

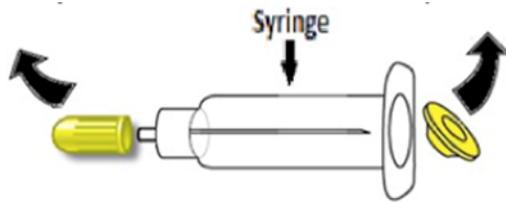
How to Assemble Naloxone Nasal Spray

Steps 1-5

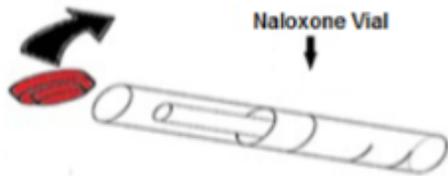
Step 1: Lay the victim on their back

Step 2: Take everything out of their packages and lay the pieces before you

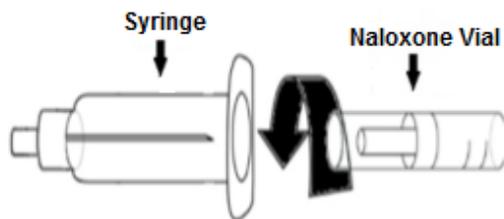
Step 3: Remove both yellow caps



Step 4: Remove red cap



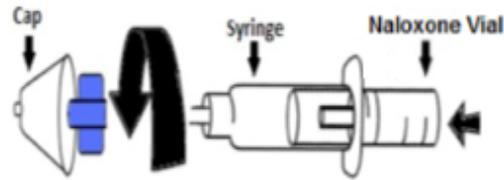
Step 5: Screw naloxone vial onto syringe



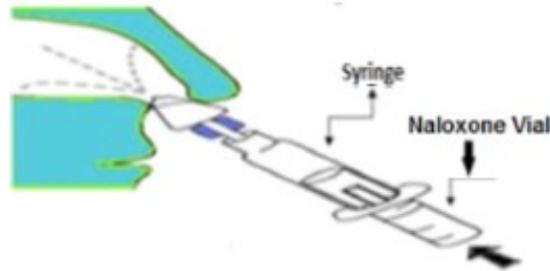
How to Assemble Naloxone Nasal Spray

Steps 6-8

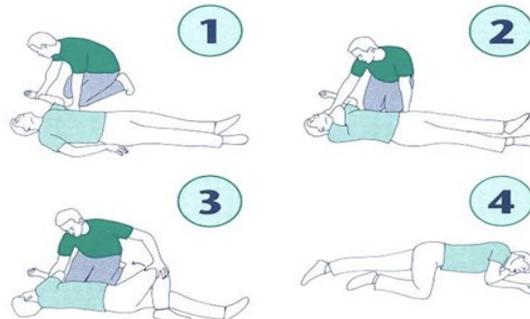
Step 6: Screw white cap onto syringe



Step 7: Insert the white cap into the opening of the nostril and administer 1/2 of solution by pushing the other end of syringe. Repeat in the other nostril with the remaining solution



Step 8: Place victim in the recovery position



After Administering Naloxone Nasal Spray

Steps 9-12

Step 9: Seek emergency help & dial 911

Step 10: Watch the victim closely

Step 11: If the victim does not respond to the Naloxone Nasal Spray by waking up to voice or touch, or is not breathing normally within 2 to 3 minutes, administer an additional dose of Naloxone Nasal Spray **(if available)**

*** Continue to administer additional doses of Naloxone Nasal Spray every 2 to 3 minutes using a new Naloxone Nasal Spray with each dose until emergency medical assistance arrives**

Step 12: Remain with the victim until emergency help arrives

Bitter Pill
.IN.gov

Helpful Resources

The Indiana Prescription Drug Abuse
Prevention Task Force
www.BitterPill.IN.gov

To search for treatment centers by zip
code visit the SAMHSA Treatment Cen-
ter Information
<https://findtreatment.samhsa.gov/>

Indiana 2-1-1 Help Center & Website
<http://www.in211.org/>

Indiana State Department of Health
<http://www.in.gov/isdh/index.htm>

The Centers for Disease Control Injury
and Prevention
<http://www.cdc.gov/drugoverdose/>

Indiana Narcotics Anonymous
<http://www.naindiana.org/>

IU Health Chemical Dependency
[http://iuhealth.org/methodist/behavioral-health/
chemical-dependency/](http://iuhealth.org/methodist/behavioral-health/chemical-dependency/)



Addiction Treatment Providers

Agency	Phone	City/County
Life Springs	(812) 280-2080	Jeffersonville
Porter Starke	(219) 531-3500	Porter
Adult Rehab Center (ARC)	(317) 638-6585	Indianapolis
Aspire	(877) 574-1254	Indianapolis
Centerstone of Indiana	(812) 339-1691	Bloomington
Cummins Behavioral Health	(317) 247-8900	Indianapolis
Hamilton Center	(317) 937-3712	Terre Haute
Eskenazi Health Midtown	(317) 880-8491	Indianapolis
Fairbanks	(317) 572-9396	Indianapolis
Park Center Inc.	(260) 481-2800	Fort Wayne
Valle Vista	(800) 447-1348	Greenwood
Indianapolis Counseling Center LLC	(317) 549-0333	Indianapolis
Edge-Water	(219) 885-4264	Gary
Life Recovery Center	(317) 887-3290	Indianapolis
Pathway to Recovery	(317) 926-8557	Indianapolis
Amethyst House	(812) 401-3415	Evansville
St. Vincent Stress Center	(317) 338-4600	Indianapolis
Tara Treatment Center	(812) 526-2611	Franklin
Sycamore Springs	(765) 743-4400	Lafayette
Volunteers of America of Indiana	(844) 455-4673	Indianapolis

Naloxone Nasal Spray Education and Administration Guide

IF YOU SUSPECT AN OPIOID OR HEROIN OVERDOSE ADMINISTER THE NALOXONE NASAL SPRAY AS QUICKLY AS POSSIBLE SEEK EMERGENCY HELP & DIAL 911

- Naloxone Nasal Spray is used to temporarily reverse the effects of opioids (i.e. Oxy, Heroin, Black Tar, China White, Hydro, Miss Emma, Schoolboy, etc.)
- Opioids include narcotic pain medication like OxyContin, Vicodin, Norco, Dilaudid, Morphine, Fentanyl, etc.
- Naloxone Nasal Spray has no effect in people who are not taking heroin or opioid medications
- Always carry a Naloxone Nasal Spray kit with you in case of an opioid emergency
- To view a video of the steps listed in this handout, please visit <https://youtu.be/Jis6NIZMV2c>

Signs & Symptoms of an Opioid or Heroin Overdose May Include:

- Pale & sweaty/wet face
- Slow or no heartbeat
- Vomiting
- Limp body
- Blue lips or fingernails
- Little or no breathing
- Cannot be awakened
- Paraphernalia near victim such as empty pill bottles, needles, etc.