

#### Dialysis Infection Prevention

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#### **OUR MISSION:**

To promote, protect, and improve the health and safety of all Hoosiers.

#### **OUR VISION:**

Every Hoosier reaches optimal health regardless of where they live, learn, work, or play.



## **Objectives**

- Describe importance of hand hygiene and PPE for both staff and patients
- Identify needs for increased precautions
- Describe prevention of cross-contamination in the environment
- Describe infection risks for fistulas, grafts and catheters
- Describe cleaning and disinfecting dialysis station
- Describe safe injection and preparation of medications



# Introduction to Infection Prevention in Dialysis

- Patients who undergo dialysis treatment have an increased risk for infections.
- Hemodialysis patients are at a high risk for infection because the process of hemodialysis requires frequent use of catheters or insertion of needles to access the bloodstream.
- Hemodialysis patients have weakened immune systems, which increases their risk for infection, and they may require frequent hospitalizations and surgery where they might acquire an infection.

Hemodialysis is a patient's lifeline.

# Our role as infection preventionist:

- Identify gaps in infection controls
- Decrease possible infection
- Ensure patient safety
- Administer vaccinations of staff and patients



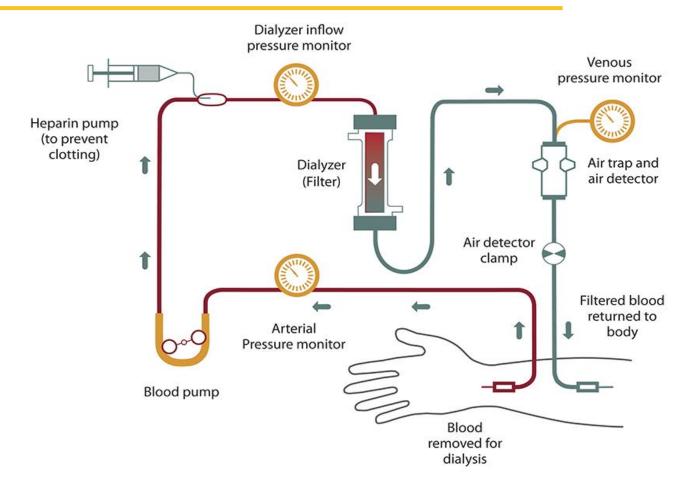
# National Burden of Dialysis Infections: A Cause for Concern

- In the U.S., there are about 370,000 people relying on hemodialysis (HD).
- About 75,000 people receive hemodialysis through a central line.
- Among patients being treated with HD, 98% used in-center HD and 2% used home HD.
- Central lines have a higher risk of infection than a fistula or graft.
- CDC estimates 37,000 central line-associated bloodstream infections may have occurred in U.S. hemodialysis patients in 2008.

APIC Implementation Guides Infection Prevention and Control in Dialysis Settings. <a href="https://apic.org/wpcontent/uploads/2022/04/Dialysis\_ImplementGuide3.pdf">https://apic.org/wpcontent/uploads/2022/04/Dialysis\_ImplementGuide3.pdf</a>.



## Hemodialysis

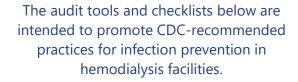




https://www.niddk.nih.gov/health-information/kidney-disease/kidney-failure/hemodialysis

#### **Checklist and Audit Tools**







The audit tools and checklists can be used by individuals when assessing staff practices.

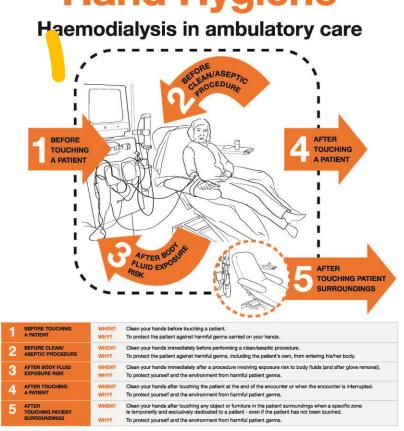


They can also be used by facility staff themselves to help guide their practices.

# 5 Moments for Hand Hygiene

- Hands are the main pathways of germ transmission during healthcare.
- Hand hygiene is therefore the most important measure to avoid the transmission of harmful germs and prevent healthcare-associated infections.

