

Attachment G

This document contains sample documents and registration website samples for some of the Conferences that DCS has available.

The following website is used for registration, evaluations, and handouts for the Institute for Families Conference: <http://www.theinstituteforfamilies.org/>.

Online registration for the 42nd Annual Adoption Forum that will be part of the RAPT Conference can be found at: www.iaaccsconference.eventbrite.com.

The following link provides workshop information for the Annual Adoption Forum that will be part of the RAPT Conference:

<http://iaaccsconference.weebly.com/workshop-descriptions.html>.

Welcome to the Institute for Strengthening Families!

We continue to offer top-level training at the most affordable price in town. The purpose of THE Institute for Strengthening Families is to offer training and resource materials that will assist providers in their efforts and dedication to strengthen families and support young children to be “safe, healthy and ready to learn.”

THE Institute for Strengthening Families is offering intensive training through skill-building, three-hour seminars provided by subject matter experts. The seminars are relevant to substance abuse, domestic violence, development and infant and adult mental health.



“The Indiana Department of Child Services is grateful to the parents, community partners, providers, staff and volunteers who work tirelessly on behalf of the children and families we serve. This is the fifteenth event that The Institute for Strengthening Families has offered outstanding trainings focused on ending the cycle of child abuse and neglect, an accomplishment we should all recognize and celebrate. Each person in our state can make a difference in the life of a child. By participating in The Institute, you are acquiring skills to create positive change for children and their families. I sincerely thank you for your efforts to make Indiana a safer place for kids.”

A handwritten signature in black ink, appearing to read 'James W. Payne', written in a cursive style.

James W. Payne, Director

Indiana Department of Child Services

Win Gift Cards

Your registration gives you a chance to WIN.

A registrant will be selected at random each day. All winners will receive their gift cards delivered to one of their seminars.

You must be present to win!

The Institute for Strengthening Families is sponsored by:



The Institute On-site Office is in the McCarran Room located on the Second Level of the Crowne Plaza Hotel.

This conference is managed by:



940 East Garfield Drive, Indianapolis, IN 46203 317-313-4046

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SAVE THE DATE

Institute for Strengthening Families

September 17-19, 2012

Watch your email for additional info!

CONFERENCE INFORMATION

Breaks

Breaks will be taken at the Presenters' discretion. We are providing a morning coffee and tea beverage break. Since we are finishing the seminars at 4:00PM we will not provide an afternoon break station.

CEUs

CEU approval language can be found under Indiana Administrative Code: 839 IAC 1-6-2 (f) (86). Each attendee will receive a certificate indicating the completed course work and how many hours.

Handouts

Handouts for the Institute sessions are available to download at <http://theinstituteforfamilies.org/april-handouts>. Registered attendees can login using their last name. Handouts will be available for download beginning on April 19, 2012 and will remain available for download until July 1, 2012.

Meals

A modest sack lunch is included with your registration fee. It consists of a turkey or ham and cheese sandwich, chips, whole fruit and a cookie. Those who have a special dietary request, please see someone at the check-in desk for your meal pass.

Surveys

A brief online survey will be sent to you following THE Institute. Please fill it out right away as your comments help guide us in planning the next Institute!

AGENDA

Monday, April 16, 2012

8:00–9:00 a.m.	Check-in
9:00–10:00 a.m.	Keynote Address with Mark Wynn, <i>“Making the Law Keep Its Promise”, Ballroom ABC</i>
10:15–11:45 a.m.	Morning Seminars (see Seminar Listing)
Noon– 1:00 p.m.	Lunch (Sack lunch provided)
1:00–4:00 p.m.	Afternoon Seminars (see Seminar Listing)
4:30–7:30 p.m.	Reception to celebrate Phyllis Kikendall, please join us as we celebrate the dedication and love Phyllis has for Indiana’s families and children. Hors d’oeuvres and a cash bar Take a stroll down memory lane! Prizes and fun!

Tuesday, April 17, 2012

8:00–9:00 a.m.	Check-in
9:00–Noon	Morning Seminars (see Seminar Listing)
Noon–1:00 p.m.	Lunch (Sack lunch provided)
1:00–4:00 p.m.	Afternoon Seminars (see Seminar Listing)

Wednesday, April 18, 2012

8:00–9:00 a.m.	Check-in
9:00 a.m.–Noon	Morning Seminars (see Seminar Listing)
Noon–1:00 p.m.	Lunch (on your own)
1:00–4:00 p.m.	Afternoon Seminars (see Seminar Listing)

Please visit our Exhibitors!

Early Childhood Center,
Indiana Institute on Disability and Community

Indiana Association for Infant & Toddler Mental Health

Infant Toddler Specialists of Indiana

PediPlay

Prevent Child Abuse Indiana, The Villages



“Compassion, Collaboration, Grace”

Compassion...Someone asked for three words to describe Phyllis. The first word that comes to mind is compassion. For Phyllis, compassion is an active verb. Phyllis’s approach to all situations and everybody is to use her compassion to understand their needs. We have all seen her use that compassion to help them feel heard and empowered to get themselves un- stuck and with the program of supporting Indiana’s children. Every discussion and decision is centered on the needs of the children of Indiana, and radiates to the service providers, supporting them in doing their best with families

Collaboration...We lovingly call her “the queen of collaboration.” If there is an opportunity to bring people together in order to make life better for children, she will make it happen. She has a gift to bring even the most contentious folks to the table to tackle issues. She has a presence which encourages partnering and letting go of personal agendas and focus on the children. There are many stories to be told about the lengths to which she would go to get stakeholders on board.... Some involve brownies, others her sheer tenacity. Let’s just say... she is a true champion of collaboration.

Grace! We all want to be Phyllis when it comes to grace. She is humble and always keeps the focus on the project and never allows the focus to be her or any one person. Her focus is on the children. She is never deterred from her life’s work, helping families.

We could never say enough to thank Phyllis for her years of dedication to children and the prevention of child abuse in Indiana. We cannot count the thousands of children and families who have benefited from her dedication, but we know there are many.

We bid you a happy retirement, our dear friend, and thank you for being you!

