



AMATEUR MMA RULES APPLICABLE FOR INDIANA STATE COMPLIANCE

(Please note that this document will be modified if necessary to reflect any/all specific desires of the state)

- Sanction Fees for the oversight of an event will be no more than \$500
- Officials will be assigned based on established competence, location and availability. ISKA Certification will be required.
- Officials will receive on-going training and supervision including clinics both live and written provided by ISKA as well as other organizations and individuals
- Proposed fouls
- **FOULS** Anything not expressly included above as legal techniques may be considered a foul, including but not limited to:
 1. HEAD BUTTING
 2. EYE GOUGING
 3. BITING
 4. HAIR PULLING
 5. FISHHOOKING
 6. GROIN ATTACKS OF ANY KIND
 7. PUTTING A FINGER INTO AN ORIFICE OR INTO A CUT
 8. SMALL JOINT MANIPULATION / FINGER LOCKS
 9. STRIKING THE SPINE OR THE BACK OF THE HEAD
 - 10. STRIKING WITH THE ELBOW OR FOREARM**
 - 11. KNEE STRIKES TO THE HEAD**
 - 12. LINEAR KICKS TO THE KNEES**
 - 13. HEEL HOOKS OR ANGLED LEG LOCKS**
 - 14. SPINE LOCKS**
 - 15. NECK CRANKS**
 - 16. EXCESSIVE SLAMMING**
 - 17. THROWS AGAINST A JOINT**
 18. THROAT STRIKES OR GRABBING THE TRACHEA
 19. CLAWING, TWISTING OR PINCHING THE FLESH
 20. GRABBING THE CLAVICLE
 21. STOMPING A GROUNDED OPPONENT
 22. STRIKING THE KIDNEY
 23. SPIKING AN OPPONENT TO THE CANVAS ON HIS HEAD OR NECK
 24. PUSHING OR THROWING AN OPPONENT OUT OF THE RING
 25. HOLDING THE SHORTS OR GLOVES OF AN OPPONENT
 26. SPITTING
 27. ENGAGING IN ANY UNSPORTSMANLIKE CONDUCT THAT CAUSES AND INJURY
 28. HOLDING THE FENCE
 29. USING ABUSIVE LANGUAGE
 30. ATTACKING ON THE BREAK
 31. ATTACKING YOUR OPPONENT WHILE HE'S UNDER THE CARE OF THE REFEREE
 32. ATTACKING AFTER THE BELL
 33. FLAGRANTLY DISREGARDING THE INSTRUCTIONS OF THE REFEREE

- 34. TIMIDITY, INCLUDING AVOIDING CONTACT, LOSING YOUR MOUTHPIECE, FAKING INJURY
- 35. INTERFERENCE FROM THE CORNERMAN

- **WEIGHT DIVISIONS AND PERMISSIBLE INTERDIVISIONAL WEIGHT SPREADS**

THE ALLOWABLE WEIGHT

<u>DIVISION</u>	<u>WEIGHT LIMITS</u>	<u>IS NO MORE THAN</u>
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Male fighters will compete in nine weight classes:

Flyweight	(124.9 lbs and less)	5 lbs.
Featherweight	(125 lbs - 134.9 lbs)	5 lbs.
Bantamweight	(135 lbs - 144.9 lbs)	6 lbs.
Lightweight	(145 lbs - 154.9 lbs)	6 lbs.
Welterweight	(155 lbs - 169.9 lbs)	7 lbs.
Middleweight	(170 lbs - 184.9 lbs)	8 lbs.
Light-Heavyweight	(185 lbs.-204.9 lbs)	10 lbs
Heavyweight	(205 lbs - 234.9 lbs)	15 lbs.
Super Heavyweight	(235 lbs and up)	by ES approval

Female fighters will compete in seven weight classes:

Featherweight	(110.9 lbs. and below)	5 lbs.
Bantamweight	(111 lbs. – 116.9 lbs.)	5 lbs.
Lightweight	(117 lbs. -124.9 lbs)	5 lbs.
Middleweight	(125 lbs - 134.9 lbs)	5 lbs.
Light-Heavyweight	(135 lbs - 149.9 lbs)	6 lbs.
Heavyweight	(150 lbs - 174.9 lbs)	7 lbs.
Super Heavyweight	(175 lbs and up).	8 lbs.