# Your 5 Moments for Hand Hygiene





March 2012

## **Hand Hygiene Steps**

- When entering or leaving the treatment floor
- After removing gloves
- Before and after direct patient contact
- After completing tasks at one patient station before moving to another station
- Before procedures, such as administering intravenous medications
- Before and after contact with vascular access
- Before and after dressing changes
- After contact with items/surfaces at patient stations



## Dialysis Audit Tool: Hand Hygiene

#### **Guide to Hand Hygiene Opportunities in Hemodialysis**

Hand hygiene opportunity category	Specific examples	
1. Prior to touching a patient	Prior to entering station to provide care to patient Prior to contact with vascular access site Prior to adjusting or removing cannulation needles	
2. Prior to aseptic procedures	Prior to cannulation or accessing catheter Prior to performing catheter site care Prior to parenteral medication preparation Prior to administering IV medications or infusions	
3. After body fluid exposure risk	After exposure to any blood or body fluids After contact with other contaminated fluids (e.g., spent dialysate) After handling used dialyzers, blood tubing, or prime buckets After performing wound care or dressing changes	
4. After touching a patient	When leaving station after performing patient care     After removing gloves	
5. After touching patient surroundings	After touching dialysis machine After touching other Items within dialysis station After using chairside computers for charting When leaving station After removing gloves	

Please make note of the following during this session.	Yes	No	Comments
There is a sufficient supply of alcohol-based hand sanitizer	140		
There is a sufficient supply of soap at handwashing stations			
There is a sufficient supply of paper towels at handwashing stations			
There is visible and easy access to hand washing sinks or hand sanitizer			



(A	CDC
1	3

<b>CDC Dialysis Collaborative</b>	Facility Name:	Date:	Start time:	AM / PM
Day: M W F Tu Th Sa Shift: 1st 2nd	3 <sup>rd</sup> 4 <sup>th</sup> Observer:	Location wi	ithin unit:	

#### Audit Tool: Hemodialysis hand hygiene observations

(Use a " $\sqrt{}$ " for each 'hand hygiene opportunity' observed. Under 'opportunity successful,' use a " $\sqrt{}$ " if successful, and leave blank if not successful)

	Hand h	ygiene	Describe any missed attempts (e.g., during medication prep,
Discipline	Hand hygiene opportunity	Opportunity successful	between patients, after contamination with blood, etc.):
	-		

Discipline: P=physician, N=nurse, T=technician, S=student, D=dietitian, W=social worker, O=other

Duration of observation period = \_\_\_\_\_\_ minutes Number of successful hand hygiene opportunities observed =

Total number of patients observed during audit = Total number of hand hygiene opportunities observed during audit =

\*\* See hand hygiene opportunities on back page



National Center for Emerging and Zoonotic Infectious Diseases



Personal Protective Equipment (PPE)

 Proper PPE should always be worn by <u>staff</u> to avoid exposure to potentially infectious blood and body fluids when connecting or disconnecting catheters.

• A mask should always be worn by **patients** during catheter access/care and a glove when holding pressure to access sites.



#### **Isolation Room**

- Dialyze hepatitis B (HBsAg+) patients in a separate room using separate machines, equipment, instruments and supplies.
- Be sure to use a separate gown when treating these patients.
- Staff members caring for patients with hepatitis B (HBsAg+) should not care for HBV-susceptible patients at the same time (e.g., during the same shift or during patient changeover):
  - Routine serologic testing for hepatitis B virus and hepatitis C virus infections
  - Vaccination of susceptible patients against hepatitis B
  - Isolation of patients who test positive for hepatitis B surface antigen
- \*HBsAg+ means hepatitis B surface antigen (a lab test for hepatitis B virus) was positive.
- \*HBV-susceptible means anyone who has never been infected and lacks immunity to hepatitis B virus.



# Cleaning and Disinfecting the Dialysis Station

- Cleaning and disinfection reduce the risk of spreading an infection.
- Cleaning is done using cleaning detergent, water and friction and is intended to remove blood, body fluids and other contaminates from objects and surfaces.
- **Disinfection** is a process that kills many or all remaining infection-causing germs on clean objects and surfaces:
  - Use an EPA hospital-grade disinfectant.
  - Follow label instructions for proper dilution (follow manufacturer guidelines).
- Wear gloves during the cleaning/disinfection process.

\*Refer to facility policy/procedure for disinfecting treatment area.



# Cleaning and Disinfecting the Dialysis Station (cont.)

- All equipment and surfaces are considered contaminated after a dialysis session and must be disinfected or discarded, including tape.
- After the patient leaves the station, disinfect the dialysis station including machine, tray and chair (working from clean to dirty).
- Wipe all surfaces.
- Surfaces should be wet with disinfectant and allowed to air dry.
- Give special attention to cleaning control panels on the dialysis machines and other commonly touched surfaces.
- Empty and disinfect all surfaces of prime waste containers.



