

# Indiana Behavioral Health Commission Meeting Minutes for August 2, 2022, 11 a.m. – 12:30 p.m. Neurodiagnostic Institute & Advanced Treatment Center 5435 East 16th Street Indianapolis, IN 46218

### **Minutes**

## **Commission Members Present:**

Katy Adams Sharon Bowman Carrie Cadwell Jay Chaudhary

Scott Fadness JD Ford Zoe Frantz Austin Hollabaugh

Rachel Johnson-Yates Brooke Lawson Ray Lay Anthony Maze
Stephen McCaffrey Katrina Norris James Nosset Leah McGrath

Barbara Scott Jess Yoder

#### **Commission Members Absent:**

Senator Michael Crider Donna Culley Timothy Kelly

Chase Lyday Christine Negendank

Mike Nielsen Representative Ziemke

Allison Taylor substituted by Andrew Sekeres

## **Guest Members Present:**

Becca Sigafus and Denise Baker from Essential Virtual Solutions

A copy of the agenda is posted to <a href="https://www.in.gov/fssa/dmha/indiana-behavioral-health-commission/">https://www.in.gov/fssa/dmha/indiana-behavioral-health-commission/</a>.

# The following items were discussed:

**Item 1: Administration** 

#### **Outcome:**

- J. Chaudhary requested approval of the minutes from January 14, 2022
  - The Commission voted on the minutes
    - B. Scott moved to approve the minutes, multiple Commission Members seconded, all in favor, none opposed, there were no abstentions, the minutes were approved.

# **Item 2: Report Review**

#### **Outcome:**

- The Committee reviewed the draft of the report, reviewing for substance and content
  - Becca and Denise shared information regarding the artist and the artist statement at the beginning of the report; no comments from the Commission
  - O Becca and Denise informed the committee the report is in two parts an executive summary and a legislative summary; no comments from the Commission
  - o Becca and Denise reviewed the letter from Jay; no comments from the Commission
  - o Becca and Denise reviewed letter from Ray Lay
    - Committee requested Ray's role as a full member be acknowledged/amplified with title of "Featured Commission Member"
      - R. Lay requested additional letters/viewpoints of lived experience be included
        - J. Chaudhary advised due to time constraints and report due date, unlikely to be coordinated
          - B. Scott advised the report included comments from the lived experience survey
  - Becca and Denise presented the pictures of Commission Members coming after the letter, but before the Executive Summary in order to prevent breaking up the flow; no comments from the Commission
  - Review of Executive Summary
    - J. Chaudhary requested feedback on 988 surcharge value; no comments from the Commission
    - B. Scott asked about the status of including the cost of untreated mental illness
      - J. Chaudhary, the study and report are done, included in appendix
      - S. Fadness noted community confusion on announcements related to surcharges and costs
      - C. Cadwell requested information on status of changes for HAF in the Executive Summary, status of new recommendations, and a review of the background
        - J. Chaudhary recommended removing this recommendation and re-including the recommendation for a fully funding CIT training center in accordance with feedback from Senator Crider
      - S. McCaffrey recommended specifying money requested is for ongoing operations and to ensure sustainability
        - Z. Frantz advised delineating between previous funding provided and newly requested funding, S. McCaffrey agreed

- J. Chaudhary recommended for item 2 in Executive Summary to be sure to reference money being a one-time Federal provision
  - S. Fadness requested the specification also include what the money was spent on
  - J. Chaudhary advised in the body of the Executive Summary and at the top
- S. Fadness re-advocated need to emphasize funding for CIT training is to alleviate burden on first responders and staffing needs while training
  - A. Maze emphasized the impact on rural first responders staffing needs
  - K. Adams requested guidance on who is responsible for the logistics of coordinating the training program
    - A. Maze suggested possible option through ICJI due to current infrastructure
  - A. Hollabaugh advocated including a youth emphasis in CIT training
    - R. Johnson-Yates noted from discussions with the founder of CIT, it is possible to develop curriculum specifics
  - S. Fadness recommended not focusing only on a "center," but needing to focus on having a coordinated program providing technical assistance
    - Committee recommended being sure funding focused on all first responders in Indiana, including dispatchers and detention center staff
      - R. Lay noted through NAMI discussions, the need for this area is present in the community
      - B. Lawson emphasized focusing on youth and adult
      - S. Bowman noted the possibility of working through electronic training approaches
- Z. Frantz requested clarification on HAF, lack of short-term solution for the "where"
  - J. Chaudhary confirmed barriers related to short-term solutions
  - B. Scott asked if it's possible to inventory current psychiatric beds without attaching to HAF?
  - S. Fadness noted legislative difficulties with HAF, related to Medicaid expansion in the state
    - J. Chaudhary noted concerns other than legislative, push back from HAF could contribute to barriers to other recommendations in the report
  - Z. Frantz noted operationally differences between crisis stabilization and long term care
    - C. Cadwell agreed and noted there are many individuals who seek care that are not appropriate for inpatient care, "behavioral health urgent care" more appealing to the consumer experience, need for more strategically placed areas around the state

## o CCBHC section

- B. Scott recommended updating language about PPS to "cost-based reimbursement," noted to be a CCBHC will take a large organization with capacity
  - J. Chaudhary noted the benefit of data transparency in the infrastructure

