

Abe Lincoln Walking Club to Begin at Lincoln State Park...

Indiana Department of Natural Resources

Thursday, April 7th marks National Start Walking Day. Join the Naturalist at the Nature Center and we'll walk around Lake Lincoln. The walk will begin at 6 am so everyone can get a walk in before work. The club will meet every Tuesday and Thursday at the Nature Center. Bring a friend and make a friend. Let's get healthy and enjoy Lincoln State Park at the same time. Donuts and sodas will not be provided but several water fountains will be available along the way. For more details call Michael at the Nature Center at 937-1979. The state has sponsored a "Healthy Parks, Healthy People" program for years and the walking club will continue the tradition. Come rain or shine. We'll get a work out in. Please bring appropriate footwear.