## Dialysis Checklist and Audit Tool: Station **Routine Disinfection**

#### Checklist: Dialysis Station Routine Disinfection This list can be used if there is no visible soil on surfaces at the dialysis station. If visible blood or other soil is present, surfaces must be cleaned prior to disinfection. The proper steps for cleaning and disinfecting surfaces that have visible soil on them are not described herein. Additional or different steps might be warranted in an outbreak situation. Consider gathering necessary supplies prior to Part A. Part A: Before Beginning Routine Disinfection of the Dialysis Station Disconnect and takedown used blood tubing and dialyzer from the dialysis machine. Discard tubing and dialyzers in a leak-proof container2 Check that there is no visible soil or blood on surfaces Ensure that the priming bucket has been emptied2. Ensure that the patient has left the dialysis station4. Discard all single-use supplies. Move any reusable supplies to an area where they will be cleaned and disinfected before being stored or returned to a dialysis station<sup>5</sup> Remove gloves and perform hand hygiene. PART B: Routine Disinfection of the Dialysis Station - AFTER patient has left station Apply disinfectant<sup>6</sup> to all surfaces<sup>Z</sup> in the dialysis station using a wiping motion (with Ensure surfaces are visibly wet with disinfectant. Allow surfaces to air-dry<sup>8</sup>. Disinfect all surfaces of the emptied priming bucket<sup>3</sup>. Allow the bucket to air-dry Keep used or potentially contaminated items away from the disinfected surfaces. Remove gloves and perform hand hygiene.







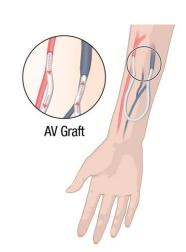
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Discipline	All supplies removed from station and prime bucket emptied	Gloves removed, hand hygiene performed	Station is empty before disinfection initiated	New clean gloves worn	Disinfectant applied to all surfaces and prime bucket	All surfaces are wet with disinfectant	All surfaces allowed to dry	Gloves removed, hand hygiene performed	No supplies or patient brought to station until disinfection complete
	2								
	<b>P</b> =physician, <b>N</b> =1 f observation pe			Nu	mber of proced al number of p		and the second s	ALL COMPANY	
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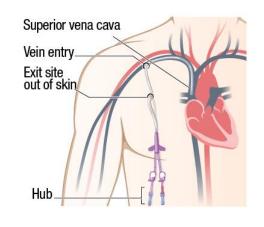
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# Types of Access Sites: Risk of Infection









### Risk of Infections for Vein Access Types

**Arteriovenous (AV) fistula:** An access created by joining an artery and a vein, typically in the arm. This access type lasts longer than a graft and is less likely to become infected.

**Arteriovenous (AV) graft:** An access created when doctors put in a tube that connects an artery and a vein. This access type has a higher risk of infection than an AV fistula but lower than a central-line catheter.

**Central-line catheter:** An access created by inserting a tube into a vein. The tube is inserted through the skin into a vein in the neck, chest or groin and the tip of the tube ends near the heart. This access type has the highest risk of infection.

\*Refer to facility policy/procedure to ensure aseptic technique is followed when prepping tape and during dressing changes.



#### Scrub the Hub

Catheter refers to a central venous catheter (CVC) or a central line.

**Hub** refers to the end of the CVC that connects to the blood lines or cap.

Cap refers to a device that screws onto and occludes the hub.

**Limb** refers to the catheter portion that extends from the patient's body to the hub.

**Blood lines** refer to the arterial and venous ends of the extracorporeal circuit that connect the patient's catheter to the dialyzer.



#### Scrub the Hub (cont.)

#### **Important Take Away:**

#### **Aseptic Technique**

This includes practices that prevent the contamination of clean/sterile items and surfaces. Once tasks requiring aseptic technique have been started, care must be taken to avoid contamination of gloves and other clean/sterile items that can occur when touching dirty surfaces (e.g., positioning patient, using computer keyboard).

