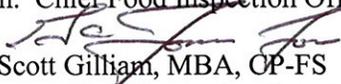




**DATE:** February 22, 2012

**TO:** All Local Health Departments  
Attn: Chief Food Inspection Officer

**FROM:**   
A. Scott Gilliam, MBA, CP-FS  
Director, Food Protection Program

**SUBJECT:** Healthy People Co. Recall

**SUGGESTED**

**ACTION:** **Unclassified Recall; Healthy People Co. is recalling Mince Belle Dietary Supplement 30 Capsules, Everlax Dietary Supplement 30 Capsules, Ever Slim Dietary Supplement 30 Capsules, Ever Slim Dietary Supplement Strawberry Shake Mix 17.6 oz., Ever Slim Dietary Supplement Chocolate Shake Mix 17.6 oz., Acai-Man Mangosteen Herbal Drink Dietary Supplement 16.6 oz., and Perfect Men Dietary Supplement 10 Capsules due to the presence of Sibutramine and Tadalafil in the product making it an unapproved drug; To the extent these products were bought on or before October 25, 2011; Information provided in case of consumer inquiry.**

From the information provided by FDA, the products being recalled were distributed nationwide. Any adverse reactions or quality problems experienced with the use of these products may be reported to the FDA's MedWatch Adverse Event Reporting program either online, by regular mail or by fax. Detail information is not available at this time. In addition, if any recalled products are found, please notify this office at 317-233-7360.

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**Recall -- Firm Press Release**

FDA posts press releases and other notices of recalls and market withdrawals from the firms involved as a service to consumers, the media, and other interested parties. FDA does not endorse either the product or the company.

**Expanded Press Release**

**Healthy People Co. is Expanding its Voluntary Recall Initiated on February 02, 2012 to Include Dietary Products Bought on or Before October 25, 2011**

**Contact:**

Consumer:  
626-939-4132

**FOR IMMEDIATE RELEASE** - February 22, 2012 - Healthy People Co. announced today that is expanding its voluntary nationwide recall of the company's dietary supplements sold under the brand names described below, regardless of the lot numbers referenced herein, and to the extent these products were bought on or before October 25, 2011.

On February 02, 2011, Healthy People Co. conducted a voluntary recall because FDA lab analysis confirmed the presence of Sibutramine and Tadalafil in the products identified herein, making the following products unapproved new drugs:

MINCE BELLE (Dietary Supplement, 30 Capsules)

**LOT: HPCMB/10-026, HPCMB/10-027, HPCMB/10-029, HPCMB/10-020, HPCMB/10-021, HPCMB/10-016; UPC7503013203305**

EVERLAX (Dietary Supplement, 30 Capsules)

**LOT: HPC EX/074, HPC EX/076, HPC EX/072, HPC EX/032; UPC7503013203046**

EVER SLIM (Dietary Supplement, 30 Capsules)

**LOT: HPCES-079, HPCES-070, HPCES-071, HPCES/038; UPC7503013203053**

EVER SLIM Shake Mix (Dietary Supplement Strawberry Contents 17.6 oz.)

**LOT: HPESSF/168; UPC7503013203084**

EVER SLIM Shake Mix (Dietary Supplement Chocolate Contents 17.6 oz.)

**LOT: HPESSC/061; UPC7503013203077**

ACAI-MAN MANGOSTEEN Herbal Drink (Dietary Supplement Contents 16.6 oz.)

**LOT: HPJAC/004; UPC7503013203015**

PERFECT MEN (Dietary Supplement, 10 Capsules)

**LOT: HPCPM/002; UPC7503013203190**

Sibutramine is an FDA-approved drug for appetite suppressant for the treatment of obesity, making dietary supplements: Mince Belle, Everlax, Ever Slim, Ever Slim Shake Mix Dietary Supplement Strawberry, and Ever Slim Shake Mix Dietary Supplement Chocolate unapproved drugs. It is a Schedule IV controlled substance and because of the risks associated with its use, it should be taken only under the direct supervision of a qualified health care professional. Sibutramine is known to substantially increase blood pressure and/or pulse rate in some patients and may present a significant risk to patients with a history of coronary artery disease, congestive heart failure, arrhythmias, or stroke. Sibutramine has been withdrawn from the U.S. marketplace. The active drug ingredient is not listed on the label for the products listed above.

Tadalafil is an FDA-approved drug for the treatment of male Erectile Dysfunction (ED), making Perfect Men Dietary Supplement and Acai-man Mangosteen Herbal Drink Dietary Supplement unapproved drugs. FDA advises that this poses a threat to consumers because Tadalafil may interact with nitrates found in some prescription drugs such as nitroglycerin and may lower blood

pressure to dangerous levels. Consumers with diabetes, high blood pressure, high cholesterol, or heart disease often take nitrates.

Although there is no evidence suggesting that other lot numbers contain these substances, today Healthy People Co. announced an expanded recall of the company's dietary supplements sold under the brand names described herein, to include all lot numbers sold on or before October 25, 2011.

Healthy People Co. advises its distributors and customers in possession of the brand names listed above, to return any unused product to our store located in 13105 Ramona Blvd Ste F, Irwindale, CA, 91706. Healthy People Co. will replace any returned products of the brand names listed above, regardless of the lot numbers referenced herein, to the extent these products were bought on or before October 25, 2011. Customers can call 626-939-4132 M-F 9am-5pm (PST) for instructions on the return process.

These products were distributed nationwide.

No illnesses or adverse effects have been reported to date in connection with these products; however, immediately examine your inventory and quarantine product subject to recall.

Healthy People Co takes this opportunity to clarify the amount of capsules found in PERFECT MEN (Dietary Supplement). A prior press release stated to be 30 capsules; the correct amount of capsules in the products is 10.

Any adverse reactions or quality problems experienced with the use of these products may be reported to the FDA's MedWatch Adverse Event Reporting program either online, by regular mail or by fax.

- Online: <http://www.fda.gov/MedWatch/report.htm><sup>1</sup>
- Regular Mail: use postage-paid, pre-addressed Form FDA 3500 available at: <http://www.fda.gov/MedWatch/getforms.htm><sup>2</sup>. Mail to address on the pre-addressed form.
- Fax: 1-800-FDA-0178

This recall is being conducted with the knowledge of the U.S. Food and Drug Administration.

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[RSS Feed for FDA Recalls Information](#)<sup>3</sup> [what's this?<sup>4</sup>]