Let’s Celebrate!

Monday, April 16, 4:30 – 7:30 PM in the Ballroom of the Crowne Plaza Indianapolis Airport.

Please join us as we celebrate all the great work and friendships Phyllis has brought to the lives of Indiana’s children, families and to all of us! Phyllis has requested no gifts. In lieu of gifts we will have a “Baby Shower” for items needed for children 0-12 years. These items will be distributed to HF and CP programs at the end of the evening. You must be present to win. The more staff the more chances you’ll have. Please bring gifts in gift bags, unwrapped, and with name of donor attached. There will be a cash bar and hors d’oeuvres. The evening will include fun and frolic.

We look forward to seeing you there!

SEMINAR DESCRIPTIONS

Monday, April 16, 2012

9:00–10:00 a.m.

A001 - Keynote Address



Mark Wynn

Room: Ballroom ABC, Lobby Level

Lt. Wynn motivates his audience to look at domestic violence through the eyes of a twenty-year public servant and a ten-year survivor of domestic violence. He discusses the importance of an ongoing commitment to guaranteeing individual civil rights. He focuses on addressing why victims are reluctant to report, why they stay, why offenders batter and how it impacts children.

He inspires his audience to further their understanding of victim's lack of protection and loss of trust in government and the community, as well as who pays the price for failing the victims of this often hidden crime. He draws a clear connection of the power and control used in terrorism to domestic violence and challenges his audience to change the system to insure the safety of the victim, the police and the community.

Monday, April 16, 2012

10:15–11:45 a.m.

A002 - Learning Self-regulation: A Crucial Task for Babies

Christopher Watson

Room: LaGuardia AB, Lower Level

Babies and toddlers are experiencing (and hence learning) how to “regulate;” that is, maintain feelings of well-being and modulate their degree of arousal (Davies, 2004). The capacity to regulate—to control one’s emotions and actions—is a core strength that must be taught. Learning this skill is one of the baby’s most important tasks. It is through relationships between adults and children that regulation is acquired. In this session we’ll explore how adults assist infants and toddlers as “regulatory partners.” This will include strategies early childhood professionals can use to help family members support their infants’ development.

Level: intermediate

This presentation will include observation of video segments, conversation and problem solving in pairs, small group work, and large group discussion.

A003 - Helping Parents Help Their Children with Behavior Issues – A Parent and Child Interaction Observation Process, Session A

Robert McDaniel

Room: Lambert AB, Lower Level

“Often parents express their frustrations in dealing with the behavior issues of their children. It is difficult to advise them where to start on resolving these problems if they are not also aware of how their parenting skills, responses and interactions with the child determine the effectiveness of their actions. By helping parents to first see and understand the way that they are currently responding to their child’s misbehavior, you may then be able to offer suggestions and strategies, especially from the Love and Logic Parenting Program, to help them both reduce their own stress levels and improve their child’s behavior.

The is a new idea being developed by the presenter and is based on his experience as a school principal and facilitator of another nationally known program for teachers. Its purpose is to help teachers observe each other to identify and improve their interactions with students as well as to set higher expectations for achievement. Participants will be introduced to the observation procedures, the use of an interaction recording form and the process for sharing the results with parents. Your feedback and suggestions will be used to help further refine this program. It is recommended that participants also attend the afternoon “Becoming a Love and Logic Parenting Program” session to be introduced to the most effective strategies for helping parents with a variety of child behavior issues.”

A004 - Engage Me!: Using Creativity to Deliver Curriculum

Angielena Williams & Stephanie Bailey

Room: Logan AB, Lower Level

Finding ways to actively deliver the curriculum we use to educate families that is not monotonous can be challenging. Together, we will discuss a variety of family structures, barriers, and different avenues of creativity to engage families and encourage positive interaction through hands-on activities.

Level: Beginner to Intermediate

Style: Lecture/Hands-on

I. Introduction

- a. Introduce Speaker/Co-Speaker
- b. Overview of Session
- c. Ice Breaker

II. Objective #1 (Participants will identify barriers to delivering curricula to families)

- a. Explanation of Barriers
- b. Small Group Activity (splitting into groups to identify Family Support Worker/Direct Service barriers and family barriers)
- c. Whole Group Activity (coming up with solutions for each barrier presented)

III. Objective #2 (Participants will be introduced to a variety of useful curricula to use with families)

- a. Introduction of Curricula
- b. Small Group Activity (each small group will examine one curricula each)
- c. Whole Group Activity (identifying the pros and cons of each curricula reviewed)

IV. Objective #3 (Participants will participate in hands-on activities to creatively engage families)

- a. The Use of Music
- b. The Use of Technology
- c. Small Group Activity (each group will have an opportunity to explore pre-made activities to compliment certain curricula)
- d. Whole Group Activity (identifying what works best for different types of family make-ups)

V. Wrap Up

- a. Bring it All Together
- b. Take Home Packets

A005 - Assessing Threats, Session A

Mark Wynn

Room: Ballroom A, Lobby Level

This lesson outlines the most common element in domestic violence incidents, the threat. The student is guided through the verbal threat; it's impact on the victim and how to build a view of seriousness using pre-incident indicators to violence. A profile of domestic murders using actual case examples and the common denominators in these fatal cases will be discussed.

A006 – Core Supervisor Training, Two-day Seminar

Casey Holt

Room: Gatwick, Second level

This 2 day training is required for all Supervisors in the Healthy Families Indiana program. We will explore the supervisory requirements for the program, review HFA Critical Elements and the corresponding standards for the program, as well as use video of supervision sessions to determine appropriate methods of providing and documenting supervision to direct service staff in the Healthy Families Indiana program.

A007 - Music for the Early Interventionist's Toolbox

Christine A. Barton, MM, MT-BC

Room: Chanteclair, Top Floor

Music and children are like peanut butter and jelly. It's hard to think about one without the other. Music has the potential to stimulate all of the senses and appeal to a wide range of ages and developmental stages. It is highly motivating and can encourage socialization, self-expression, communication and motor development. Music can offer children an avenue for successful participation. Caregivers all over the world use music to help create bonds, regulate affect, entertain and engage infants and young children. Come and fill your early interventionist's toolbox with music.