\*Use an alcohol-based chlorhexidine (>0.5%) solution as the first-line skin antiseptic agent for central line insertion and during dressing changes. Povidone-iodine (preferably with alcohol) or 70% alcohol are alternatives for patients with chlorhexidine intolerance.

https://www.cdc.gov/dialysis/prevention-tools/scrub-protocols.html



#### Scrub the Hub!

Scrub the hub! Which hubs should be scrubbed? Every port on the system, injection ports into bags or bottles, injection ports on administration sets, needless connectors and the hub of a catheter itself are potential portals of entry for infection. Closed catheter access systems are preferred as they are associated with fewer central line—associated bloodstream infections (CLABSIs) than open systems. Stopcocks and injection ports should be capped when not being used.

# SCRUB THE HUB YOU ARE ACCESSING EVERY TIME YOU ACCESS IT!



#### **Checklist:** Hemodialysis catheter connection

Wear mask (if required)
Perform hand hygiene
Put on new, clean gloves
Clamp the catheter and remove caps
Scrub catheter hub with antiseptic
Allow hub antiseptic to dry
Connect catheter to blood lines aseptically
Remove gloves
Perform hand hygiene



#### **Checklist:** Hemodialysis catheter disconnection

Wear mask (if required)
Perform hand hygiene
Put on new, clean gloves
Clamp the catheter
Disconnect catheter from blood lines aseptically
Scrub catheter hub with antiseptic
Allow hub antiseptic to dry
Attach new caps aseptically
Remove gloves

Perform hand hygiene



#### **Checklist:** Hemodialysis catheter exit site care

	Wear mask (if required) and remove dressing
	Perform hand hygiene
	Put on new, clean gloves
	Apply skin antiseptic
	Allow skin antiseptic to dry
	Do not contact exit site (after antisepsis)
	Apply antimicrobial ointment*
	Apply dressing aseptically
	Remove gloves
	Perform hand hygiene
	# Use an eintment that deer not interact with cathotec material





# Dialysis Checklist: Catheter Connection, Disconnection and Exit Site Care

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# Dialysis Audit Tool: Catheter Connection/Disconnection and Exit Site Care

Procedure observed, C=connect D=disconnect	Discipline	Mask worn properly (if required)	Hand hygiene performed	New clean gloves worn	Catheter removed from blood line aseptically (disconnection only)	Catheter hub scrubbed	Hub antiseptic allowed to dry	Catheter connected to blood lines aseptically (connection only)	New caps attached aseptically (after disconnecting)	Gloves removed	Hand hygiene performed
Discipline: <b>P</b> = Duration of ol	bservation	period =	n		Number			ned correctly = served during	=   audit =		

Mask worn properly (if required)  Hand hygiene performed  New clean hygiene worn  Joscipline (if required)  New clean hygiene performed  Skin antiseptic antiseptic allowed to dry  New clean hygiene applied allowed to dry  New clean hygiene antiseptic antisepsis)  Antimicrobial ointment applied aseptically  Gloves removed hygiene performed				ve blatik)	bserved, lea	ed. If not ol	ot perform	ly, a "Φ" if no	d correct	performe	"if action	Use a "√
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Discipline: P=physician, N=nurse, T=technician, S=student, O=other		I.				I.	<b>0</b> =other	n, <b>S</b> =student, <b>C</b>	I <b>T</b> =techniciar	, <b>N</b> =nurse, 1	<b>P</b> =physician	Discipline:
Ouration of observation period:minutes	- -		dit =	,				inutes				





# Dialysis Checklist: Injectable Med Preparation and Administration

## Checklist: Hemodialysis injectable medication preparation

Ensure medication preparation area is clean<sup>1</sup>

Inspect medication vial and discard if sterility is questionable<sup>2</sup>

Perform hand hygiene

Prepare medication aseptically

Disinfect rubber septum of vial with alcohol

Withdraw medication using a new needle and new syringe<sup>3</sup>

Discard single-dose vials and store multi-dose vials appropriately<sup>4</sup>

Prepare injectable medications in a designated clean workspace that is free of obvious contamination sources (e.g. blood, body fluids, contaminated equipment tap water). This workspace should be clearly separated from the patient treatment area, and ideally in a separate room.

Examine appearance of vial contents for signs of possible contamination (e.g., turbidity, particulate matter). Vials should be discarded if sterility is questionable, the expiration date has been exceeded, or the beyond-use date has been exceeded. If a multi-dose vial will not be immediately discarded after use, the vial should be labeled upon opening to indicate the beyond-use date.

<sup>3</sup>Medications should be prepared as close as possible to the time of administration. If not immediately administered by the person who prepared the medication, they should be labeled appropriately.

'If not discarded, opened multi-dose vials should be stored in a designated clean area in accordance with manufacturer's instructions.





