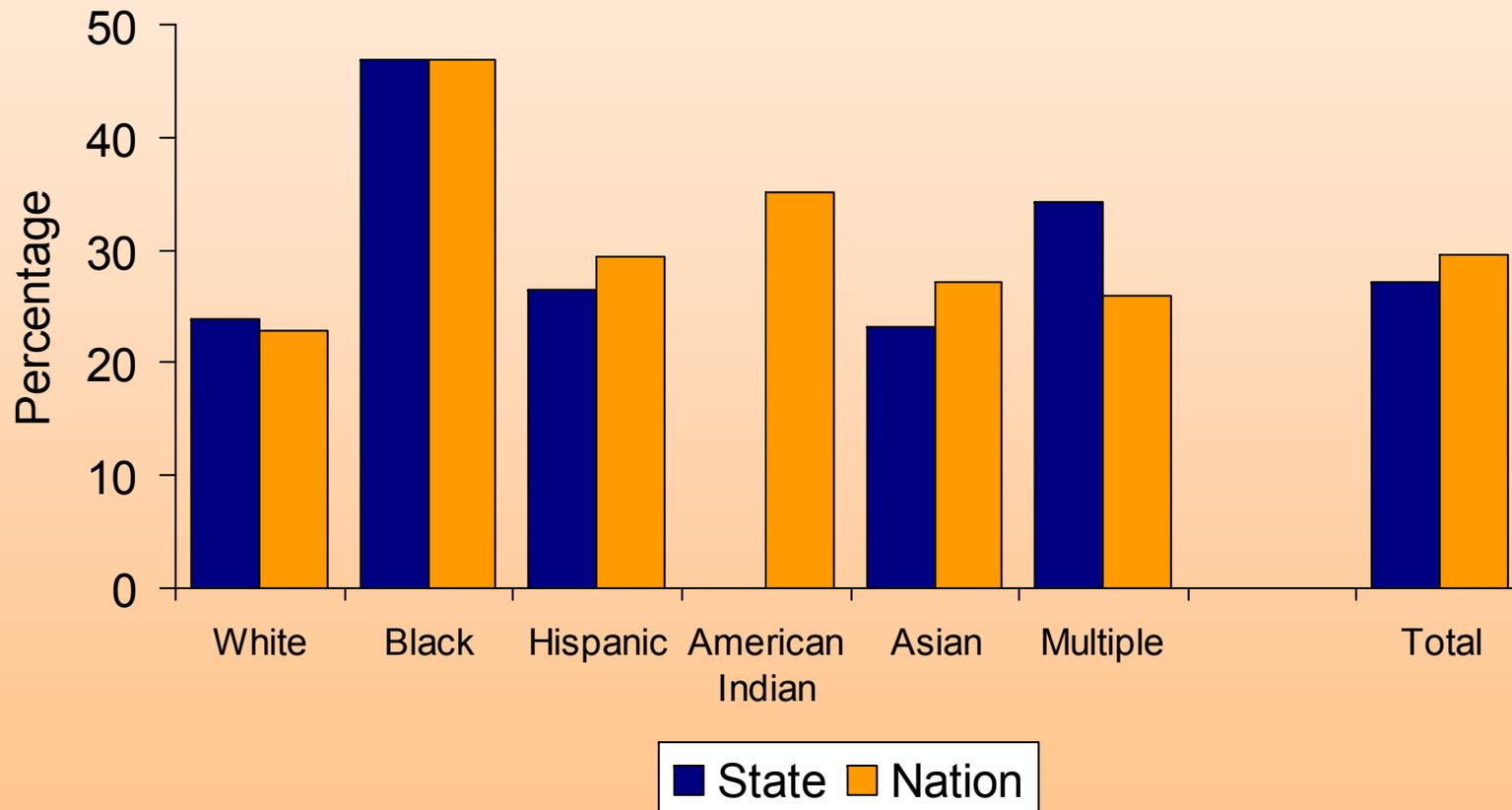
by race and ethnicity



* Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.

Prevalence of postpartum anemia*

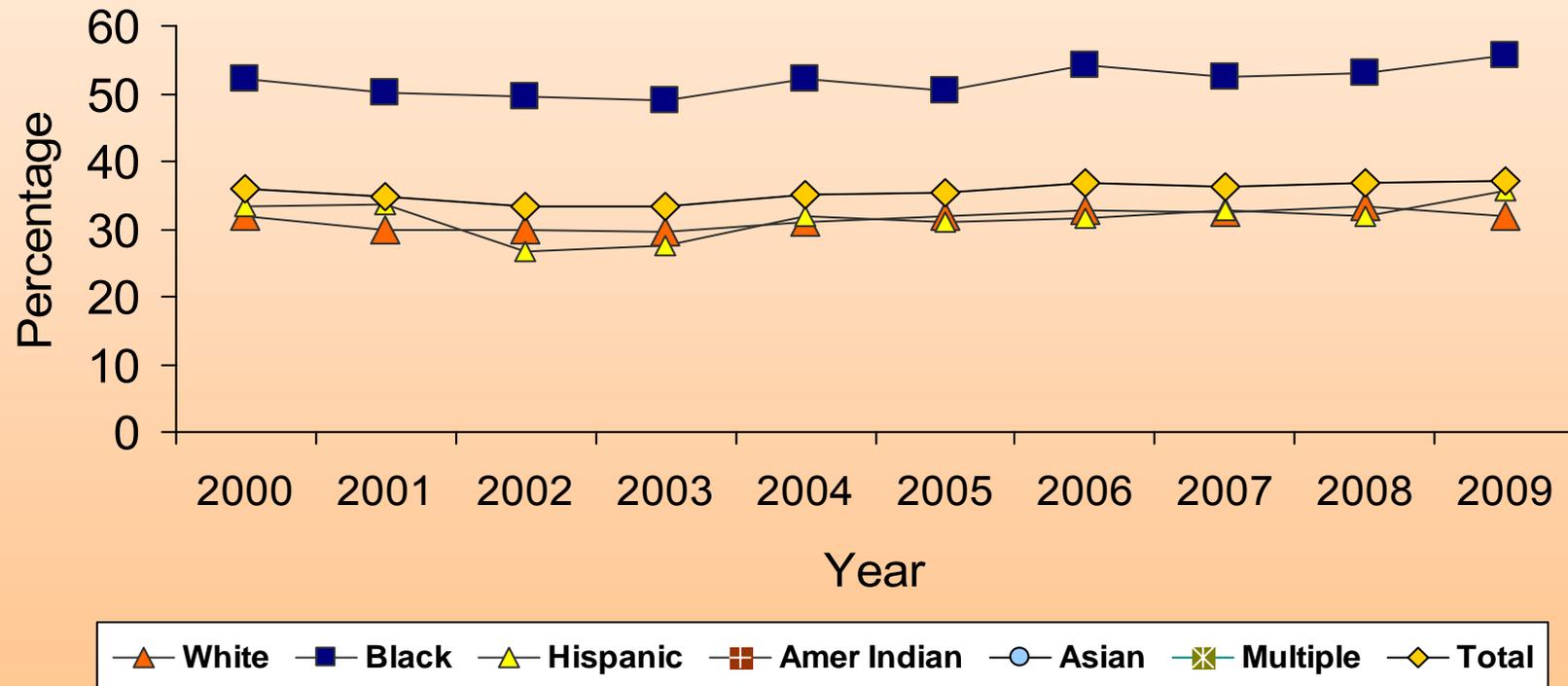
by race and ethnicity



* Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.

Trends in prevalence of third trimester anemia*

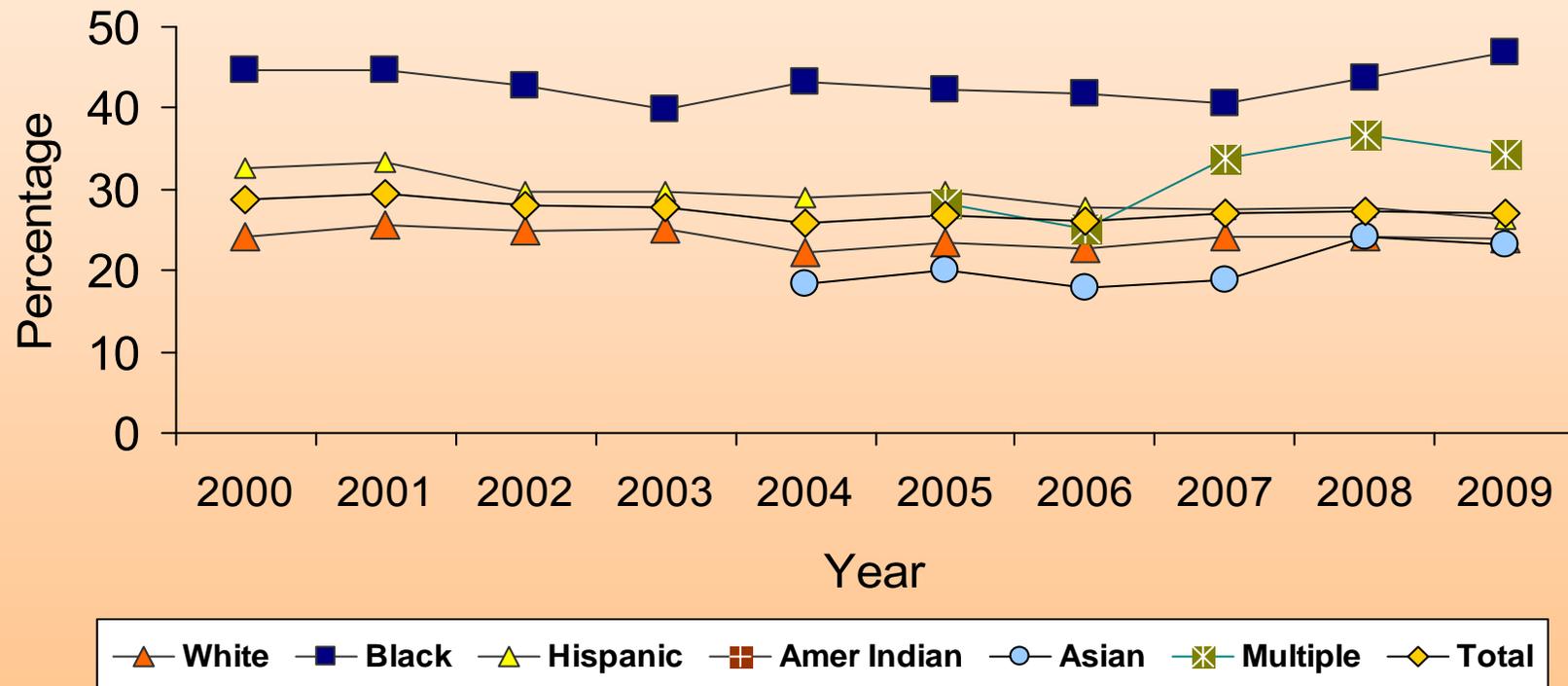
by race and ethnicity



* Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.

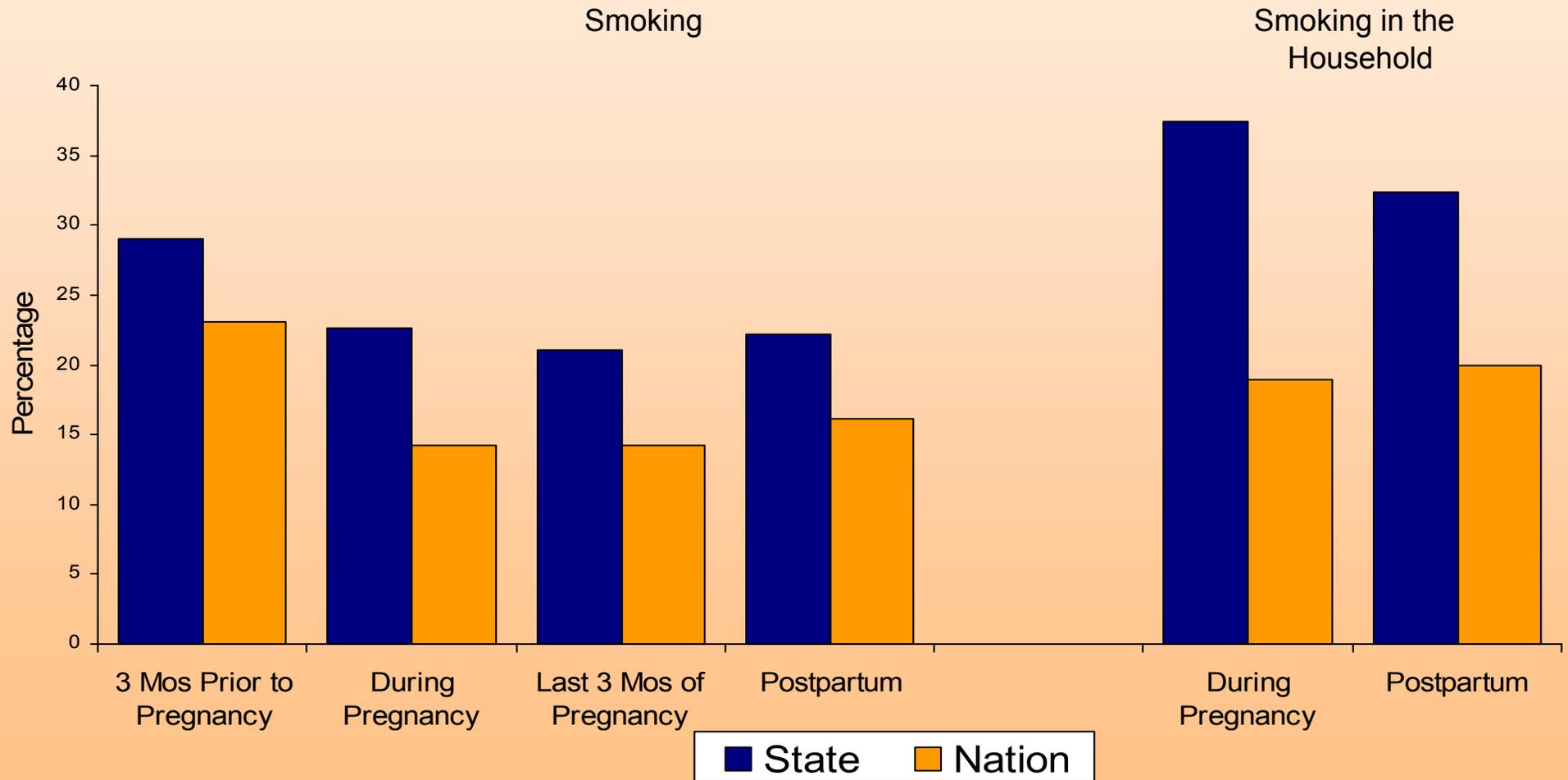
Trends in the prevalence of postpartum anemia*

by race and ethnicity



* Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.

Prevalence of smoking and smoking in the household by pregnancy status

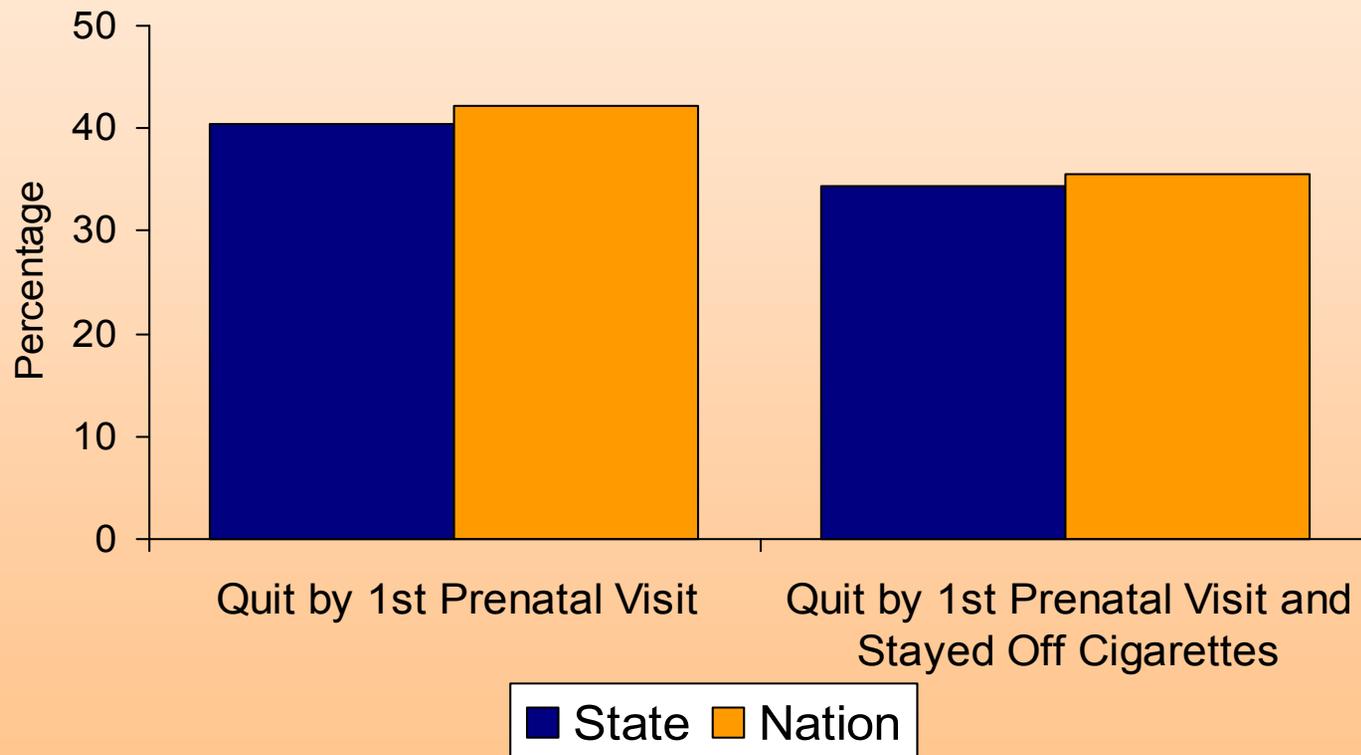


Year 2010 target: 99% of pregnant women report no smoking in the past month.