This workshop will:

1. Introduce attendees to current research regarding music and early intervention.
2. Provide attendees with music experiences to use in their interactions with young children.
3. Provide video examples of children with engaged in music experiences.
4. Engage attendees in "musicing." (creating music)

Open to any level.

**A008 - Developing Resilience/Taking Care of Yourself So You Can Take Care of Your Family, Part 1
Stress, Nutrition & Humor**

Joel Weintraub

Room: Amphitheater, Third Level

Taking care of yourself means more than setting sail on your annual cruise or lying down to a weekly back massage. In order to truly take care of yourself you have to start with the basics. If you can't control stress, enjoy a good night sleep, and if you are suffering from back pain, then it does not matter where you go or how many times someone releases the tension between your shoulder blades. If you are rushing around with the same pile of papers on your desk after you close those office doors behind you as when you walked in, if you walk in the supermarket attempting to buy shaving cream and absent-mindedly walk out with whipped cream, then it doesn't matter how many glasses of wine and double lattes you down as you aspire to achieve daily bliss. To truly take care of yourself you may want to pamper yourself with the following:

- Discover five stress reduction techniques that will put you in control of your emotions
- Learn five sleep techniques that will have you nodding off as soon as your head hits the pillow
- Prevent/treat low back pain with these seven flexibility and strength training exercises
- Reduce the risk of injury on the job
- Take control back in your life with this program on time management
- Remember important information with these easy to learn memory techniques

A009 - Promoting Positive Attachment and Building Resilience to Trauma - All day seminar

Anne Carlson, Psy.D., HSPP

Room: Symposium, Lobby Level

All-day Seminar: Early relationships and early experiences form a foundation that guides future relationships and set the tone for subsequent responses to the world. For some whose early experiences include negative relationships and trauma experiences, serious negative outcomes are possible. These consequences can be seen across the lifespan and may include long-term challenges in relationships, problems in achievement at school or in the workplace, and mental and physical illness. This one-day session will provide information about current research in attachment and trauma. Discussion will include a review of the links between parental attachment, caregiving practices, and child attachment and behavior. Participants will discuss ways to promote positive relationships and methods for assisting young children and families who have experienced trauma.

Objectives

- Participants will describe secure and insecure attachment relationships across the lifespan.
- Participants will recognize links between caregiver behavior and child attachment and links between adult attachment organization and parenting behaviors.
- Participants will identify immediate and long term effects of traumatic experiences.
- Participants will practice and discuss ways to address challenged relationships in families.

Level: Intermediate

A010 - Checking Progress of HFA Standards in Family Wise

Diane Pinkston and Tammy Jones

Room: Ballroom C, Lobby Level

For HFI Program Manager wishing to better understand how to use Family Wise to measure their progress in meeting HFA standards.

A0100 - So What About Dads? Strategies for Enhancing Partnerships with Fathers

Steve Viehweg

Room: Lindbergh AB, Lower Level

The role of fathers in their young children's social emotional development has become an increasingly important question. Providers wonder how to include fathers and how to best provide them with useful information to support them in quest to be good dads. Come join a discussion about what we are learning from research and how this translates to increased partnerships with fathers.

Beginner level; Lecture/small group discussion/video

Participants will:

- Describe the role fathers play in their children's social-emotional development
- Identify methods to increase partnerships with fathers
- Consider how to translate what the research says into practical strategies to enhance partnerships with fathers

Monday, April 16, 2012

12:00-1:00 p.m.

LUNCH-Preregistered "sack lunches" may be picked up in the Main Floor lobby.

THINK TANK Meeting, Hartsfield, 11:45 a.m. – 1:00 p.m.

Monday, April 16, 2012

1:00-4:00 p.m.

C001 - Getting Along with Difficult People while Learning how to Make Friends with Stress and Overcoming Aggression in Families

Joel Weintraub

Room: LaGuardia AB, Lower Level

In order to get along with difficult people we must learn how to center ourselves and stay in a positive emotional frame. Within one hour you will learn how your children's and your own emotions interfere with critical thinking and how to harness the power of the Pre-frontal cortex for intelligent and creative problem solving. You will also discover how to teach them to disarm confrontational behavior and how to turn potential adversaries into respectful partners working toward a common goal. Topping off this seminar will be information on the power of humor and its role in diffusing difficult situations and turning frustrating experiences into humorous dramatization.

C002 - An Introduction to the "Becoming a Love and Logic Parenting Program"®, Session B

Robert McDaniel

Room: Lambert AB, Lower Level

A three-hour look at Love and Logic - "Often parents express their frustrations in dealing with the behavior issues of their children. It is difficult to advise them where to start on resolving these problems if they are not also aware of how their parenting skills, responses and interactions with the child determine the effectiveness of their actions. By helping parents to first see and understand the way

that they are currently responding to their child's misbehavior, you may then be able to offer suggestions and strategies, especially from the Love and Logic Parenting Program, to help them both reduce their own stress levels and improve their child's behavior.

There is a new idea being developed by the presenter and is based on his experience as a school principal and facilitator of another nationally known program for teachers. Its purpose is to help teachers observe each other to identify and improve their interactions with students as well as to set higher expectations for achievement. Participants will be introduced to the observation procedures, the use of an interaction recording form and the process for sharing the results with parents. Your feedback and suggestions will be used to help further refine this program. It is recommended that participants also attend the afternoon "Becoming a Love and Logic Parenting Program" session to be introduced to the most effective strategies for helping parents with a variety of child behavior issues."

C003 - Treating the Hip Hop Generation

Michael D. Vann

Room: Logan AB, Lower Level

Through lecture, discussions and videos, this workshop will explore the history and evolution of the Hip Hop culture and examine the cultural paradigm of shame and alienation surrounding mental health and substance abuse/dependence issues within the hip hop sub-culture. This workshop is geared to those who are seeking to gain knowledge of the fundamentals of substance abuse/mental health among men in this special population.

