

## SEVERE HYPERTENSION IN PREGNANCY: RISK APPROPRIATE CARE CONSIDERATIONS FOR INTRAPARTUM INPATIENT SETTINGS

Utilize each ZONE as a PROACTIVE way to prepare for the potential need to increase the perinatal level of care in any part of the ongoing assessment and monitoring of the maternal-fetal dyad.

### GREEN ZONE

1. Maternal stabilization achieved
2. Fetal gestational age appropriate for perinatal level of care
3. Nurse: patient staffing ratios appropriate for high acuity patient
4. All maternal and fetal resuscitation equipment and supplies are available and ready

#### Action Items:

1. Ongoing monitoring for worsening maternal or fetal status
2. Review nurse acuity assessment
3. Assessment for antenatal corticosteroids

### YELLOW ZONE

1. Signs/symptoms of maternal status worsening
2. Fetal gestational age appropriate for level of care based on best knowledge of EGA
3. Nurse: patient ratio not optimal but plan is in place for adequate ratios to be achieved
4. Stabilization equipment and supplies are readily available, but depending on fetal EGA the ability to continue care post-delivery may not be available

#### Action Items:

1. Consults for maternal and/or fetal status in place if needed
2. Review nurse acuity assessment
3. Review pre-transport checklist
4. Evaluate availability and adequacy of resuscitation equipment and supplies

### RED ZONE

1. Maternal status requires higher level of care
2. Fetal gestational age not appropriate for level of care
3. Nurse: patient staffing ratios cannot be achieved to accommodate the care of maternal-fetal dyad
4. Necessary maternal and/or fetal resuscitation equipment and supplies are not available beyond those of initial stabilization

#### Action items:

1. Review nurse acuity assessment
2. Review transport checklist & arrange for transport to higher level of care appropriate to the maternal-fetal status
3. Ensure stabilization of both mom and baby prior to transport (this may be post-delivery in

Perinatal Level of Care

Ongoing Assessment for appropriate level of care

Perinatal Level of Care