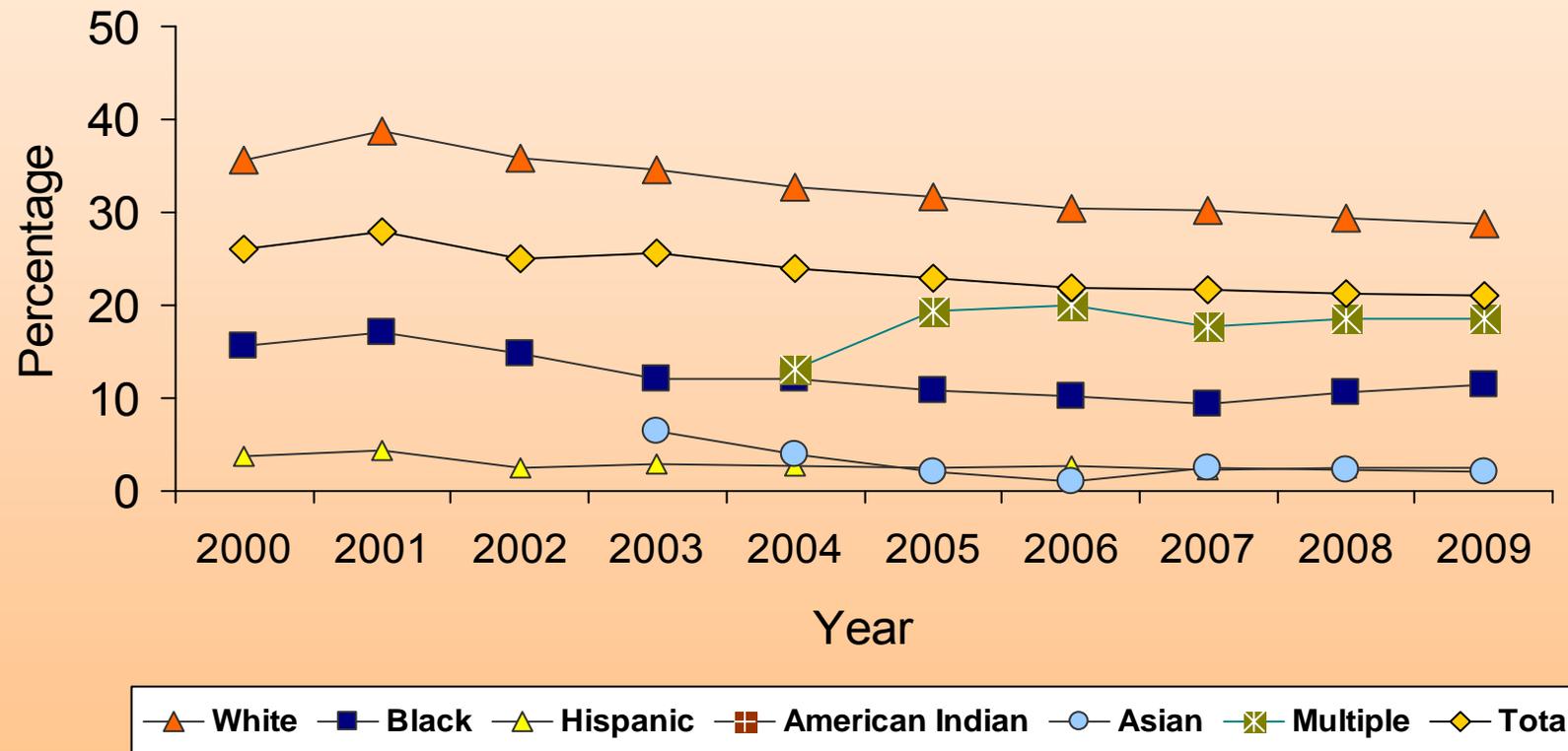
2009 IN PNSS Table 2C

Smoking changes during pregnancy

among women who reported smoking three months prior to pregnancy

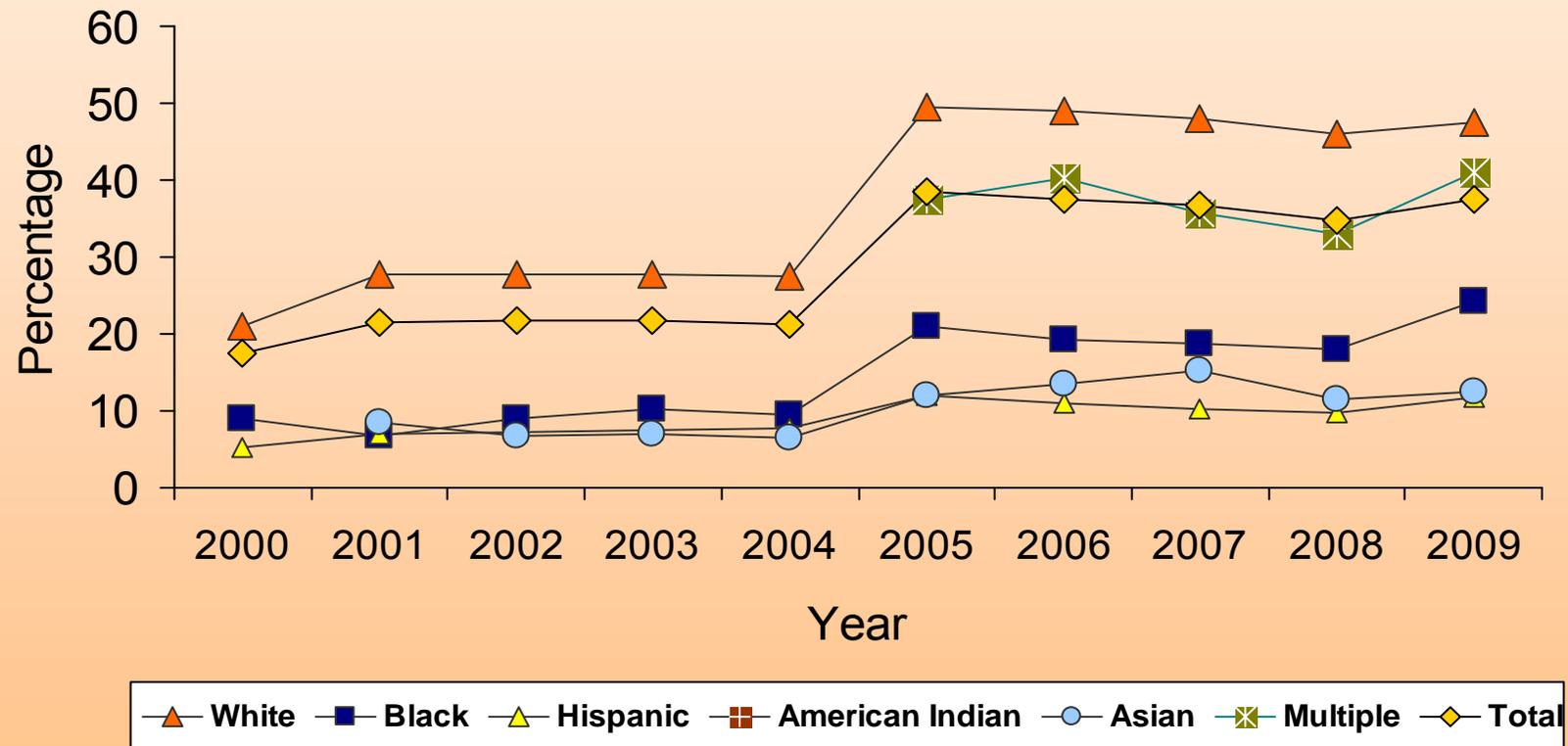


Trends in prevalence of smoking during the last 3 months of pregnancy by race and ethnicity



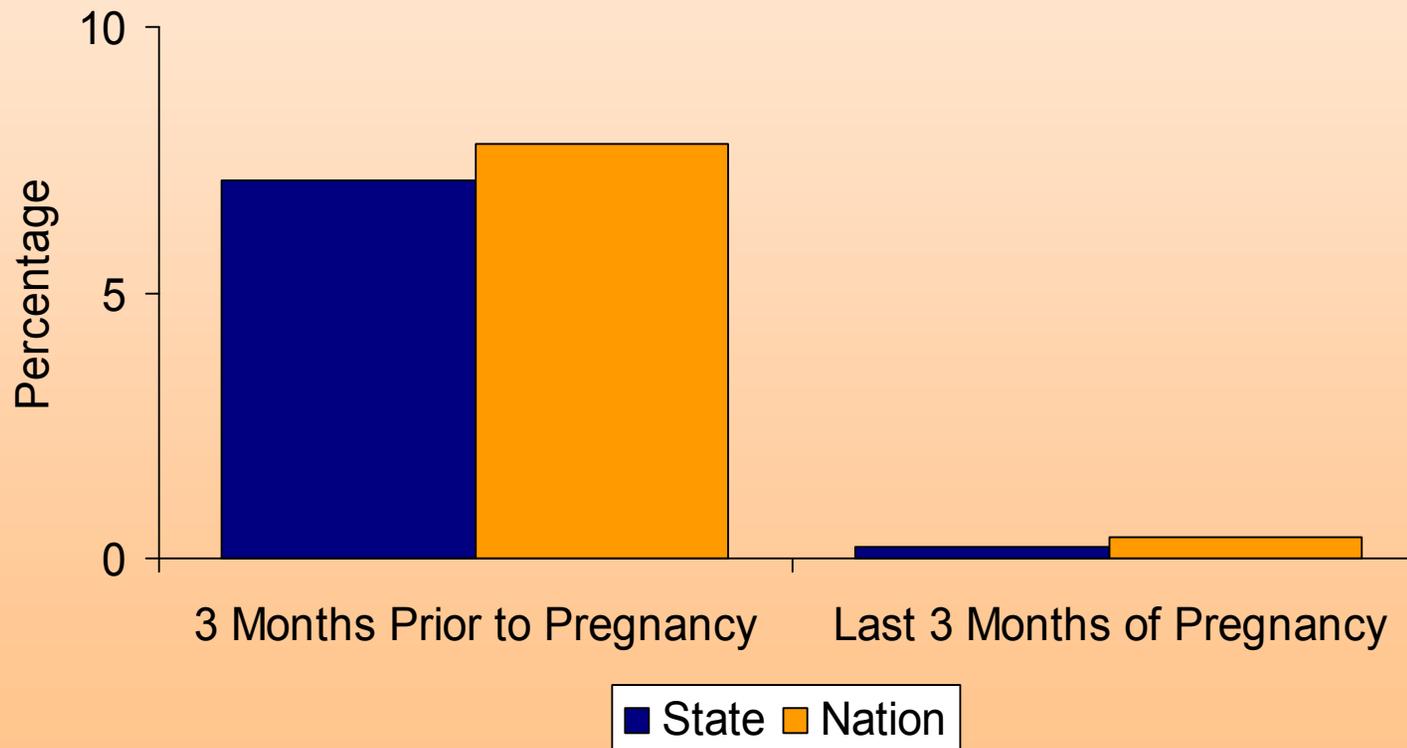
Trends in the prevalence of smoking in the household*

by race and ethnicity



* During the prenatal period.

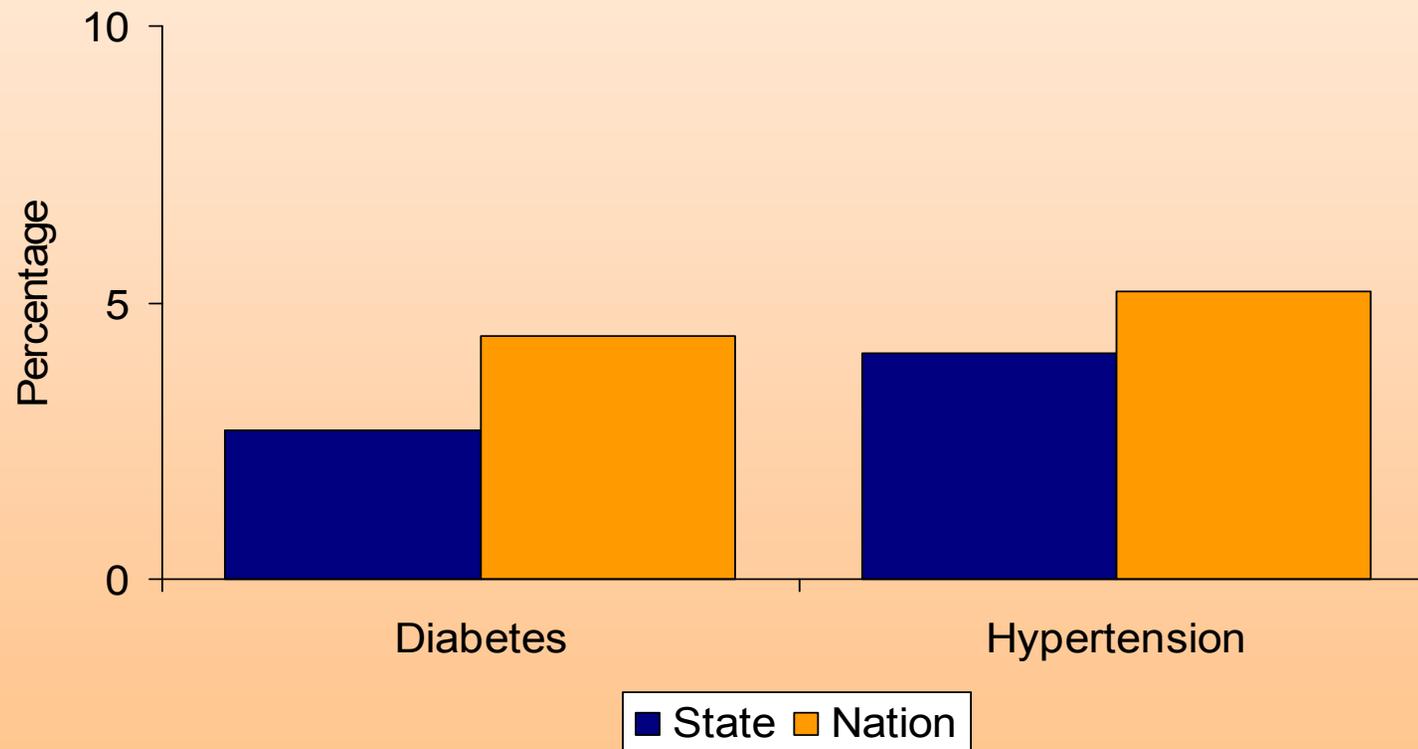
Prevalence of maternal drinking



Year 2010 Target: 6% or less of pregnant women report use of alcohol in the previous month.

2009 IN PNSS Table 2C

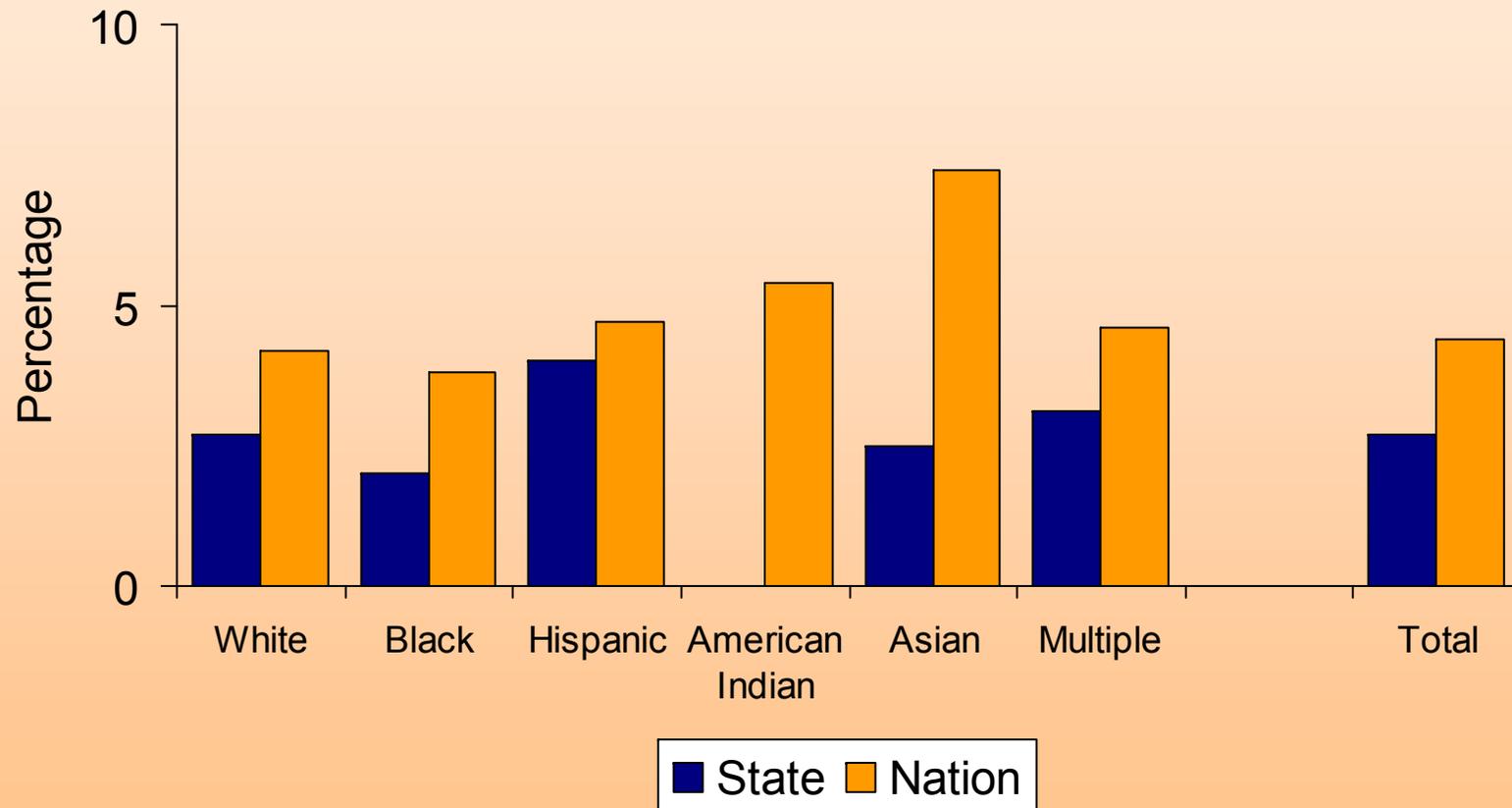
Prevalence of medical conditions during pregnancy*



* Woman reports being told by doctor she had diabetes prior to and/or during pregnancy.
Woman reports being told by doctor she had hypertension prior to and/or during pregnancy.