By the end of this workshop participants will be able to;

- Explore contributing factors to substance dependence and mental health problems
- List the drugs most commonly used by those in the hip hop culture
- Identify how and why members of the hip hop culture access treatment
- Examine the characteristics of counselors/therapist who are best able to engage them in treatment

C004 - Assessing Threats, Session B

Mark Wynn

Room: Ballroom A, Lobby Level

A longer look at this topic, this lesson outlines the most common element in domestic violence incidents, the threat. The student is guided through the verbal threat; its impact on the victim and how to build a view of seriousness using pre-incident indicators to violence. A profile of domestic murders using actual case examples and the common denominators in these fatal cases will be discussed.

C006 - HFI Program Managers Meeting

Marty Temple and Kristin Cotter Mena

Room: Amphitheater, Third Level

This is the HFI Program Managers Meeting. If this is the only session you are attending, there is no charge. If, however, you attend any other session or intend to take advantage of the "sack lunch" option then you must register and pay the \$35.00 registration fee.

C007 - Generational Differences

Birdie Meyer

Room: Chanteclair, Top Floor

Presentation Abstract (please provide a complete description of objectives, level [advanced, intermediate, beginner], style, lecture or experiential and any other activities you plan for your 3-hour seminar): This presentation will cover the 5 major age groups and their values, differences, work ethic, opinions, heroes, and ideas. The presentation will start with the Depression Era and finish with today's generation and those in-between. This will help us understand how to better communicate with our co-workers and our clients and their families.

C009 - Learning Self-regulation: A Crucial Task for Babies

Christopher Watson

Room: Stapleton, Second Level

A more in-depth look at this topic. Babies and toddlers are experiencing (and hence learning) how to "regulate;" that is, maintain feelings of well-being and modulate their degree of arousal (Davies, 2004). The capacity to regulate —to control one's emotions and actions— is a core strength that must be taught. Learning this skill is one of the baby's most important tasks. It is through relationships between adults and children that regulation is acquired. In this session we'll explore how adults assist infants and toddlers as "regulatory partners." This will include strategies early childhood professionals can use to help family members support their infants' development.

Level: intermediate

This presentation will include observation of video segments, conversation and problem solving in pairs, small group work, and large group discussion.

C010 - So What About Dads? Strategies for Enhancing Partnerships with Fathers

Steve Viehweg

Room: Lindbergh AB, Lower Level

The role of fathers in their young children's social emotional development has become an increasingly important question. Providers wonder how to include fathers and how to best provide them with useful information to support them in quest to be good dads. Come join a discussion about what we are learning from research and how this translates to increased partnerships with fathers.

Beginner level; Lecture/small group discussion/video

Participants will:

- Describe the role fathers play in their children's social-emotional development
- Identify methods to increase partnerships with fathers
- Consider how to translate what the research says into practical strategies to enhance partnerships with fathers

D001 – Reception/Celebration for Phyllis Kikendall

Check-in: Ballroom ABC Foyer

Time: 4:30 – 7:30 p.m.

Tuesday, April 17, 2012

9:00a.m. – Noon

E001 - NCFAS Training for HFI

Kristin Cotter Mena

Room: LaGuardia AB, Lower Level

North Carolina Family Assessment Scale training is for supervisors who will be collaboratively completing the NCFAS with their Supervisees. This is for Healthy Families Supervisors only (Community Partners with permission).

E002 - ASQ

Liz Wisker

Room: Lambert AB, Lower Level

ASQ Basic is the training for a new staff who has never been trained on how to use the tool. ASQ stands for Ages and Stages Questionnaire and is the developmental screening that HFI uses.

E003 - DOC

Diana Lightfoot

Room: Logan AB, Lower Level

Review of the Basics of documentation, Trends in HFI Documentation, review of sites documentation, best practices and examples of how to document and how it all ties together from FRS to FSS and Supervision.

E004 - Relationship-based practices-ALL DAY

Anne Carlson

Room: Symposium, Lobby Level

All day: In many families that access prevention or intervention services it is not unusual for the parents have histories that include exposure to trauma or other adverse experiences and/or challenged relationships. As a result of these complex histories, many of our clients may find it difficult to form a partnership with us. And some may have challenges attaining a positive relationship with their own family and children. In this one-day session, participants will discuss why some families may be challenging to connect with, review and practice methods for working with difficult families, and consider their own needs for supervision and support in this intense field.

Objectives:

Participants will identify ways in which exposure to trauma or a challenging early relationship history may affect one's response to service providers.

Participants will use a parallel process framework to consider how the relationship between the provider and the parent has the potential to positively enhance the parent-child relationship.

Participants will identify and practice effective methods for working with challenging families.

Participants will consider effective ways to obtain and utilize reflective supervision.

Level: Intermediate

Activities: combination of lecture, large group, and small group activities

E005 - HFPI/IPV

Jessica Hicks

Room: Stapleton, Second Level

IPV-Training on the IPV screen. How to complete it if MOB is alone or not alone, how to document it, developing a safety plan, myths about DV, and some tips to give MOB if she leaves.

HFPI- Why it was implemented, how to complete it with the family, tips for administering it, how to use it to guide services, and how to follow-up.

E006 - Dads Panel - How to Engage Dads, #1

Marty Temple and Panel Guests

Room: Amphitheater, Third Level

Engaging Dads in home visiting. A panel of fathers will share what works in becoming engaged fathers and what challenges are present.

E007 - Working with Database Exports in Excel

Tammy Jones, RDQA & Diane Pinkston, Analyst

Room: Ballroom C, Lobby Level

For intermediate Excel users wishing to extract the information they want from their system database. Will cover topics such as sorting, filtering, sub-totaling, pivot table, and more.

E008 – PIPE, Two Day Training

Susan Crawley and Lisa Cart

Room: Executive Board Room, Third Level

Tuesday, April 17, 2012

12:00-1:00 p.m.

LUNCH-Preregistered “sack lunches” may be picked up in the Main Floor lobby.

Tuesday, April 17, 2012

1:00-4:00 p.m.

