# **FLOW RECORD INSTRUCTIONS**

## **Direct Support Professionals (DSP)**

#### Vitals

Record Monthly/Daily on Flow Record. Use Vital Sign Record or Daily Note if any vital signs are taken more frequently than daily.

### Meals

Record % of Meals/Snacks eaten and fluid intake.

### G.I.

BM (Bowel Movement) Use Bristol Stool Formation Scale or Utilize following codes: I- soft M- medium II- hard L- large X- liquid XL- extra large Days without BM Last Void/Urination (time) Vomitus – Y for yes; N for no

### Skin

Redness, Abrasion/Scratch, Bruise or open area – Document location on Flow Record using Body Part Abbreviation found at bottom of tracking sheet. Size, location and appearance documented daily in Daily Notes until resolved

### **Oral Care**

Suction Tooth-brushing – Check mark for completion Oral Swab – Check mark for completion Tooth-brush – Check mark for completion

### Triggers

If none, put dash (-) in space N-non corrected; if non-corrected trigger occurs more than once, also put number (ie., N4) C-corrected

### **Supervisor/House Manager**

Must initial each Flow Record after review of data. Do appropriate follow-up as indicated.

Outreach Services of Indiana

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