## **Family Centered Treatment (Comprehensive Service)**

**Location**: Home Based

**Client**: Family

**Duration**: Moderate – six month referral with option for extension

Payer: DCS

## **Summary:**

Family Centered Treatment offers an average of 6 months of evidenced based practice that quickly engages the entire family (family as defined by the family members) through a four phase process. The therapist works intensively with the family to help them understand what their values are and helps motivate them to a sustainable value change that will improve the lives of the whole family.

FCT is typically recommended in Service Mapping because the family has the need for a multitude of services to address family conflict, low family functioning and/or because the family has not engaged with many types of offered services and continues to re-enter the DCS system and/or a youth is at risk of a residential placement or is transitioning out of residential placement within 30 days and there is an identified caregiver.

Service Intensity: 8 Hours of Direct service per week, with or on behalf of the family provided by a Therapist with some support services provided by a Bachelors/Paraprofessional.