G001 - Community Partners Meeting

Kritsin Cotter Mena

Room: LaGuardia AB, Lower Level

Meeting for Community Partners, regarding Partnertude. Please register for this meeting - there is no charge if this is the only meeting you attend. If, however, you attend any other seminar or take advantage of the lunch at the Institute then you must pay the \$35.00 registration fee.

G002 – ASQ

Liz Wisker

Room: Lambert AB, Lower Level

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G003 – DOC

Jessica Hicks

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Review of the Basics of documentation, Trends in HFI Documentation, Review of sites documentation, Examples how to document, How it all ties together from FRS to FSS and Supervision.

G004 - Supporting Very Young Children and Families: Infant/Early Childhood Mental Health In Practice

Angie Tomlin

Room: Amphitheater, Third Level

The emotional lives of very young children are shaped by early experiences and these experiences may continue to exert an influence into adulthood. For many families difficult life experiences lead to ongoing struggles with development, relationships, and behavior. This session will use key areas of infant/early childhood mental health theory, research, and clinical practice, as a starting point for family supports. Participants will build on foundational understanding of topics including attachment, self-regulation and difficult behaviors, and relationship-based practice, to identify practical methods to enhance child development and parenting skills through support of the parent-child relationship.

Objectives:

1. Participants will recognize the signs of emotional well being in young children
2. Participants will describe a secure attachment and red flags for attachment concerns.
3. Participants will recognize how adult behaviors may support or hinder a child's development across all areas
4. Participants will recognize how early experiences may affect one throughout the lifespan, including parenting behaviors
5. Participants will identify methods to support developing abilities in self-regulation in young children.
6. Participants will identify the provider's role in supporting positive family relationships.

Beginning to intermediate

Wednesday, April 18, 2012

9:00 a.m. - Noon

H001 - IFSP

Diana Lightfoot

Room: LaGuardia AB, Lower Level

Healthy Families America standards around the IFSP have been updated. This seminar will focus on IFSP development and encouraging home visitors in ways to approach the IFSP that will engage families in the process, while meeting the national standards at the same time.

H002 – ASQ

Liz Wisker

Room: Stapleton, Second Level

ASQ Basic is the training for a new staff who has never been trained on how to use the tool. ASQ stands for Ages and Stages Questionnaire and is the developmental screening that HFI uses.

H003 - NCFAS

Jessica Hicks

Room: Logan AB, Lower Level

North Carolina Family Assessment Scale training is for supervisors who will be collaboratively completing the NCFAS with their Supervisees. This is for Healthy Families Supervisors only (Community Partners with permission).

H004 - Supporting Very Young Children and Families: Infant/Early Childhood Mental Health In Practice

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Room: Symposium, Lobby Level

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5. Participants will identify methods to support developing abilities in self-regulation in young children.
6. Participants will identify the provider's role in supporting positive family relationships.

Beginner to intermediate.

H005 – Advanced Supervisor Training

Diane Lightfoot

Room: Chanteclair, Top Floor

Open to all HF Supervisors and is an optional seminar.

H006 - MRDD

Marty Temple

Room: Ballroom C, Lobby Level

Strategies for working with parents where MRDD is evident.

H007 – The Worn Out Woman

Birdie Meyer

Room: Lambert AB, Lower Level

The Worn Out Woman is a fun, humorous talk, taking a look at why women are worn out and ways to improve that.

Wednesday, April 18, 2012

12:00-1:00 p.m.

LUNCH-Preregistered “sack lunches” may be picked up in the Main Floor lobby. You may eat at any open area in the hotel.

Wednesday, April 18, 2012

1:00-4:00 p.m.

K002 – Advanced ASQ

Liz Wisker

Room: Stapleton, Second Level

ASQ Basic is the training for a new staff who has never been trained on how to use the tool. ASQ stands for Ages and Stages Questionnaire and is the developmental screening that HFI uses. If there is "advanced asq" training, it is a training which focuses on additional opportunities to practice scoring the Asq.

K003 – DOC

Jessica Hicks

Logan AB, Lower Level

Review of the Basics of documentation, Trends in HFI Documentation, Review of sites documentation, Examples how to document, How it all ties together from FRS to FSS and Supervision.

K004 - Supporting Very Young Children and Families: Infant/Early Childhood Mental Health In Practice

Angie Tomlin

Room: Symposium, Lobby Level

The emotional lives of very young children are shaped by early experiences and these experiences may continue to exert an influence into adulthood. For many families difficult life experiences lead to ongoing struggles with development, relationships, and behavior. This session will use key areas of infant/early childhood mental health theory, research, and clinical practice, as a starting point for family supports. Participants will build on foundational understanding of topics including attachment, self-regulation and difficult behaviors, and relationship-based practice, to identify practical methods to enhance child development and parenting skills through support of the parent-child relationship.

Objectives:

1. Participants will recognize the signs of emotional well being in young children
2. Participants will describe a secure attachment and red flags for attachment concerns.
3. Participants will recognize how adult behaviors may support or hinder a child's development across all areas
4. Participants will recognize how early experiences may affect one throughout the lifespan, including parenting behaviors
5. Participants will identify methods to support developing abilities in self-regulation in young children.
6. Participants will identify the provider's role in supporting positive family relationships.

Beginner to intermediate.

K005 - Professional Ethics: Boundaries in Helping Relationships

Shobha Pais

Room: Chanteclair, Top Floor

Boundary issues, is a rapidly emerging topic in the field of human services. Ethical issues related to professional boundaries are among the most problematic and challenging. While not all boundary issues are necessarily problematic or unethical, many are. Issues of role conflict are likely to present when social service professionals (a) engage in dual relationships with clients as they are either taking on more than one role with the client or the client is taking on more than one role, (b) have experienced similar issues as their client may be experiencing such as loss, abuse, violence, grief, (c) have value conflicts regarding client's choices, relationship, lifestyle (d) experience vicarious trauma and compassion fatigue when working with clients, or (e) feel the need to "save" the client.

