



Indiana Access to Recovery Referral Source Information

Indiana Access to Recovery (INATR) is a four year federal grant, awarded to the Division of Mental Health and Addiction in October 2010. INATR assists clients who want to get into recovery from substance use problems and disorders or need assistance maintaining their recovery. INATR pilots a **recovery-oriented approach to care** and helps clients gain access to a network of clinical, community, and faith-based providers who provide treatment and recovery support services to eligible individuals.

What is recovery-oriented care?

Recovery-oriented care uses a holistic approach to helping individuals with substance use problems and disorders. Recovery-oriented care utilizes person-centered planning and provides a menu of services that can help address any barriers on a client's road to recovery by leveraging free or low-cost federal, state, and community services, including those funded by Indiana Access to Recovery (INATR). This approach builds on client strengths and addresses needs in a comprehensive way. A Recovery-oriented system:

- Is person-centered
- Is inclusive of family and other allies
- Is anchored in the community
- Is strengths-based
- Is responsive to personal belief systems
- Offers integrated services
- Incorporates ongoing monitoring and outreach
- Is culturally responsive
- Offers peer recovery support services
- Provides individualized comprehensive services across the lifespan

What services can INATR fund for clients?

- Recovery Consultation
- Clinical Assessment
- Outpatient Treatment Groups
- Individual Addictions Treatment
- Integrated Treatment of Co-Occurring Disorders
- Medication-Assisted Treatment
- Transitional Housing
- AOD Screening
- Peer Coaching
- Family and Marital Counseling
- Employment Services
- Faith Based and/or Community Support
- Parenting services Education and/or Respite Care
- GED and Supportive Education

Who is eligible?

INATR eligible clients must meet all of the following criteria:

- Must live in one of the eleven INATR counties: Allen, Clark, Elkhart, Floyd, Johnson, Lake, Marion, Monroe, St. Joseph, Vanderburgh or Vigo, or if military, must reside within the state of Indiana
- Household income must be at or below 200% of Federal Poverty Line or if military, must be at or below 500% of Federal Poverty Line
- Must have a substance abuse or dependence problem and be motivated to work toward recovery
- Must be a legal adult

In addition to the criteria listed above, the client must meet one of the target populations:

- Military Service Person (past or present)
- Women who are Pregnant
- Women who have Dependent Children
- Individuals who have been released from a Criminal Justice facility in the past 30 days or who are currently involved with the Criminal Justice system (post adjudication)
- Individuals who have recently used Methamphetamine
- Individuals who have recently signed an agreement with a Diversion Court

INATR Recovery Consultants are paraprofessional resource coordinators who will ultimately determine eligibility and will work with clients to identify options available to them, encourage participation, manage funds, and troubleshoot barriers to the client's recovery.

How can I refer clients to the INATR program?

To refer a client to the INATR program, please visit the website (atr.fssa.in.gov), follow the "Referral Information" link, and select the Client Choice Form for the client's county of residence. By completing this form and faxing it to the Recovery Consultant agency of their choice (agencies are listed on the Client Choice Form), you have taken the first step in referring the client to the INATR program. A follow-up phone call to the Recovery Consultant agency is recommended.

For more information please visit ATR.fssa.IN.gov. To contact INATR program staff, email INATRinfo@fssa.in.gov or call 317-232-7896.

