

RECOVERY SUPPORT WORKGROUP

Our mission is to recommend and promote identified needed supports and resources for individuals in wellness and recovery from mental health and substance use disorders across Indiana.

Recovery support services engage and support individuals in treatment and provide a range of ongoing services and supports following treatment to help individuals maintain long-term recovery. Behavioral health programs and recovery community organizations provide recovery support services. They are often delivered by trained case managers, recovery coaches and peer support workers.

The Substance Abuse and Mental Health Services Administration identifies four main dimensions that support recovery:

- **Health**
- **Home**
- **Purpose**
- **Community**

Recovery supports help individuals fulfill these domains and can include employment support, housing assistance, transportation and peer support, among others.

OVERVIEW, HISTORY AND PROCESS

The Indiana Division of Mental Health and Addiction submits a combined mental health and substance abuse prevention and treatment block grant application for two federal fiscal years at a time. The complete applications include multiple priority areas, including "recovery supports." Each priority area of the combined block grant application uses a set of strategies, performance indicators and dashboards.

A workgroup was developed under the Mental Health and Addiction Advisory Council by DMHA to promote and develop state-wide recovery supports with the goal of community integration and recovery for persons with mental illness and/or addictions.

www.in.gov/fssa/dmha/office-of-consumer-and-family-affairs/recovery-supports



Division of Mental Health and Addiction