

COMMUNITY CONNECTION

A NEWSLETTER FOR FRIENDS OF EVANSVILLE STATE HOSPITAL

PATIENTS VISIT WORLD COUNTRIES

Inside this issue:



Rehabilitation Therapy employees Mindy Miller, Bambi Barlett, and Mike Poston created an outdoor French café for the sampling of flavored coffee.

Have you ever been to France, Holland, Spain, Ireland, Japan, or Greece? Patients visited these world countries in the form of educational booths during **“Passport Around the World”**, this year’s summer event held on Friday, June 12 in the Activity Therapy Courtyard. Residents received a stamp in their passports at each of the six display booths representing the

countries. What a delight it was for our patients to learn about the countries and different cultures through the exhibits which included historical facts and trivia, scenic pictures, maps, and language translations. The countries’ flags were painted on large murals during therapeutic programming and

hung near the booths. The **Reitz H.S. Prom Committee** donated their Eiffel Tower props for the France display. Our patients received more than a bit of culture while sampling popular dishes which included smoked cheeses, egg rolls, chips and salsa, potato candy, flavored coffees, vineyard grapes, and pita crackers. Patients took a stab at writing haiku poetry and origami with the help of volunteer **John Davis, Jr.** You could hear the excitement and laughter as several tried their luck at cracking open a piñata. A few took part in the Tour de France bike challenge with participants completing a 5 minute work-out on a stationary exercise bike. The fastest rider with the most miles received a CD walkman. Employee **Jerry Glore** persuaded his wife **Gloria** and long time friend and volunteer **Tony Rothrock** to join him in some Irish folk music. Volunteer **Anita Mazkoori** also took part in the event with her African banjo which is played like a harp. Afternoon activities included team challenges with one patient from each unit paired with management staff. The team competition included a Running of the Bulls relay, a French-themed Pictionary game, a Roman wheelchair race, an Irish scavenger hunt and word puzzle, a Japanese version of Pin the Tail on the Donkey called Fukuwarai, and Dutch bowling. D Unit was victorious in the end, winning an ice cream surprise for the entire unit. One of the highlights was a lunch meal served in all six countries—McDonald’s hamburgers and fries!

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Exhibit Shows Children in Aids Affected Africa

On Friday, June 5, four patients from D Unit accompanied by rehabilitation therapy staff Bambi Barlett and Linda Deig visited the **“Step into Africa”** exhibit at the Christian Fellowship Church. The exhibit depicted the lives of children living in AIDS affected parts of Africa. Our patients were able to walk through the exhibit with the aid of an audio tour, allowing them to hear what children may experience growing up faced with hunger, disease and the possibility of death. The exhibit included some great photography of children and the country. It was an enlightening experience for the entire group.





Tri State Navy Mothers Club members Shirley Clark, Sue Hardesty, and Ruth Wathen tell the meaning behind the stars and stripes of the flag.

Veteran's Picnic is a Tribute To Service

With Memorial Day passed and Flag Day approaching, a special program for hospital veterans at the Veteran's Memorial was planned for June 9th to pay tribute to them for their military service. The celebration began with a flag presentation by Tri State Navy Mothers Club members **Sue Hardesty, Ruth Wathen, and Shirley Clark**. They shared poems of gratitude and lead everyone in Lee Greenwood's *God Bless the U.S.A.* **Sheila Gunn**, American Legion Hospital Representative, retold the story of the musical score *Taps* which is played at all military funerals. **Sharilyn Franzman**, Tell City Auxiliary Member, sang the three verses, and later lead everyone in the nation's anthem, *The Star Spangled Banner*. The

program concluded with buglers **Albert Bryant and James Bruton** playing *Taps* with the melody echoing across the lake. In attendance were seven of the hospital's ten veterans who have served in the branches of the Army, Navy, Marines, and Air Force. Also present were *Department of Indiana President Shirley Firkins, Past Department President Louise Hyde, Hospital Deputy Pat Thomas, District Legislative Chairman Deborah Piper, Past Commander of Tell City Post 213 Gary Thomas, Tell City Post 213 members, and Elberfeld Post 351 members*. After the program, all gathered for a barbecue meal under a tent adjacent the memorial.

A rose garden will be planted at the Veteran's Memorial in honor of ESH veterans. The memorial was built in 1982 on the hospital's campus between the two lakes through funding from a bequest by Pearl Morris and several groups including the local American Legion Posts and Navy Mothers Club. In 1997, the memorial was rededicated after repairs were made and it is again in need of rehabilitation. Plans for this area include the rebuilding of the wooden fishing pier, tuck pointing and laying new brick, new edging and landscaping, and purchasing barbecue grills for the picnic area. If interested in donating to the Veteran's Memorial Rehabilitation Fund, please contact Theresa Arvin in Community Services at 812-469-6800, ext. 4970.

