

mcmillenhealth.org 260.456.4511

# **Opioids: What Adults Need to Know**

# Allen County Opioid Task Force:

- Fort Wayne-Allen County Board of Health
- Fort Wayne Police Department
- Fort Wayne Fire Department
- Allen County Sheriff's Department
- McMillen Health
- Allen County Court Judge-Wendy Davis
- Three Rivers Ambulance Authority
- Bowen Center
- Indiana Attorney General Greg Zoeller
- State Health Commissioner Jerome Adams

#### Addiction

#### Addiction:

noun 1. the state of being enslaved to a habit or practice or to something that is psychologically or physically habit-forming, as narcotics, to such an extent that its cessation causes severe trauma.

dictionary.com

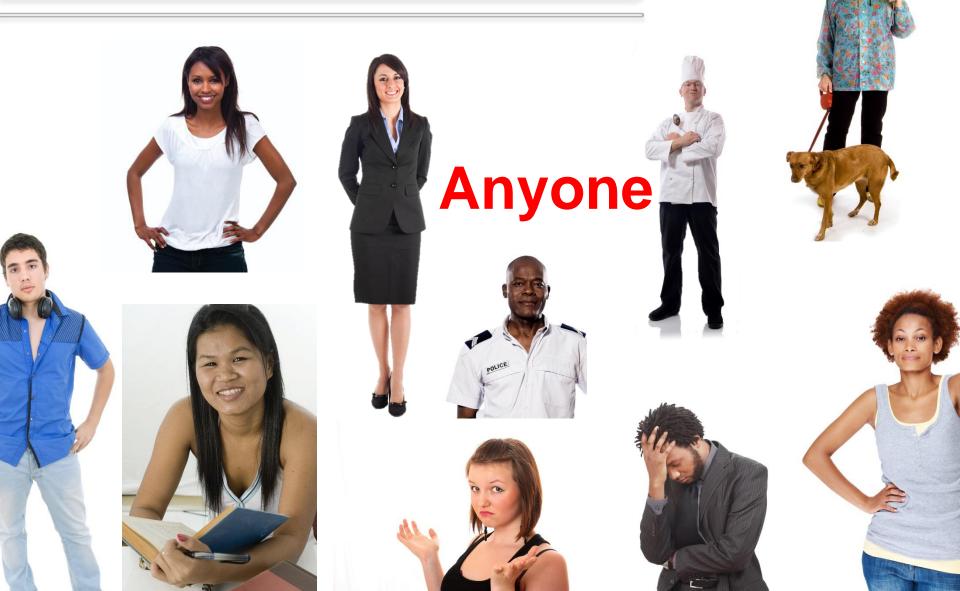
#### Addiction

Addiction is a chronic disease characterized by drug seeking and use that is compulsive, or difficult to control, despite harmful consequences.

National Institute of Drug Abuse

www.drugabuse.gov/publications/drugfacts/understanding-drug-use-addiction

### Who can be affected?



# What?



# What were they thinking?



BitterPill.IN.gov http://www.in.gov/bitterpill/video-gallery.html

### Addiction



Jim Ryser, Program Manager Chronic Pain Clinic Methodist Hospital, Indianapolis, Indiana

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# Who can impact this?

- · Parents & Family members
- · Mentors
- Churches & Religious Organizations
- · Police
- School Staff
- Medical Community
- All of us building community
  What are expectations around drug use?
  What are consequences that will be enforced?
  Advertising, Verbal comments, Clear expectations

#### What can we do?

**Search Institute** 

# Research based assets that help youth attain success

#### **Mission:**

#### Discovering what kids need to succeed

#### **20 Internal and 20 External**

www.search-institute.org

# What can we do?

- Policy changes to prescribing
- Educate children and youth
- Increase treatment options
- Increase recovery expectations
- Reduce stigma for getting treatment
- Increase access to mental health services
- Establish relationships with youth
- Manage prescriptions safely
  Find Rx disposal locations at www.BitterPill.in.gov

# Manage Prescriptions



Troy Hershberger Allen County Sheriff's Department

# Manage Prescriptions



Troy Hershberger Allen County Sheriff's Department

#### What can we do?

Pay attention to those around us especially our students.

Be aware that there is often a period of time between when people start to have symptoms of mental illness and when they are diagnosed.

Often people self medicate potentially leading to addiction.

## Mental Illness



Dr. Deborah McMahan Allen County Health Commissioner

### Mental Illness



Dr. Deborah McMahan Allen County Health Commissioner

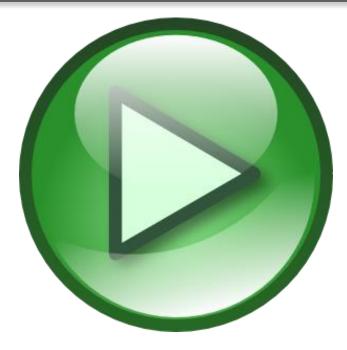
# **Community Effects**

# Financial Costs

Drug overdose fatalities cost \$1.4 billion (including medical costs & lost lifetime earnings)

Opioid use disorder in Indiana resulted in: \$31.9 million for nonfatal ER visits \$64.1 million for hospitalization of babies with Neonatal abstinence syndrome (NAS) \$350 million for related hospitalizations Richard M. Fairbanks School of Public Health, September 2016

#### **Car Crashes**



Mike Brown District Chief of EMS, Fort Wayne Fire Department Andy McCanna, MD, Emergency Medicine

### Not just overdoses Car Crashes



Mike Brown District Chief of EMS, Fort Wayne Fire Department Andy McCanna, MD, Emergency Medicine

#### Disease – Pay costs Now or Later

# Needle Exchange Programs Controversial Cost saving Harm Reduction

#### Needle Exchange Program



Todd Ramsey, MD, Vice President, Allen County Board of Health Dr. William Pond, President, Allen County Board of Health

### Needle Exchange Program



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# Adults need to Know & Share

- Lock up drugs
- Americans are 5% of world population & use about 80% of world's opioids
- Addicts will trade anything including sex for drugs
- Heroin overdose happens easily
- Depressed & stressed kids more at risk
- Inform youth about myths

# Need to Know & Share



Holli Seabury, PhD., CEO, McMillen Health

# Need to Know & Share



#### Holli Seabury, PhD., CEO, McMillen Health

# **Parental Information Matters**



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### **Recovery Works**



Jim Ryser, Program Manager Chronic Pain Clinic Methodist Hospital, Indianapolis, Indiana

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# Where to go for more INFO

Substance Abuse & Mental Health Services Administration www.samsha.gov

Bitter Pill http://in.gov/bitterpill/

Kidshealth www.kidshealth.org

Drug-Free World www.drugfreeworld.org Partnership for Drug-Free Kids

www.drugfree.org

National Institute on Drug Abuse www.drugabuse.gov/drugs-abuse

Centers for Disease Control www.cdc.gov/drugoverdose

Drug Enforcement Administration www.drugabuse.gov/drugs-abuse

McMillen Health offers student substance abuse prevention programs Grades K-12 – face to face <u>OR</u> interactive videoconferencing May be FREE to you with ACELINK funding support.

### Evaluation

Please help us improve our programs – Complete the survey at this QR code or go to:

www.surveymonkey.com/r/mcmillenadultsurvey

#### Thank You!

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