

INAJ SOP Cognitive Behavioral Therapy (Comprehensive Service)

Location: Home Based

Client: Family

Duration: Moderate – six month referral with option for extension

Payer: DCS

Summary:

This service has been recommended because a youth has been indicated as exhibiting the need for treatment because of inappropriate sexually aggressive behavior.

This program offers treatment to youth who have exhibited inappropriate sexually aggressive behavior. The youth may be reintegrating into the community following out-of-home placement for treatment of sexually maladaptive behaviors. Youth may have sexually maladaptive behaviors and co-occurring mental health, intellectual disabilities or autism spectrum diagnoses. CBT-IN-AJSOP focuses on skill development for youth, family members and members of the community to manage and reduce risk. Youth and families learn specific skills including the identification of distorted thinking, the modification of beliefs, the practice of prosocial skills, and the changing of specific behaviors.

INAJ SOP/CBT 2: 8 Hours of Direct service per week, with or on behalf of the family provided by a Bachelors level case manager, at least 1 hour of therapy a week provided by a Masters level therapist and some support services provided by a Paraprofessional.