Prevalence of diabetes during pregnancy*

by race and ethnicity

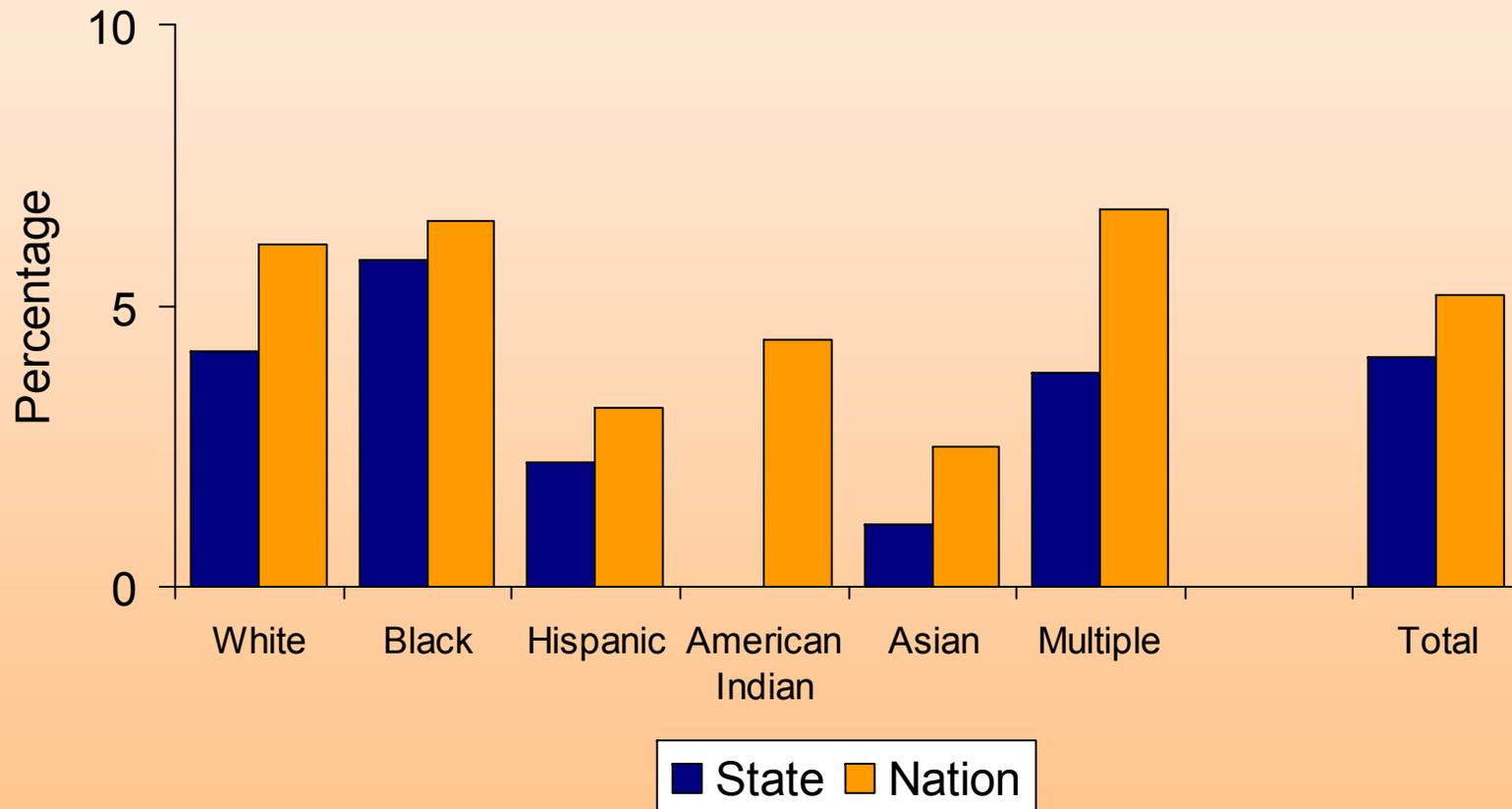


* Includes diabetes mellitus and gestational diabetes.

2009 IN PNSS Table 9C

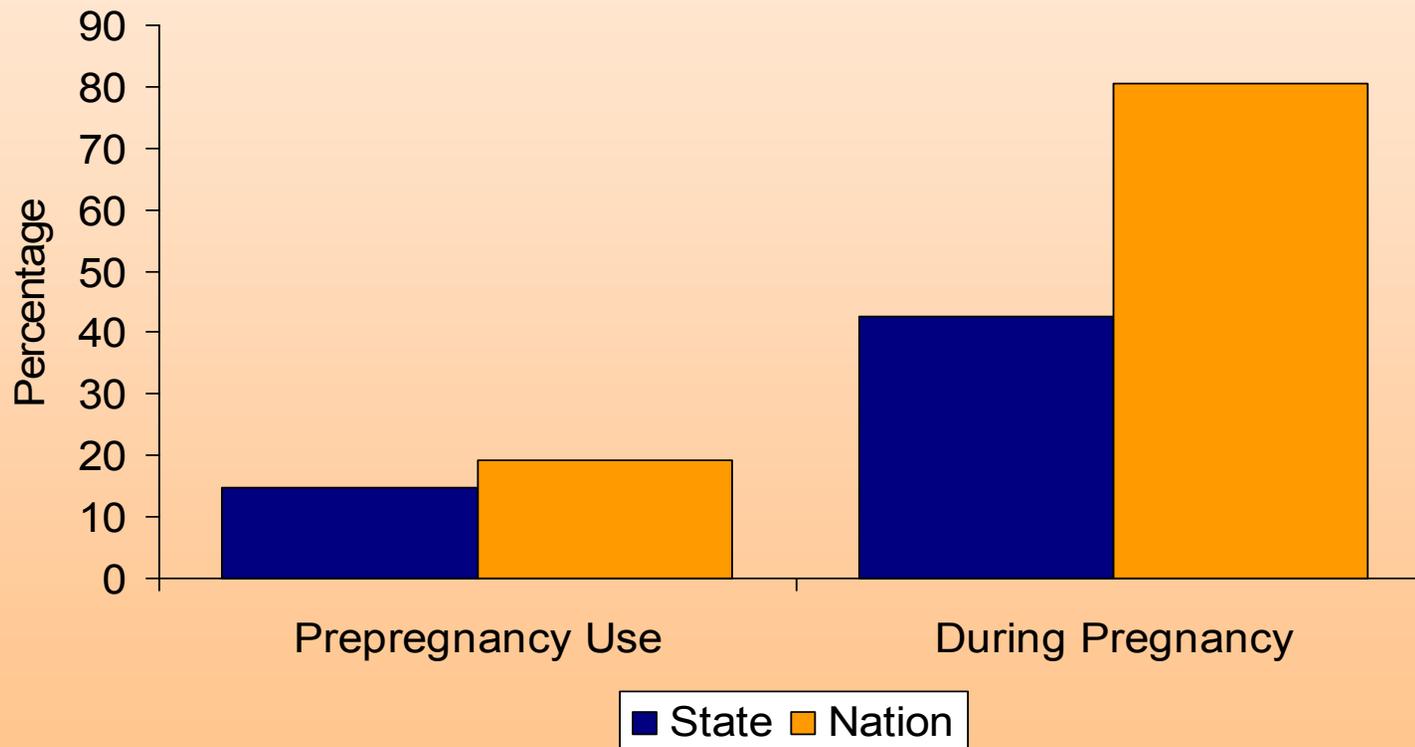
Prevalence of hypertension during pregnancy*

by race and ethnicity



* Includes chronic hypertension and pregnancy-induced hypertension.

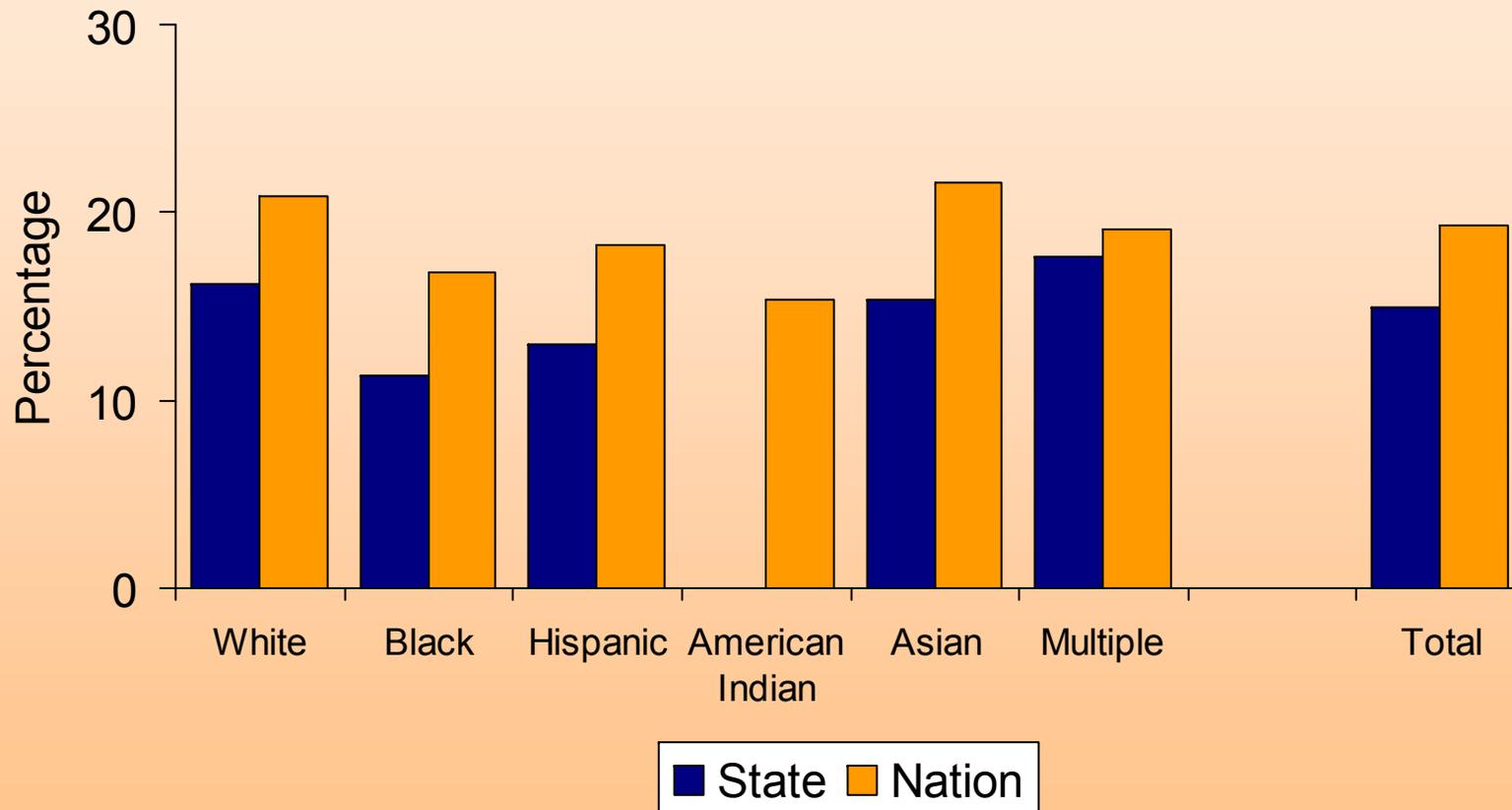
Prevalence of multivitamin use prior to and during pregnancy*



* Multivitamin use prior to pregnancy is a proxy for folic acid consumption. Multivitamin use during pregnancy is a proxy for iron consumption. Year 2010 Target: Increase to 80% the number of women of childbearing age who take in 400 mcg. of folic acid each day.

Prevalence of multivitamin use prior to pregnancy*

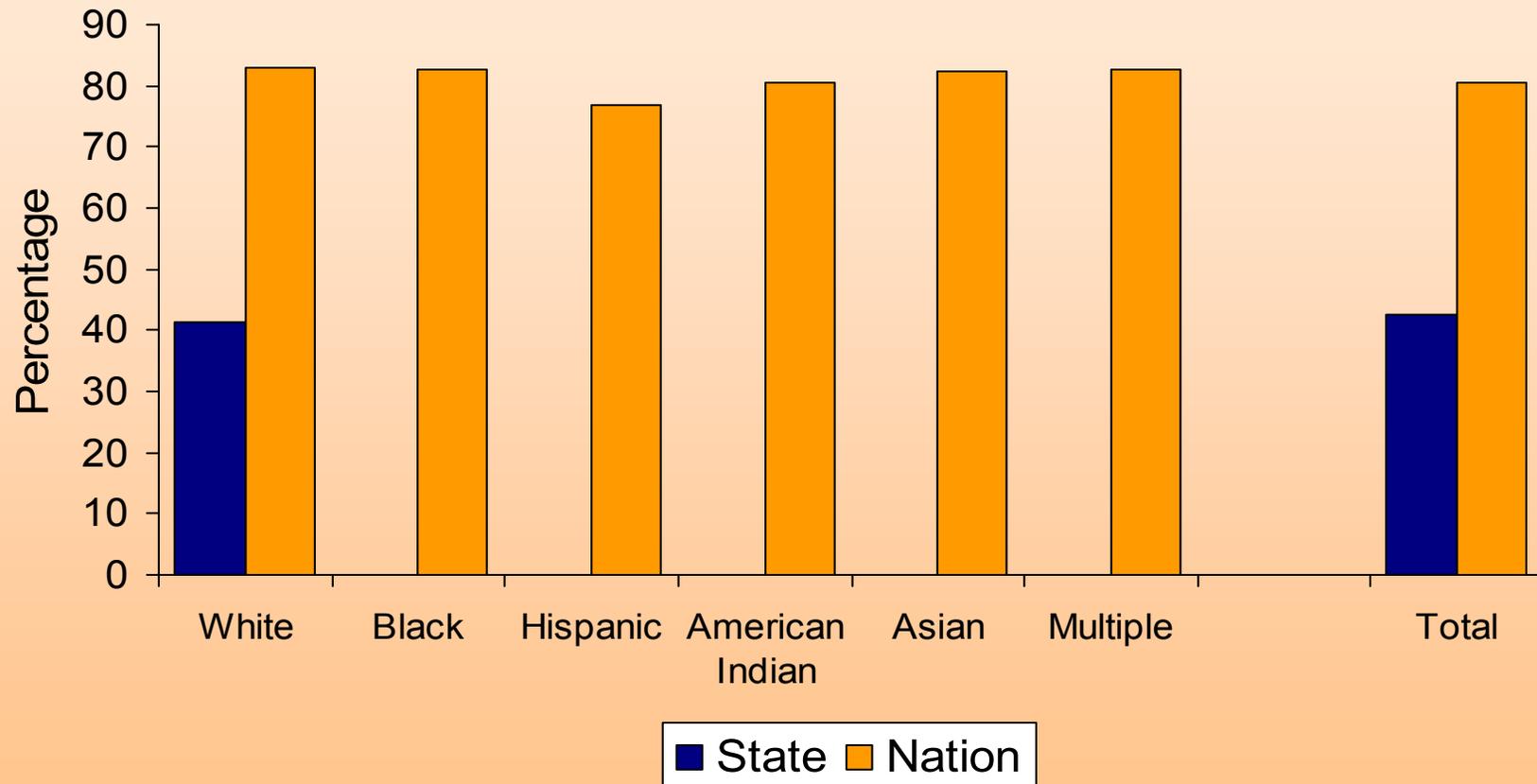
by race and ethnicity



* Multivitamin use prior to pregnancy is a proxy for folic acid consumption. Year 2010 Target: Increase to 80% the number of women of childbearing age who take in 400 mcg. of folic acid each day.

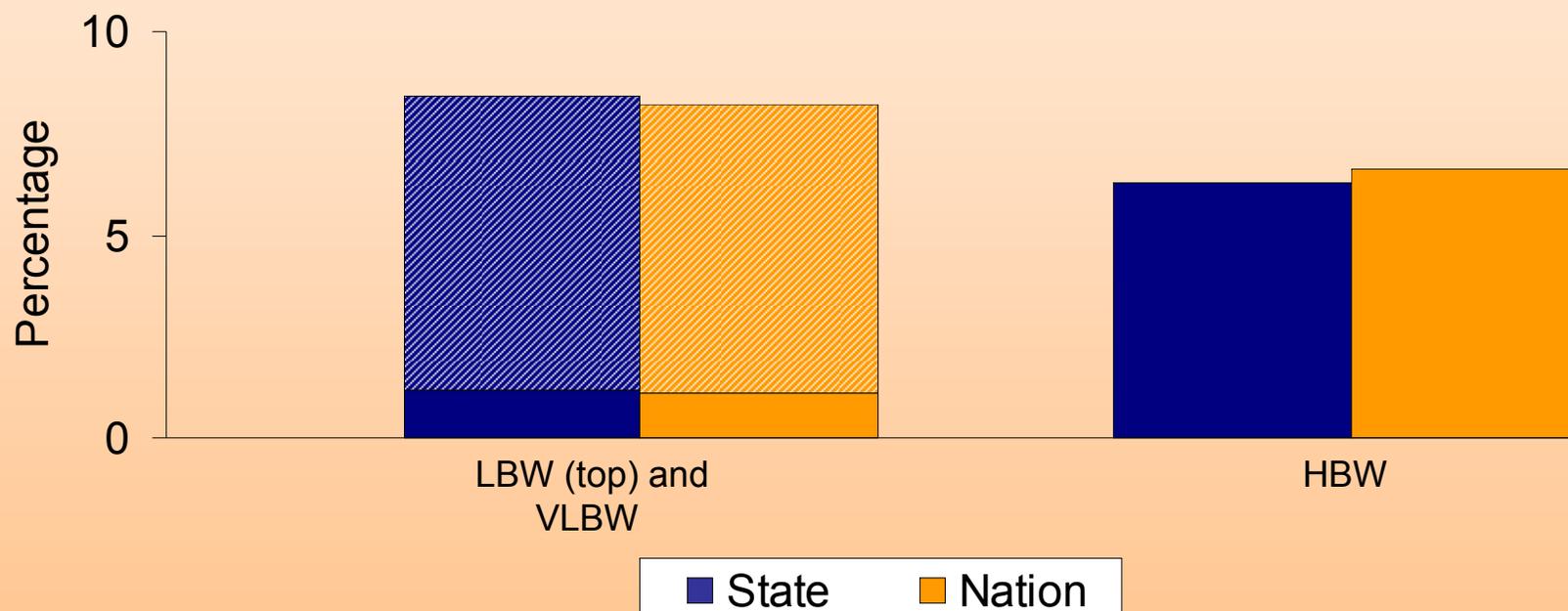
Prevalence of multivitamin use during pregnancy*

by race and ethnicity



* Multivitamin use during pregnancy is a proxy for iron consumption.