- The official weigh-in will occur no more than 27 hours prior to the start time of the first scheduled bout for that event. All fighters must weigh “stripped” on scales approved by ISKA. If a fighter cannot make weight at the prescribed time, he will be allowed to weigh a second time, no more than two hours later, at a place designated by the ISKA Representative. If the fighter fails to make weight at this second weigh-in, and these weigh-ins occur the day before the bout, he may weigh again, no sooner than eight hours before the start time of the event on the day of the bout; that is, should the fighter fail to make weight at the original time, and fails to make weight two hours later, he may weigh again no sooner than noontime the next day, if the event is scheduled to begin at 8:00 pm.

If the official weigh-in is scheduled the day of the bout, the fighter not making weight will be weighed again no later than two hours later. If he still does not make weight, then the bout will not be approved..

In some cases, amateur fighters will not be allowed to continue to try to drop weight if the event supervisor and/or the event physician believe that it would be medically unsafe to do so.

- The event promoter will provide locker rooms that separate the participant from the spectators and a safe corridor of entry for the fighter from the locker rooms to and from the competition cage. Security personnel will be on site to guarantee the safety of the athletes.
- All fighters may be subject to screening at anytime for illegal drugs or outlawed performance enhancing drugs. Fighter found to have been using or under the influence of illegal or outlawed performance enhancing drugs (or alcohol) will be placed on permanent suspension pending a hearing. Each amateur unarmed competitor participating in a championship amateur unarmed combat bout must submit to a test for prohibited drugs. On the day of the event, a representative of the sanctioning body will inform the amateur unarmed competitor that he or she has been selected for a test. The amateur unarmed competitor must submit to a test at the conclusion of the bout. Test results must be submitted by the laboratory directly to the sanctioning body within fourteen (14) days of the event. The sanctioning body may grant an extension if the results cannot be timely obtained. An amateur unarmed competitor may not refuse to submit to a test ordered under this document. An amateur unarmed competitor will be found to have failed the test if he or she refuses to submit to the testing procedures under this document. If an amateur unarmed competitor has: (1) a confirmed positive drug test result from a sample taken immediately following the amateur unarmed competitor's bout; or (2) failed to submit to a test; and was declared the winner of the bout, the official bout result shall be changed to no contest. If an amateur unarmed competitor has: a confirmed positive drug test result from a sample taken immediately following the amateur unarmed competitor's bout; or (2) failed to submit to a test; and was declared the loser of the bout, the official bout result shall remain unchanged.
- All bout matches will be subject to the approval of the ISKA. The proposed bout card will be submitted to the ISKA in advance so that each fighter's amateur status and record can be confirmed in order to guarantee safe and fair matches. Every fighter will be check on the national data base to confirm this and to confirm that they are not currently on suspension. Please begin providing information on the proposed fight card as early as possible. The following information is required for each fighter.

Their Name
 Their Age
 Birth date
 National ID Number
 Gym Affiliation or Trainer
 Contact Information for the Fighter/Trainer
 Complete Fight Record
 Weight Division
 Date and Result of Their Last Fight

- Note: a deadline will be set for the promoter by which the fighters must present laboratory results demonstrating..

Negative test results of the amateur unarmed competitor for:

- (A) antibodies to the human immunodeficiency virus (HIV);
- (B) the surface antigen of the hepatitis B virus; and
- (C) antibodies to the hepatitis C virus.

A written statement from a licensed physician, not more than one (1) year old from the date of the event the amateur unarmed competitor seeks to participate in, affirming that the amateur unarmed competitor has undergone a thorough medical examination and is physically fit and qualified to participate in amateur unarmed combat.

Females: laboratory results, not more than five (5) days old from the date of the event, affirming the negative test results for pregnancy

Failure to present these results by the deadline may lead to the cancellation of that fighter or fighters participation in the event. Any failure to present these results will be reported to the athletic commission

- Non-Championship bouts shall not exceed three, (3) three minute rounds in duration with one minute rest periods
- Championship bouts shall not exceed five, (3) minute rounds in duration with one minute rest periods.

