

# The Indiana Commission to Combat Drug Abuse



*Behavioral Health Division*

## Comprehensive Community Plan

County: Steuben County

LCC Name: DFS (Drug Free Steuben)

LCC Contact: Angie Zelt

Address: 104 E. Gale Street a (Attn: Brett Hayes)

City: Angola, IN 46703

Phone: 260-710-5558

Email: drugfreesteubencounty@gmail.com

County Commissioners: Wil Howard, Andy Laughlin, and Ken Shelton

Address: 317 South Wayne Street

City: Angola

Zip Code: 46703

## Vision Statement

Drug Free Steuben exists to support individuals, families and our community in achieving a life free from substance abuse.

## Mission Statement

The mission of Drug Free Steuben is to raise the awareness of alcohol, tobacco, and other drug issues, and positively impact the problem of drug and alcohol abuse in our community.

## Membership List

#	Name	Organization	Race	Gender	Category
1	Tom Adamson	Cahoots Coffee Cafe	C	M	Youth Agency
2	Scott Poor	Cahoots Coffee Cafe	C	M	Youth Agency
3	Chris Emerick	Steuben Sheriff's Dpt.	C	M	Law Enforcement
4	Kim Lanman	Northeastern Center	C	F	Treatment
5	Shelly Grant	Women In Transition	C	F	Treatment
6	Megan Cook	Trine University	C	F	Education
7	Pam Feller	Probation	C	F	Judicial
8	Brett Hayes	Community Corrections	C	M	Judicial
9	Aimee Biddle	Community Corrections	C	F	Judicial
10	Matt Kling	Angola Police Dpt.	C	M	Law Enforcement
11	Marty McNeal	Prosecutors Office	C	M	Judicial
12	Shannon Gleason	McMillen Health	C	F	Education
13	Brett Hayes	Community Corrections	C	M	Judicial
14	Tia Buchs	ACE Academy	C	F	Education
15	Laura Allen	Prairie Heights Schools	C	F	Education
16	Mickinna Lothamer	Steuben County Health Dpt.	C	F	Health
17	Alicia vane	Steuben County Health Dpt.	C	F	Health
18	Megan Cook	The Bowen Center	C	F	Treatment
19	Ryan Sheets	Cameron Health	C	M	Health
20	Kathy Armstrong	JDAI	C	F	Government
21	Janet Haney	DMHA	C	F	Education/Prevention
22	Angie Middleton	Steuben County Health Dept.	C	F	Prevention
23	Abbie Mathiak	The Bowen Center	C	F	Treatment
24	Mike Wood	Angola PD	C	M	Law Enforcement
25	Schauna Relue	MS Steuben County	C	F	Education
26	Ron Laymeyer	Indiana Dept. Child Services	C	M	Prevention/Intervention
27	Leslie Schlottman	Turning Point	C	F	Intervention
28	Jane Sanderson	Northeastern Center	C	F	Intervention/Treatment
29	Sarah Jo Sites	MSD Steuben	C	F	Education
30	Tara Huisman	Steuben County Probation	C	F	Law Enforcement
31	Carolyn Davis	Faith Community Health Clinic		F	Prevention
32	Jackie Christman	Impact Institute	C	F	Intervention
33	Jennifer Barker	Northeast IN Council School Trust		F	Prevention

## LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year: January, February, March, April, May, June, August, September, October, and November.

## Community Needs Assessment: Results

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

### Community Profile

<b>County Name</b> Steuben
<b>County Population</b> 34,632
<b>Schools in the community</b> <ul style="list-style-type: none"><li>● Prairie Heights School Corporation</li><li>● Fremont Community Schools</li><li>● MSD of Steuben County</li></ul> Hamilton Community Schools ACE Academy
<b>Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)</b> Activate Healthcare Cameron Family Medicine Cameron Hospital Physician Office Cameron Memorial Community Hospital Faith Community Health Clinic Home Sweet Home Healthcare Lutheran Medical Group Maplewood Family Medicine Mattox Family Physicians Inc Neurology Center Parkview Health System Steuben County Health Department Watkins Family Practice
<b>Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)</b> Cameron Memorial Community Hospital Cameron Psychiatry Faith Community Health Clinic Janice A. King, LMHC, LMFT Counseling Services Living Well Behavioral Health Mental Health Association Northeastern Center

Parkview Physicians Group  
The Bowen Center  
The Sante Group, Inc.  
Tricia Bowerman, MS, LMFT

**Service agencies/organizations**

Impact Institute  
Women In Transition  
Steuben County Welfare Department  
Community Action of NE Indiana  
The Bowen Center  
TLC House  
Stay Home Senior Care  
Community AntiViolence Alliance  
Family & Social Services Administration  
Turning Point Homeless Shelter  
Project Help  
Steuben County Division of Family Resources  
Northeast Indiana Community Corrections  
JDAI  
Cahoots Coffee Café  
Four County Transitional Living  
Whittington Homes & Services  
Northeastern Center

**Local media outlets that reach the community**

Herald Republican  
Ink Free News  
Newsbreak  
Roadside Thoughts  
Steuben Republican  
WANE-TV  
WAWK AM Radio  
WEAX Radio  
WISE  
WPTA  
WLZZ Country Radio  
WTHR Radio

