

Regions Financial Fundamentals

Free, on-site seminars to help your employees achieve their financial goals.

As an employer, you want your employees to make the most of their money. Regions can help. During each Regions Financial Fundamentals seminar, a knowledgeable and friendly Regions associate will walk your employees through easy-to-understand guidance and action-oriented handouts to get them on the road to financial success.

Seminar Topics

The Importance of Saving

- Why is it important to set a financial goal and save?
- What can you do to help your money grow?
- How can you create a savings plan?

Managing Your Money

- What are the steps for setting financial goals?
- How can you track your daily spending habits?
- Are there ways to increase your income and decrease your spending?

Wise Use of Credit

- What is credit and why is it important?
- How is your credit established?
- What is a credit report?

Protect Yourself From Identity Theft

- What are the common forms of identity theft and how can you protect yourself?
- What if you suspect you are a victim of identity theft?
- How can you prepare in advance?

Saving for Retirement

- Why is it important to save for the future?
- When should you start saving for retirement?
- How do you develop a savings plan for your retirement?

Building Your Financial Confidence

- What stresses you and what motivates you about finances?
- What can you do to really take charge of your money?
- How can you educate yourself to be confident about your finances?

Your Road to Home Ownership

- What are the pros and cons of owning a home?
- What mortgage basics do you need to know before buying?
- What's involved in the mortgage application process?

Your Credit Report

- What is a credit report?
- How does your credit report affect your finances?
- How can you maintain or improve your credit score?

Banking Basics for Students

- How can students create a budget?
- How can students start to save?
- How can students use credit wisely?

Protect Your Small Business From Fraud

- What are the ways fraud can happen to your business?
- How can you protect your business and yourself?

What Every Woman Should Know About Money

- Why do you need to be confident about your finances?
- What are your short-, medium- and long-term goals?
- Why is saving important, and should your plan change over time?

Financial Tips for Your Small Business

- How can managing your finances help your business?
- What are some common practices, rules and tools to help you manage your business finances?
- How can these tools help you start and grow your business?

10 Ways To Simplify Your Life Using Banking Technology

- How can you bank conveniently from your smart phone?
- What are some tools for managing your finances online?
- How can you bank without visiting a branch?

Tips and Tools for Helping Seniors Avoid Financial Exploitation

- How can you recognize and reduce the risk of senior financial exploitation?
- How can you guard yourself against identity theft?
- What can you do to plan financially and prepare for the unexpected?

If you would like to provide one or more of these seminars to your employees, contact your bank representative today.

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