



Medication and Mothers' Milk:

A breastfeeding symposium with Dr. Thomas W. Hale

9 a.m. to 3:45 p.m. • Thursday, Aug. 19, 2010

Kathryn Weil Center for Education

Medical Arts Building • 415 N. 26th St., Suite 400 • Lafayette

This event is sponsored by the Greater Lafayette Breast Feeding Coalition and St. Elizabeth Regional Health.

Symposium schedule

- 9 – 9:30 a.m.: Registration and welcome
- 9:30 – 10:30 a.m.: "The Control and Production of Human Milk"
- 10:30 – 10:45 a.m.: Break
- 10:45 a.m. – 12:15 p.m.: "Using Medications in Breastfeeding Mothers"
- 12:15 – 1:30 p.m.: Lunch on your own
- 1:30 – 2:30 p.m.: "Using Antidepressants in Breastfeeding Mothers"
- 2:30 – 2:45 p.m.: Break
- 2:45 – 3:30 p.m.: "Candida Infections. All the Details"
- 3:30 – 3:45 p.m.: Evaluations and closing remarks

Registration fees/CEUs

- \$45: Registration only
- \$80: Registration and book: *Medications and Mothers' Milk*

Additional books are \$35 each. Dr. Hale will be available during breaks to sign your books.

Application for CERPs have been submitted to IBCLC.

To register: Call the Kathryn Weil Center for Education at (765) 449-5133.

About our speaker

Thomas W. Hale, R.Ph., Ph.D., is a professor of pediatrics and assistant dean of research at Texas Tech University's School of Medicine. He holds degrees in pharmacy and a Ph.D. in pharmacology and toxicology and is widely experienced in pediatric and breastfeeding clinical pharmacology.

Dr. Hale is a well-known international lecturer in the pharmacology of lactation and is the author of five books, including *Medications and Mothers' Milk*, the top-selling drug reference manual in the world. His other books include *Textbook of Human Lactation*, *Clinical Therapy in Breastfeeding Women* and *Drug Therapy and Breastfeeding*. He is considered by many to be one of the world's leading authorities in the use of medications in breastfeeding women.





St. Elizabeth
REGIONAL HEALTH

Sisters of St. Francis Health Services

Kathryn Weil Center for Education
415 N. 26th St., Suite 400
Lafayette, IN 47904
www.ste.org/kwce

The Greater Lafayette Breast Feeding Coalition and St. Elizabeth Regional Health cordially invite you to "Medication and Mothers' Milk: A breastfeeding symposium with Dr. Thomas W. Hale." This symposium will be held from 9 a.m. to 3:45 p.m. on Thursday, Aug. 19 at the Kathryn Weil Center for Education. The center is located in the Medical Arts Building, 415 N. 26th St., Suite 400 in Lafayette. Application for CERPs have been submitted to IBCLC. To register, please call the Kathryn Weil Center for Education at (765) 449-5133.

Sessions and session objectives

"The Control and Production of Human Milk"

Session objectives

The trainee will be able to:

1. Understand the physiology of the alveolar apparatus and ductal system.
2. Describe the production and release of prolactin.
3. Describe the transport of immunoglobulins.
4. Evaluate changes in prolactin secretion and their implication to breastfeeding.
5. Measure milk productions, new techniques.

"Using Medications in Breastfeeding Mothers"

Session objectives

The trainee will be able to:

1. Describe the transmission of drugs into breast milk and how to breast feed away from peak levels.
2. Provide information on continuing breastfeeding after diagnostic procedures.
3. Provide skills on communicating with health care providers.

"Using Antidepressants in Breastfeeding Mothers"

Session objectives

The trainee will be able to:

1. Describe the clinical symptoms and pathogenesis of depression.
2. Provide information on the best use of antidepressants in this syndrome.
3. Learn to evaluate the problems associated with antidepressant use.

"Candida Infections. All the Details"

Session objectives

The trainee will be able to:

1. Describe some of the basic biology of candida infections, their growth and development.
2. Describe the basic members of the candida family and their unique traits.
3. Evaluate conditions that promote candida growth and development.
4. Evaluate signs and symptoms of candida growth.
5. Learn the various antibiotics/antifungals and their role in treatment of candida infections.

This event is sponsored by:



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