

Indiana Injury Prevention Advisory Council (IPAC) Meeting
 ISDH Offices: 2 North Meridian St., Indianapolis, IN – Rice Auditorium
 Friday, September 16, 2016 from 10 a.m. – 12 p.m. EST

To watch/re-watch webcast, visit: <http://videocenter.isdh.in.gov/videos/>

In person:	
Annette Chard, Lutheran Hospital	Kayley Dotson, ISDH
Themen Danielson, ISDH	Camry Hess, ISDH
Jennifer Homan, St. Anthony	Annie Hayden
Regina Nuseibeh, Franciscan Health Lafayette	Katie Hokanson, ISDH
Catana Philipps, IU Methodist	Rachel Kenny, ISDH
Patty Ruth, St. Anthony	Ramzi Nimry, ISDH
Tanya Barrett, ISDH	Lauren Savitskas, ISDH
Ryan Cunningham, ISDH	Jessica Schultz, ISDH
On Webcast (notified by email):	
Lynn Herr, Vanderburgh County Health Department	Lisa Hollister, Parkview Trauma Centers
Michelle Moore, St. Vincent Anderson Regional Hospital	Jen Mullen, Methodist Hospital
Amanda Rardon, Indiana University Health Arnett Hospital	

1. Welcome and Injury Prevention Updates from IPAC Members
2. ISDH Updates

1. Indiana Violent Death Reporting System (INVDRS) update

Rachel Kenny, INVDRS Epidemiologist, shared that the National Violent Death Reporting System (NVDRS) has been expanded to 8 new states and 2 territories for a total of 42 states and territories in the program. There have been some updates to the database, including expansion and redesign of the prescription drug overdose (PDO) module, and addition of data/time last seen alive, history of substance abuse, scene indications of drug use, response to overdose, and prescription information.

The ISDH has 59 signed data sharing agreements (DSAs) with county coroner's offices. Madison County, one of the pilot counties, has signed on! Murray Lawry, Coroner Records Coordinator, is working on getting out to many of the counties that are not signed up. Lake, Allen, and Vanderburgh Counties have been approached and have declined to participate. The ISDH has 323 DSAs with law enforcement agencies (out of approximately 400 total). IMPD has not joined.

Rachel shared information about case completion for the pilot counties in 2015. So far, 209 of the 768 pilot county cases are complete, meaning ISDH has received and abstracted the law enforcement report and coroner report per case. Upcoming data reports include Suicides in Indiana Report and 2015 INVDRS Preliminary Data Briefs. Rachel shared preliminary 2015 data and so far 1575 cases statewide have been identified as of August 2016. In both the state and pilot counties the most common manner is by suicide, most cases were males, and there were 104 violent deaths of individuals < 18 years of age. For preliminary 2016 death certificates data, there have been 946 cases as of August 2016. The next INVDRS meetings will be September 16th and November 18th from 1-3 p.m. EST.

2. Recent funding application updates

The ISDH applied for the CDC Enhanced State Surveillance of Opioid-Involved Morbidity and Mortality funding opportunity. The application was approved, but not funded. The ISDH applied for the Prescription Drug Overdose Prevention for States Program Supplement funding opportunity. The ISDH was funded! The funding is for three years and will aid us in expanding the second strategy, implementing community outreach interventions in high-need areas from 6 to 18 counties.

3. Child Safety COIIN update

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Katie Hokanson, Division Director, gave an update about the Child Safety Collaborative Innovation & Improvement Network (CS COIIN). ISDH had the interpersonal violence call on September 15th. The Children's Safety Network was excited that we put together a survey to ask sites about their training and protocols for their staff to identify what they recommend and how they send patients to get treatment. Katie expressed her appreciation to the strategy team for giving us feedback. The COIIN members want to share that survey with other groups. Katie is working to analyze the survey results data; there were 76 respondents. The findings from this survey will include how many have protocols and trainings each site has in place and who needs to have protocols and training in place.

4. Injury Prevention Resource Guide & App update

The app has been downloaded 950 times and launched more than 3,150 times (as of 9/12/2016). Please be sure to use and share the app!

The ISDH has released several Special Emphasis Reports, which had been required reports for the CDC Core Violence and Injury Prevention Grant. We are not part of that grant but make these reports for comparison (to other states). These SERs include older adult falls, traumatic brain injury, and prescription drug overdose. The child injury report is to be released soon. The Violence & Injury Factsheet was released as part of a larger package that our chronic disease team puts together. Upcoming reports include Suicides in Indiana Report (Spring 2017), Injuries in Indiana Report (TBD) and Firework-related Injuries Report (Winter 2016).

5. PDO Prevention for States Program

Kayley Dotson, PDO Epidemiologist provided updates for the Prescription Drug Overdose Prevention for States program. ISDH submitted the grant application on May 8, 2015, and notice of award was given on March 15th, 2016. The program targets the driver of the epidemic, which is focused on problematic prescribing. The program was awarded the aforementioned Supplement funding to enhance outreach. PFS staff include Kayley Dotson, Annie Hayden, and Bonnie Barnard. With the supplement, the ISDH will hire additional staff to conduct grant activities.

6. Booster Bash Collaboration

Lauren Savitskas, Injury Prevention Program Coordinator, provided an update on the Big Kid Booster Bash Collaborations. So far, two events were held, in which 150 booster seats were distributed to children in need. There are also scheduled booster bashes between now and October 14th. If you would like to have a booster bash contact Lauren at LSavitskas@isdh.in.gov.