Objectives: The primary purpose of this workshop is to

- learn what professional boundaries are
- learn and identify the range of boundary issues in social service professions including signs of poor boundaries
- learn about the challenges of establishing and maintaining professional boundaries such as dual relationships, value conflicts, vicarious trauma, poor teamwork
- learn to develop criteria to distinguish between problematic and non problematic boundary issues
- learn how to generate and evaluate alternatives to ethical dilemmas
- learn techniques for creating and maintaining healthy professional boundaries

Cases will be discussed in small groups.

Participation Level: Advanced

Style: Interactive and lecture combined

K006- Dads Panel - How to Engage Dads (repeated)

Marty Temple and Panel of Dads

Room: Ballroom C, Lobby Level

Engaging Dads in home visiting. A panel of fathers will share what works in becoming engaged fathers and what challenges are present.

K007 – The Worn Out Woman

Birdie Meyer

Room: Lamber AB, Lower Level

The Worn Out Woman is a fun, humorous talk, taking a look at why women are worn out and ways to improve that.

PRESENTER BIOGRAPHIES:

Stephanie Bailey has advocated for children and families through education for over 18 years.

Stephanie started and directed a non-profit agency where the focus was placed on early childhood education through preschool/ child care programs. The agency also offered a variety of wrap around services through community networking with the sole goal of breaking cycles and preventing child abuse and neglect. Stephanie moved to Greenfield in 2008 and is currently a supervisor with The Villages Healthy Families in Marion Co where she is able to continue her passion working with families. Stephanie has her Bachelor's degree in Human Services Management along with training in Positive Discipline in the classroom, classroom management, planning creative curriculum, and building positive relationships with children who have special needs.

Christine Barton is a Board Certified Music Therapist who has worked in child and adolescent psychiatry, hospice settings, school programs for autistic and brain-injured children and private practice. She currently directs Central Canal Creative Arts Therapies in Indianapolis and primarily sees young children with autistic spectrum and speech/hearing disorders. Many of the children she works with have cochlear implants. Chris is also an award-winning composer and performer and is the mother of an adult son (in college) with Asperger's Syndrome.

Dr. Anne Carlson is a graduate of Indiana University of Pennsylvania. She has been working with children and families for the past 15 years. She started her career at MidStep Child Development Center located in State College, Pennsylvania. In 2007, she moved to Indiana and is currently the Director of Outpatient Services for Fountain and Warren counties with Wabash Valley Alliance.

Jessica Hicks is the HFI QA Supervisor/Trainer for SCAN. She was a former Healthy Families home visitor. She is in the process of being certified as an HFA CORE FSW trainer.

Casey Holt has been involved with Healthy Families Indiana since 1994. She has been an agency Director, HF Program Manager, HF Supervisor, Home Visitor and Assessment Worker. She is a certified Healthy Families America Core trainer and Peer Reviewer. Casey holds a Bachelors Degree from Ball State University.

Tammy Jones has over 18 years of customer service experience in both the public and private sectors. Her background consists of mostly personnel and office management. She considers the main function of her job as a Regional Data Quality Analyst customer satisfaction. She holds a B.S. from Texas A& M University, College Station and a M.B.A. from University of Houston, Clear Lake.

Diana Lightfoot is a HFI QA Coordinator for SCAN. She just recently joined the team. She was a home visitor for 9 years. She had a highly successful, large caseload. Her documentation was impeccable. She understands the demands of a home visitor.

Robert McDaniel is the father of three sons with his wife of 38 years and has one granddaughter. He is a retired school principal and former assistant superintendent with more than 35 years experience in helping children and their parents. He has served as an adjunct professor at Anderson University for the past six years and was past president of both the Indiana Association of School Principals and

the Indiana Principal Leadership Academy Alumni Association. After retiring from school administration, Bob began an educational consulting company entitled Parenting HELP 4 U. Using the "Becoming a Love and Logic Parenting Program" ®, he is now focused on helping families, educators and school bus drivers learn positive parenting skills, improve relationships, and make parenting less stressful and more fun.

Kristin Cotter Mena, Ph.D. is the president of Datatude, inc. She has an extensive background in education and social service where she has worked with children's mental health issues, child abuse, and child development concerns in both public and private sector agencies. She has served on the faculties in the College of Education and the Graduate College of Social Work at the University of Houston and the Department of Social Sciences at the University of Houston - Downtown. She has conducted research in social behavior among juvenile delinquents and the impact of quality supervision and family service. Dr. Cotter Mena is certified in special education and elementary education. She holds a Ph.D. in Social Work and an M.A. in Developmental Psychology from the University of Houston.

Birdie Meyer is an RN with a Master's Degree in Psychology/Counseling. She is the Coordinator of the Perinatal Mood Disorders Program at Indiana University Health in Indianapolis, Indiana. She is the immediate Past-President of Postpartum Support International and Chairperson of the President's Advisory Council. Birdie specializes in the recognition and treatment of pregnancy and postpartum mood and anxiety disorders. She is a childbirth educator and a lactation counselor. Birdie is member of PSI, AWHONN, Sigma Theta Tau, North American Society for Psychosocial Obstetrics & Gynecology (NASPOG), and Indiana Perinatal Network (IPN).

Shobha Pais, Ph.D. is Associate Professor and Director of Behavioral Science at the Department of Family Medicine, Indiana University. As a trained family therapist, she teaches and conducts workshops on various mental health issues that impact individuals, families and communities to a wide group of human service professionals. She also teaches about professionalism and ethics and has served as a member and Chair of the Ethics Committee for the American Association for Marriage and Family Therapy.

Diane Pinkston joined Datatude, Inc. in November 2007 as an independent contractor for 4 months to work on a project involving the Youth Service Bureaus in Indiana. After the 4 months, she stayed on at Datatude, Inc. doing other small projects. Then, in 2009, the opportunity arose for Diane to work full-time as a Research Assistant. Many of her skills, developed from past experiences, have come together to assist her in this varied and challenging position: including people skills developed through working with a diverse clientele, math and statistical skills, computer skills, research skills and writing skills. Diane is currently the lead technical support for the Training Tracking System and the Youth Service Bureaus. She also provides support for Healthy Families Indiana and Community Partners for Child Safety.

