INDIANA WIC

You are invited to

participate in a

Regional

Networking

Opportunity

to address the

Healthy People 2010

Breastfeeding Goals

- *Early postpartum 75%*
- *At 6 months 50%*
- *At 12 months 25%*
- *Exclusively through 3 months 40%*
- *Exclusively through 6 months 17%*

For more information

or to register contact:

Marion County WIC Program

Angela Larkin

317-221-7411

alarkin@hhcorp.org

OR

Indiana WIC State Breastfeeding Coordinator

Darlene Matz

765-420-9999 Ext. 107

dmatz@tippecanoe.in.gov

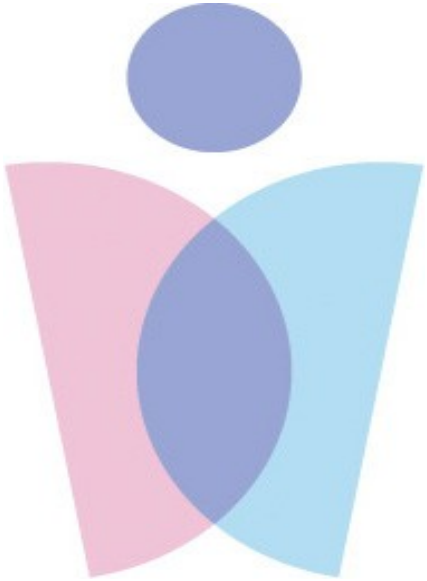
INDIANA WIC

Supplemental Nutrition Food Program for Women, Infants, and Children

(An Equal Opportunity Provider)

BUILDING BRIDGES

FOR BREASTFEEDING DURATION



CONNECTING BRIDGES

TO BREASTFEEDING SUCCESSS

Initiative of The Indiana WIC Program

This 3½ hour training program is paid for by a special grant and there is no charge for attendance. Best practices for working with breastfeeding mothers is an Indiana priority. Learn, as we work together, to meet Breastfeeding Objectives.

Program Topics

- Define evidence based practice
- Identify six steps to assist the dyad
- Three methods to a correct latch
- Cause and correction for sore nipples
- Addressing supplementation
- Feeding behavior of the late preterm
- Four methods of support from WIC

Attendance is appropriate for all hospital personnel who support mothers in the postpartum period. Community partners are encouraged to attend as well as physicians, nurses, social workers, and others who work with mothers and infants.

Building Bridges Provides Education and Networking Opportunities

Evidence Based Practice in Breastfeeding

Discharging Mothers Confident in Breastfeeding

Building Bridges with WIC & Community Partners

INDIANA WIC

June 9th, 2010

Methodist Hospital
Wile Hall
1812 Capitol Ave
Classroom 320

Morning Session

8:00-11:30

Repeated Afternoon Session

1:00-4:30

3.75 L-Cerps available

Presented By

Jan Barger, RN, MA, IBCLC, Wheaton IL

Jan has worked in maternal child health since 1972 and is an IBCLC in private practice and with Wheaton Pediatrics in the Chicago area. Jan has served on the IBCLC board and exam committee and was the 1990-92 International Lactation Consultant Association (ILCA) President. She is the coauthor of Blueprints for Public Health Professionals.

Carole Peterson, MS, IBCLC, Fort Wayne IN

Carole was a lactation consultant for a WIC Clinic and chairperson for the Indiana WIC Breastfeeding Committee for 17 years. She is now a WIC Regional Center Coordinator in Indiana. Carole is a trainer for the Indiana WIC Peer Counselor Program, and she is chair of the NWA Breastfeeding Committee. She was an associate instructor in child development at Indiana-Purdue University in Fort Wayne, and she is a co-author of Blueprints for Public Health Professionals.