

Knowledge of Parenting Skills & Youth Development

Correlates with Household Rules/monitoring for the child

Research shows that “brain development in infants is positively affected when parents work to understand and meet their basic needs for love and affection or provide comfort when they are hungry, bored, tired, wet, or cold. Neglectful or abusive parenting can have a negative effect (on an infant’s) brain development”
[www.childwelfare.gov/preventing].

Signs of Knowledge of Parenting Skills and Youth Development:

- Having appropriate expectations for a child’s age and abilities
- Adjusting parenting styles for each child’s unique temperament and circumstances. Parents of special needs children may benefit from additional coaching and support. [www.childwelfare.gov/preventing].
- Using appropriate child management and discipline.
- Speaking to the child in an age-appropriate manner
- Providing structure and support.
- Understanding misbehavior in the context of the child’s developmental needs or environment and not as a personal attack.
- Having knowledge of appropriate ways to keep children safe (E.g. shaken baby)

Questions to ask:

- What happens when someone in your house gets angry?
- When (this) happens, what do you do?
- How do you view your role in the home? To establish boundaries? Ensure safety for your child?
- What do you do to keep your family safe?
- What does your child or teen do when he/she is sad, angry, tired?
- What happens when your child (cries for a long time, has a tantrum, wets the bed, skips school)? Why do you think your child (cries, eats slowly, says “no,” breaks rules)?
- Describe your child’s current health/development. What do you do to keep your child so healthy?
- How have you let your child know what you expect?
- How have you seen other parents handle this?
- What would your parents have done in this situation?
- How do you think your child compares to other children his/her age?
- Have others expressed concern about your child’s behavior?
- What teaching methods (discipline) methods work best for you? How does your child respond?
- I noticed that you do (this) to keep your children safe. What else do you do to keep them from harm?

Resources:

<http://www.cdc.gov/parents/essentials/index.html>

www.onetoughjob.org

<http://www.zerotothree.org/child-development/play/tips-and-tools-play.html>

<http://www.joinvroom.org>

<https://www.youtube.com/watch?v=bSYUjE-FRRc> You don't have to be a Perfect Parent PSA's

<https://www.youtube.com/watch?v=mjd8aSYgAo0> Minuit Maid #doingood

<https://www.youtube.com/watch?v=JPEm7khwoKk> CDC Creating Structure and Rules for Your Child