Medical Support By Elizabeth Hoffman, R.N., Director of Risk Management

Nine consulting physicians provide medical services at the Evansville State Hospital. These physicians provide care to our patients in the Medical Support area of the hospital. In addition to medical and dental clinics, medical support staff provides or assists with the following services: x-rays, scheduling and driving patients and staff to off grounds appointments, performing swallow studies, scheduling and fitting diabetic shoes, labs, ECG's, mammograms, distributing accu-check supplies as well as keeping nursing staff current on accu-check proficiency. Evansville State Hospital staff can also find Infection Control/Employee Health services provided in this area. Medical Support Staff are all cross trained and supported by the Nursing Department.

2008 Statistics

11,100 appointments and tests

- 159 annual and new patient exams
- 135 consultations for physical, speech, and occupational therapy
- 7,380 laboratory tests
- 1,154 off grounds appointments

Consultant Clinics (# of patients seen):

Dental 944	Neurology 130
Dermatology 68	Optometry 95
Endocrinology 98	Podiatry 231
Family Practice 380	

Other services provided:

X-rays 179	Mammograms 45
ECG 92	Diabetic Shoes 10



HELPING HANDS

Birthday Program Brings Smiles

The birthday sponsorship program continues to bring smiles and joy to those celebrating birthdays at ESH. Our patients are excited about receiving a card and small gift on their special day. Many receive personal care products such as soaps, lotions, and hair care products. Some request gift cards to local restaurants for an off campus outing and are thrilled to receive these. A few request clothing items such as new summer apparel. One gentleman was seen wearing his new t-shirt and shorts the day after his June birthday and proudly declared that he received them from his friend in the community.

The majority of donors who sponsor a patient at Christmas participate in the birthday program. The few patients that do not have an assigned sponsor are given gifts and cards donated throughout the year.

Patients on Developmental Training and Geriatric Services are treated to cupcakes each month by the Women's Guild of St. John's of Buckskin, Indiana. This delicious treat always helps to make the birthday celebrations complete. Thanks to all who continue to support our residents throughout the year!



Needed Items

- *Sugar free candy/gum*
- *Pre-paid phone cards*
- *Batteries (AA/AAA)*
- *Body Wash*
- *Bar Soap*
- *Body Spray*
- *CD music (all kinds– used and new)*
- *CD Walkman players/radios*
- *Bound notepads*
- *Stationery*
- *Greeting cards*
- *Cosmetics (Avon samples)*
- *Pocket Tissues*
- *Chapstick*

EVERY LITTLE BIT HELPS

Throughout the years, funds at ESH have been established to assist our patients and their families with identified needs. You can make a difference by supporting one of the funds below.

Family Travel Fund—established over the past year to help with the cost of travel expenses incurred by family members which may include gas, meals, and lodging.

Veteran's Memorial Rehabilitation Fund—established in June 2009 to make needed repairs to the Veteran's Memorial. Planned repairs include tuck pointing/laying of brick, landscaping, rebuilding the fishing pier, and restoring the picnic areas on both sides of the memorial.

Patient Indigent Fund—provides spending money for canteen snacks for patients with no or limited resources.



Patient Recreation Fund—used for programming supplies and equipment, entertainment and food for special events, and off campus trips.

Christmas Fund—used to purchase gifts for patients, decorations, and party supplies.

Special Olympics Fund—used for entry fees to compete, meals at tournaments, and sports equipment.

COMMUNITY CONNECTION is published every other month for friends of Evansville State Hospital. News items are welcome and should be submitted to the Community Services Office.

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WE'RE ON THE WEB!
WWW.IN.GOV

Did You Know?

July 26 is 19th Anniversary of American with Disabilities Act

The world's first comprehensive civil rights law for people with disabilities was signed into law on July 26, 1990 and represented a historical benchmark in America's commitment to full and equal opportunity for all of its citizens. The Americans With Disabilities Act bans discrimination in the areas of employment, public accommodation, public services, transportation and telecommunications. The ADA was amended on September 25, 2008 to broaden coverage of individuals with disabilities that had been narrowed by several Supreme Court decisions. Its provisions became effective on January 1, 2009. Language in the preamble was changed to emphasize that Congress intended to cover a broad range of persons with disabilities. Congress finds that physical or mental disabilities in no way diminish a person's right to fully participate in all aspects of society, yet many people with physical or mental disabilities have been precluded from doing so because of discrimination; others who have a record of a disability or are regarded as having a disability also have been subjected to discrimination. The Act retains the basic definition of "disability" as an impairment that substantially limits one or more major life activities, a record of such an impairment, or being regarded as having such as impairment. Find more information on the ADA and Amendment Act at <http://adaanniversary.org/>.



WELCOME NEW EMPLOYEES!

Brandy Fox, Health Information Services
Keith Lamb, Physical Plant
Steven LaRue, Nursing Service
Trina Richey, ACT Secretary
Jeffrey Wedding, Nursing Service

GOODBYE

Jack Washington, Security



Mental Health America of Vanderburgh County offers free and unique support groups which are helping many during their road to recovery and wellness. The Postpartum Depression Support Group began in May and is held on the first and third Tuesday from 6-7 p.m. at Central United Methodist Church. Meeting dates and locations of support groups can be found on the MHA website at www.mhavanderburgh.org or by calling the MHA office at 812-426-2640.

Save the date for MHA's upcoming fundraiser, **Ride for Recovery**, a charity motorcycle ride on Sunday, September 27.