- o Overall Mental Health and Well Being
  - J. Chaudhary noted barriers related to getting signatures on literacy letter, letter will go in the appendix for flow purposes
    - No additional feedback from the Commission
- Workforce
  - J. Chaudhary noted primary issues in this area related to funding/rates
    - Z. Frantz how will HIP reconciliation impact this? Noted the use of the word "adjust" when describing rates could cause rates to go backwards
      - J. Chaudhary noted the report should specify increase in the Executive Summary and the body of the report
        - K. Norris noted opportunities to look at options for loan forgiveness
        - R. Johnson-Yates noted retention programs not managed well, there is an opportunity to recommend centralized coordination of programs
          - Z. Frantz agreed and noted offering support in navigating
          - Combined recommendation from the Commission included coordination, marketing, and navigation of existing student loan repayment programs

- o Criminal Justice
  - A. Sekeres asked for clarification on how many counties have mental health courts?
    - Eight now, drug courts have been successful, can replicate
    - A. Hollabaugh noted that successful court operation requires judges to be motivated to refer for this approach
      - J. Chaudhary noted an opportunity to also recommend for juvenile justice
        - The Commission agreed with consensus
    - S. McCaffrey asked if there is an adequate number of drug courts
      - o A. Hollabaugh noted 2 kinds of drug courts, criminal and family
        - J. Chaudhary noted for the purposes of the report, the Commission should not focus on drug court recommendations at this time.
  - C. Cadwell asked what the recommendation for AOT (assisted outpatient treatment) is?
    - J. Chaudhary noted this is in statute
      - K. Adams noted only helpful if the consumer has a respect for the court system
      - O J. Chaudhary asked the Commission for comments on competency restoration, no comments from the Commission
  - Medicaid Expansion
    - J. Chaudhary noted there is already some discussion around this, but it will be reiterated and re-recommended in this report

- S. McCaffrey requested recommendations for CMHC or CCBHC be updated to CMHC/CCBHC throughout the report
- o J. Chaudhary requested feedback on behavioral health care in corrections settings in general
  - B. Scott why can behavioral health not be provided in jails?
    - J. Chaudhary noted issues related to timelines
- R. Lay advocated for report to include pre-release planning, noted success in working with individuals in this capacity
- J. Chaudhary noted CIT included here
  - Commission agreed to keep CIT recommendation in two places in report
- Becca and Denise do we need to identify Stepping Up?
  - J. Chaudhary advised to include a link to the model in the report
- J. Chaudhary noted regional treatment centers not included in an expanded manner in this report due to already being addressed in other areas
  - S. McCaffrey noted a bill has been started, but not made progress
- J. Chaudhary noted for post incarceration supports, efforts to build pathways
  - No additional feedback from the Commission
- Overall Mental Health
  - No comments from the Commission on this section
- Additional recommendations
  - Report posing additional recommendations to address social determinants of health; no additional feedback from the Commission
- Data sharing
  - Z. Frantz recommended centralized credentialling
- Other areas
  - J. Chaudhary noted recommendation to request authorization to continue Commission
    - C. Cadwell noted there are items in the report that will need support to implement the recommendations, there are future impacts that will "play out"
  - R. Johnson-Yates recommended adding IDD in the crisis section, requested a review to be sure IDD is included in other sections, where appropriate; also requested adding a youth focus throughout, where appropriate
  - Z. Frantz noted issues with long term care contracts and the aging population, the system not being fully equipped to address this need
    - L. McGrath agreed
  - B. Lawson advocated language promoting mental health literacy as a prevention tool to be amplified in the report; B. Lawson will provide language for the report
  - J. Yoder noted possibility of overlap in recommendations from the public health commission, not sure of their definition of health care, this Commission may benefit from cross-walking with the public health report
- Funding
  - Senator Ford noted the recommendations will be a hard sell, the timing is ideal and preliminary conversations have commenced; recommended using examples from other states to justify cost, link justification of untreated mental illness to funding increase and weave throughout document

- S. Fadness recommended mapping out what funding gets citizens in programming, map out what a 60% increase translates to statewide, including how many more will be treated, etc. what is the output?
  - J. Chaudhary agreed noting a need to translate this through the current regional infrastructure of CMHCs and state hospitals
    - Z. Frantz recommended also linking to workforce
    - S. Bowman noted the needs related to underemployment
      - J. Chaudhary noted the need to acknowledge majority of workforce as non-licensed
        - S. McCaffrey noted stigma related to non-licensed workforce
- Senator Ford noted amplifying positive impacts on county sheriffs and reducing jail population because of recommendations
- J. Chaudhary requested a vote to assign CMHC Commission members Z. Frantz, K. Adams, C. Cadwell, and B. Scott to provide language and information on the impact of the report recommendations on the local level and workforce
  - B. Scott agreed and noted possibility of connecting with local legislators to each of the CMHCs to discuss impact
    - There was a Commission consensus to implement this recommendation
- Appendix
  - Senator Ford the least number of words is best, focus on click/go capabilities
  - Add the completed WISE report
  - S. Fadness noted to update the Executive Summary to an infographic suggested pillars of information currently too much text

# **Item 3: Coordination of Report**

- Report approval
  - J. Chaudhary requested a motion to approve the substance of the report when amended based on discussion
    - Senator Ford motioned to approve, S. Fadness seconded, all in favor, no abstentions.
  - S. McCaffrey asked about the status of the recommendations being confidential, whether a press release or marketing strategies will be implemented
    - J. Chaudhary recommended when the final draft is available the Commission use and ad hoc group to discuss ideas for legislative outreach and media outreach; J. Chaudhary recommended a planning meeting appointing Z. Frantz and S. McCaffrey to lead, requested a vote
      - A. Hollabaugh motioned to approve, S. Bowman seconded, all in favor, no abstentions
- Becca and Denise noted updated edits are needed within one week to be ready for publication
- J. Chaudhary noted the Commission can meet until the end of December
  - o No additional meetings scheduled at this time