

METH IN INDIANA

SIGNS AND SYMPTOMS

Psychological Effects

- Excessive excitation
- Irritability
- Anxiety
- Panic-paranoia
- Severe depression
- Psychotic and violent behavior
- Visual, auditory, and tactile hallucinations
- False sense of confidence and power
- Compulsive cleaning and repetitively sorting and disassembling objects
- Extreme wakefulness – sometimes for days, followed by long periods of sleep

Physical Symptoms

- Run down appearance or frequent illnesses
- Decline in personal hygiene – very bad breath, rotting teeth, severe body odor
- Unhealthy complexion
- Injuries or bruise with no reasonable explanation
- Increased respiration
- Welts on skin – “Meth Acne”
- Picking and scratching at the skin
- Loss of appetite and severe weight loss
- Elevated heart rate and body temperature
- Insomnia, chronic fatigue or tiredness
- Dilated pupils
- Extreme sweating

SUSPICIOUS BEHAVIOR

In your neighborhood or community

- A strong smell resembling urine or chemicals such as ether, ammonia, or acetone
- Little traffic during the day, but a lot of activity at night – especially older, trashy vehicles
- Boarded or covered windows
- Residents never putting out their trash or excessive amounts of trash including meth lab materials such as camping fuel containers, coffee filters with white or red residue, chemicals, duct tape, cold tablet “blister packs”
- Vehicles (particularly the trunk) loaded with chemicals containers or basic chemistry paraphernalia – glassware, rubber tubing, etc.
- Dying grass or plants in a particular area
- Secretiveness

In retail establishments

- Customers purchasing large quantities of products used to make meth
- Customers purchasing combinations of products used to make meth
- A group of persons coming in together, then splitting up and each purchasing meth materials, then leaving together
- Shoplifting of meth ingredients



What you can do to assist Meth Watch in Indiana:

Learn as much as you can about meth and other drugs and their impact on families and communities

Become involved in, or start, a community anti-drug coalition

Be a positive role model to youth in your community

Be aware of what is happening in your neighborhood and report suspicious behavior

Support retailers who are involved with meth related programs

All Hoosiers have a role to play to prevent the manufacture of meth. Take time to become familiar with the products used. Know the signs and symptoms of abuse, and know what you can do if you suspect its use or manufacture.

For More Information visit:
www.methfreeindiana.org

To Report Suspicious Behavior
Call Meth Free Indiana Hotline:
1-877-855-METH (6384)
or contact your local law enforcement agency

Do you know what to look for?

METH





My fellow Hoosier,

Indiana faces a crisis. The scourge of meth is ruining lives in communities across our State.

The fight against meth is a top priority in my administration, and I am pleased to report that thanks to the

efforts of our new crew in state government and concerned citizens like you we are now winning the battle. The Meth Free Indiana Coalition, which has now grown to more than 30 organizations, is directing more resources to combat this devastating problem than ever before.

Thanks to these efforts and the Meth Prevention Act which I signed into law last year, meth labs are finally on the decline in the Hoosier state. Through this new law and the Meth Watch Program we initiated, Hoosiers are coming together to tell the world that Indiana will not be a clearinghouse for the purchase of meth ingredients.

Indiana is not alone in fighting the meth epidemic. More than 50 percent of all meth lab incidents in the U.S. are in the Midwest. In 2005, officials from 13 Midwestern States joined me in Indianapolis to share ideas about defeating our common enemy during the first Midwestern Governors Association Regional Meth Summit. Together we found some ways we can work together to remove this epidemic from our communities.

By educating yourself about meth, you are arming yourself with the facts so that together we are protecting Hoosiers from meth.

Indiana is making progress, but much work remains to be done.

Thank you for your diligence.

Mitch Daniels

METH IN INDIANA

Meth is a dangerously powerful, addictive manmade stimulant produced in clandestine labs, using common household products. While meth is trafficked from Mexico and the Southwest U.S., local production takes place in neighborhoods and communities across Indiana. Meth threatens our environment, communities and most importantly, Indiana families.

Indiana Meth Watch is designed to educate citizens and retailers about the effects of meth and empower communities to stop this drug from destroying our state. If you have noticed theft or unusual purchases of products used to make meth, or are suspicious of activity in your neighborhood or workplace, you may be unwittingly contributing to the meth problem in Indiana.

Participation in **Indiana Meth Watch** will increase your knowledge about meth and help you learn what to do if you suspect a problem. This will assist in decreasing illegal drug activity in your neighborhood and community.

DANGERS

- The manufacturing of meth is extremely dangerous due to the volatility of the many ingredients used and the toxic waste left behind.
- Labs can explode without warning and exposure to the chemicals can cause a myriad of problems, including burning, respiratory damage, skin irritation, and a variety of behavioral problems.

CHILDREN

- Children who either reside in or visit a home where meth is cooked and/or used face health and safety risks including injury or death from fire, explosions, poisoning or intoxication.
- Children whose parents or caregivers use meth are at greater risk for physical, emotional or sexual abuse or medical neglect.
- Weapons are often found at meth lab sites, creating an additional safety risk for children.

ENVIRONMENT

- One pound of meth manufactured creates five to six pounds of toxic waste and the cost for cleaning up one meth lab is thousands of dollars.
- The manufacturing process contaminates the property where the meth is cooked including carpet, appliances, furniture, drywall, insulation, plumbing and any personal belongings. This also makes the home potentially toxic to new residents if not properly decontaminated.
- The remnants of a meth lab can be reactivated - releasing toxic fumes or exploding if the storage container is shaken or disturbed. This creates a risk to anyone who might stumble across an abandoned lab or dumpsite.



METH INGREDIENTS & EQUIPMENT

- Over-the-counter cold, asthma, and allergy medicines containing pseudoephedrine or ephedrine (Sudafed, Actifed, etc.)
- Lithium batteries (camera batteries)
- Lantern fuel (Coleman fuel)
- Denatured or rubbing alcohol
- Ether (starting fluid)
- Anhydrous Ammonia
- Sulfuric acid (drain opener)
- Muriatic acid
- Red Phosphorus (matchbook striker plates)
- Acetone
- Toluene (brake cleaner)
- Sodium hydroxide
- Salt
- Two-liter pop bottles
- Coffee filters
- Rubber tubing (aquarium tubing)
- Glass cookware

This brochure was printed by PEN Products, a division of the Indiana Department of Correction, in a partnership with the Meth Free Indiana Coalition, the Indiana Criminal Justice Institute and the Indiana State Police. For more information go to www.methfreeindiana.org