3. Older Adult Falls Prevention

1. STEADI toolkit

Amanda Rardon, Trauma Program Director, IU Health Arnett presented the IU Arnett Trauma Services Fall Prevention Outreach Programs: SLIP, STEADI, and Stepping On. The SLIP program is Senior Lifestyle & Injury Prevention from the Society of Trauma Nurses. It was implemented in 2014 at IU Arnett. Elderly falls made up 63% of IU Arnett's trauma related injuries per year, and IU surveyed assisted living facilities before and after the presentation. The number of falls went down by 80%, but increased again approximately three months later, potentially due to staff and resident turn over.

The second program, STEADI, Stopping Elderly Accidents, Deaths & Injuries was developed by CDC and implemented in July 2016 in the outpatient aging population. The training and toolkit are provided by the CDC, and unlicensed healthcare providers go to patient's homes evaluate the home for fall risk and home safety. Those at risk for fall are referred to fall prevention programs, PT, and soon to be referred to Stepping On if appropriate. The third program, Stepping On, is IU Arnett's newest program, and the first course will start on 9/20 at IU Methodist and a spring class at IU Arnett. This is a

multi-faceted group program with a follow-up visit or phone call and a three month booster session to support strategies of the seven week course that meets once a week for two hours. IU Arnett selected these programs to cover a majority of seniors. SLIP focuses on seniors in assisted living, STEADI focuses on the ageing population living in their homes, and Stepping On reaches seniors who are independent but are at risk of falling.

2. Stepping On

Jennifer Homan, Trauma Program Coordinator, Franciscan Alliance, presented on older adult falls and Stepping On. Stepping On is a group-based multifactorial intervention. Each person in the group tells their story about their fall. Jennifer attended the training in May, and will host first session in October. The program includes seven weekly sessions, one home visit and one booster session, with the goal to improve self-efficacy, encourage behavioral change, and reduce falls. Results indicate a 31% reduction in falls, with a 35% decrease in falls pre-post and a decrease emergency department visits.

Stepping On is ideal for older adults who are at risk of falling for a number of reasons; have had a fall in the past year, or have a fear of falling; walk independently, may use a cane indoors or out, or a walker for outdoor use only; are cognitively intact; live in their own home or other independent living facility; and are able to speak conversational English or the language in which the group is being facilitated. Stepping On consists of small-group sessions of two hours each, which includes balance and strength exercises based on Otago, and discussion sessions with invited experts including physical therapy, police officers or community safety experts, low vision experts, and pharmacists. There are various topics for the sessions, including home hazards, community safety and safe footwear, vision and falls, booster session, and home visit. The program focuses on modifiable risk factors and utilizes a preventive framework adapted for reflecting on stories about safety strategies.

Jennifer shared that getting buy-in is critical to implement the program. The WI program is funded by the older adult act (state act). Additionally, changes in healthcare models utilizing prevention models and CMS reimbursement via PQRS incentives is another route to assist with funding the program. Jennifer shared she received full funding and budget for her program by receiving organizational buy-in. A Stepping On class will take place in October, and there is currently a waitlist. People will be referred if they are at risk and have a medical appointment.

Question: Who all is doing Stepping On? Answer: St. Anthony and IU Health Methodist

Question: Where do you get your referrals and screening for Stepping On? Answer: You want to have enough people for full clinics. My referrals come from the ACO and the family practice physicians. Our CEO has been wonderful through this process.

3. Other going projects

The Older Adult Falls Special Emphasis Report is the newest template released by CDC for the Core Violence Injury Prevention Program states. Indiana voluntarily completed these reports and the report can be found on the ISDH website.

4. Potential Collaborations and Open Discussions

No further discussion.

5. IPAC updates

1. 3rd annual IPAC conference planning

We are looking at hosting the third annual conference in May 2017. Please email Jessica (JSchultz@isdh.in.gov) if you know of any conflicts in May, have speaker and topic suggestions, or location ideas. We will form an IPAC subcommittee to plan the conference.

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2. Next meeting dates:

The next 2016 meeting will be on November 18th 10a-12p.

The 2017 tentative meeting dates are:

- March 17
- May – Conference Date TBD
- July 21 (webcast)
- September 15
- November 17

IPAC will meet from 10 a.m. – 12 p.m. EST.

3. 2017 Calendar of Events for Injury Prevention

The calendar of events will be updated sometime this fall.

6. Upcoming Events and Activities in Injury Prevention

1. [Falls Prevention Awareness Day](#), September 22, 2016
2. [Domestic Violence Awareness](#), October 2016
3. [National Bullying Prevention Month](#), October 2016
4. [Midwest Injury Prevention Alliance Summit](#) – December 1 & 2

Direct On-Scene Education (DOSE) is an innovative program aimed at eliminating sleep-related infant death due to suffocation, strangulation or positional asphyxia by using first responders to identify and remove hazards while delivering education on scene during emergency and non-emergency runs. DOSE Train-the-Trainer sessions are being held Oct 17th at the Labor of Love Summit in Indianapolis. Space is limited, so register soon at: <http://www.infantmortalitysummit-indiana.org/>. For more information on DOSE, contact Kelly Cunningham, kcunningham2@isdh.in.gov.

Lauren Savitskas shared the Walking School Buses. This is an opportunity is being offered by the Division of Nutrition and Physical Activity. See the handout for additional information and to join, click on the link and sign up on Survey Monkey

Meeting Handouts:

- Meeting Agenda
- 2016 TBI Special Emphasis Report
- 2016 PDO Special Emphasis Report
- 2016 Older Adult Special Emphasis Report
- 2016 Injury & Violence Prevention Factsheet
- DOSE Training information
- WSB Flier

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