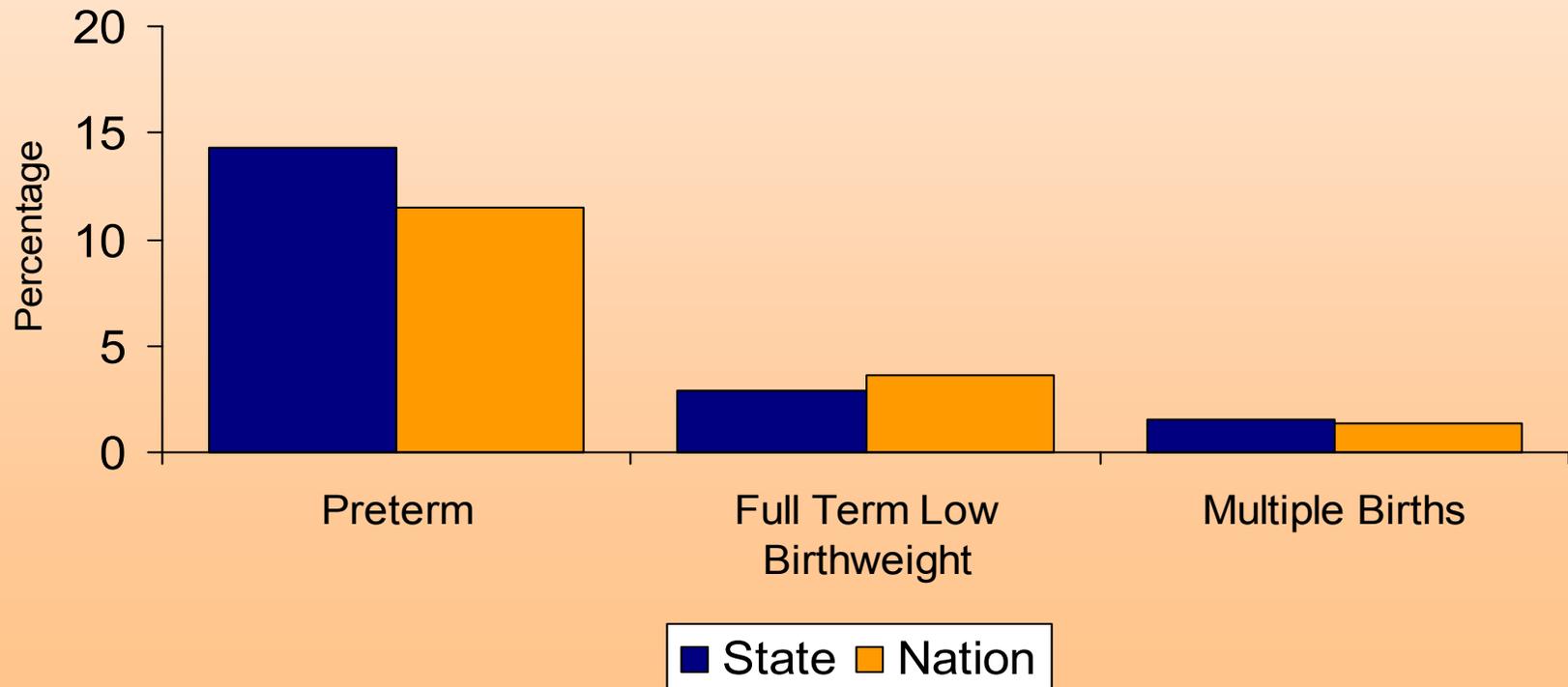
Prevalence of low birthweight and high birthweight *



* VLBW < 1500 g; LBW = 1500 - < 2500 g; HBW > 4000 g.

** Year 2010 Target: Reduce very low birthweight to < 0.9 percent and low birthweight to < 5.0 percent.

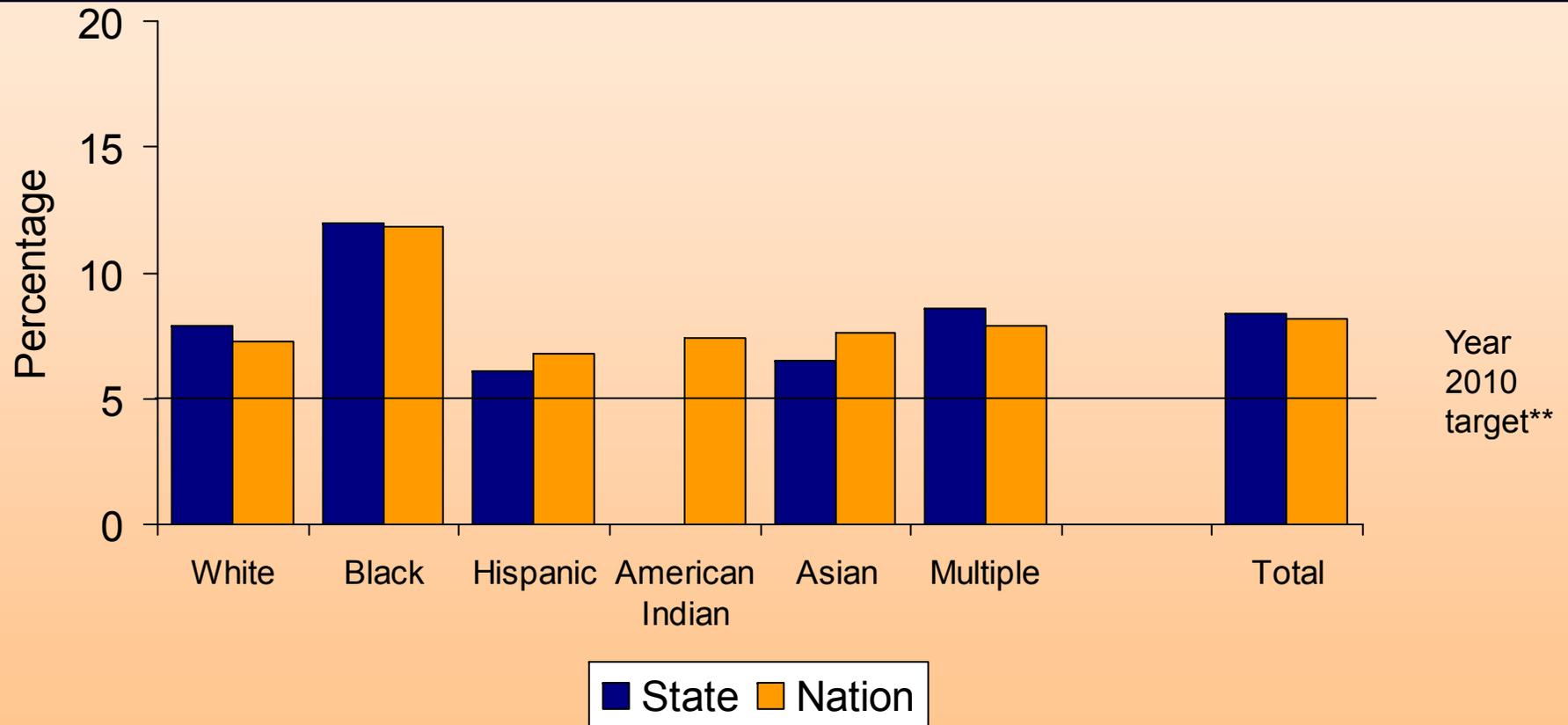
Prevalence of selected birth outcomes*



* Preterm: < 37 weeks gestation. Full term low birthweight: 37 or more weeks and < 2500 g.

Prevalence of low birthweight*

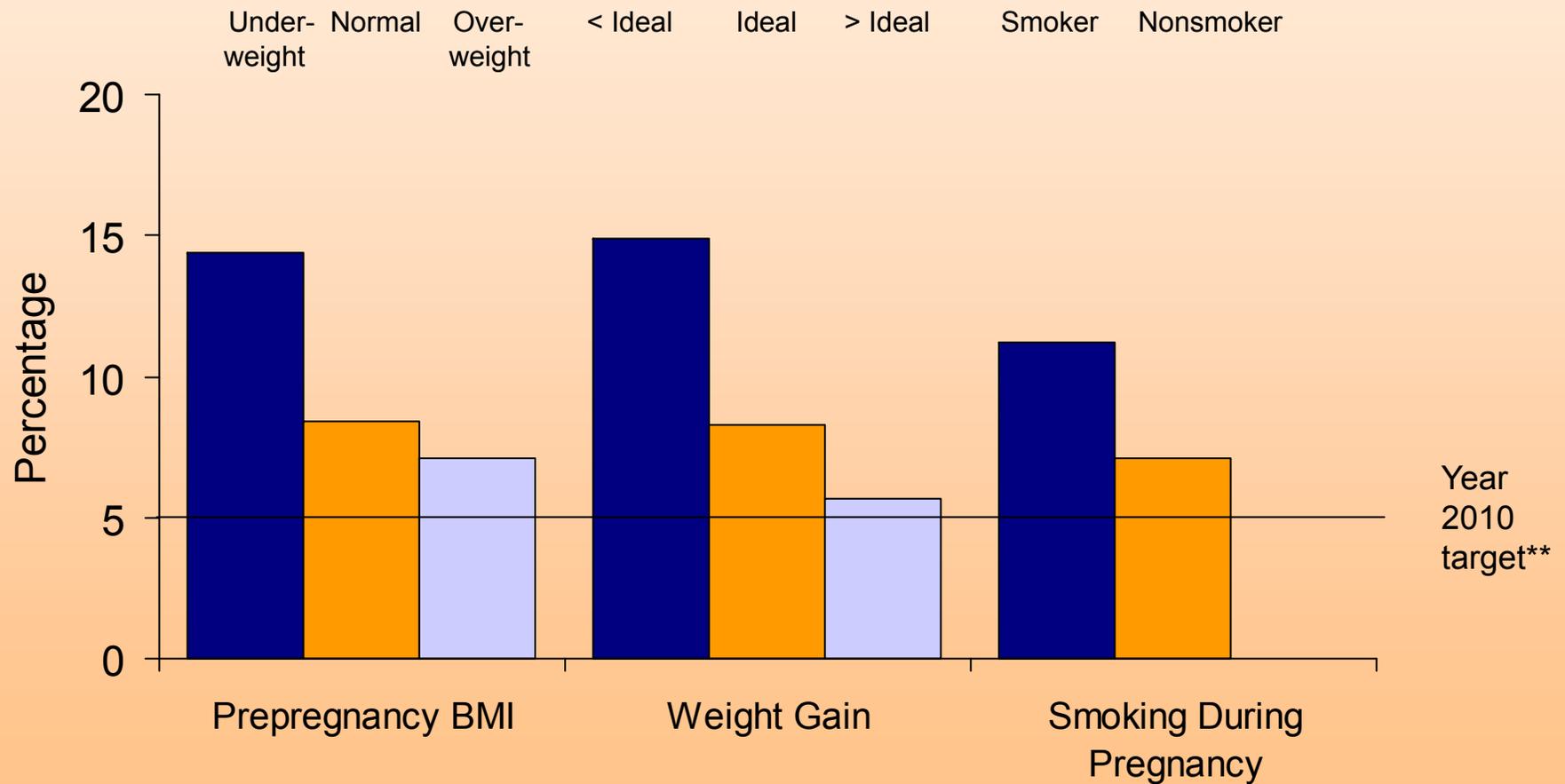
by race and ethnicity



* Low birthweight includes VLBW < 1500 g and LBW = 1500-<2500 g.

** Year 2010 target: Reduce low birthweight to < 5.0 percent.

Prevalence of low birthweight* by selected health indicators

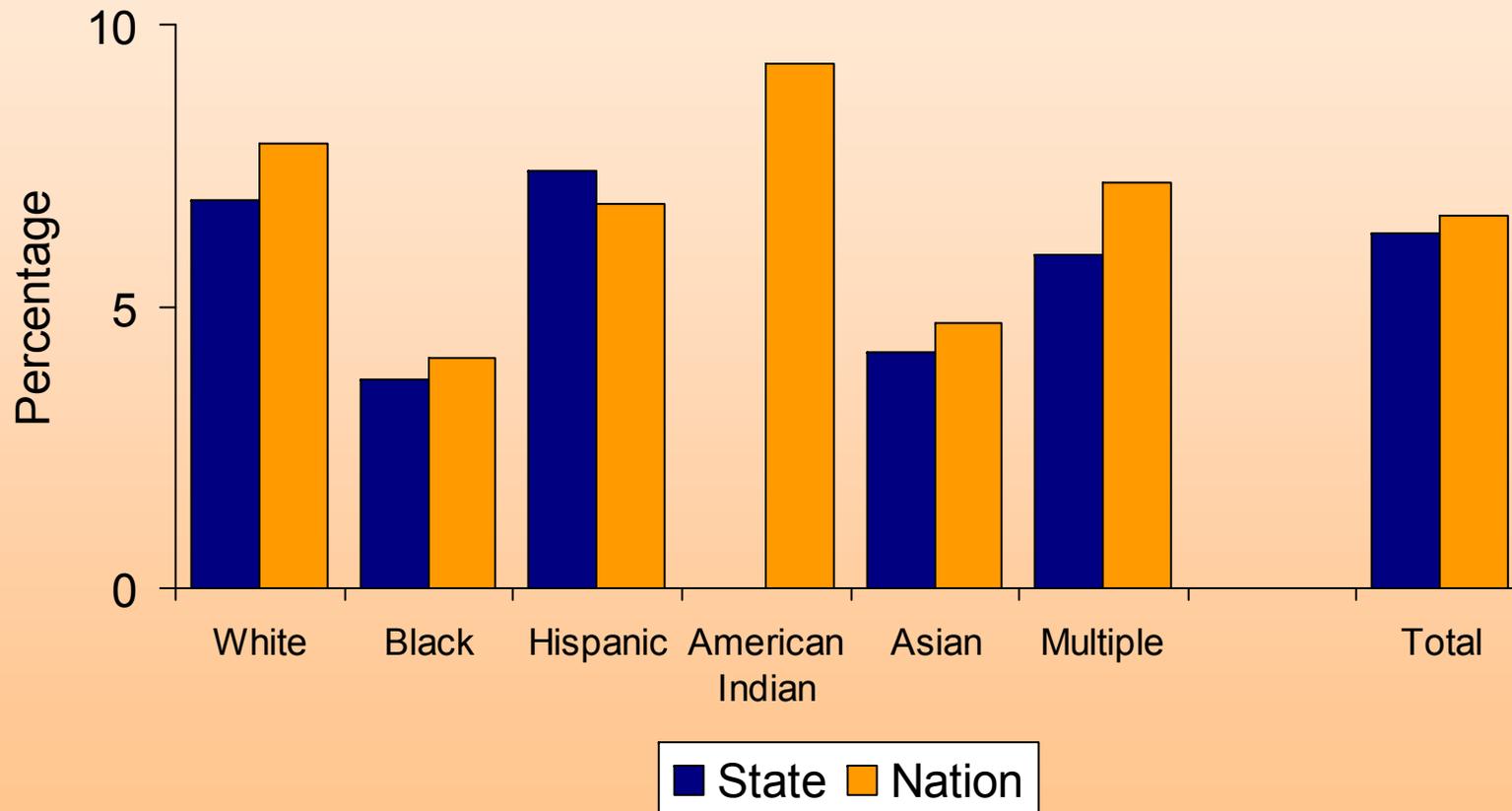


* Low birthweight includes VLBW < 1500 g and LBW = 1500-<2500 g.

** Year 2010 target: Reduce low birthweight to < 5.0 percent.

Prevalence of high birthweight*

by race and ethnicity

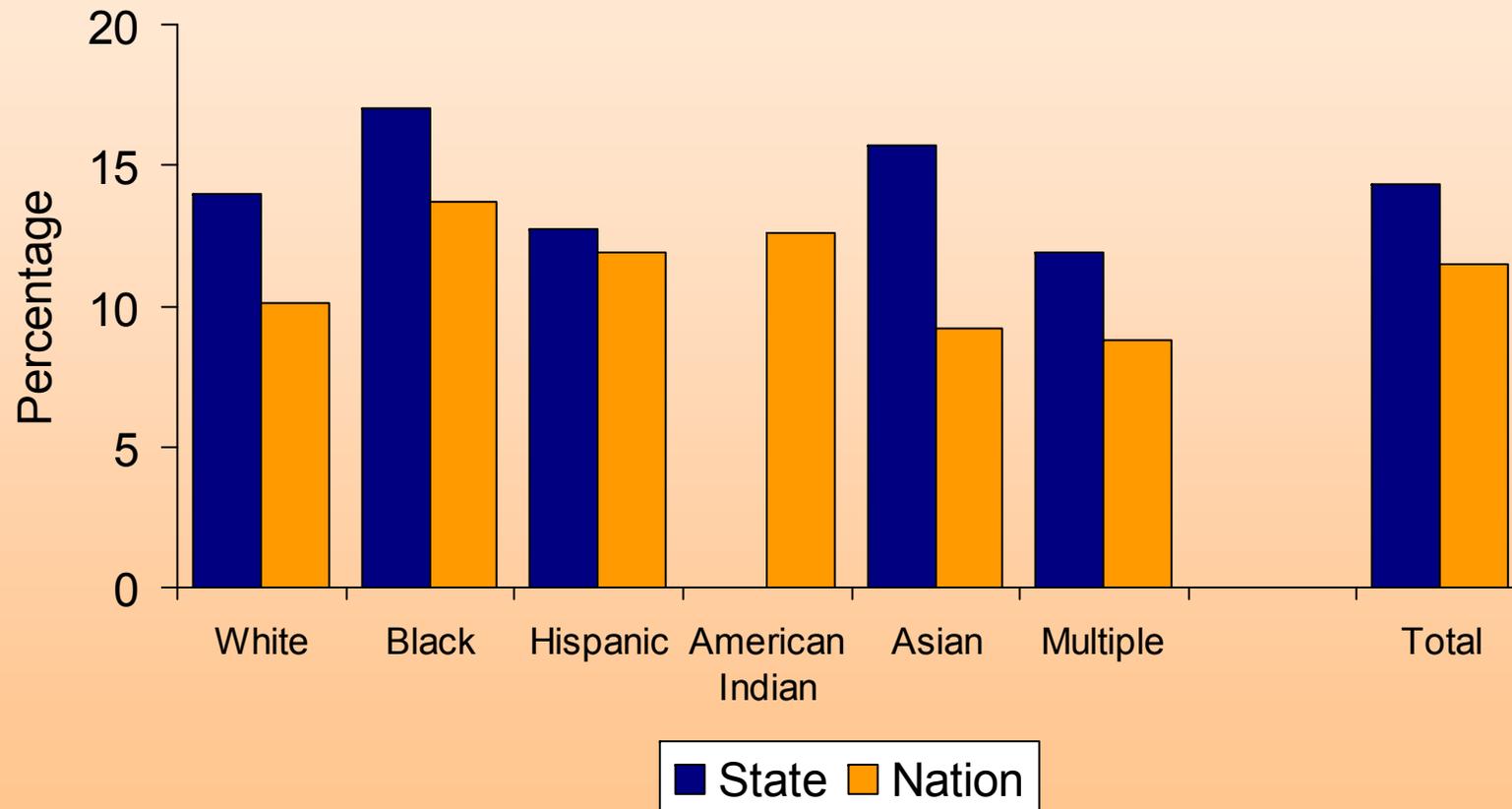


* High birthweight > 4000 g.