Maretia (Marty) Temple oversees multiple programs, one of which is an 1100 family Healthy Families program where only high-risk families are served. She has over 25 years experience working with families in multiple settings.

Angela Tomlin, Ph.D., clinical psychologist, is Clinical Assistant Professor and Coordinator of Psychology for the Riley Child Development Center, where she enjoys participating in clinical and teaching duties.

Michael Vann is licensed as Clinical Substance Abuse Counselor and an Independent Clinical Supervisor. He has been working in the field of substance abuse treatment for the past 30 years. He serves as a consultant for the following agencies; Wisconsin Department of Corrections, Wisconsin Minority Counselor Training Institute, Aro Behavioral Health, Inc. and Wisconsin Association of Child and Youth Care Professionals. Mr. Vann has also served as a trainer for The Institute for Strengthening Families for the past 5 years.

Stephan Viehweg, a licensed clinical social worker, is an Associate Director of the Riley Child Development Center, a nationally recognized interdisciplinary leadership training program (LEND) supported by the Maternal and Child Health Bureau. He is Coordinator of the Catie B Project for Family Centered Care in the Indiana University School of Social Work and is the Project Manager of the IUPUI Translating Research Into Practice Initiative (TRIP). He has provided consultation and training on early childhood development and systems to the states and territories of Indiana, Colorado, Louisiana, Missouri, West Virginia, Georgia, and Puerto Rico. Steve's experience as a social work provider with families and their children with special health care needs as well as adults with disabilities, and his ability to communicate in Spanish and American Sign Language, make him a well respected, sought after presenter and consultant.

Christopher Watson, Ph.D., IMH-E® (IV), is Co-Director of the Center for Early Education and Development (CEED) at the University of Minnesota-Twin Cities. Dr. Watson's work focuses on infant and early childhood development, with an emphasis on social emotional development, challenging behavior and mental health. Dr. Watson holds Level 4 Endorsement in Infant Mental Health (IMH-E® [IV]) from the Minnesota Association for Infant and Early Childhood Mental Health and is a certified Program for Infant Toddler Care (PITC) trainer. He has co-written training-of-trainer curricula, including PITC as a Curriculum and Talking Reasonably and Responsibly About Brain Development.

Joel Weintraub is a "humorous educator" who has managed to merge the formerly disparate worlds of comedy, business and education. By combining his professional comedy experience with his Masters degree in Exercise Physiology and his bachelors in Health Education from Temple University, Joel has entertained and educated audiences as diverse as Foster and Adoptive parents Associations, Teachers, Superintendents, Physicians, Nurses, Dietitians, School Nutrition Associations, the PTA and even Burglar Alarm Installers. From the "World Bank" to Dangerfield's Comedy Club to major radio stations, the local news and the Food Channel...they have all laughed and learned with "humor for the Health of it".

Angielena Williams has been in the field of early childhood education for over 16 years. Angielena owned and operated a licensed family child care home for 14 of those years and was awarded a national accreditation from the National Association of Family Child Care in February of 2010. Angielena sought to expound her concern for reaching and involving the families of young children and was given the opportunity to join Healthy Families/MOM Project in August of the same year.

Along with her degree in Early Childhood Education, her Career Diploma in Child Day Care Management and her Child Development Associate Credential in its 1st renewal, in 2011, Angielena became a Certified Parents as Teachers Parent Educator.

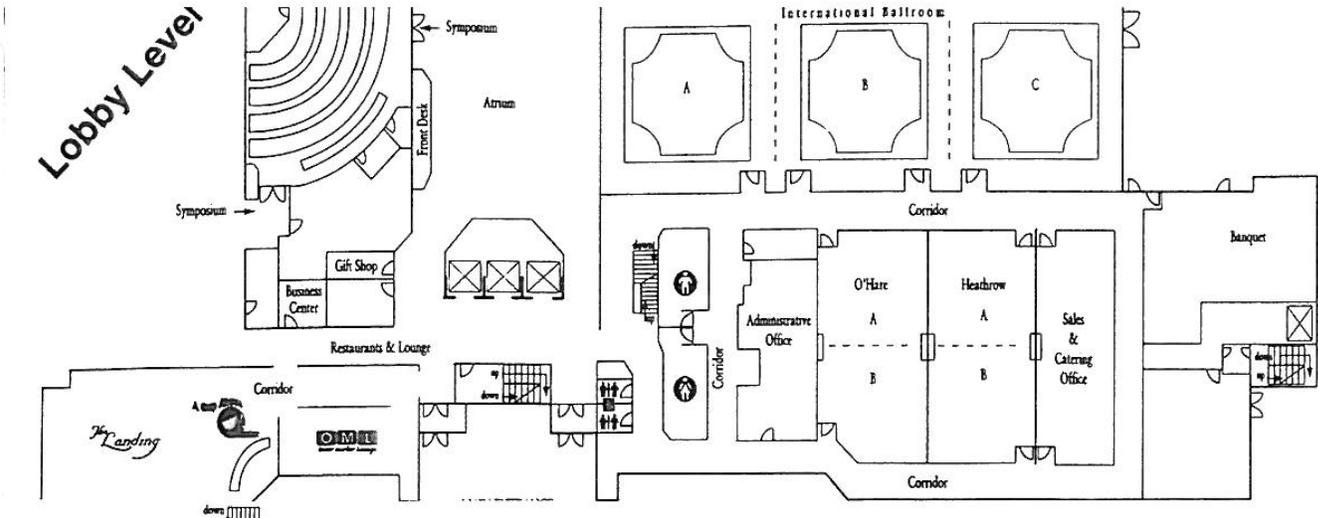
Liz Wisker is employed with SCAN as a Healthy Families Indiana - QA coordinator for southern Indiana and co-trainer. Prior to employment with SCAN, Liz was an assessment worker/supervisor and parent educator for three and a half years.

Mark Wynn, A national trainer to police executives, patrol officers, training officers, prosecutors, judges, legislators, social service providers, healthcare professionals and victim advocates in all fifty states. An international lecturer at police academies in Australia, Germany, England, Northern Ireland, Russia, the Republic of Mauritius, the Republic of Georgia, the Federated States of Micronesia and China.

