

SBAR Communication Form and Progress Note



Before Calling MD / NP / PA:

- Evaluate the Resident:** Complete relevant aspects of the SBAR form below
- Check Vital Signs:** BP, pulse, and/or apical heart rate, temperature, respiratory rate, oximetry, and finger stick glucose, if indicated
- Review Record:** Recent progress notes, labs, orders
- Review an INTERACT Care Path or Acute Change in Condition File Card,** if indicated
- Have Relevant Information Available when Reporting**
(i.e. medical record, vital signs, advance directives such as DNR and other care limiting orders, allergies, medication list)

SITUATION

The change in condition, symptoms, or signs I am calling about is/are _____

This started on _____ / _____ / _____ Since this started has it gotten: Worse Better Stayed the same

Things that make the condition or symptom **worse** are _____

Things that make the condition or symptom **better** are _____

This condition, symptom, or sign has occurred before: Yes No

Treatment for last episode (if applicable) _____

Other relevant information _____

BACKGROUND

Resident Description

This resident is in the NH for: Post-Acute Care Long-Term Care

Primary diagnoses _____

Other pertinent history (e.g. medical diagnosis of CHF, DM, COPD) _____

Medication Alerts

Changes in the last week (describe below) Resident is on warfarin/coumadin: Result of last INR _____ Date ____/____/____

Allergies _____

Vital Signs

BP _____ Pulse _____ Apical HR _____ RR _____ Temp _____ Weight _____ lbs (date ____/____/____)

For CHF, edema, or weight loss: last weight before the current one was _____ on ____/____/____

Oximetry % _____ on room air on O2 (liters/minute) _____

Residents Name _____

(continued)

SBAR Communication Form

and Progress Note (cont'd)

For the next 5 items, complete only those relevant to the change in condition.
If the item is not relevant, check 'N/A' for not applicable.

1. Mental Status Changes (compared to baseline; check all that you observe) N/A

- Increased confusion New or worsening behavioral symptoms
 Decreased consciousness (*sleepy, lethargic*) Unresponsiveness
 Other symptoms or signs of delirium (*e.g. inability to pay attention, disorganized thinking*)

Describe symptoms or signs _____

2. Functional Status Changes (compared to baseline; check all that you observe) N/A

- Needs more assistance with ADLs Decreased mobility Fall Other (*describe*)
 Weakness or hemiparesis Slurred speech Trouble swallowing

Describe symptoms or signs _____

3. Respiratory N/A

- Shortness of breath Cough (Non-productive Productive)
 Abnormal lung sounds Labored breathing

Describe symptoms or signs _____

4. GI/Abdomen N/A

- Nausea Vomiting Diarrhea Decreased appetite Abdominal pain
 Distended abdomen Tenderness Decreased bowel sounds (*date of last BM* _____ / _____ / _____)

Describe symptoms or signs _____

5. GU/Urine Changes (compared to baseline; check all that you observe) N/A

- Decreased urine output Painful urination Urinating more frequently
 Needs to urinate more urgently Blood in urine New or worsening incontinence

Describe symptoms or signs _____

Recent Lab Results (e.g. CBC, chemistry or metabolic panel, drug levels)

Advance Care Planning Information (the resident has orders for the following advance directives)

- DNR DNI (*Do Not Intubate*) DNH (*Do Not Hospitalize*) No Enteral Feeding Other Order or Living Will (*specify*)

Other resident or family preferences for care _____

Residents Name _____

(continued)

SBAR Communication Form

and Progress Note (cont'd)



ASSESSMENT (RN) OR APPEARANCE (LPN)

What do you think is going on with the resident?

For RNs: I think the problem may be (e.g. cardiac, infection, respiratory, dehydration) _____

For LPNs: The resident appears (e.g. short of breath, in pain, more confused) _____

REQUEST

I suggest or request (check all that apply)

- Monitor vital signs Lab work X-ray EKG Provider visit (MD/NP/PA)
 Transfer to the hospital (send a copy of this form) Other new orders (specify)

Nursing Notes (for additional information on the Change in Condition)

Name of Family/Health Care Agent Notified: _____ **Date** ___/___/___ **Time (am/pm)** _____

Reported to Primary Care Clinician (MD/NP/PA): _____ **Date** ___/___/___ **Time (am/pm)** _____

Staff Name (RN/LPN) and Signature _____

Residents Name _____