2009 IN PNSS Table 12C

Prevalence of preterm delivery*

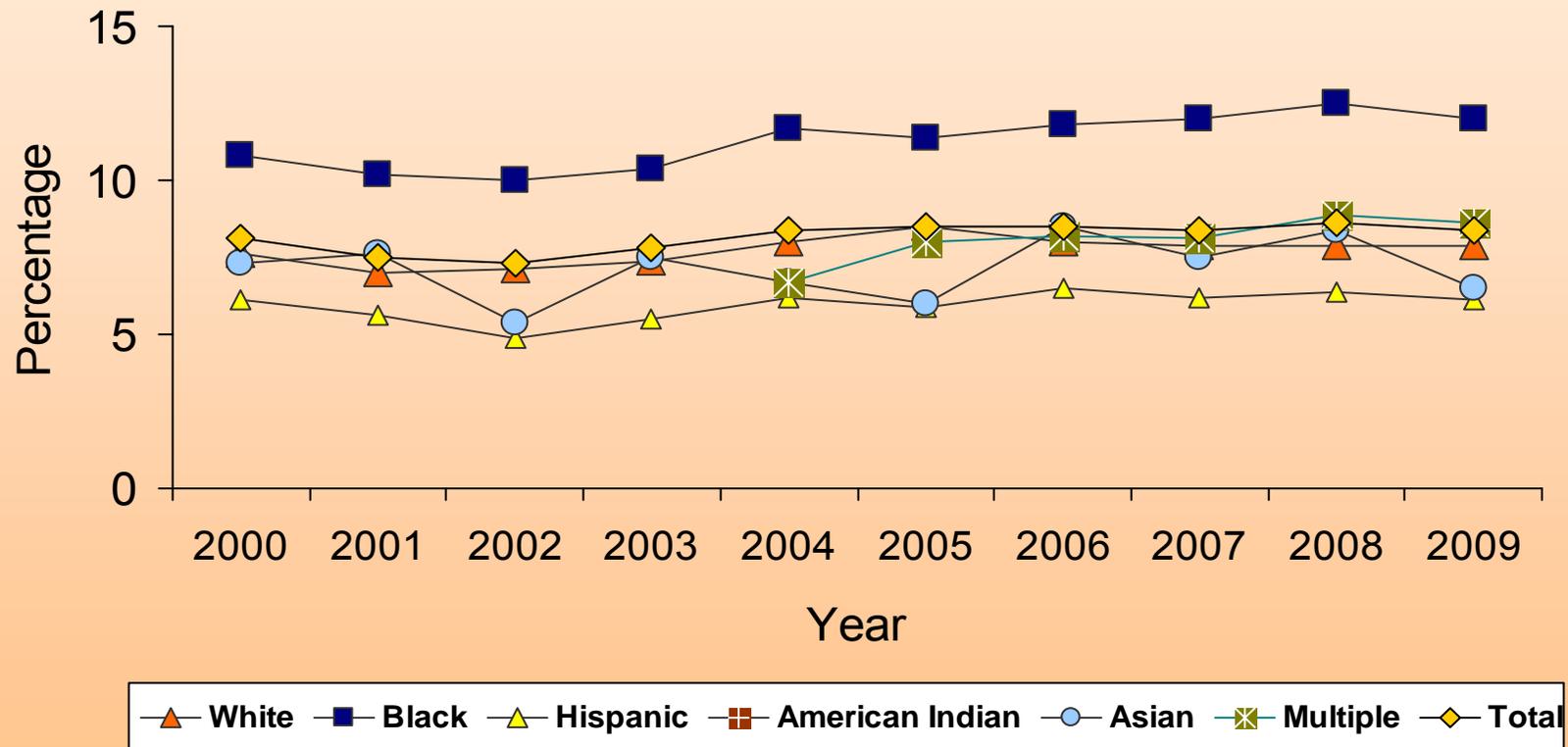
by race and ethnicity



* Preterm: < 37 weeks gestation.

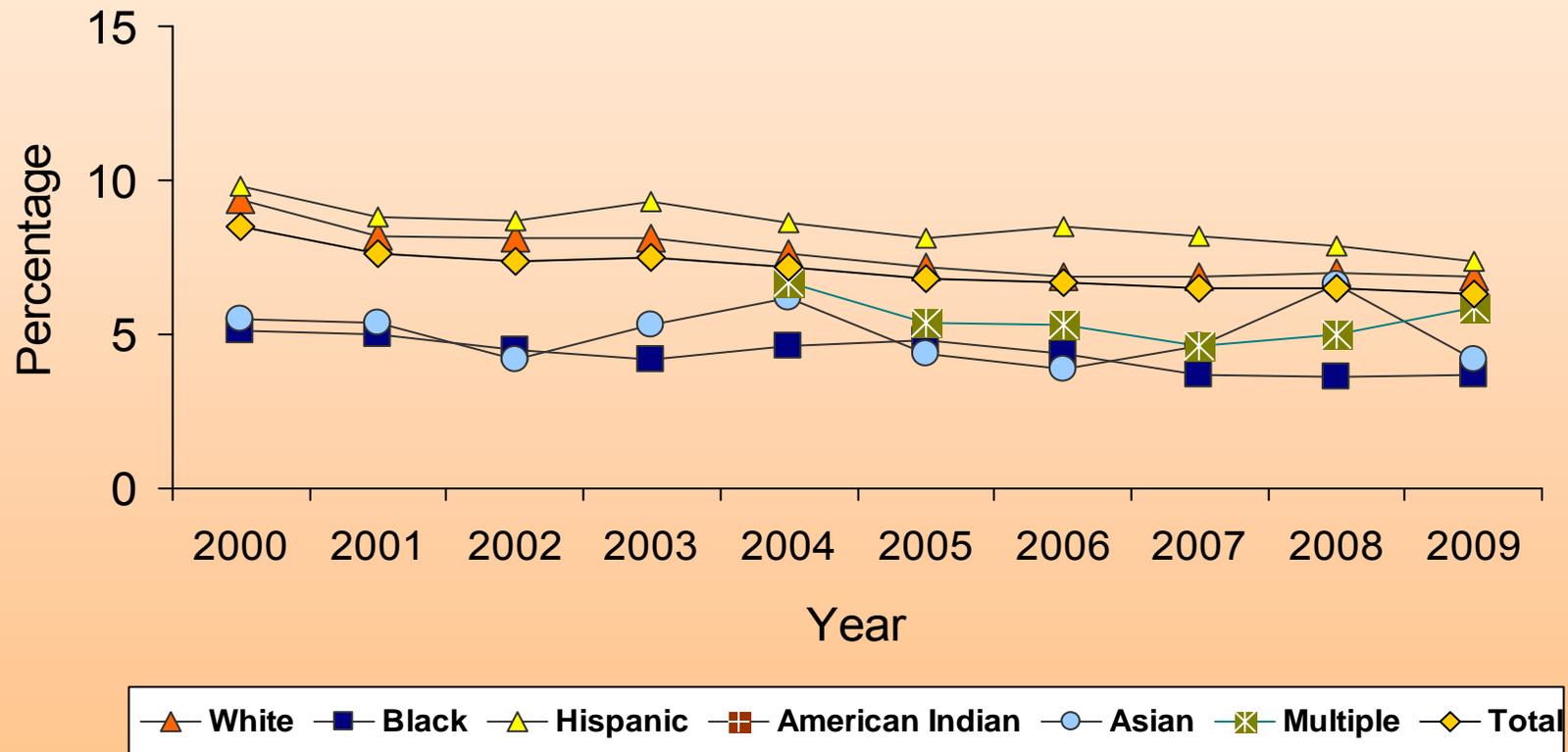
2009 IN PNSS Table 12C

Trends in the prevalence of low birthweight* by race and ethnicity



* < 2500 g.

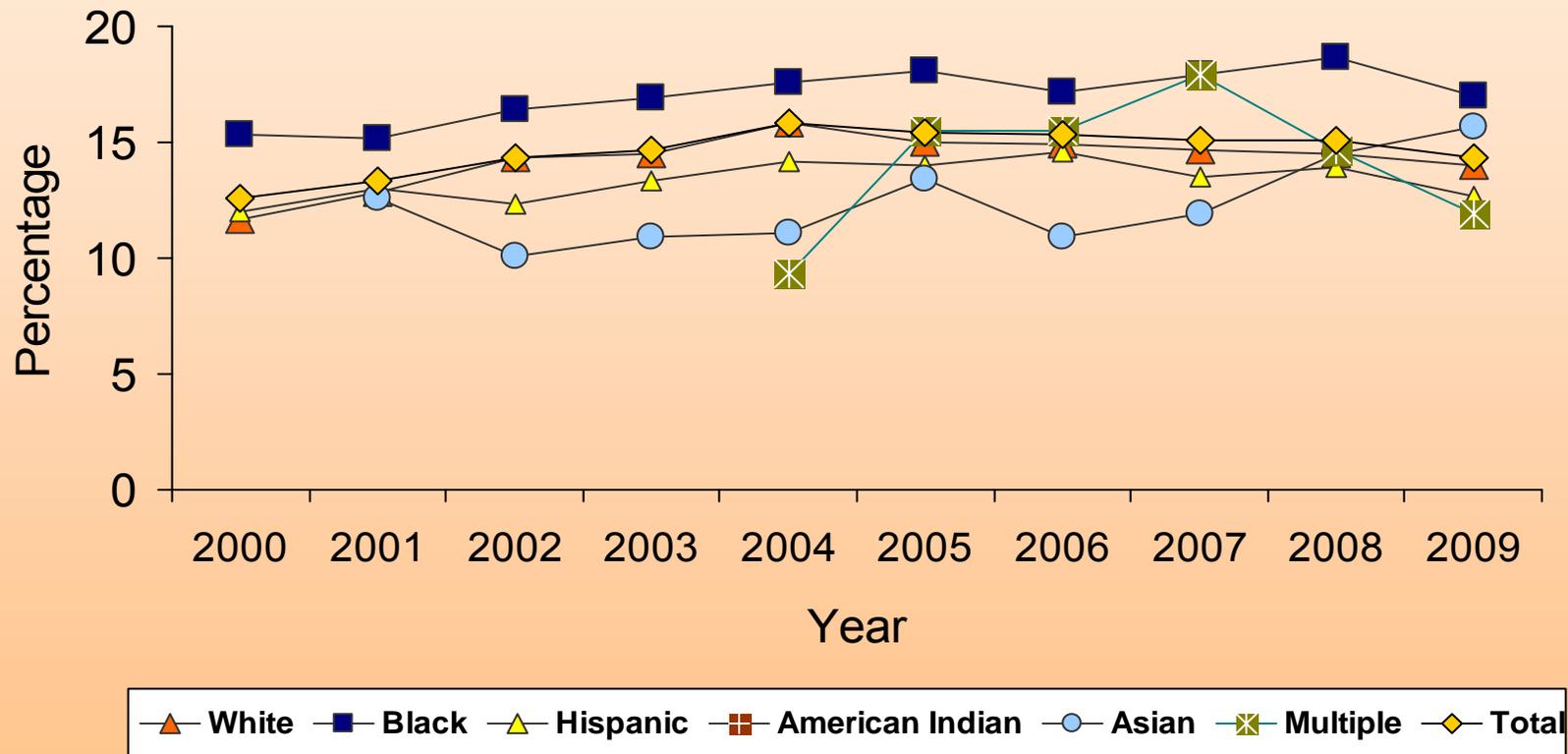
Trends in the prevalence of high birthweight* by race and ethnicity



* > 4000 g.

Trends in the prevalence of preterm delivery*

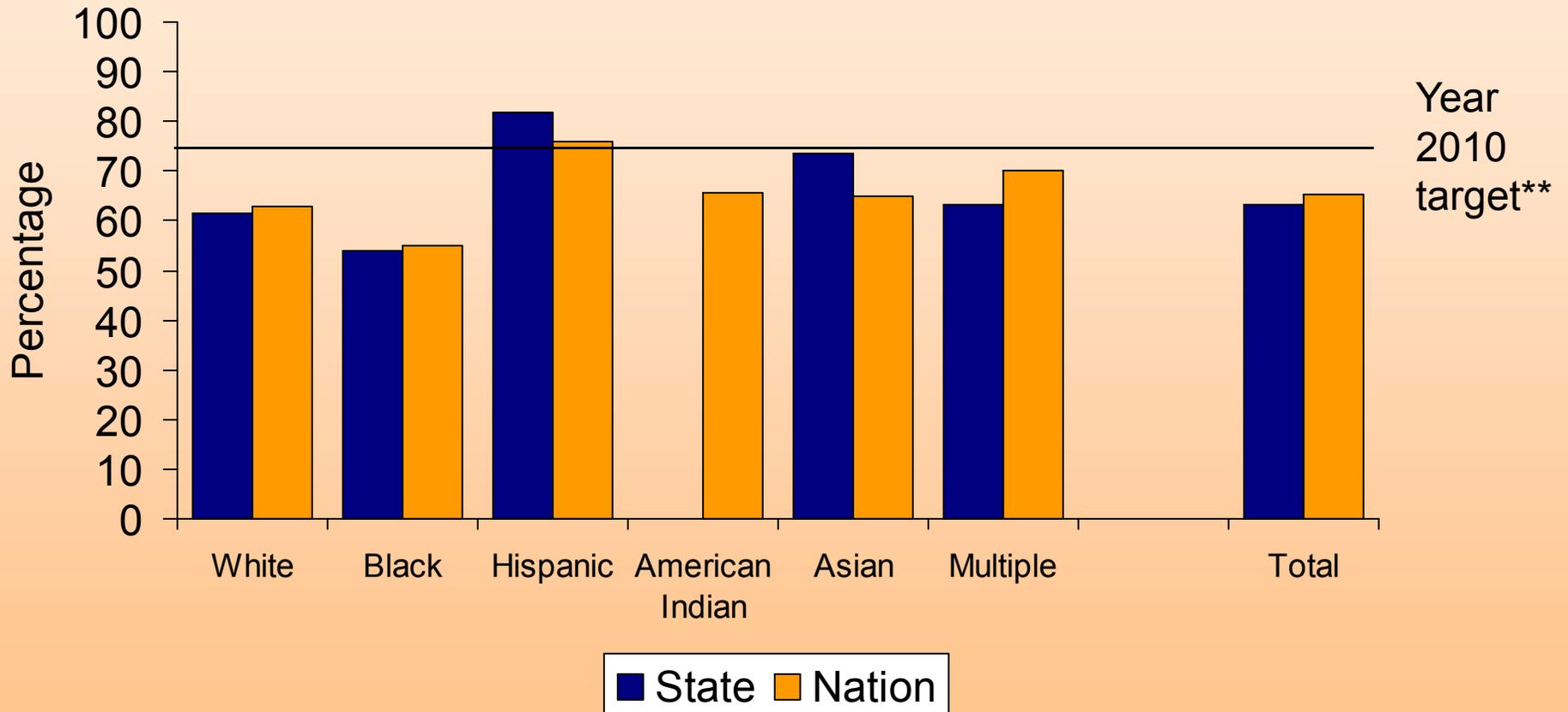
by race and ethnicity



* < 37 weeks gestation.

Percentage of infants ever breastfed*

by race and ethnicity

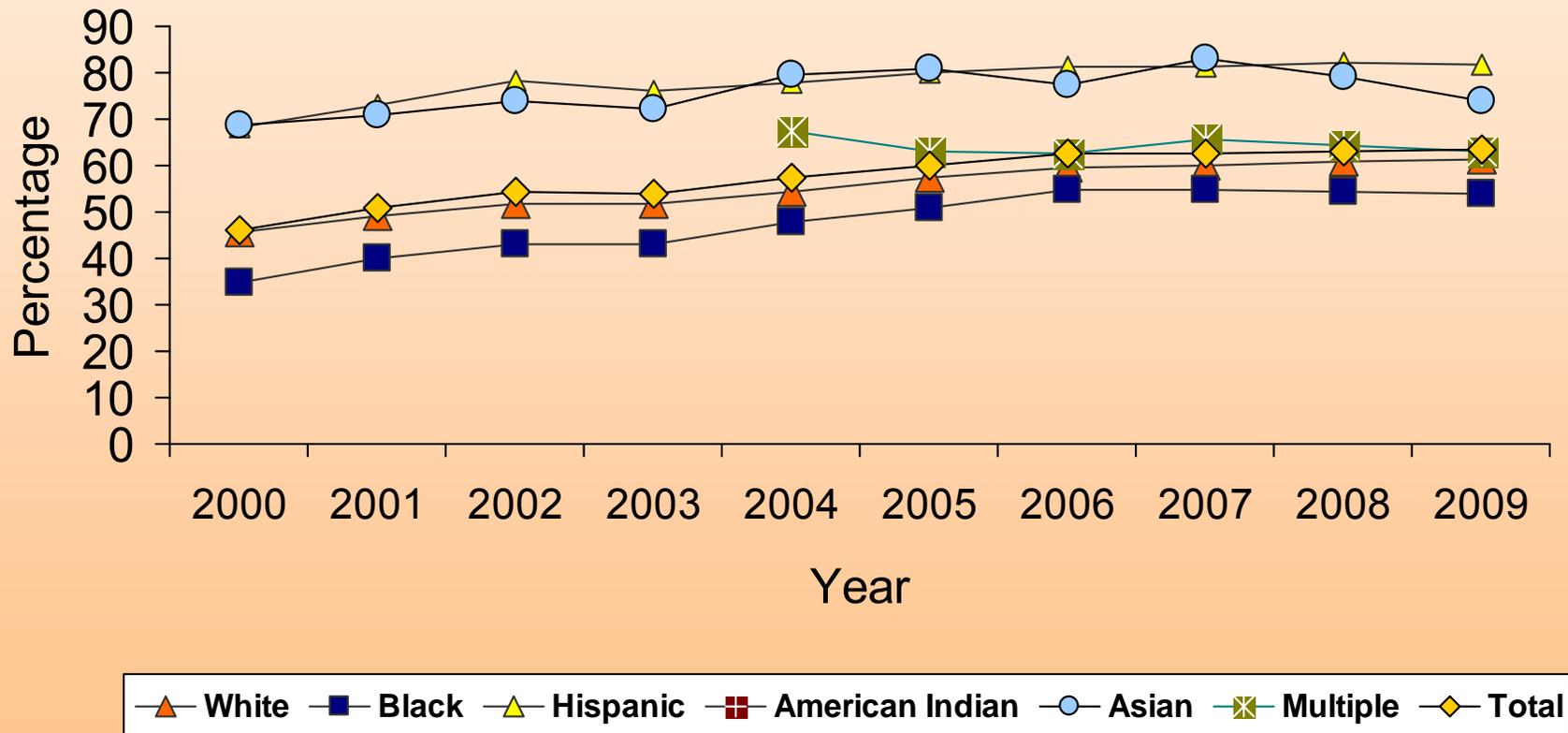


* Includes infants currently breastfeeding or ever breastfed as reported by mother at postpartum visit .

** Year 2010 Target: Increase the proportion of mothers who breastfeed their babies in the early postpartum period to 75%.

Trends in the percentage of infants ever breastfed*

by race and ethnicity



* Reported by mother at postpartum visit. Year 2010 target: increase the proportion of mothers who breastfeed their babies in the early postpartum period to 75%.

