



**HAMILTON
CENTER, INC.**

**MILITARY
VETERAN
PROGRAM**



MYTHS SURROUNDING PTSD

- I will lose my 2nd Amendment Right if diagnosed with PTSD.

Not true. Individuals retain their 2nd amendment right with a PTSD diagnosis unless they have had incidents of violence or domestic abuse and only then if they have been judged incompetent.

- People will see me as weak if I have PTSD.

It takes a lot of strength and courage to admit that you need help. Many individuals suffer for years but when they eventually seek help, the overwhelming sentiment is "why did I wait so long?"

- People will see me as crazy.

PTSD is not something that is wrong with you; it is something that happened to you. Every person responds differently to traumatic events.

- Only combat veterans or infantry get PTSD.

PTSD can affect anyone regardless of branch or military occupation. Trauma from combat is only one factor that may cause PTSD. The majority of reasons people suffer from PTSD are not combat related.

- All veterans have PTSD.

Not all veterans suffer from PTSD. Thankfully, many veterans never experience traumatic events which may lead to PTSD.

- PTSD goes away on its own.

Left untreated, PTSD has the potential to negatively affect all aspects of your life including loss of employment, substance abuse, and family difficulties. PTSD does not simply go away.

YOU HAVE SERVED US PROUDLY, NOW LET US SERVE YOU!

William Little, MSW and fellow veteran

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