#### *Checklist:* Hemodialysis injectable medication administration

Injectable medications should be handled and transported from the medication preparation area in a manner that minimizes contamination risk. The provider administering the medication should also ensure the correct medication and dose are being administered to the correct patient.

Perform hand hygiene

Put on new, clean gloves

Scrub injection port with antiseptic\*

Attach syringe and administer medication aseptically

Discard syringe

Remove gloves

Perform hand hygiene

\*The following are appropriate antiseptics: chlorhexidine, povidone-iodine, tincture of iodine, 70% alcohol







# Dialysis Audit Tool: Injectable Med Preparation and Administration

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and hygiene performed	Gloves removed	Syringe discarded at point of use	Medication administered aseptically	Injection port disinfected with antiseptic**	Clean gloves worn	Hand hygiene performed	Medication properly transported to patient station*	Discipline
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All multi dose vial(s) discarded or stored properly	dose vial(s)	Med prep done aseptically	All vials entered with new needle and new syringe	Septum of all vial(s) disinfected	Hand hygiene performed	All vial(s) are inspected **	Med prep area is clean *	Med prep done in designated area	Discipline	Shift (i.e., 1 - 4)	<b>Day</b> .e., M, Tu, W)
	=	d correctly :	ions performe	mber of sessi		udent, <b>0</b> =	nician, <b>S</b> =st	urse, <b>T</b> =tech	ician, <b>N</b> =no	<b>P</b> =phys	iscipline:

ADDITIONAL COMMENTS/OBSERVATIONS:



National Center for Emerging and Zoonotic Infectious Diseases

Division of Healthcare Quality Promotion



\*Preparation of injectable medications must be performed in a designated clean area that is free of obvious contamination sources (e.g., blood, body fluids, contaminated equipment, tap water).

Total number of sessions observed =

# Dialysis Checklist: AV Fistula/Graft Cannulation and Decannulation

# Checklist: Arteriovenous fistula/ graft cannulation Clean site with soap and water Perform hand hygiene (staff) Put on new, clean gloves Apply skin antiseptic and allow it to dry Do not contact site (after antisepsis) Insert needles aseptically Connect to blood lines aseptically Remove gloves



Checklist: Arteriovenous fistula/





Perform hand hygiene







# Dialysis Audit Tool: AV Fistula/Graft Cannulation and Decannulation

			aseptically	performed aseptically	graft site (after antisepsis)	antiseptic allowed to dry	antiseptic applied appropriately	New, clean gloves worn	hygiene performed (staff)	Site cleaned with soap and water	Discipline
Discipline: P=physician, N=nurse, T=technician, S=student, O=other  Duration of observation period =minutes		dit =				Number		m	n period = _	of observation	Ouration o

**CDC Dialysis Collaborative** 

cipline	Hand hygiene performed (staff)	New, clean gloves worn	Disconnect from blood line aseptically	removed	Clean gloves worn (by patient/staff) to compress site	Clean gauze /bandage applied to site	If other activities performed between needle removals, hand hygiene is performed and new, clean gloves are worn	Staff gloves removed	Staff hand hygiene performed	Patient gloves removed and hand hygiene performed (if applicable)	Comments
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ration (	of observation	n, <b>N</b> =nurse, <b>T</b> on period = _	mi	ALC: SOURCE STATE	Num		dures performed co procedures observe				

### Patient Education: 6 Tips to Prevent Infection

#### **Fistulas or Grafts**

- 1. Take care of your dialysis access site at home. Avoid scratching or picking it.
- 2. Wash your hands often, especially before and after dialysis treatment.
- 3. Wash or cleanse your dialysis access site prior to treatment.
- 4. Know the steps your healthcare providers should take when using your dialysis access for treatment.
- 5. Know the signs and symptoms of infection and what to do if you think you might have an infection.
- 6. Know what to do if you have any problem with your dialysis access site.

#### **Catheters**

- 1. Catheters have a higher risk of infection. Ask your doctor about getting a fistula or graft instead.
- 2. Learn how to take care of the catheter at home. Do not get it wet.
- 3. Wash your hands often, especially before and after dialysis treatment.
- 4. Know the steps your healthcare providers should take when using the catheter for treatment.
- 5. Know the signs and symptoms of infection and what to do if you think you might have an infection.
- 6. Know what to do if you have any problem with the catheter.