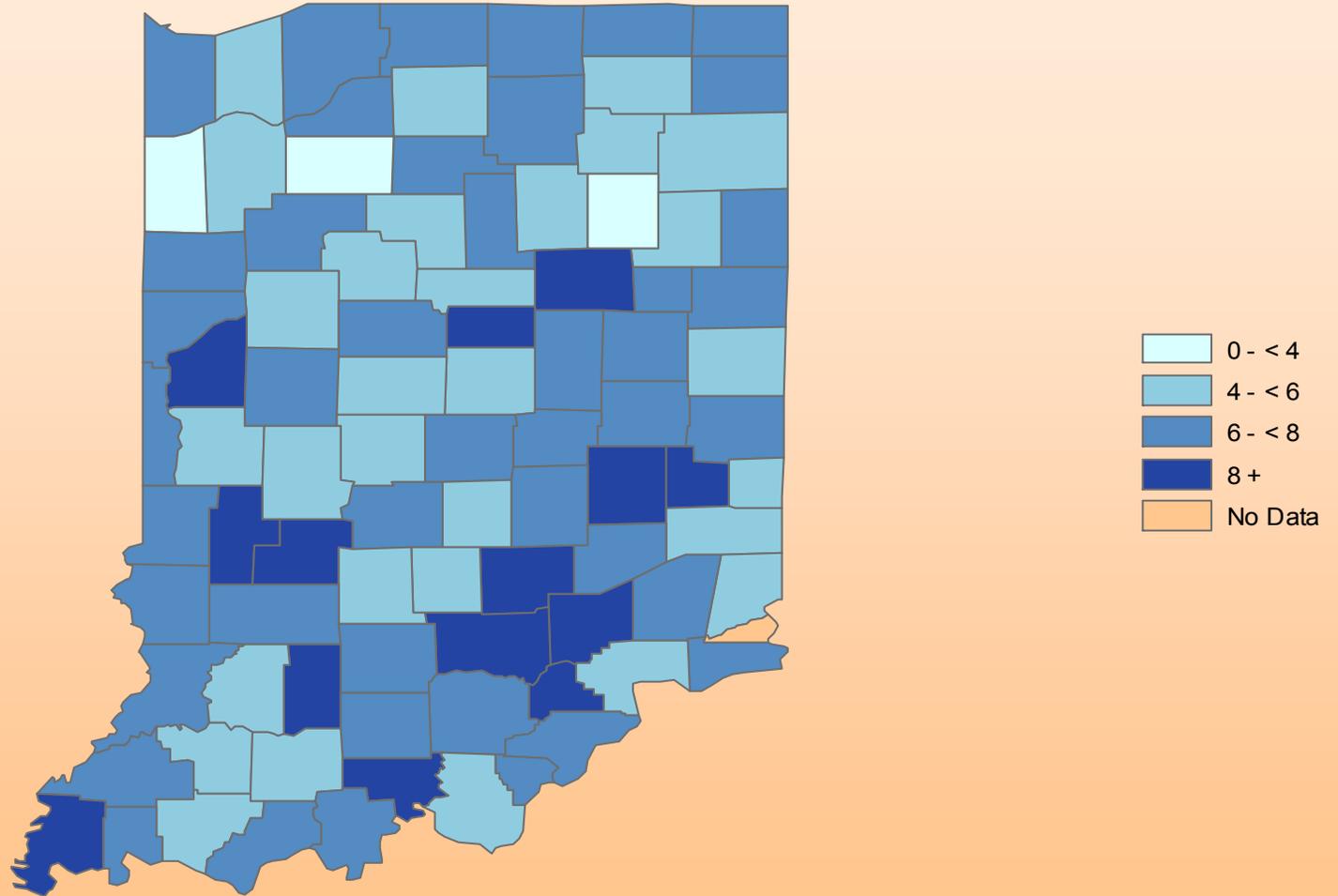
Maps

State Maps of County Data

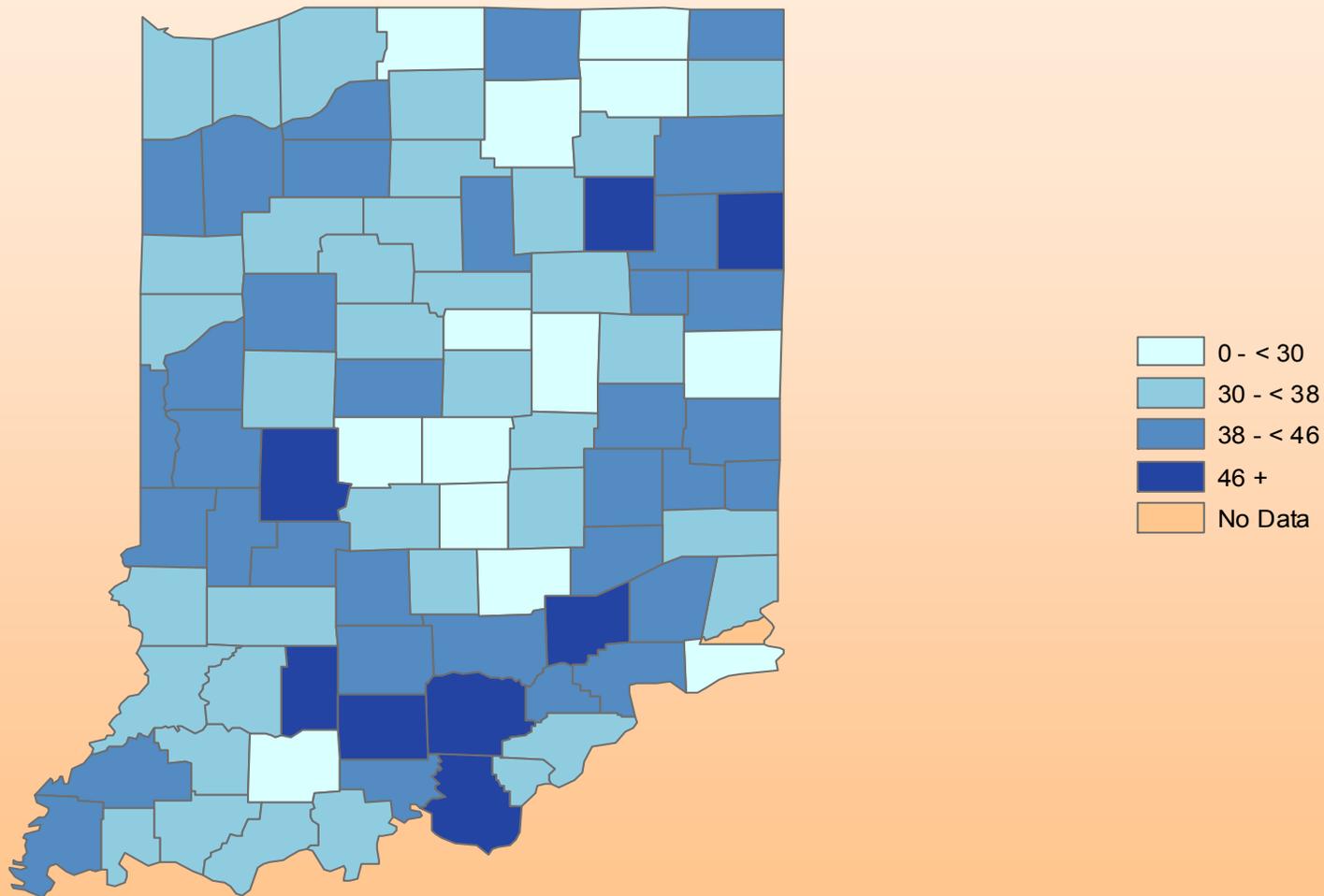
2007-2009

Pregnancy Nutrition
Surveillance System

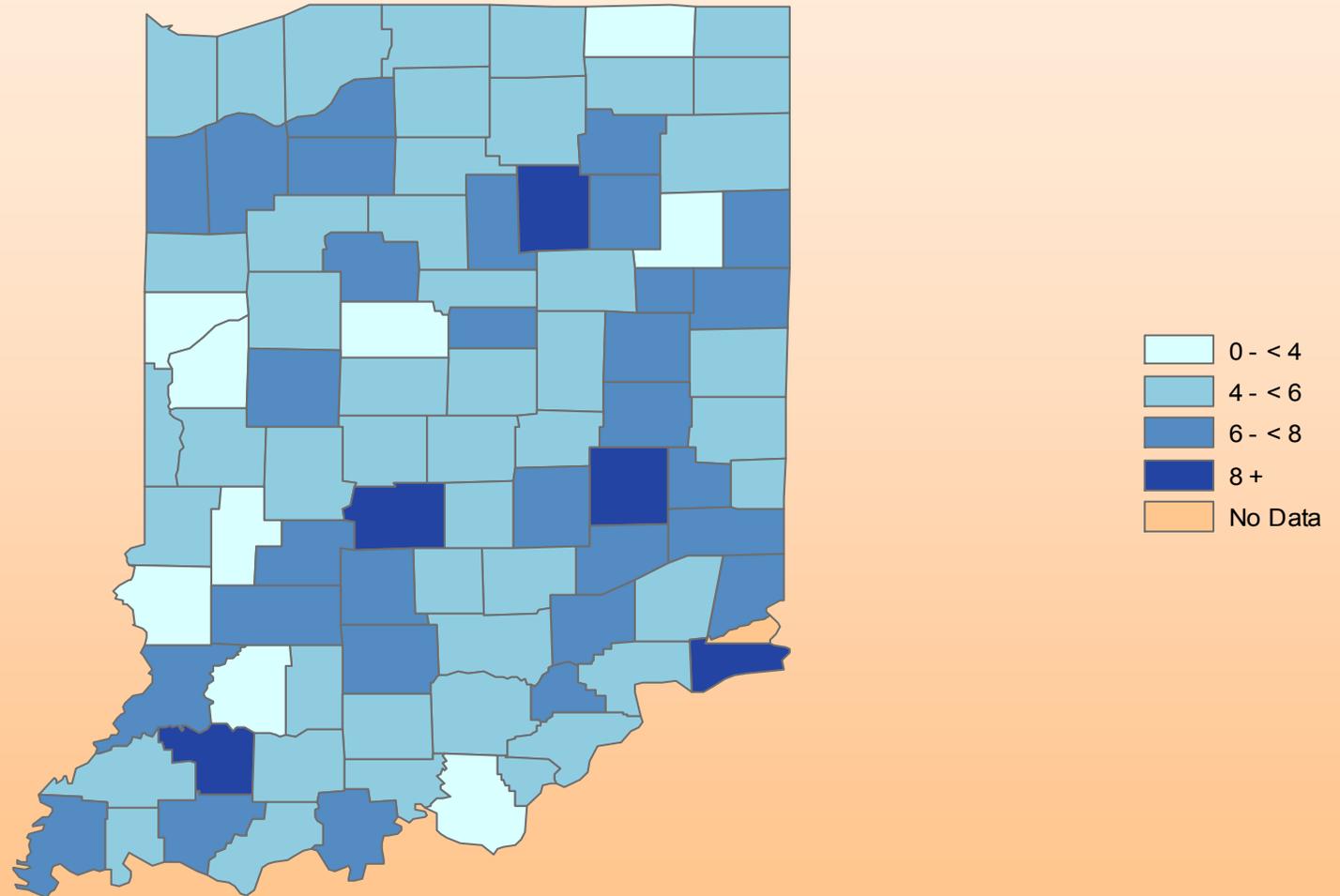
Percentage of pregnancies among females aged ≤ 17 years, by county



Percentage of women enrolling in WIC during their first trimester, by county



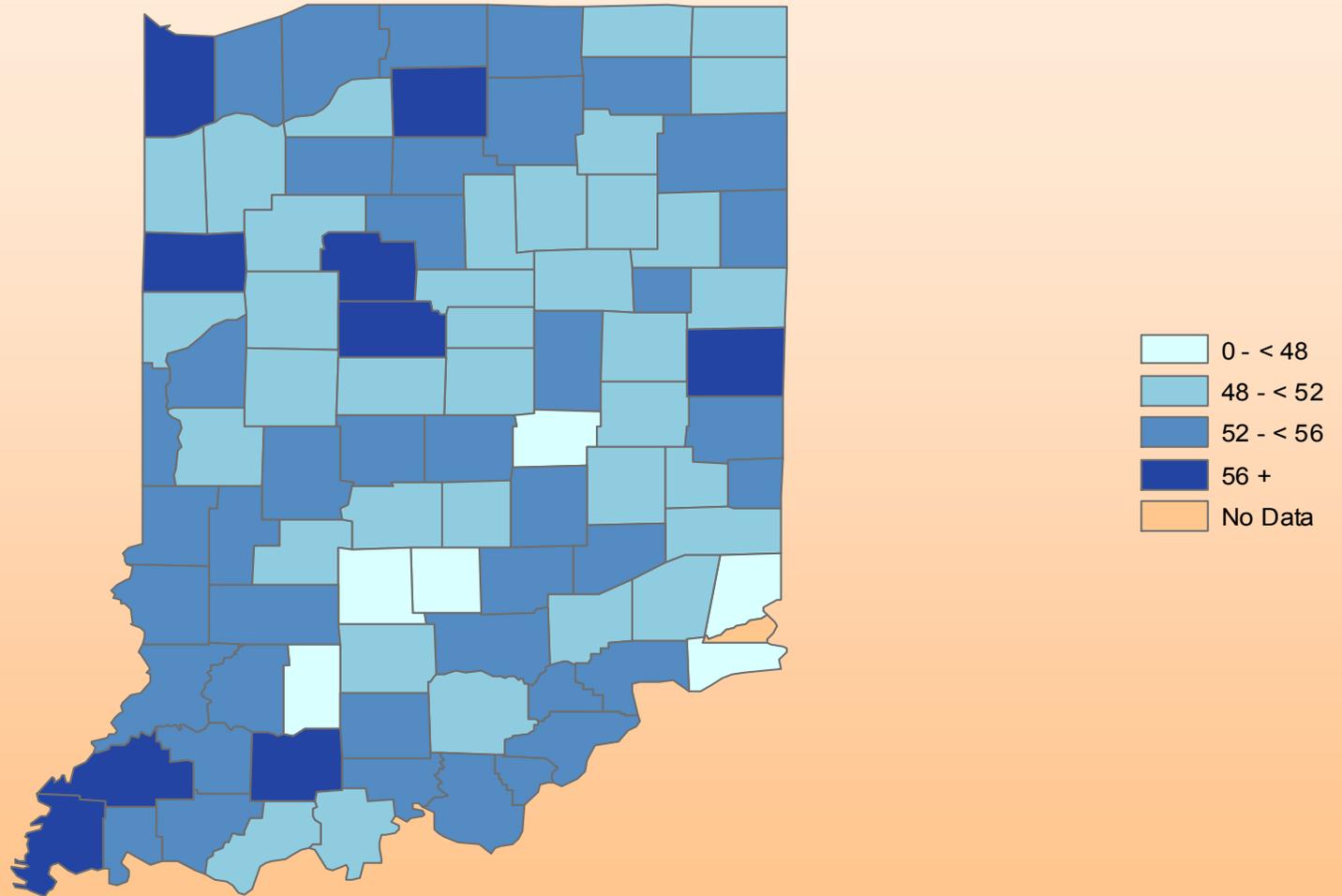
Prevalence of prepregnancy underweight*, by county



* BMI < 18.5.

2007-2009 IN PNSS Table 5B

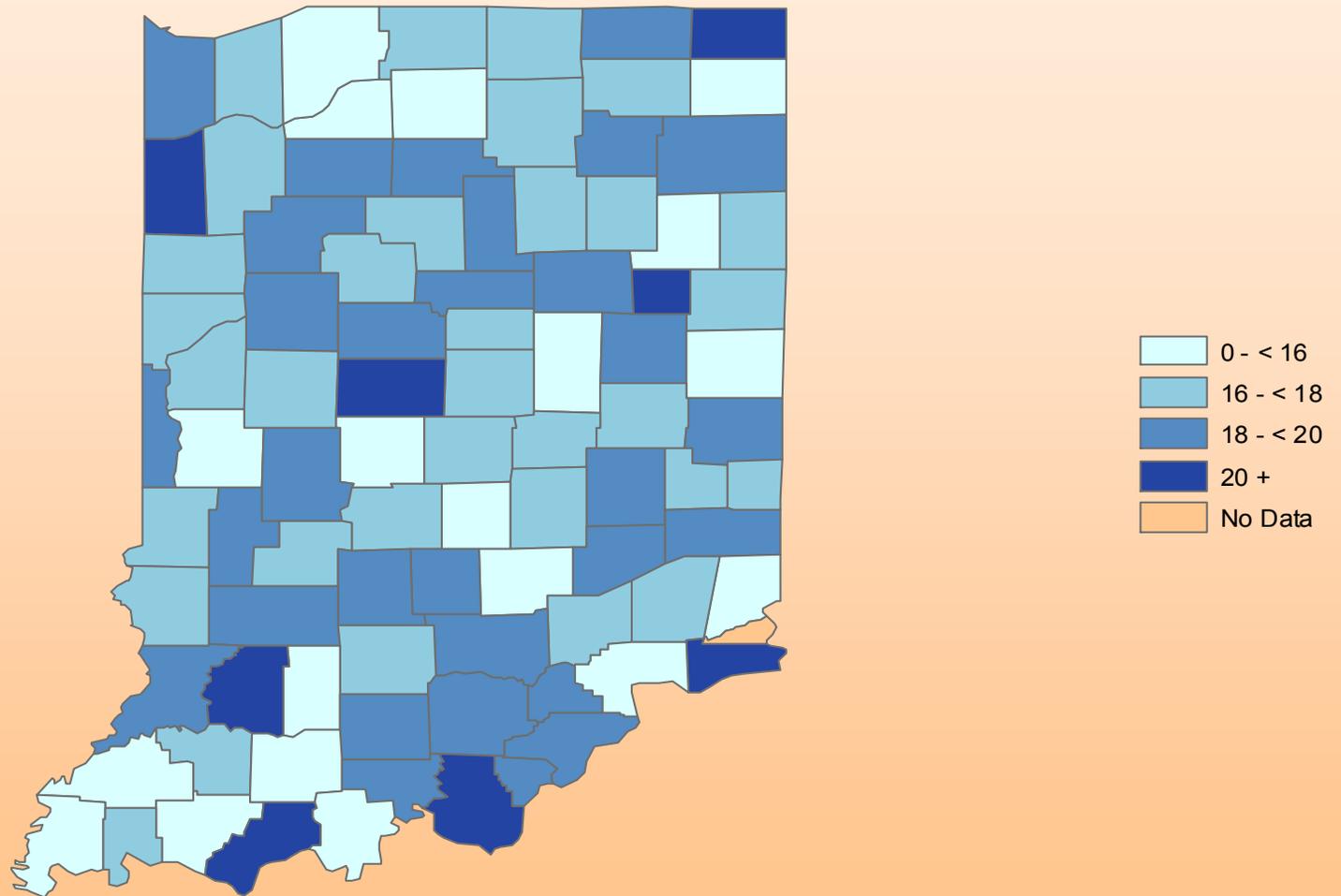
Prevalence of prepregnancy overweight*, by county



* $BMI \geq 25.0$.

