



Turning “Moments” into Magic: The Recipe for a Purpose-Filled Day

Indiana Healthcare Leadership Conference – October 13, 2022



Who We Serve:

- Those living with **Dementia**
- Encountering **Mental Health Conditions**
- Diagnosed with **Intellectual and Developmental Disabilities**
- Having experienced **Traumatic & Non-Traumatic Brain Injury**
- Coping with **Huntington's Disease**





Our Community



Historically, Byron residents are more difficult to care for.



Uniqueness is perhaps best found in the profile of its residents.

- Residents range in age from 18 to 101 and over 23% are below the age of 54.
- 55.6% of our residents are male; compared to a national average of only 35.7%.
- Individuals with Dual Diagnoses



What is the Byron Culture?

MISSION STATEMENT: Byron Health Center provides an inclusive multi-generational community fostering purpose-filled lives by focusing on the individualized strengths of our family members.

VISION STATEMENT: Byron Health Center will fundamentally change long-term-care through compassion and innovation.

FOUNDATIONAL BELIEF: We join each resident on their journey as guests in their home, advocating on their behalf.



What are Byron's Core Values?

Commitment – An agreement or pledge to do something in the future

Communication – A process by which information is exchanged between individuals through a common system

Compassion – Sympathetic consciousness of others' distress together with a desire to alleviate it.

Integrity – Firm adherence to a code of moral values

Passion – Intense, driving, or overmastering feeling or conviction

Respect – To consider worthy of high regard



What are Byron's Team Member Credos?



Ask, Don't Assume

Assume the best intentions.



Be Impeccable With your Word

Share only first hand, direct knowledge.



Do Your Best

Give so much time to the improvement of yourself that you have no time to criticize others.



Hold Me Responsible

Accountability for all and give gentle reminders when we fall short



Lead By Example

Set the standard while being the standard bearer.



Show Gratitude

Sincere appreciation expressed through words and actions.



What are Byron's Resident Credos

Quality of Life for our residents is our goal every minute of every day.

Providing purpose and value to our residents by celebrating individuality through freedom of choice to allow them to dream and achieve.

Respect through compassion, empathy, kindness, and humor

Dignity by honoring our resident's heritage, self-worth, and family involvement





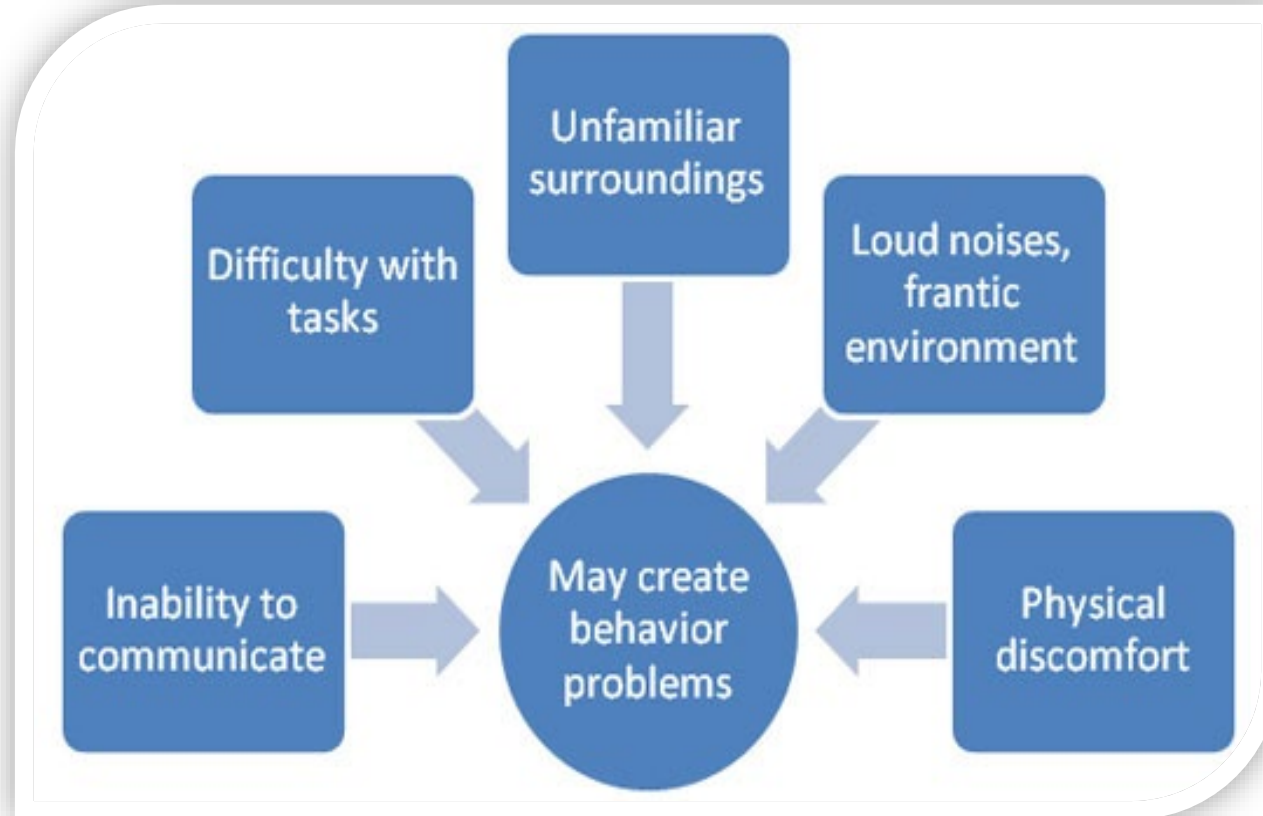
Setting the tone with Environment:

