



**healthy families indiana®**

# Annual Report 2012

Indiana views children and families as the highest priority.

## Home Visitors Program

Indiana has 92 counties with a population of more than 6.5 million residents in 2012. Healthy Families Indiana (HFI) grant awards from the Department of Child Services (DCS) reflect the urban, rural and population characteristics of each county. Currently, 37 Healthy Families Indiana sites are funded as single county providers. While there are 17 sites that are funded as “cluster sites” serving more than one county. Please see total Indiana coverage on the map included.

In 2012 the HFI budget included \$24 million in TANF federal funding and \$1 million in state funding. Also in 2012 HFI received over \$7 million dollars in Maternal Infant Early Childhood Home visiting (MIECH) funding to help 10 sites expand services in their communities.

The addition of MIECH funding and being one of 7 states reach additional funding clearly demonstrates Indiana’s continuing commitment and support of the program since 1994.



## How are the Numbers Gathered?

All local Healthy Families Indiana sites use an electronic data collection system developed specifically for Indiana by Datatude, Inc. This system collects and reports an extensive array of client data and staff activity at each local site while maintaining strict confidentiality for each family. Information is then sent to a secure central location, where statewide reports are generated. Integrated into the HFI billing system is the newly implemented

monthly electronic transfer of client-specific claims to the DCS Claims Management System. The data collection system has provided cost savings, as well as, time, paper and error reduction. Increased efficiency and additional cost savings resulted as the program moved to approved web-based technology. This technology provided online real-time access for both the local sites and state stakeholders.

# Families Served

In Fiscal Year 2012, Healthy Families sites assessed 11,342 families throughout all 92 counties in Indiana. Assessment is a service. Families are assessed using a standardized tool to guide a conversational interview. Families who are overburdened and challenged

by parenting are offered HFI home visitation, when it is available. Depending on the results, families are linked to appropriate supportive services in the community.

	Total	African	African-American	American Indian/ Alaskan Native	Anglo-American	Asian/ Pacific Islander	Hispanic/ Latino	Multi-ethnic	Other	Unknown
Assessments	<b>11,342</b>	147	2,871	13	6,599	70	1,110	379	55	98
Home Visiting	<b>10,747</b>	40	2,483	12	6,692	34	1,079	324	33	50

# Home Visits

In FY 2012 there were a total of 142,690 home visits completed by 646 Family Support Worker (FSWs). These home visits were conducted with 10,747 different families. HFI utilizes a system of service levels that correlate to the intensity of service through the frequency of home visiting. Each service level requires a specific

number of visits per month. Healthy Families coordinators created a report to measure the success of the HFI program in meeting the biennium goal of 95% of participating families being free of substantiated abuse and neglect.



The first training “Institute for Strengthening Families” was launched in September, 2004 in collaboration with HFI T&TAP, a team of committed state agency leaders, educators from universities, Head Start, Early Head Start, Child Care, First Steps, and Child Welfare. The purpose of the Institute was to expand capacity, improve the quality of training, demonstrate best practice and offer intermediate and advanced training to a broad community of providers working with parents of infants and young children in Indiana, as well as other states in the region. The Institute has evolved and expanded tremendously since 2004. For three days each April and September, through sessions that range from three-

hours to two days, subject matter experts from Indiana and other states provide professional development training to social service and health service providers.

At the September 2011 and April 2012 this conference has offered over 50 workshops to approximately 1000 participants. Both of the conferences featured a national keynote speaker on home visiting and domestic violence. The Institute has continued to expand and offer additional specialized trainings to cover popular topics for home visiting providers. The Institute has partnered with Riley Child Development to provide classes on Infant Mental Health and complete endorsement classes.

# Success with Healthy Families.....

**M**om is rather new to Healthy Families, enrolling just a couple of months ago. At assessment, Mom was not completely open about her past. She did reveal that she had struggled with depression and was in an unstable relationship with father of the child. Mom was very quiet and timid when home visitor enrolled her. Over the course of a few visits, Mom opened up to home visitor, disclosing a significant history of depression, anxiety, abuse and rape. Mom and home visitor arranged for Mom to see a therapist, and worked together on ways to help her cope with her stressors. Mom did see a therapist and is now attending weekly sessions. She regularly utilizes the stress relief techniques that home visitor taught her and is working on eating healthier and exercising. Mom enjoys the praise she gets from home visitor and reported that one of the few things she looks forward to each week is her Healthy Families visit. While Mom's story is ongoing, her progress and willingness to share

her history and emotions demonstrate growth and maturity that is supported by services provided by Healthy Families.

**A** home visitor recently went out to a home for a visit. Home visitor had given mom a 'homework' assignment to journal her strengths. Through this exercise mom revealed that she had accomplished things quite resilient. Mom said that she had stayed up nearly the entire night looking up definitions of the words she named as her strengths "...to really learn about who I was." Mom then said that she found the word that most described her. She pulled down her sleeve and revealed the word 'determined' that she had gotten tattooed on her shoulder the night before. Mom said that she knew it was in her and she wanted to be reminded of that strength everyday when she looked at herself in the mirror.



## healthy families The Mission of Healthy Families Indiana The mission of Healthy Families Indiana is to promote supportive environments that optimize child growth and development and encourage resilient, healthy families.