2007-2009 IN PNSS Table 5B

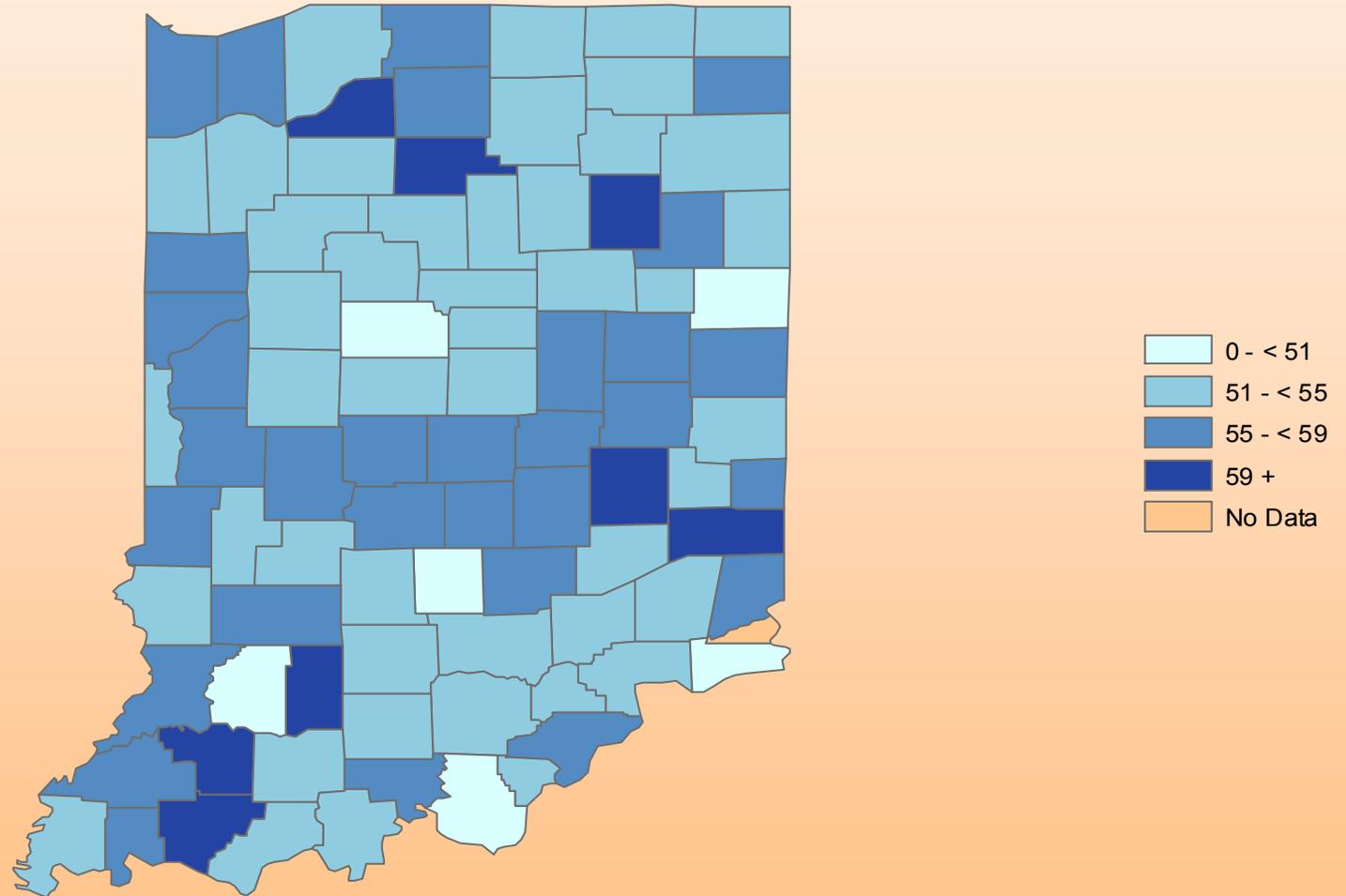
Prevalence of < ideal weight gain*, by county



* *Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.*

2007-2009 IN PNSS Table 5B

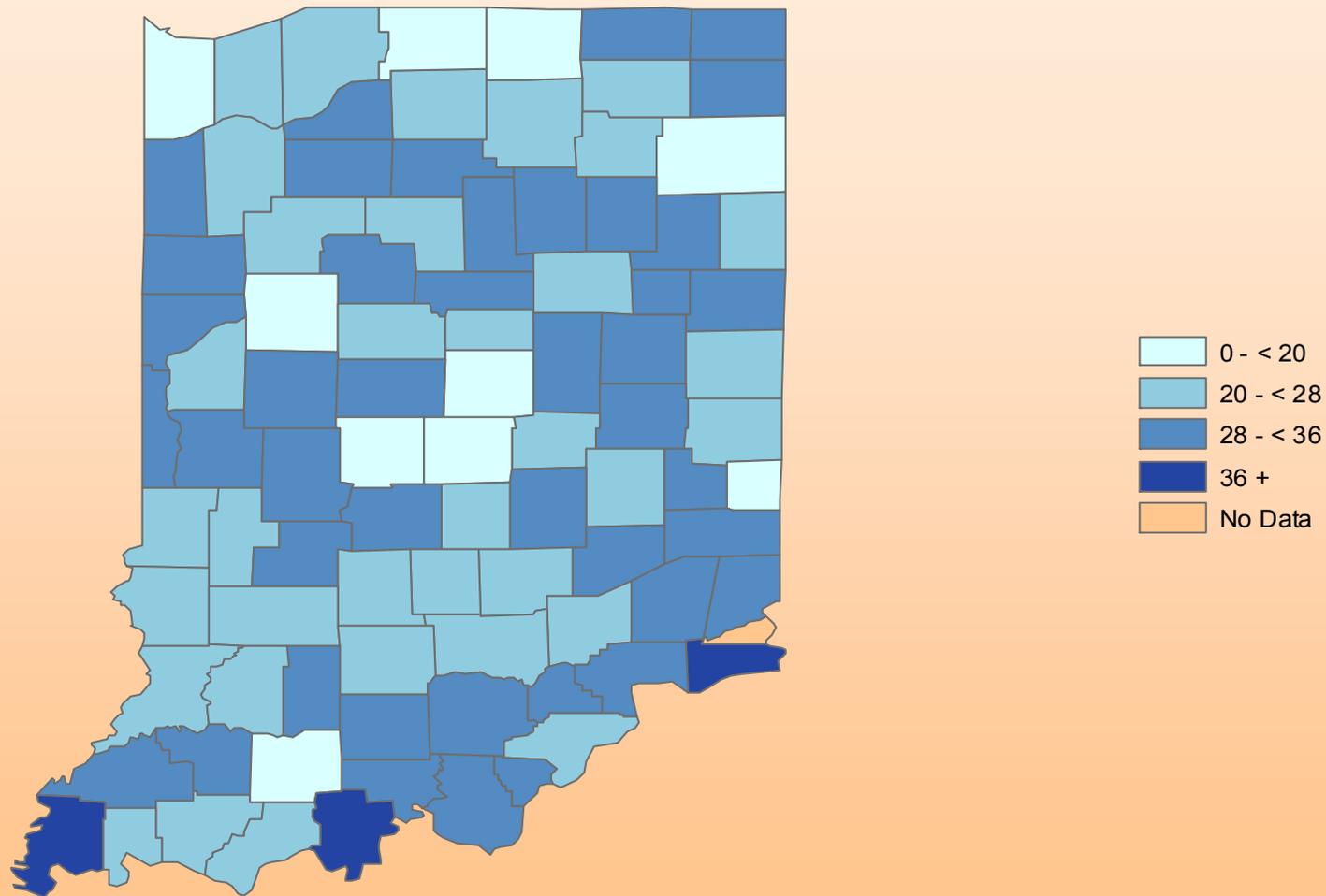
Prevalence of > ideal weight gain*, by county



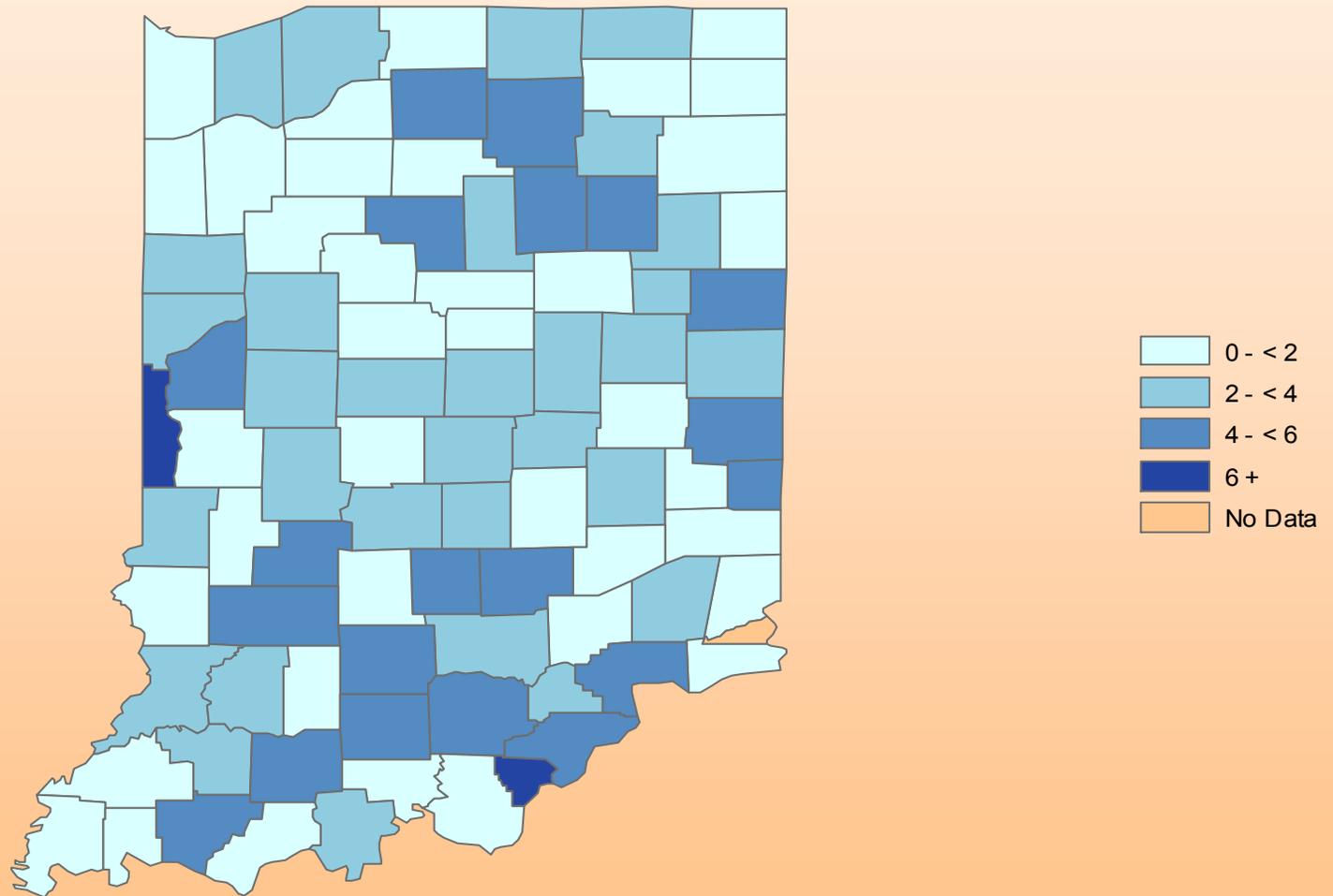
* *Ideal weight gain: prepregnancy underweight = 28-40 pounds; prepregnancy normal weight = 25-35 pounds; prepregnancy overweight = 15-25 pounds; and prepregnancy obese = 11-20 pounds.*

2007-2009 IN PNSS Table 5B

Prevalence of smoking during the last 3 months of pregnancy, by county

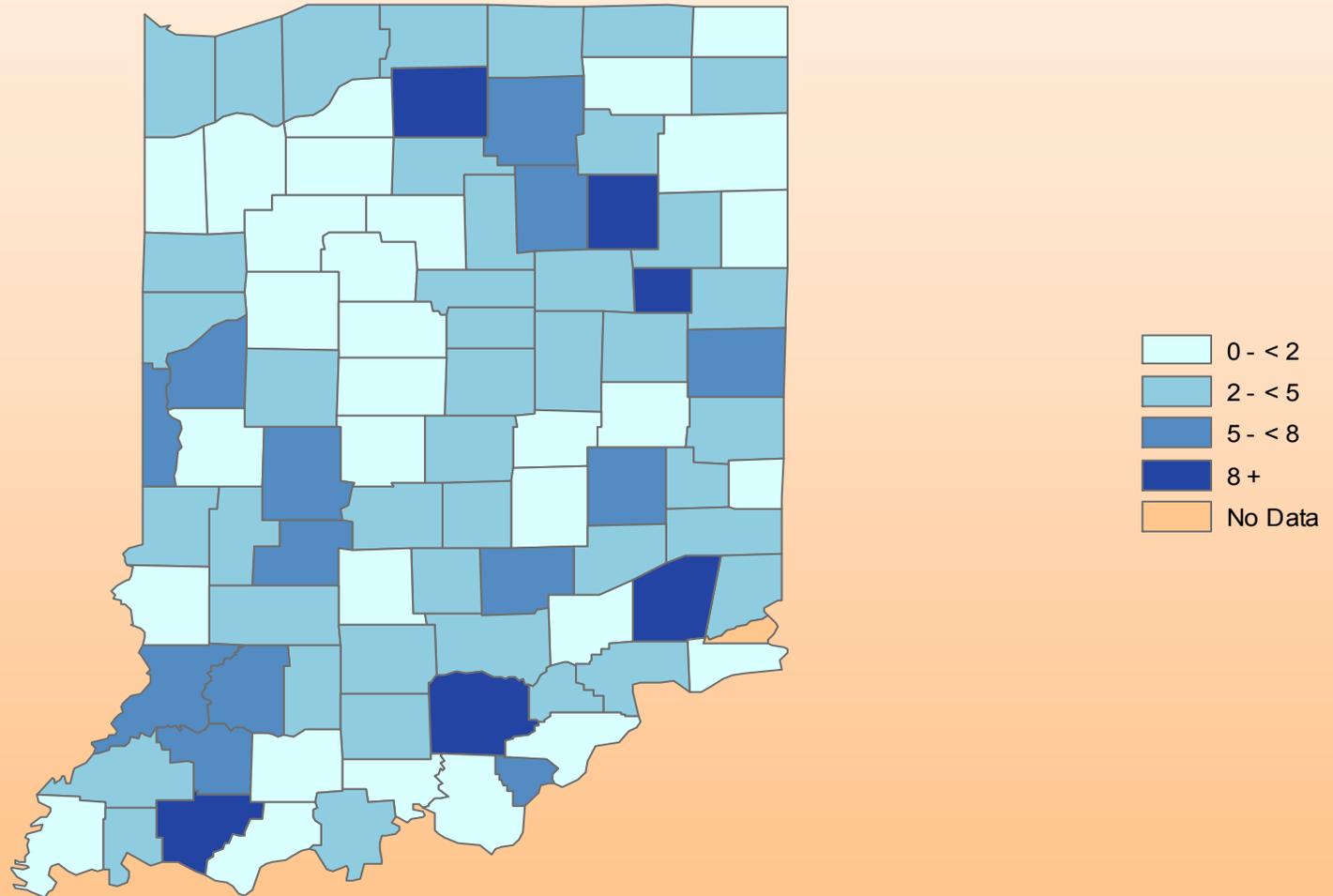


Incidence of gestational diabetes*, by county



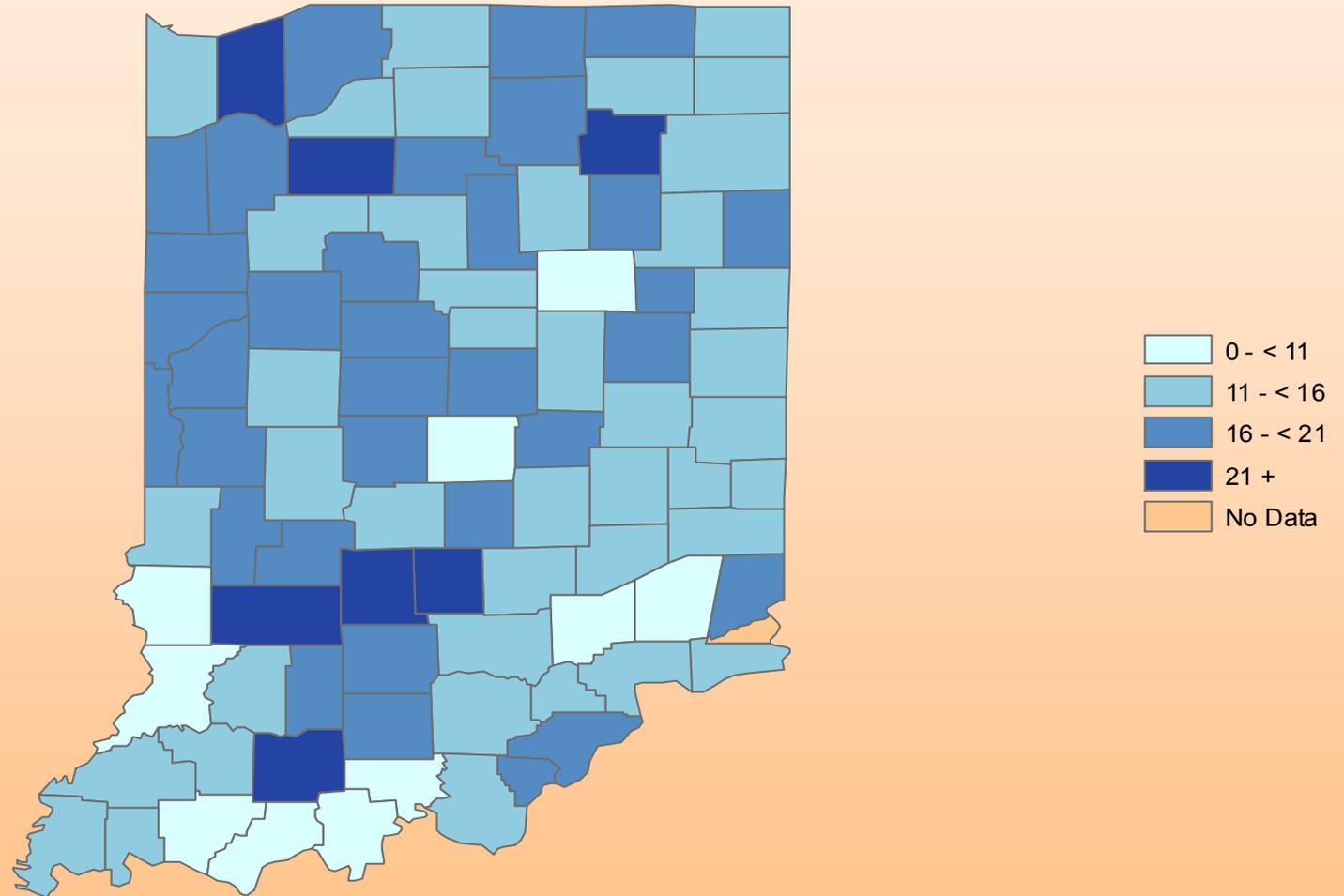
* *Postpartum woman reports being told by doctor she had gestational diabetes during her most recent pregnancy.*