- Fighter participating in ISKA sanctioned events will automatically receive a seven (7) day suspension (or greater depending upon the result of the bout).
- Bouts will be scored by three ISKA certified judges using a 10 point must system where the superior fighter in each round will receive 10 points and the inferior fighter less points.
- Each fighter must obtain or present a mixed martial arts national identification card from any state, country or tribal nation recognized by the Association of Boxing Commissions in order to participate in a bout.
- Fighter less than 18 years old may not participate in an amateur mma bout.
- The official results of each event will be compiled in the official format provided by the national database and submitted to the commission so that it can be forwarded to the national database and listed as "official results". These results will include all information regarding the results of each bout and include all information regarding fighter suspensions.
- All promoters must secure a promoter's license from the state of Indiana before being granted ISKA sanctioning
- All promoters must notify the Indiana Gaming Commission no less than 14 days prior to their event that the event is sanctioned by ISKA.
- ISKA will provide at least one Event Supervisor for each event and be responsible for assigning and supervising the officials for the event.
- There must be present at each event a minimum of one (1) event physician licensed under who has been selected by the promoter; and approved by the sanctioning body. The event physician must be present directly outside the fighting area to provide immediate emergency medical care at all times a bout is in progress. The event physician must enter the fighting area immediately after the conclusion of a bout to examine each amateur unarmed competitor; and recommend to the sanctioning body any medical suspensions for the amateur unarmed competitors that the physician determines appropriate.
- When scheduled to participate in an amateur unarmed combat bout, an amateur unarmed competitor must be examined by the event physician no more than two (2) hours prior to the scheduled start time of the event. If the event physician so finds, he or she must certify, in writing, over his or her signature, that the amateur unarmed competitor is physically fit to participate in the event. The event physician's certification of physical fitness to participate must be delivered to a sanctioning body representative before the event. An amateur unarmed competitor who fails to obtain the event physician's certification of physical fitness required under this SECTION shall not be permitted to participate in an unarmed combat bout.
- The promoter of an event must provide: a minimum of one (1) advanced life support ambulance, (fully equipped) with ; and (2) medical personnel to staff said ambulance to provide advanced life support patient care; to be present on-site at all times to provide emergency medical services to the event participants while a bout is in progress. Certified medical personnel from the ambulance must be present directly outside the fighting area with all equipment required by the current protocols established by the medical directory, to provide immediate emergency medical care at all times while a bout is in progress.
- ISKA will ensure that the proposed venue for the event is an appropriate distance from a hospital with a full-time emergency department and treatment.
- The promoter of an event must obtain: medical benefit coverage for each amateur unarmed competitor participating in an amateur unarmed combat bout in an amount not less than five thousand dollars (\$5,000), which shall provide for medical, surgical, and hospital care for injuries sustained by the amateur unarmed competitor while participating in the bout; and accidental death benefit coverage for each amateur unarmed competitor participating in an amateur unarmed combat bout in an amount not less than five thousand dollars (\$5,000), which shall be paid to the amateur unarmed competitor's estate in the event of the amateur unarmed competitor's death resulting from participation in the bout.

Deductibles for the required medical benefit coverage must be paid by the promoter. The promoter must submit proof to the ISKA, by the deadline established that the required medical and accidental death benefit coverage required has been obtained for each amateur unarmed competitor participating in an amateur unarmed combat bout.

- The promoter must also secure a minimum of \$1,000.000 liability insurance policy naming ISKA as co-insured for each event
- The ISKA will welcome any commission representative and insure that his/her presence occurs free of charge and is seated at the fighting area apron for the purpose of insuring 100% compliance to the policies, rules and regulations established by the commission.
- ISKA will recognize the authority of the commission representative to take any action regarding the regulation of the event.
- The following may not act as an event official for an amateur unarmed combat bout if they hold a promoter's license in Indiana:
 - Indiana Register
 - (1) A sole proprietor.
 - (2) A company's:
 - (A) principal owner;
 - (B) substantial owner;
 - (C) key person;
 - (D) an employee; or
 - (E) an agent.
- ISKA will Immediately advise the commission in the promoter violates a the regulations designated by the commission