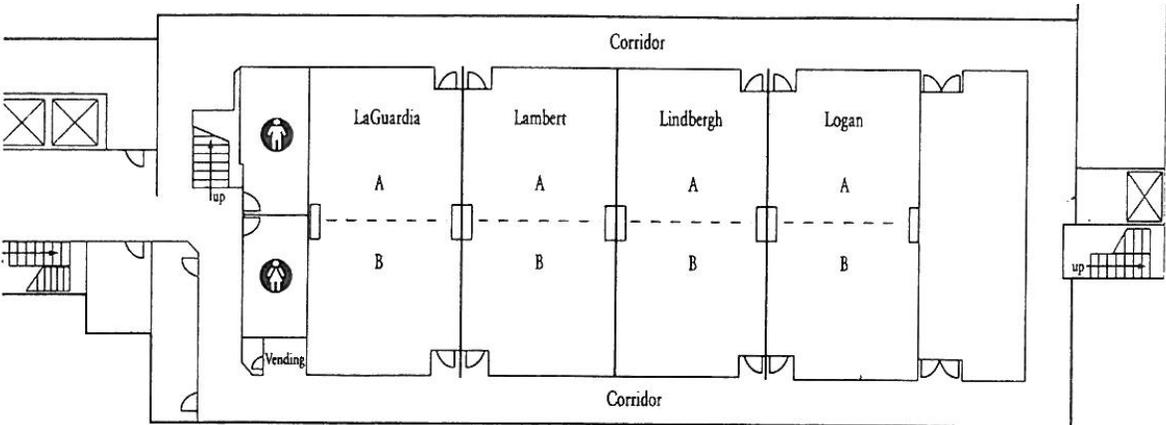
A twenty-one year member of the Nashville Metropolitan Police Department - Wynn served as Lieutenant to the Domestic Violence Division - member of the Special Weapons and Tactics (SWAT) Team for fifteen years - recipient of 121 commendations including the National Improvement of Justice Award. Member of International Association of Chiefs of Police National Strategic Partnership on Violence Against Women.

HOTEL MAP

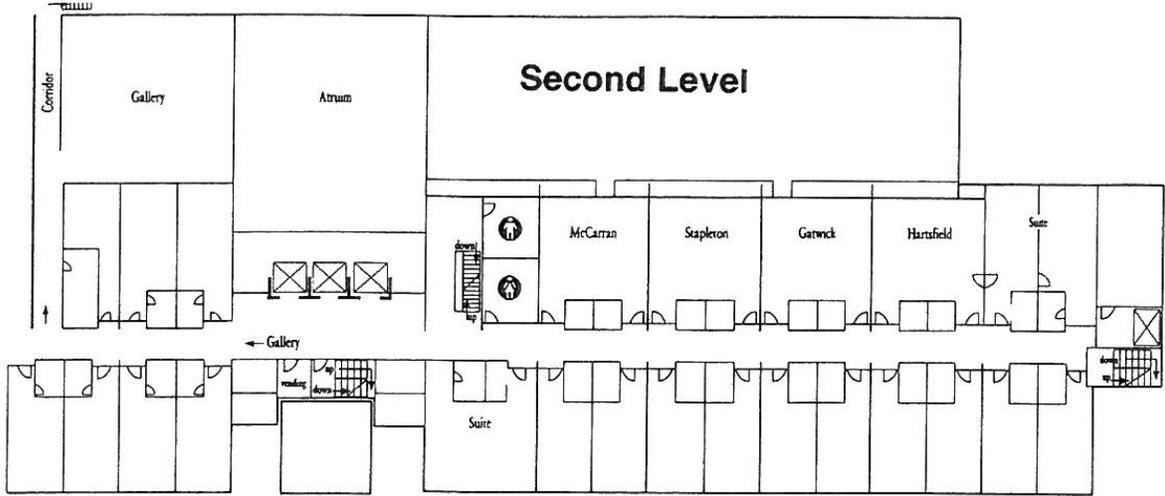
LOBBY LEVEL:



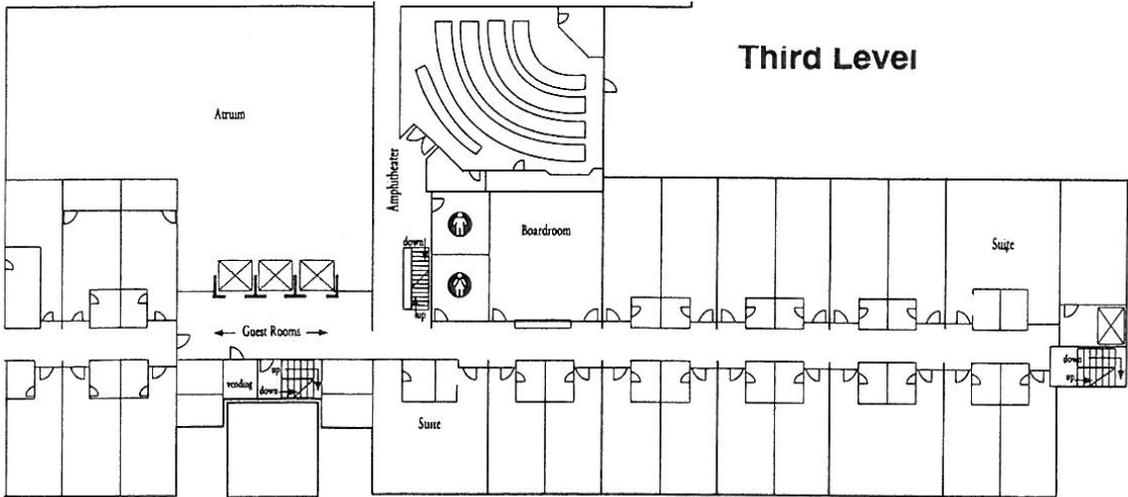
LOWER LEVEL



SECOND LEVEL:



THIRD LEVEL:





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