Prevalence of hypertension during pregnancy*, by county



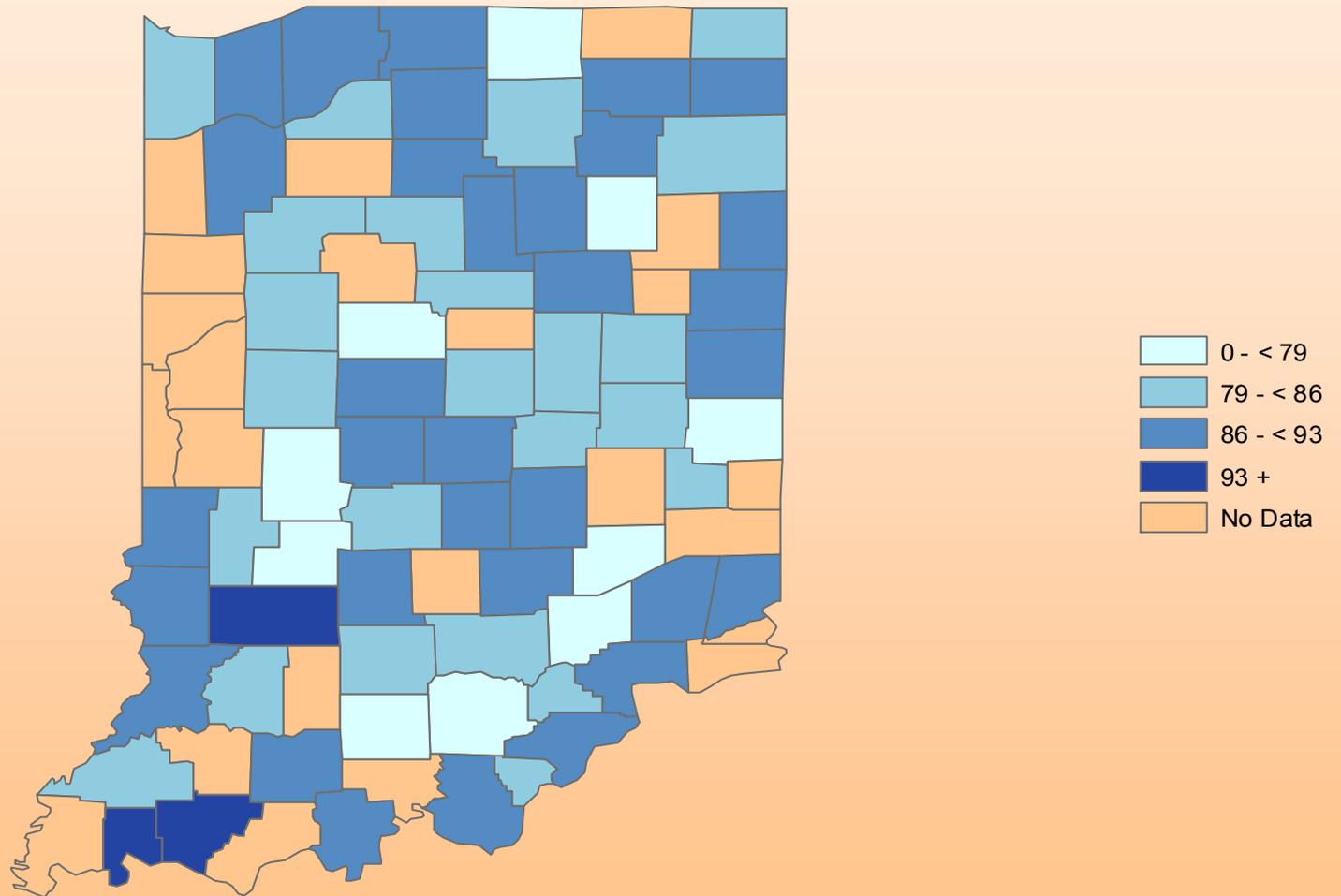
* Postpartum woman reports being told by doctor she had hypertension during her most recent pregnancy.

Prevalence of multivitamin use prior to pregnancy*, by county



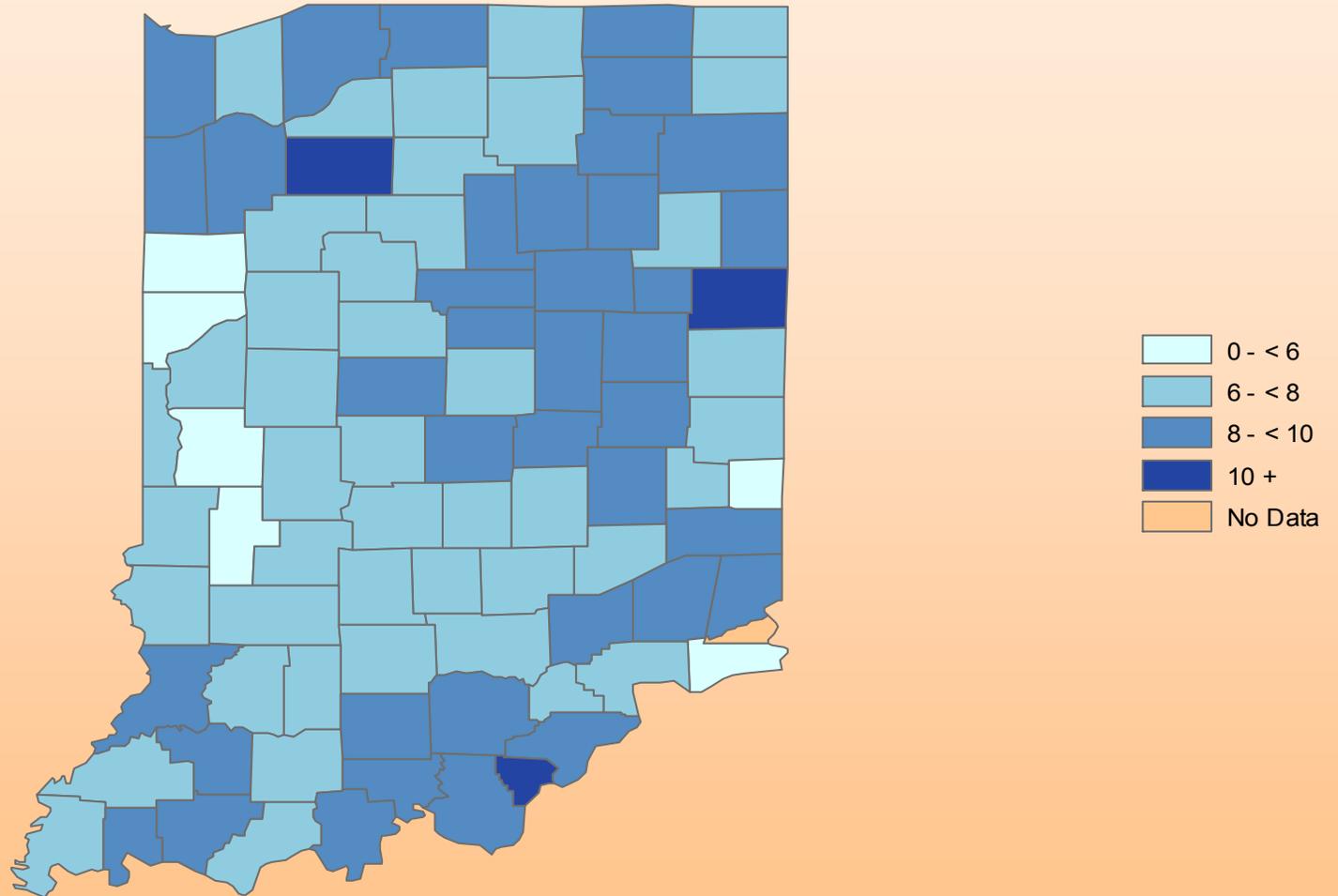
* Multivitamin use prior to pregnancy is a proxy for folic acid consumption.

Prevalence of multivitamin use during pregnancy*, by county



* Multivitamin use during pregnancy is a proxy for iron consumption.

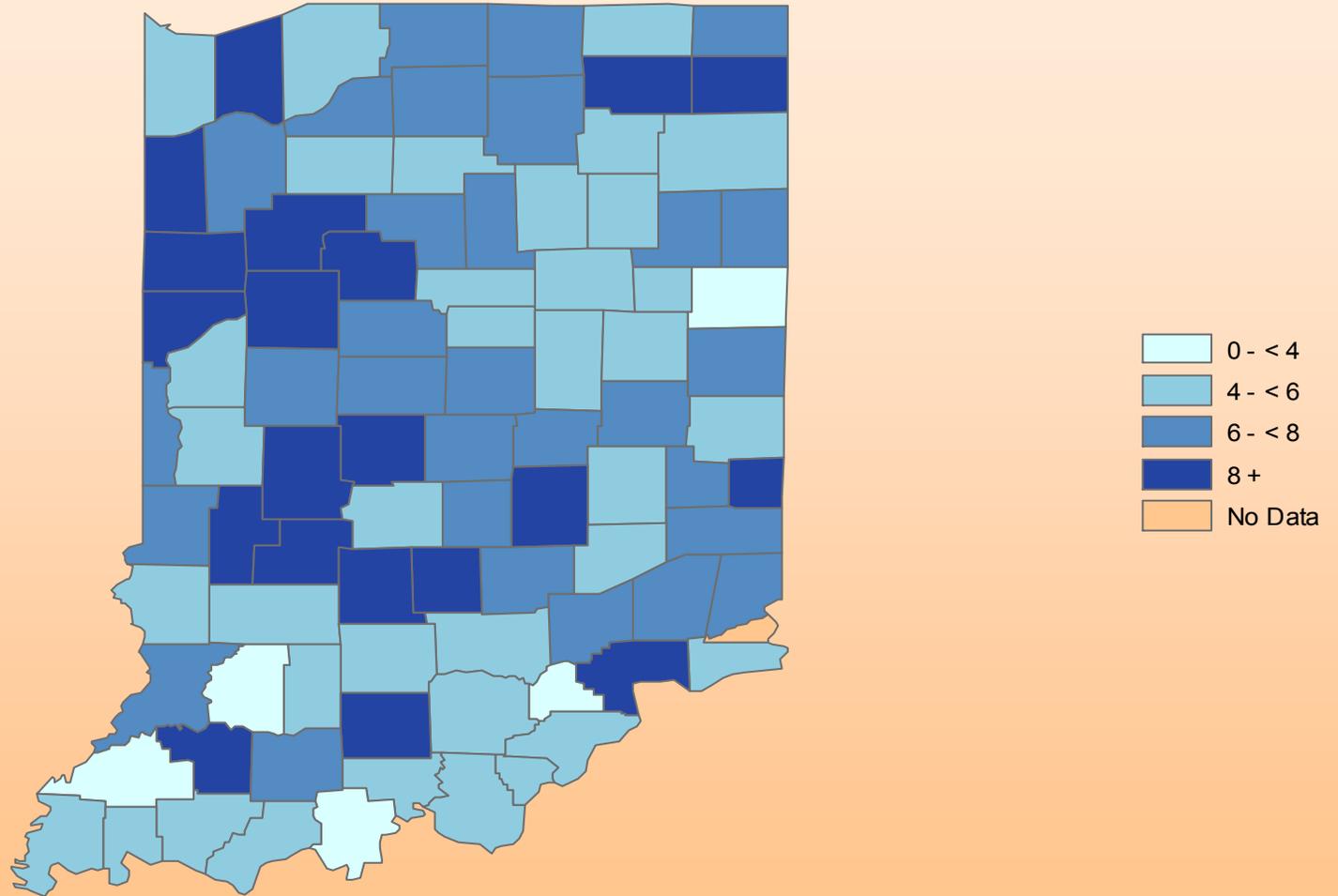
Prevalence of low birthweight*, by county



* < 2500 grams.

2007-2009 IN PNSS Table 8B

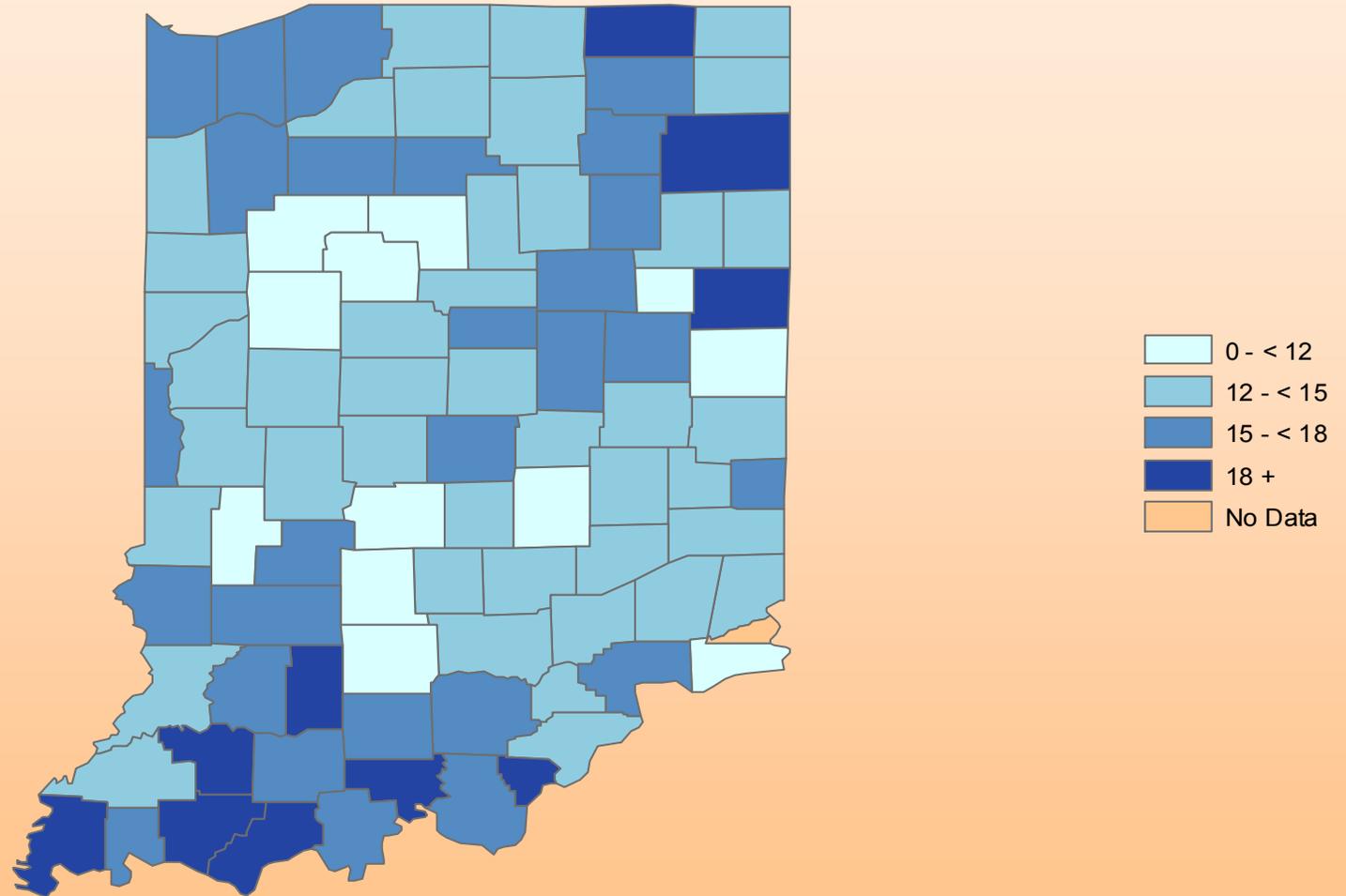
Prevalence of high birthweight*, by county



* > 4000 grams.

2007-2009 IN PNSS Table 8B

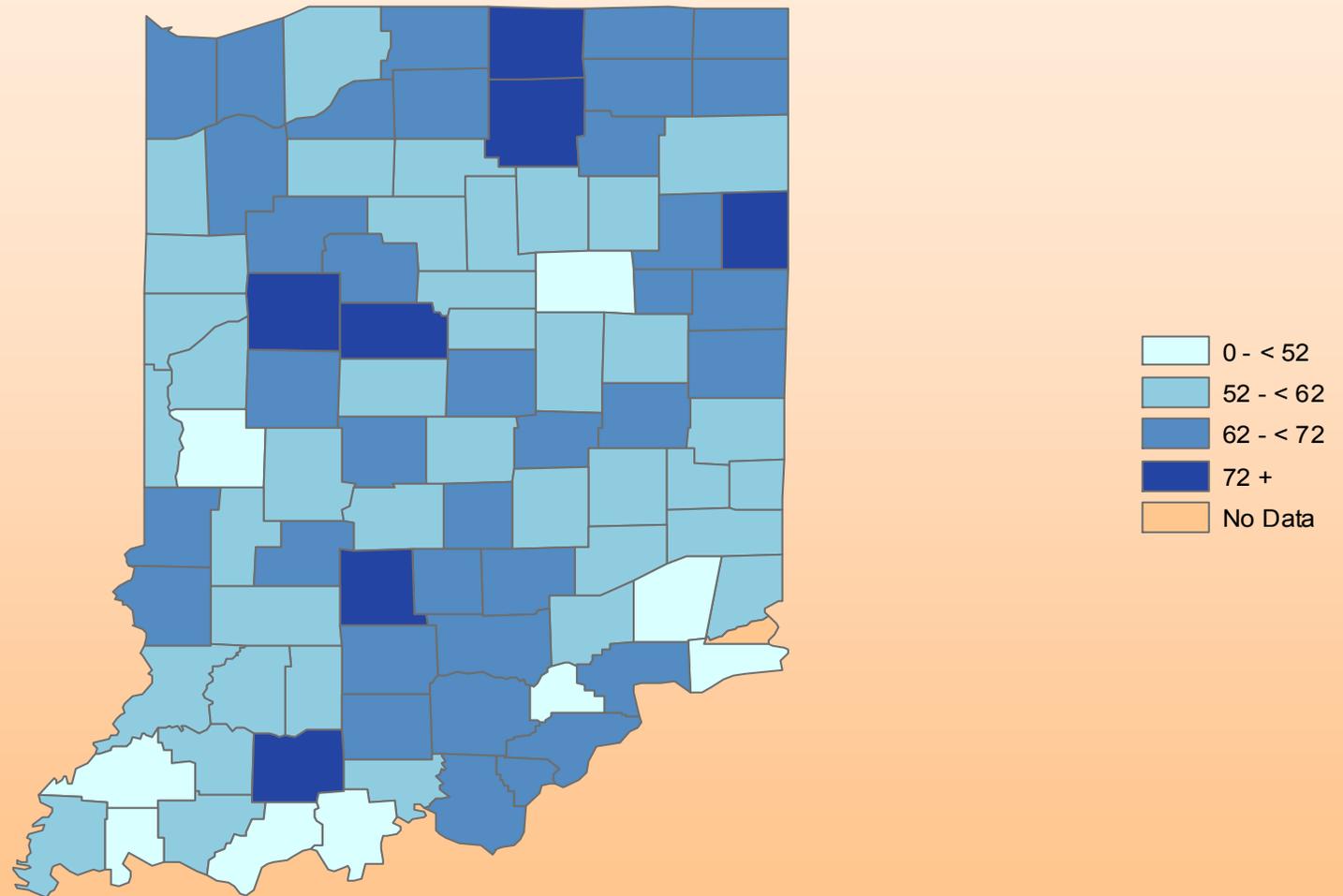
Prevalence of preterm delivery*, by county



* < 37 weeks gestation.

2007-2009 IN PNSS Table 8B

Percentage of infants ever breastfed*, by county



* Reported by mother at postpartum visit..

2007-2009 IN PNSS Table 8B

