

A&D/TBI – Waiver Services Supplemental – Home Delivered Meals Service

The waiver includes adult day services, attendant care, case management, homemaker, residential based habilitation, respite care, structured day program, supported employment, behavior management/behavior program and counseling, environmental modifications, healthcare coordination, occupational therapy, personal emergency response system, physical therapy, specialized medical equipment and supplies, speech-language therapy and transportation. These are waiver services options that can be provided and will be services that people are receiving. Not everyone will be receiving the same services, however. Some will receive Physical Therapy or Transportation or Attendant Care, or some other service that reflects their needs.

The **Person Centered Compliance Tool** will be supplemented with the following tool depending on what waiver service the person is currently receiving. A review of the POC/CCB will determine what services the person has. The surveyor will determine by reviewing the POC/CCB and talking with the Case Manager the exact services the person has. By so doing, the surveyor will take the appropriate supplemental Provider Survey Tool to complete the survey. The following is an example of that supplemental Provider Survey Tool for a person who is receiving: **Home Delivered Meals**

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Waiver Services: Home Delivered Meals Waiver Assurances Recommended Probes	Discovery Mechanisms									
<p>Home Delivered Meals A Home Delivered Meal is a nutritionally balanced meal that is delivered up to two meals per day, and is essential in preventing institutionalization, because the absence of nutrition in persons with frail and disabling conditions presents a severe risk to health.</p>	<p>Discovery mechanisms are not meant to be inclusive. They are meant to be suggestions to gather information for the surveyor. Guidelines are intended to help the surveyor to make decisions about the presence or absence of the indicators. The Discovery mechanisms listed here in no way imply they are meant to be directives for completion, or a requirement to be answered in every instance.</p>									
<p>Home Delivered Meals HDM I.A.1 Staff Provides home delivered meals.</p> <p>If documented in the person's POC:</p> <ol style="list-style-type: none"> 1. Does the person receive home delivered meals? 2. Does the person receive diet/nutrition counseling by a registered dietitian? 3. Does the person receive nutritional education? 4. Is the person's diet modified according to a physician's order? 5. Do the person's meals meet safety, sanitary, and nutrient standards? 6. Do the person's home delivered meals contain at least 1/3 of the current recommended dietary 	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 33%;">Spending Time With People</th> <th style="width: 33%;">Conversations With People</th> <th style="width: 33%;">Review of Documents</th> </tr> </thead> <tbody> <tr> <td style="vertical-align: top;"> (Initially during the conversation with the person using the Personal Outcome Measures®, then throughout the survey process.) Examples only: specific situations may change observations. </td> <td style="vertical-align: top;"> Selected Examples only: specific situations may change conversations with people. </td> <td style="vertical-align: top;"> Examples only: specific situations may change documents needing review. </td> </tr> <tr> <td style="vertical-align: top;"> Observe the person; if possible, eating a home delivered meal. </td> <td style="vertical-align: top;"> Ask the person if they are able to prepare any meals. Ask the person if they receive home delivered meals, and how frequent. Ask the person if they understand their diet. Ask the person if the hot items seem hot enough and the cold foods cold enough. Ask the person if the meals have a variety of food items. </td> <td style="vertical-align: top;"> Review the POC/CGB to determine if the person needs/receives home delivered meals. Review the POC/CGB to determine if there is documentation to support that a registered dietitian has counseled the person regarding their diet and has educated them about their dietary needs. Review the POC/CGB to determine if any modifications to the person's diet are made </td> </tr> </tbody> </table>	Spending Time With People	Conversations With People	Review of Documents	(Initially during the conversation with the person using the Personal Outcome Measures®, then throughout the survey process.) Examples only: specific situations may change observations.	Selected Examples only: specific situations may change conversations with people.	Examples only: specific situations may change documents needing review.	Observe the person; if possible, eating a home delivered meal.	Ask the person if they are able to prepare any meals. Ask the person if they receive home delivered meals, and how frequent. Ask the person if they understand their diet. Ask the person if the hot items seem hot enough and the cold foods cold enough. Ask the person if the meals have a variety of food items.	Review the POC/CGB to determine if the person needs/receives home delivered meals. Review the POC/CGB to determine if there is documentation to support that a registered dietitian has counseled the person regarding their diet and has educated them about their dietary needs. Review the POC/CGB to determine if any modifications to the person's diet are made
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	<p>allowance (RDA) as established by the Food and Nutrition Board of the National Academy of Sciences, National Research Council?</p>		<p>Ask the service staff if the person is able to prepare food for their self.</p> <p>Ask the Case Manager how they know if the meals provided are delivered and meet the person's nutritional needs.</p>	<p>according to a physician's order.</p>
<p>DOCUMENTATION</p>	<p>HDMI I.B.1 Implementation of home delivered meals and the need for that service is documented in the person's POC/CCB.</p> <ol style="list-style-type: none"> 1. Have the person's needs been documented in the POC/CCB? 2. Do all data recorded by the service provider include the date of service and number of units of service delivered? 			<p>Check documentation</p>