



"People helping people help themselves."

Division of Mental Health and Addictions

Logansport State Hospital

The Spectrum

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Vol. 19, No. 3
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2009

Employee of the Month

April EOM:

**Kim Alioto,
Psychiatric Attendant
Larson 1 East**



April EOM: Kim Alioto

The following nomination was submitted by multiple direct care staff from Larson 1 East including RN, LPN, attendant staff and housekeeper. Kim Alioto has been a psychiatric attendant for two years on the Larson 1 East unit. As her coworkers explain, "Kim is being nominated because of her excellence in work performance as a caregiver on Larson 1 East. She goes over and beyond her duties to ensure patient safety and satisfaction. She is flexible and does anything she's asked without questioning. She is quiet and

pleasant and never has anything bad to say about others. She is kind and has the respect of all the patients, as well as staff."

Service Line Manager Steven Barlow adds, "Kim works tirelessly without complaint and always has an infectious positive attitude. Her compassion for our patients is clearly evident to anyone who observes her. She is kind, patient, and conscientious at all times and a role model that inspires others, including me. We should all strive to be more like her!"

Several support staff also offered the following comments. Vicky Hinkle remarks, "As a housekeeping supervisor on the unit daily, I have seen how cheerful, hard-working, and dedicated Kim is. She is kind to everyone and goes about the most unappealing jobs with a smile on her face and always jumps right in to assist other staff when needed." Nancy Viney in Allied Health also adds, "Kim often accompanies patients to EKG, X-ray, and dental appointments. She is always kind, patient, and helpful to both the patients and our staff. There have been numerous times her soft speech and patient assistance has eased the situation for a frustrated patient undergoing tests. She greets everyone with a kind word and genuine smile."

Nominate Someone Today!



SPYKE THE PSYCHE



Improving Culturally Competent Health Care

When clients do not understand what their healthcare providers are telling them, and providers either do not speak the client's language or are insensitive to cultural differences, the quality of health care can be compromised. Racial/ethnic disparities in health in the U.S. have been well described. The field of "cultural competence" has emerged as one strategy to address these disparities.

Developing cultural competencies starts with self-awareness. It's important to know your own culture. This can help you remember that a patient may hold different views. For example: you may have certain views about illness. You may see an illness as having a physical cause such as germs, or emotional cause such as stress. You may take steps to stay healthy such as taking vitamins. You may believe a particular remedy is needed for a certain illness – for example, a home remedy for a cold. You may value certain communication styles. You may have views about whether it's polite or rude to make eye contact, or touch someone during conversations. Ask yourself the following questions to help you improve your cultural self-awareness:

- How important is religion in your daily life?
- What are some foods you avoid or eat at certain times? Why?
- How do you generally respond to pain? How did you learn what response to pain is appropriate?
- What are some cases when you would treat your own illness? What are some cases when you would contact a health-care provider?
- What are your views about birth and death?
- How do you really feel about persons challenged with mental illness?

Then we must consider that the health-care system has its own beliefs, values, and practices that may not be shared by all patients. Two examples are that the appointments run by clock time may be shorter than some patients expect and that patients are expected to take medications exactly as prescribed. By being open-minded and respectful toward their beliefs, values and practice, you can help patients feel more comfortable.



SPECTRUM

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Despite unprecedented knowledge gained in just the past three decades about the brain and human behavior, mental health is often an afterthought and illnesses of the mind remain shrouded in fear and misunderstanding. For too long the fear of mental illness has been profoundly destructive to people's lives. In fact mental illnesses are just as real as other illnesses, and they are like other illnesses in most ways. Yet fear and stigma persist, resulting in lost opportunities for individuals to seek treatment and improve or recover.

Conclusion: Clinical cultural competence interventions can facilitate the elimination of racial / ethical disparities and improve care for all Americans.

