



Protect your smile and your health with extra dental care

Your State of Indiana dental plan includes additional care during pregnancy

Pregnancy is an exciting time. You're probably busy with doctor appointments and readying the baby's room. It makes sense if dental cleanings fell to the bottom of your to-do list, but good dental health can help you avoid problems during pregnancy.

That's why your dental plan offers more protection. If you have a qualifying medical condition, such as a pregnancy can get extra dental care — including more cleanings and routine exams.¹ These extra services are 100% covered when you see a dentist in your plan's network. They also won't count against your plan's yearly coverage maximum.

How extra dental care works

If you're pregnant or have any of these conditions:

- Cancer treated with chemotherapy
- Diabetes
- Head or neck cancer treated with chemotherapy or radiation
- HIV or AIDS
- End-stage kidney disease
- Organ or bone marrow transplant
- Stroke

You can get these services more often¹

- Cleanings
- Gum maintenance
- Fluoride
- Sealants
- Gum scaling and root planing (also known as deep cleaning)
- Routine or problem-focused exams



Take the next step

To **sign up for extra dental care**, call Member Services at 877-814-9709.

Once you're signed up, **talk to your dentist**. They can create a care plan that is right for you.



Women who went into early labor recorded **gum health scores 4X lower** than those who had a full-term birth. They also had **8X more plaque**.^{2,3}

Gingivitis affects **60% to 75%** of pregnant people.⁴

¹ State of Indiana dental members must first exhaust their regular plan benefits before extra dental care can be used (such as more cleanings or additional routine exams).

² Oral Health Foundation, Five conditions that can be affected by poor oral health (May 23, 2023): dentalhealth.org.

³ Jacobsson B, Kacerovsky M, Menon R, Musilova I, Radochova V, Slezak R, Stepan M, Vescick P (2019) 'Association between periodontal disease and preterm prelabor rupture of membranes'. Journal of Clinical Periodontology.

⁴ Centers for Disease Control and Prevention, Pregnancy and Oral Health (accessed April 2024): cdc.gov.

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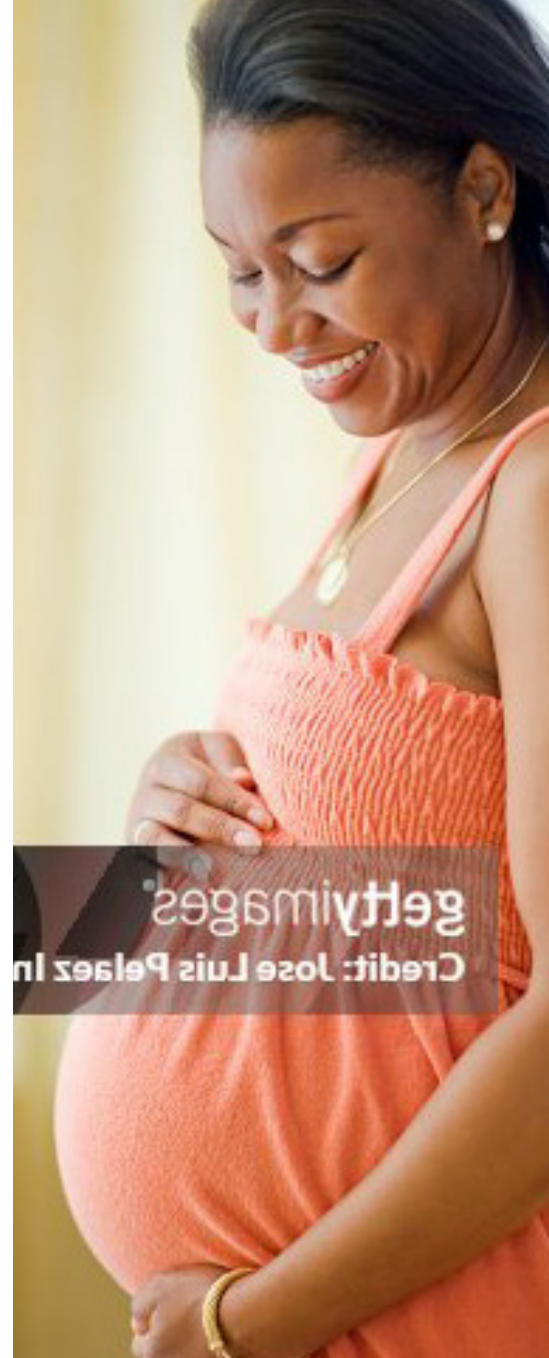
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