



Elevate YOUR Life AND Career

Confidential Support for
Indiana Judges, Lawyers
& Law Students



confidential Supportive
COMPASSIONATE
hopeful CARING



Make a Positive Change

With JLAP's help, many Indiana legal professionals have confronted their problems and turned their lives around. Seeking help can make all the difference. You don't have to manage it alone; call now. Our services are completely confidential.

Help is a Phone Call Away

When issues such as addiction, depression, anxiety, or life changes impair your work and strain your relationships, JLAP can help. Our experienced staff and volunteer network will listen, gather information, and help you determine the next steps.

When You Are Ready

The JLAP website contains information about our program, as well as helpful information about substance abuse, mental health, and other issues judges, lawyers, and law students may face in their professional or personal lives.

**If you or someone you know
needs guidance, contact us.**

866.428.5527 | 317.833.0370

WWW.COURTS.IN.GOV/IJLAP

“ I know what it is like to fear making a call to JLAP. If you think you might have a problem, there is no downside to contacting JLAP. Your call is completely confidential; you can talk to staff or to another attorney who is a JLAP volunteer, and they will not report you or tell anyone about your conversation. ”

- JLAP Participant

Confidentiality is Key

Any contact you have with JLAP is held in the strictest confidence under Rule 31 of the Indiana Rules for Admission to the Bar and the Discipline of Attorneys. Whether you are calling because you need help yourself or because you are concerned for a friend or colleague, no one will know about your call unless you give your permission.

Help Our Profession

Volunteer

JLAP volunteers are judges, lawyers, and law students who are committed to helping their colleagues. Many have overcome their own challenges and now want to give back by helping others. Our volunteers provide a statewide network of confidential support, which can range from one-on-one peer assistance to facilitating referrals for professional help.

Your Expertise Is Needed

If you are a judge, lawyer, or law student who has personal experience with or training in:

- substance abuse issues
- career transitions
- mental health issues
- stress and burnout
- physical impairments
- grief
- other quality of life issues

or if you just have a desire to help others, JLAP invites you to become a volunteer.

JLAP was established by the Indiana Supreme Court in 1997.

Indiana Judges and Lawyers Assistance Program (JLAP) helps judges, lawyers, and law students cope with issues that may diminish the quality of their lives or their ability to practice law. Anyone can call JLAP for help, whether you are the person in need or a concerned friend, family member, or colleague.

JLAP also works to promote quality of life within the legal profession. We work with law schools, law firms, bar associations, and other legal organizations to present programs on specific mental health or addiction issues, how to recognize symptoms in yourself or others, and how concerned individuals can help.

INDIANA JUDGES & LAWYERS ASSISTANCE PROGRAM

320 N MERIDIAN STREET, STE 606, INDIANAPOLIS, INDIANA 46204
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