

“Results revealed positive intervention effects in relation to physical health, number of doctor visits, medication usage, depression, morale, and activity level. These results reflect a positive impact of participatory art programs for older adults in this study relevant to health promotion, disease prevention, and a reduction of risk factors driving the need for long-term care.”

Cohen, G. D., Perlstein, S., Chapline, J., Kelly, J., Firth, K. M., & Simmens, S. (2007). The Impact of Professionally Conducted Cultural Programs on the Physical Health, Mental Health, and Social Functioning of Older Adults—2-Year Results. *Journal of Aging, Humanities, and the Arts*, 1(1-2), 5-22

APPLY YOUR SKILLS IN A NEW FIELD EXPRESSIVE ARTS IN LONG TERM CARE FACILITIES

For just \$100, artists can receive training that could open up new future employment opportunities in the healthcare field. The Indiana State Department of Health and University of Indianapolis Center for Aging & Community offer training for expressive arts programming at long term care facilities.

What

The four-day training series will teach best practices for using visual art, dance, drama, music and writing/memoir in individual and group settings for residents living in long term care facilities. Participants will receive a Certificate of Training.

Who

Artists and arts organizations are encouraged to attend this workshop in order to learn skills that may result in employment opportunities in a new field.

Why

Long term care facilities are now federally required to provide quality of life programming to their residents. This means that the demand for trained professionals providing programming like expressive arts will increase significantly as the facilities come into compliance with this mandate and the aging population continues to increase.

Where

The Hilton Garden Inn 8615 US Hwy. 24 West, Fort Wayne

Please note: While there are other training sessions around the state, training for artists and arts professionals is limited to the Fort Wayne session at this time.

When

Monday, Tuesday, and Wednesday May 15, 16, 17 and Wednesday, May 31, 2017.

Cost

\$100 per person for the 4-day series

[Learn more and register here.](http://www.uindy.edu/cac/workshop-expressive-arts-in-long-term-care)

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