## **AFCBT/MI** (Comprehensive Service)

**Location**: Home Based

**Client**: Family

**Duration**: Moderate – six month referral with option for extension

Payer: DCS

## **Summary:**

This service has been recommended because of the indicated presence of child physical abuse, anger and verbal aggression, causing ongoing family conflict and/or child behavior problems, including physical aggression.

This program offers two models...

**AF-CBT** treatment to improve relationships between children and parents/caregivers by strengthening healthy parenting practices. In addition, services enhance child coping and social skills, maintains family safety, reduces coercive practices by caregivers and other family members, reduces the use of physical force by caregivers and the child and/ or improves child safety/welfare and family functioning.

**Motivational Interviewing** offers direct, client-centered counseling approaches for therapists to help clients/families clarify and resolve their ambivalence about change.

- AFCBT/MI Tier 1: 8 Hours of Direct service per week, with or on behalf of the family provided by a Therapist with some support services provided by a Bachelors/Paraprofessional.
- AFCBT/MI Tier 2: 8 Hours of Direct service per week, with or on behalf of the family provided by a Bachelors level case manager, at least 1 hour of therapy a week provided by a Masters level therapist and some support services provided by a Paraprofessional.
- AFCBT/MI Tier 4: 5 Hours of Direct service per week, with or on behalf of the family provided by a Bachelors level case manager, at least 1 hour of therapy a week provided by a Masters level therapist and some support services provided by a Paraprofessional