



# Trauma Times

January/February 2023

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## Updates

### Take the survey

The Division of Trauma and Injury Prevention is seeking your feedback to improve our Trauma Times newsletter! Please take 2 minutes to complete a quick survey and let us know what you would like to see in future issues of the newsletter. Thank you!

[CLICK THIS LINK](#)

### American College of Surgeons Trauma System Visit

The American College of Surgeons (ACS) visited the Indiana Trauma System during November 2022. The IDOH Division of Trauma and Injury Prevention is thankful for everyone's involvement in the successful ACS trauma system consultation and continued commitment to trauma system development. The ACS review team highlighted the clear passion of those doing work to improve Indiana's trauma system. A final report will be drafted and reviewed through early 2023, and a final report will be provided to IDOH by March 2023.

### Increase in Xylazine Overdoses

There is an increase in overdose deaths associated with xylazine in the United States. Xylazine, also known as "tranq" is a non-opioid veterinary tranquilizer/sedative, not approved for human use. Xylazine containing products have also been referred to as "tranq dope", "sleep-cut", "Philly dope" and "zombie drug."

Xylazine causes sedation and anesthesia, respiratory depression, muscle relaxation and potentiates pain relief; in humans, it also causes significant slowing of the heart rate and low blood pressure. Skin ulcers, abscesses and related complications near and away from the injection site have been associated with repeated xylazine use. Using xylazine and opioids, like fentanyl, can cause a fatal overdose.

Because xylazine is not an opioid, Naloxone administration may not be as effective at fully reversing xylazine overdose-related signs and symptoms; however, Naloxone should always be administered when an overdose is suspected as multiple substances may be present.

Some of the challenges include the fact that there is no pharmaceutical antidote specific to xylazine, and routine toxicology screens do not detect xylazine. This means we need to remain vigilant and request specific toxicology screens if xylazine or an opioid overdose is suspected. Additional information can be found on the [NIH website](#).

### Revised ACS Standards and Resources

The American College of Surgeons Committee on Trauma, through its Verification Review Consultation (VRC) program, has released an update to the "Resources for Optimal Care of the Injured Patient" standards. Thanks to the many participants and stakeholders who asked pertinent questions, and provided insightful feedback on the standards that were originally released in March 2022. They have carefully reviewed and considered all input, and have made some important revisions. The December Revision of the 2022 Standards, and [change log](#) are now available for download on the [standards page](#).

For more information on the ACS COT 2022 Standards, please visit the [CLICK THIS LINK](#). **These standards will be effective for visits starting in September 2023.**

### National Nonfatal Opioid Overdose Dashboard

The White House Office of National Drug Control Policy (ONDCP), in partnership with the National Highway Traffic Safety Administration (NHTSA), launched a national data dashboard of non-fatal opioid doses using national EMS data. These data will help inform service providers and first responders target life-saving interventions and treatment.



The dashboard captures the following measures on both the state and county level: Rate of Nonfatal Opioid Overdose, Average Number of Naloxone Administrations per Overdose Patient, Average EMS Time to Patient, and Percent Not Transported to a Medical Facility. The data can also be viewed in either a 12-month rolling period or a 28-day rolling period.

[CLICK THIS LINK](#) for the dashboard, and [CLICK THIS LINK](#) for a Dashboard Companion Guide.

## Naloxone Grant

### Update to Rural First Responder Naloxone Grant Application 2023

The Indiana Department of Health (IDOH) is accepting grant applications to provide intranasal naloxone to first responders in rural counties. Only first responders who provide services in rural counties are eligible to receive the naloxone doses. For grant activities, first responders include (professional and volunteer) firefighters, law enforcement officers, paramedics, emergency medical technicians, or other legally organized and recognized volunteer organizations that respond to adverse opioid-related incidents. Please email the Naloxone program manager, Laura Hollowell (LHollowell@health.in.gov), if you think your agency might be considered a first responder agency and is not listed.

Only Indiana's 62 rural communities are eligible to apply. Please note that the list of eligible communities has been updated to reflect the Health Resources and Services Administration's (HRSA) counties eligible for rural health funding.

[CLICK THIS LINK](#) to apply.

Adams	Benton*	Blackford	Brown*	Carroll*	Cass
Clinton	Crawford	Daviess	Decatur	DeKalb	Dubois
Fayette	Fountain	Franklin*	Fulton	Gibson	Grant
Greene	Henry	Huntington	Jackson	Jasper*	Jay
Jefferson	Jennings	Knox	Kosciusko	LaGrange	Lawrence
Marshall	Martin	Miami	Montgomery	Newton*	Noble
Ohio*	Orange	Owen*	Parke*	Perry	Pike
Pulaski	Putnam*	Randolph	Ripley	Rush	Scott
Spencer	Starke	Steuben	Sullivan*	Switzerland	Tipton
Union**	Vermillion*	Wabash	Warren**	Washington*	Wayne
Wells	White				

\*This county is eligible even though it is designated a metropolitan county. All census tracts in the county qualify as rural.