- Private rooms: 150/170 are private
- Neighborhood & Break Area Sensory Rooms
- International Design & Courtyards
- Homelike Kitchenettes
- Living and Bathroom Spaces to maximize independence; encourage choice & individualize leisure



We Set the Stage

**Our Energy
Affects
Those
Around Us**



**We Have
Influence
Over
Objective
Factors**



Team Member Support



Resident Wellbeing Services

- Three Resident Engagement Specialists
- Two Cognitive Engagement Specialists
- Four full-time and one part-time Life Enrichment Team Members



In-Person Team Member Training

- ### In-Person Classroom Sessions
- Special Populations
 - Approach & Person-Centered Care
 - Abuse, Neglect and Modeling the Way
 - Sensory Training & Creating Win-Wins



Neighborhood In-Services

- Modeling the Way (Hands-On)
- Cross Training





POWERFUL INTERACTIONS!

Positive Approach to Care®



Interdisciplinary Support

Providers that are regularly in the building

- Rounding Providers: Psych NP – weekly visits and on-call
- Oaktree Counseling “Talk therapy”
- Mindful Movement – Mind-remapping & Activity Programs
- IADL Growth with Interdisciplinary Purpose Development

Community Partners

- Student Volunteers & Interns – USF, Indiana University, Indiana Tech, Ivy Tech, etc
- Relationships with in-patient psychiatric hospitals throughout the state
- Community Mental Health Practitioners –Park Center/Bowen



Engagement and Preventing Triggers

- Social engagement
- Cognitive stimulation
- Sensory stimulation
- Past life roles
- Physical movement
- Therapeutic truth
- Praise, encouragement, & flattery
- Environment & meaning (speak in whispers)
- Purpose & creativity (asking for help)
- Validation
- Patience
- Changes in condition



Interpreting Moments

Lean Into Strengths, Focus on the Current

- Behaviors/Moments fall on a spectrum
 - Common - needing distraction or assistance
 - Repetition, Shadowing & Wandering
 - Hiding, hoarding, rummaging
 - Challenging – needing distraction or intervention
 - Depression, withdrawal & demanding, insulting, yelling
 - Paranoia, delusions, hallucinations & Sundowning
 - Intrusiveness & Sexually Inappropriateness
 - Harmful – needing de-escalating
 - Aggression & Combativeness



Agency Support and Engagement Resources

Governmental Social Service Agencies:

- APS
- BDDS
- AIHS
- Ombudsman
- Local Police Authorities
- Surveyor Relationships

Private Advocacy Organizations:

- HDSA
- Alz Assoc.

Engagement Resources

- Rendeever
- Equipping Minds
- Literacy Alliance
- Carriage House



Thank you!

Deb Lambert & Libby Mizzell 

260.637.3166 

<https://byronhealth.org>  