Policy Update

Revised/Updated

A-16 *"Search and Seizure"*
A-39 *"Workplace Violence Prevention Policy"*
A-41 *"Weapons Policy"*
A-45 *"Contraband Policy"*
C-13 *"Intra Hospital Transfers"*
C-14 *"Ground Privileges"*
C-37 *"Psychiatric Residents"*
C-38 *"Sentinel Event/Root Cause Analysis"*
C-39 *"Grieving/Trauma Response Team"*
F-08 *"Fiscal Management, Consumer's Recreation Fund"*
H-6 *"Confidentiality of Personnel Records"*
H-10 *"Overtime"*
H-11 *"Solicitation of State Employees"*
H-13 *"Employee Rules and Regulations"*
H-31 *"Code of Conduct"*
IM-02 *"E-mail Use"*

RESCIND-

C-28 *"Treatment Plan"*

** Staff should review the above policies on the Intranet or in the manual.

April Certificate of Distinction



Certificate of Distinction nominees from L - R: Kevin Goze, Randy Baxter, Jamie Seitter, Glen Jarvis, Bo Klinefelter, and Charlie Wandrei. Not pictured: Randy Brooks.

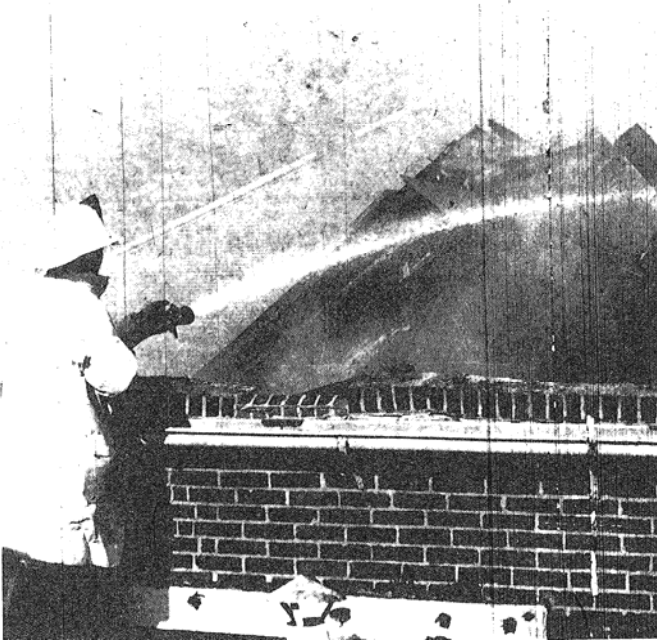
On December 29th, Supervisor Bo Klinefelter was called into work by the Steam Plant because of a flooded tunnel and flooding in the basement of the Steam Plant. Randy Baxter, Kevin Goze, Charlie Wandrei, and Randy Brooks were also contacted and asked to report. They were assisted by Steam Plant staff members, Jamie Seitter and Glen Jarvis. It was apparent that an immediate repair was needed to prevent heat loss to the majority of the buildings in our facility, which would have had a direct impact on patient care. Without their immediate response, the potential of a major/extensive breakdown of the boilers could have resulted in a major expenditure of State Funds with damage to essential Steam Plant equipment (boilers, pumps etc.).

These maintenance staff members worked in precarious conditions of waist high water, being mindful of preventing damage to deactivated electrical lines submerged under the water. Poor lighting in the tunnel added difficulty to the working conditions. These maintenance staff members put the facility and our patients welfare absolutely first and should be commended for their actions.

Arts-'n-facts

Longcliff Museum Art-'n-facts

State Hospital Kitchen Burns



Logansport Pharos-Tribune (Sunday, June 15, 1980)

Kitchen Rubble

Logansport Fire Dept. Chief Robert McBride douses the rubble left by the collapsed roof at the main kitchen of the Logansport State Hospital. The roof collapsed as the result of heat from the fire that destroyed the kitchen. This photo was taken from the roof of an adjoining building.

Fire destroyed the main kitchen at the Logansport State Hospital Saturday.

Firemen were called to the blaze at 4:39 p.m. and fought the fire until 6:10 p.m., according to Asst. Chief Clarence Peck.

The 50 by 40 foot kitchen roof caved in shortly after the fire began, according to Logansport Fire Dept. Chief Robert McBride. McBride said the collapse of the roof probably smothered the fire and assisted firemen in bringing the blaze under control. A Longcliff employee, Danny Watts, was standing on the roof assisting firemen when it collapsed, according to McBride. McBride said that Watts landed near a door when he fell, and easily escaped. Watts was treated and released at Memorial Hospital.

Supper at the hospital, normally served at 6 p.m., was being prepared when the fire began, according to a hospital employee.

McBride said the collapse of the roof occurred when heat from the fire "took the temper out of the steel" which was supporting heavy roofing tile.