\*\*This county is eligible even though it is designated a metropolitan county under an exception for outlying counties that do not have any urbanized area population.

## Opportunities

### Registration open for ED STOP Suicide QI Collaborative

Registration is now open for the Emergency Department Screening and Treating Options for Pediatric Suicide Quality Improvement Collaborative. It is set for February through November 2023 to empower ED-based teams to improve clinical care processes for children and adolescents presenting to the ED with acute suicidality.

The deadline to register is Jan. 13, 2023.

[CLICK THIS LINK](#)

### Volunteers Needed for Interview Study

Researchers and practitioners at Indiana University and Overdose Lifeline, Inc. are looking for people who can complete a one-hour interview or a two-hour focus group interview on inequitable opioid overdose education and response in Black Indianapolis communities. You will receive a \$50 gift card for each hour of the interviews. Please contact Dr. Dong-Chul Seo at [seo@iu.edu](mailto:seo@iu.edu) or Ms. Charlotte Crabtree at [charlotte@overdoselifeline.org](mailto:charlotte@overdoselifeline.org) if you are interested in participating.

Qualifications:

- 18 years or older
- African American or Black residents in 46202, 46205, 46208 and 46218 in Indianapolis

## Observances

### January

#### Teen Driving Awareness Month

The risk of motor vehicle collisions is [higher among teens ages 16-19 than any other age group](#). Some of these risks come from inexperience and weekend driving, distractions, and drinking alcohol. Parents are the key to keeping teens safe on the road. If you are a parent, consider:

- Creating a Parent-Teen Driving Agreement to set up clear boundaries and accountability for your teen behind the wheel.
- Be a good role model by staying off your cell phone and obeying all traffic laws when driving.
- Having a roadside membership plan in case your teen finds themselves in trouble on the road.
- Keeping a list of emergency contacts in the glove compartment to ask for assistance.

### February

#### Teen Dating Awareness Month

According to [CDC's 2019 Youth Risk Behavior Survey](#), 1 in 12 U.S. high school students experienced sexual or physical dating violence in the previous year. Consider some of the ways below to prevent intimate partner violence and teen dating violence:

- Talk about healthy relationships and sexual respect with your peers or with pre-teens and teens in your life.
- Know the [warning signs of dating violence and relationship abuse](#).
- Learn more about healthy relationships and ways to stay safe using the [Love is Respect](#) website.

#### Low Vision Awareness Month

Vision impairment is associated with an increased risk of falling in older adults. However, healthy vision is important for all ages. Getting a dilated eye exam regularly can check for common eye problems. Consider scheduling an eye exam this month if you haven't had an exam for some time.

## Upcoming Events

### Point of Care Ultrasound (POCUS) ECHO Sessions

**When:** Noon - 1:30 p.m. EST, Jan. 9, Jan. 23, Feb. 13, Feb. 27  
**Where:** Zoom

Point of Care Ultrasound (POCUS) utilizes portable, easy-to-use, and affordable ultrasound technology that allows for quicker discovery of medical issues right at the point of care.

During each ECHO session, a panel of subject matter experts who constitute the ECHO "hub team" facilitate brief didactics, and de-identified patient cases are presented by participants. POCUS ECHO meets on the 2nd and 4th Mondays of each month via Zoom.

[CLICK THIS LINK](#)

### Public Health Day: Investing in Hoosier Lives

**When:** 11 a.m.—1 p.m. EST Jan. 26  
**Where:** Indiana Statehouse North Atrium

Save the date! Show your support by wearing blue and gold on this day. This event will feature Governor Eric J. Holcomb.

### Recovery Opportunities for BIPOC Communities

**When:** 9 a.m.—1 p.m. EST Jan. 19  
**Where:** Online

This event, hosted by Indiana Recovery Network and PACE (Public Advocates in Community Re-Entry) will cover:

- Helping participants understand the particular and intricate nuisances and differences in supporting recovery for individuals in BIPOC communities.
- Exploring stigma as it relates to working with BIPOC communities.
- Developing policies, procedures, and practices that promote inclusivity when working with BIPOC communities.

[CLICK THIS LINK](#)

### 2023 Policy & Advocacy Forum

**When:** 10 a.m. - 2 p.m. EST, Jan. 19

The 2023 Policy & Advocacy Forum is coming up in January. Join IPHA to delve into the Governor's Public Health Commission Report and your role in advocating for the report recommendations to become a reality.

[CLICK THIS LINK](#)

### Stigma Stops here

**When:** Noon - 1 p.m. EST, Jan. 31  
**Where:** Online

Stigma is one of the largest barriers for people who are seeking recovery. Join the Indiana Recovery Network to learn how to stop stigma personally and professionally.

[CLICK THIS LINK](#)

To **promote, protect, and improve** the health and safety of all Hoosiers

