



Indiana Access to Recovery Client Information

What is Indiana Access to Recovery?

Indiana Access to Recovery (INATR) is a federally-funded program. INATR's purpose is to support your recovery from alcohol and drug problems. Recovery is a process of change and leads to improved health, wellness, and quality of life. INATR understands not everyone follows the same path in recovery, so this program connects you, the client, to resources that you think will help you in your recovery. To enroll you must desire to be in recovery.

INATR is a client choice program which means that you get to decide the recovery plan that is best for you. To help with your decision, a Recovery Consultant (RC) will work with you to complete a personal recovery plan when you enroll. This allows you to see your strengths and identify barriers to achieving recovery.

How does it work?

You are involved in every step of the process. You choose providers and recovery services tailored to you. Some of the treatment and recovery services you need may be paid for by the INATR program and some of them may be free or low cost services in your community. The important thing is they are chosen by you and will be helping you reach your goal of a lifestyle of recovery.

As a part of the helping process you will have constant contact with your RC and provider agencies while enrolled in the INATR program. Six months after your start date, you will participate in a follow-up interview with your RC. You may be eligible to receive an incentive for your participation.

INATR will assist with funding for a variety of services as they relate to your recovery plan. Examples of the services are listed below:

Recovery Support Services:

Recovery Consultation: Recovery Consultants (RCs) determine who can participate in INATR. They assist you in choosing which services will help to meet your recovery needs. RCs also organize payments to providers through the INATR voucher system.

Housing Assistance: RCs can connect you with transitional housing at a halfway house or sober living environment.

Alcohol and Drug Screening (AOD): AOD urinalysis test are available, and must be conducted by a certified agency.

Substance Abuse Prevention and Intervention Education: These classes offer education and support to teach you how to achieve or maintain sobriety and improve your health and wellness.

Peer Coaching: This service provides you with a recovery role model who can help you realize your personal recovery goals, highlight your strengths, assist in increasing your problem solving skills, and improve your self confidence.

Family and Marital Counseling: Counseling is provided to address concerns or problem in your family or marriage as it relates to your recovery and continued sobriety.

Employment Services: Services to assist you with obtaining proof of employment, obtaining an ID, skills on completing job resumes, interviewing skills, admission of criminal history planning, GED preparation/ testing, referral to Vocational Rehabilitation agencies, and information on self-employment.

Faith Based and Community Support: Services that assist you in reconnecting to your community or your faith community.

Transportation: Transportation to recovery related services/events can be in the form of bus passes or rides in an agency vehicle.

Parenting Education: Parenting assistance is offered in an individual or group setting and will help you develop positive parenting skills as it relates to your recovery.

Parenting Support (respite care): If adequate childcare may keep you from attending recovery services, childcare assistance is available at approved providers.

GED and Supportive Education: If a lack of education or life skills is limiting you in your recovery, INATR can assist with GED testing fees, literacy improvement, and/or secondary education as it relates to your recovery.

Clinical Services:

Clinical Assessment: This service is an in-depth assessment that helps you determine your strengths and needs in the areas of substance use problems, co-occurring mental or physical health, or developmental disorders.

Integrated Treatment of Co-Occurring Disorders: If a clinical assessment determines the presence of co-occurring disorders, you can access treatment services designed to address those co-occurring disorders.

Outpatient Treatment: If group and individual outpatient sessions that address substance use problems and disorders are needed, INATR can connect you with a licensed and certified organization.

Medication-Assisted Treatment: This includes treatment with any of the following medications and the programming that accompanies this service: Methadone, Buprenorphine, Disulfiram, Naltraxone-oral, or Acomprosate Calcium.

Please remember services and providers available to you may vary by county. Providers must be certified by INATR in order to use INATR vouchers as payment.

For more information, please visit the INATR website at ATR.fssa.IN.gov.