Two trucks from the Logansport Fire Department and the State Hospital fire truck were called to the scene. Six members of the Logansport Fire Department fought the fire. The cause of the fire is unknown, according to Peck.

The kitchen and dining area is located in the central area of the hospital grounds, about one-half block south of the administration building. The dining area sustained minor smoke damage, according to Ladder man Dennis Kurtz.

Hospital Superintendent James Frohbieter said the hospital will attempt to "make due" until the new kitchen, already under construction, is finished.

Construction of the new facility is scheduled to be completed in about 18 months, according to Frohbieter. "I guess we'll have a picnic Sunday," Frohbieter said. He said that "serious planning" would be required before a decision is made on what to do about the situation.

Logansport Pharos-Tribune Sunday, June 15, 1980, p. A1)

'Cliff Bakery To Replace Guttled Kitchen

The old Longcliff bakery will be converted into a kitchen.

James Frohbieter, hospital superintendent, said Monday he hopes the conversion can be completed this week so the 658 patients at Longcliff can have hot food again.

The rubble from the fire that destroyed the main kitchen Saturday evening was expected to be cleared away today. That will show the extent of the equipment loss and will also show the condition of the gas line that runs under the kitchen to the bakery. That gas line will have to be used in the conversion of the bakery to a kitchen.

The state fire marshal was expected here today to investigate the fire, but it is believed to have been caused by a gas-fired revolving tray oven used to cook the meat. James Dancy, food service director, said the oven, which had six trays, became overheated. It never before had caused any trouble during its 20 years of use.

Patients have been served cold foods since the fire, but they will get hot food again this week if the bakery conversion can be completed. Frohbieter said he doesn't know when it will be possible to serve food to the employees again. Only 160 of the more than 700 employees have been eating in the employees' dining room, Dancy said.

The contract for a new food services building already had been awarded before the fire and the water mains and sewer line to the new site already have been laid, Frohbieter said. The new building will be located on the site of the former men's infirmary. Demolition of that building is just about completed. The contractor indicated he hopes to have the new building ready for use by next April. However, the hospital superintendent said he doubts that it can be ready that soon.

There were no patients in the dining room when the fire broke out so it was not necessary to evacuate any of them. They were stopped from entering the dining room when the fire broke out in the kitchen area. The fire did not spread to the dining room because of a fire wall between that room and the kitchen. Frohbieter said Monday he still has no estimate of the loss.
Logansport Pharos-Tribune (Monday, June 16, 1980, p. A1)

"Hoosiers Helping Hoosiers" Food Drive

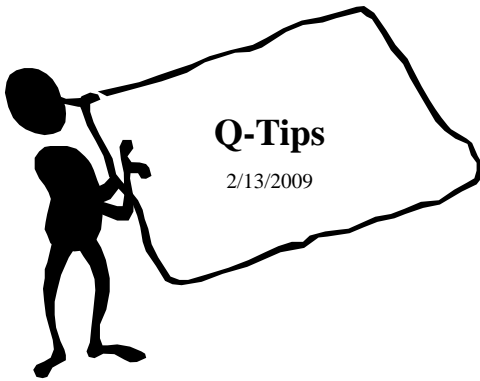
Thank you to all who donated for the "Hoosiers Helping Hoosiers" Food Drive right here at Logansport State Hospital (LSH)! Together, we were able to provide Logansport Salvation Army and Walton Community Ministries with over 1,000 food items for their food pantries and \$70 in monetary donations! As always, LSH employees come through when needed most! LSH was ninth in collecting agencies statewide for the food drive!

Thank you!

Sincerely,
Community Services
Logansport State Hospital



Tressa Bowman (L) from Logansport State Hospital delivers over 1,000 food items collected to the Walton Community Ministries Food Bank



Continuous Readiness Reminders

- **Technology back-up**

By

Quality Management

One of the Joint Commission's Management of Information standards states:

"The hospital has a business continuity/disaster recovery plan for information systems, which includes the identification of the most critical information functions for patient care, treatment, and services and business processes, and the impact on the hospital if these systems were severely interrupted.

This means that for every patient care or business process that depends upon technology, LSH must have a documented plan to provide for continued services for cases of scheduled or unscheduled outages.



