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### **Update on Psychological First Aid Training**

The Indiana Family and Social Services Administration, in partnership with the American Red Cross Indiana, has made available a series of trainings in Psychological First Aid for Hoosier health care and social services professionals. Psychological First Aid is an approach to helping people who have been exposed to a disaster or traumatic event, in this case the COVID-19 pandemic. Many of you have registered for this training, and many more have been placed on a wait list due to the incredible demand for this resource.

While new instructors are in the process of being certified in order to increase capacity to offer additional trainings, interested individuals can opt to take a web-based, on-demand version of this training through the American Red Cross by going [here](#). Once you register you can search for “Psychological First Aid” and click on the blue square for the online learning. If you experience difficulty accessing the course, please email [disastertraining@redcross.org](mailto:disastertraining@redcross.org) for assistance.

