Neonatal Abstinence Syndrome
Our hospital's Journey
What’s happening at Reid Hospital

- Extensive training to staff on identifying and properly scoring NAS.
- Neo Advances
- NAS Family Centered Care
- Rooming In Agreement
- Shared Care Agreement
- Caring for an infant with NAS
NAS Family Centered Care

- Parent involvement in all aspects of infant care
- Education to parents on how to help soothe their infant (C position)
Set them up for success!

- Creating a calm environment
- Decreasing noise
- Lights dim
- Decreasing visitors
- Gradually increasing stimulation to the infant when ready.
Rooming in Agreement

- Signed agreement subject to change if abused.
- Actively participate in as much of the infants care as possible.
- 24 hour “Rooming In” with parents when possible.
- Being present for all feedings and baths.
- 3 meals a day to help with financial burden.
- Good communication with staff.
Shared Care Agreement

- Upfront expectations on their hospital stay.
- Parents reporting signs of withdrawal (yawn, sneeze & sleep record).
- Community resources available.
- 24 hours of total infant care before discharge.
- Review the agreement as necessary.
Educate! Educate! Educate!

- Caring for a Baby with NAS (information packet to parents).
- Review Finnegan Scoring.
- Do the scoring in front of the parents!
- Build a trusting relationship.
- Consistency

Knowledge is Power!!!
What’s missing?

- Trained all staff
- Finnegan Scoring System (Gold Standard)
- Educating the parents
- Rx Treatment to infant
- Non pharmalogical treatment

We fixed the problem right?
We were missing key elements

- Prenatal Education
- Working with treatment Centers or subscribers
- Department of Child Services
- Patient Resource Services (in hospital)
- Community Awareness
- Upfront Expectations to the parents!
NAS Taskforce

Getting the Key players together

- Mother Baby Care Center
- Pediatrician
- Department of Child Services
- Patient Resource Services @ Reid
- Community in Partners
- Richmond Treatment Center
- Manager of Adult Psych @ Reid
Networking

- First meeting we had no real agenda
- Introductions what services you provide
- Round table discussion on the topic of NAS
- How can we help each other
Prenatal Education

- Health Fair at Richmond Treatment Center
- How do we get them in for our programs (Childbirth classes, Shared Beginnings program)
- Permission to contact
- 1:1 appointments with parents
1:1 meetings What worked what didn’t

- 1:1 No Shows
- Pregnancy Group.
- 1:1 @ Richmond Treatment Center.
- Incentives for participating (Free diapers).
- Feed them into other programs.
Focus in Meetings

- Focus on what is important to them!
- Prenatal focus on warning signs in pregnancy
- Why its important to stay on a maintenance program.
- What to expect during their hospital stay.
- What community resources are available
- Our goal... Healthy Mom & Healthy Baby
- Next meeting to come to us tour of the unit.
We still needed to network with the other prescribers, so we fed them!

- MBCC (Myself and Unit Manager)
- Psych Manager to discuss NAS infant falls
- Wayne County Drug Taskforce
- Department of Child Services
- Richmond Treatment Center
- Indiana Perinatal Network
- Other Prescribers in the area
Work in Progress

- Community Awareness
- Contraceptive care to woman in a treatment program.
- Universal Drug Screening
- Follow up on families after their hospital stay.
Thank You

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