Examples at LSH include:

1. Quadramed pocMAR system: Central nursing prints the information from this system on paper each night. If the electronic system fails, then the paper MAR is distributed to the unit for medication administration. The electronic documentation is updated later when the system is operational. If the servers go down for a lengthy failure, LSH has back up servers.
2. Phone system: LSH has a multi-tiered backup phone system. If the main system goes down, there are 23 Gordon Kapes (**RED**) phones placed throughout the hospital. LSH also has outside phones not dependent on our local phone equipment (i.e. TDD line, fax lines). There are also cell phones and radios for communications as well as "people runners" if necessary.
3. Material Safety Data Sheets: All staff has access to this information via the LSH intranet. In the event that the computers are down, a current HARD COPY is kept in the Safety/Security front office (old fire station). Security has 24 hour access to this area.

Technology is great; but remember there is always a back up plan!
Staff must be able to verbalize this to a surveyor when asked.

Who Am I?



Can you guess who this is?

If you can, call
Darrin Monroe at #3803 or e-mail Darrin at
darrin.monroe@fssa.in.gov.

Employees with correct answers will be put into a drawing for a chance to win a free soft drink from the Hillside Café.

If you have an early picture of an employee and would love to have a little fun with it, call Darrin Monroe at # 3803.

A Cause for Paws thanks

The donation that you so generously
sent to "A Cause for Paws"
has been used to help an
animal in need.

We truly appreciate the
confidence you placed in our
organization and want to convey
our sincerest thanks!

Thank
You

Thank
You

*Our sincerest thanks
to the State Employees
who donated through
the 2008-09 SECC.*

Thank you for
"helping us help them"!

Culinary Corner

Easter Fruit Salad Recipe



SERVINGS: 12

TIME: Prep: 25 min. + chilling

Ingredients:

- 1 can (20 ounces) unsweetened pineapple chunks
- 3/4 cup sugar
- 2 tablespoons all-purpose flour
- 2 eggs, lightly beaten
- 1 tablespoon lemon juice
- 1 cup heavy whipping cream, whipped
- 1 can (11 ounces) mandarin oranges, drained
- 1 package (10-1/2 ounces) pastel miniature marshmallows
- 1 jar (10 ounces) maraschino cherries, drained and chopped

Directions:

Drain pineapple, reserving juice; set pineapple aside. In a heavy saucepan, combine the sugar, flour, eggs, lemon juice and reserved pineapple juice until smooth. Cook and stir over medium-low heat until mixture is thickened and reaches 160°. Cool to room temperature.

Fold in whipped cream. In a large bowl, combine the oranges, marshmallows, cherries and reserved pineapple; fold in cooked dressing. Refrigerate until chilled. Yield: 12 servings.

Sneaky



Snaps!



Gotcha!

Terry Tharp and Bob Wandrei caught having fun being DJ's at the patient's Valentine Dance. Thank you to Terry and Bob for their generosity in giving of their own time to the patients.

Be on the lookout for Darrin and his camera. You may be the next person caught in the act.



UPCOMING EVENTS

March 25 - April 22

- ✦ March 25th - Creative Writing @ 10:00 AM
- ✦ March 26th - Clinton Co Gold Ladies - D2E @ 9:00 AM
- ✦ March 26th - Clinton Co Gold Ladies - L1E/CLW @ 10:00 AM
- ✦ April 1st - Creative Writing @ 10:00 AM
- ✦ April 2nd - Jr. High Luncheon 9:00 AM - 1:30 PM
- ✦ April 6th - Social Club @ Cass Co MHA 6:00 PM - Dodds
- ✦ April 8th - Creative Writing @ 10:00 AM
- ✦ April 8th - Morale Boosters Picture with Mr. & Mrs. Easter Bunny & Bake Sale - ADM building @ 6:00 AM
- ✦ April 8th - Scavenger Hunt - Fogel Building - 9:30 - 11:00 AM
- ✦ April 12th - Easter Lunch @ Knights of Columbus
- ✦ April 15th - Creative Writing @ 10:00 AM
- ✦ April 15th - Purdue Bingo @ 2:00 PM - D2W
- ✦ April 15th - Catholic Mass @ 3:30 PM
- ✦ April 9th - Volunteer Recognition Day - 1:30 - 3:30 PM
- ✦ April 22nd - Purdue Bingo @ 10:00 AM - D2W
- ✦ April 22nd - Purdue Bingo @ 10:00 AM - D1W
- ✦ April 22nd - Creative Writing @ 10:00 AM