## **Supervised Parenting Time**

**Location**: Any (Home, Office, Community) **Client**: Parent/Caregiver, Child, Sibilng Groups

**Duration**: Moderate – referrals are created for six months

Level 1: Up to 6 hours per week Level 2: Up to 12 hours per week Level 3: Up to 18 hours per week

Payer: DCS

## **Summary:**

Supervised Parenting Time as identified by DCS/Probation will be provided between parents/children/siblings and/or others who have been separated due to a substantiated allegation of abuse or neglect or involvement with juvenile probation. This service allows the child an opportunity to reconnect and reestablish the parent/child/family relationship in a safe environment. It is an excellent time for parents to learn and practice new concepts of parenting and to assess their own ability to parent through interaction with the child. Supervised Parenting Time allows the DCS/Probation to assess the relationship between the child and parent and to assist the parent in strengthening their parenting skills and developing new skills

The role of the provider is to protect the integrity of the interaction and provide a positive atmosphere where parents and children may interact in a safe, structured environment. This may occur in a visitation facility; neutral sites such as parks, fast food restaurant with playground, or shopping malls; child's own home or relative's home; foster home; or other location as deemed appropriate by the referring agency and other parties involved in the child's case taking into consideration the child's physical safety and emotional wellbeing.

The level and frequency of supervision required for parenting time and how the supervision is handled will depend upon the purposes for which it is required. Supervision should be consistent with identified case issues and supportive of case goals. Some of the major purposes of supervision are:

- protective, when there is reason to believe there are ongoing safety concerns,
- ongoing assessment, in determining when and if the child can safely return home,
- supporting the building of a mutually satisfying relationship between participants, and
- support of ongoing family treatment, by teaching and demonstrating parenting skills to parents and caregivers.

**Standard Supervised Parenting Time**: Usually combined with Homemaker/Parent services, or when the supervisor will be providing basic guidance (supervision of children, proper nutrition, diaper changing, etc.)

**Enhanced Supervised Parenting Time**: Usually combined with Home-Based Casework services, or when the supervisor will also be providing higher level guidance (relationship building, etc)

**Therapeutic Supervised Parenting Time**: Provided in conjunction with therapeutic services and/or when the visit supervisor will be providing a high level of guidance (working through

family therapy). Therapeutic parenting time can be facilitated in the home (related to home based therapy) or in an office setting (related to counseling).