## **Infection Control Program**

#### Infection control practices for hemodialysis units:

- Infection control precautions specifically designed to prevent transmission of bloodborne viruses and pathogenic bacteria among patients
- Routine serologic testing for hepatitis B virus and hepatitis C virus infections.
- Vaccination of susceptible patients against hepatitis B
- Isolation of patients who test positive for hepatitis B surface antigen
- Keep up-to-date on all vaccinations (hepatitis B, flu, PNA, COVID-19, etc.)

#### Surveillance for infections and other adverse events.

#### Infection control training and education:

- Healthcare providers
- Patients



## Speaking Up: Making Dialysis Safer for Patients

- Patients on dialysis are encouraged to post this video on social media and share with family and friends.
- Dialysis clinics are encouraged to show the video during dialysis treatments, play it in waiting rooms and post links within patient and staff educational material.

#### Patient education video (Speak Up)

https://www.cdc.gov/dialysis/patient/speak-up-video.html#anchor 1579633659273



#### References

- APIC Implementation Guides Infection Prevention and Control in Dialysis Settings. <a href="https://apic.org/wp-content/uploads/2022/04/Dialysis ImplementGuide3.pdf">https://apic.org/wp-content/uploads/2022/04/Dialysis ImplementGuide3.pdf</a>.
- https://www.cdc.gov/dialysis/index.html
- https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.modernhealthcare.com%2Fpatient-care%2Fdialysis-centers-face-significant-challenges-protecting-patients-covid-19&psig=AOvVaw0uVis8hWeEXnFS-PkeddWX&ust=1650826914229000&source=images&cd=vfe&ved=0CAwQjRxgFwoTCKDh3dTvgvcCFQAAAAAdAAAA
- https://www.google.com/search?q=hemodialysis+machines&tbm=isch&ved=2ahUKEwi40IWu8ar3AhWZUs0KHaGWBv8Q2cCegQIABAA&oq=hemodialysis+machines&gs\_lcp=CgNpbWcQARgAMgcIIxDvAxAnMgYIABAHEB4yBggAEAcQHjIGCAAQBxAe MgQIABAYMgQIABAYUABYAGD1RWgAcAB4AIABRYgBRZIBATGYAQCqAQtnd3Mtd2I6LWItZ8ABAQ&sclient=img&ei=9E5kYriGG5 mltQahrZr4Dw&bih=534&biw=1156&rlz=1C1GCEB\_enUS918US918
- https://www.google.com/search?q=hemodialysis+cleaning+machines&tbm=isch&ved=2ahUKEwjnyM2B8qr3AhWPrmoFHSusDNEQ2-CCegQIABAA&oq=hemodialysis+cleaning+machines&gs lcp=CgNpbWcQDDoHCCMQ7wMQJzoGCAAQBxAeOgQIABAYUKUXWNonYKU4aABwAHgAgAFQiAGEBZIBAjEwmAEAoAEBqgELZ3dzLXdpei1pbWfAAQE&sclient=img&ei=o09kYqfrKY dqtsPq9iyiA0&bih=534&biw=1156&rlz=1C1GCEB enUS918US918
- https://www.cdc.gov/dialysis/prevention-tools/scrub-protocols.html
- https://www.nephroplus.com/know-your-hemodialysis/
- https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.researchgate.net%2Ffigure%2FTypical-setting-for-hemodialysis-courtesy-of-Ehealthhut-C-wwwehealthhutcom\_fig2\_343212488&psig=AOvVaw0s-FgsE8GIXeeGO7Xt8f\_a&ust=1651026744134000&source=images&cd=vfe&ved=2ahUKEwix0YeG2LD3AhXzgokEHWTtD3oQjRx6BAgAEAs
- https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6008a4.htm?s\_cid=mm6008a4\_w



#### **Tools**

**Engaging Patients in the Infection Prevention Conversation** 

https://www.cdc.gov/dialysis/pdfs/EngagingPatients-Comic-508.pdf

Scrub the Hub

https://www.jointcommission.org/-/media/tjc/documents/resources/health-services-research/clabsi-toolkit/clabsi toolkit tool 3-21 scrub the hubpdf.pdf?db=web&hash=79BF0D29BD4AAF13DEC3C3DE5AB90494&hash=79BF0D29BD4AAF13DEC3C3DE5AB90494

You can find resources and learn more about CDC's work to reduce infections at <a href="https://www.CDC.gov/dialysis">www.CDC.gov/dialysis</a>.

"Speak Up: Making Dialysis Safer for Patients" video is available at <a href="https://www.CDC.gov/dialysis/patient/speak-up-video.html">www.CDC.gov/dialysis/patient/speak-up-video.html</a>.



# Questions?

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