**What are the substances that are most problematic in your community?**

Alcohol, amphetamines, marijuana and methamphetamine, opioids Delta 8, Delta 9, Delta 10, vaping

**List all substance use/misuse services/activities/programs presently taking place in the community**

Women In Transition  
The Bowen Center  
Northeast Indiana Community Corrections  
Northeastern Center  
Turning Point Shelter  
TLC House

## Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

**Risk Factors Examples:** trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

**Protective Factors Examples:** strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1.Small community where resources are limited.	1.Several community resources addressing substance abuse.  2.Strong school administration and caring educators.  3.Active drug free coalition.	1. Lack of transportation to resources.  2. Lack of knowledge regarding community resources.  3. Lack of detox facilities.  4. Lack of childcare.
2.Alcohol and drug use continue to be an issue for adults and youth.	1.Community youth programs.  2.Schools involved in substance abuse education.  3.Community programs geared towards family programs.	1. Mental health issues are on the rise which often lead to substance abuse.  2. Lack of knowledge regarding community resources.  3. Parents often see alcohol consumption as a rite of passage.  4. Marijuana is not viewed as a drug and many believe it should be legal.  5. Stigma around needle exchange programs.

<sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

<p>3. Accessibility to legal marijuana, Delta 8 and prescription drugs.</p>	<p>1. Substance use prevention programs available.</p> <p>2. Substance use intervention services are available.</p>	<p>1. Many people traveling through Steuben County to larger cities makes drugs more readily available in our community.</p> <p>2. Limited community education regarding Delta 8.</p> <p>3. Steuben County is located near Michigan where marijuana is legal.</p> <p>4. Local billboards promoting marijuana use and promoting where it can be purchased.</p> <p>5. Lack of knowledge regarding prescription drug misuse.</p>
<b>Protective Factors</b>	<b>Resources/Assets</b>	<b>Limitations/Gaps</b>
<p>1. Access to mental health care</p>	<p>1. Local mental health counseling available.</p> <p>2. Treatment agencies addressing the issue of substance abuse and the connection to mental health diagnosis.</p>	<p>1. The ability to get individuals who need assistance engaged.</p> <p>2. Stigma associated with mental health issues.</p> <p>3. Lack of public transportation.</p>
<p>2. Community-based interventions</p>	<p>1. Many opportunities available in our community for individuals seeking support for substance abuse issues.</p> <p>2. Recovery homes located in the community.</p> <p>3. Local agencies offering programs such as AA and NA.</p>	<p>1. Community knowledge of available resources in the community.</p> <p>2. Stigma associated with seeking treatment.</p> <p>3. No local detox facilities.</p>
<p>3 Meaningful youth engagement opportunities</p>	<p>1. Schools work to provide extracurricular activities for students.</p> <p>2. Law enforcement works to keep underage alcohol consumption and illegal drug activity in check.</p> <p>3. Local coffee shop offers youth programming.</p>	<p>1. Lack of transportation to youth events if parents aren't available.</p> <p>2. Need more programs offering a youth mentoring component.</p> <p>3. Lack of youth programs in the community.</p>

## Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

### **Step 1: Create + Categorize Problem Statements**

*Create problem statements as they relate to each of the identified risk factors.*

<b>Risk Factors</b>	<b>Problem Statement(s)</b>
1.Small community where resources are limited.	1.Steuben County residents continue to have limited access to substance use treatment due to lack of public transportation.  2. Steuben County residents continue to have limited child care resources making it difficult to manage the substance use recovery process.  3.No inpatient recovery services available for adults and youth.  4.Limited psychiatric services.
2. Substance use disorders continue to be an issue for adults and youth.	1.Steuben County continues to have a problem with underage drinking and adult alcohol misuse.  2.Steuben County has limited youth programming and mentoring opportunities.  3.Steuben County continues to have problems with adult and youth drug use, specifically amphetamines, methamphetamine and marijuana.  4.Steuben County residents suffer from mental health related addiction issues.  5. Steuben County residents use amphetamines.  5.Steuben County residents need more education regarding prescription drug misuse.

	<p>6. Legal penalties for alcohol and drug offenses are too weak.</p> <p>6. Lack of parent involvement has led to increased substance use disorders among youth.</p>
3. Accessibility to legal marijuana, Delta 8 and prescription drugs.	<p>1. Steuben County continues to have marijuana related offenses due in part to Steuben County bordering Michigan where marijuana is legal.</p> <p>2. Steuben County continues to have offenses related to the distribution of marijuana.</p> <p>3. Steuben County needs more education regarding Delta 8.</p> <p>4. Steuben County needs more education regarding the dangers of prescription drug misuse.</p> <p>5. Steuben County schools need to have more access to information regarding current drug trends.</p>

## Step 2: Evidence-Informed Problem Statements

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

Problem Statements	Data That Establishes Problem	Data Source
1. Steuben County continues to see residents struggling with mental health related substance use disorders.	<p>In 2022, 445 clients with substance use disorder also suffered from mental health issues.</p> <p>1 in 5 Indiana residents struggles with mental health issues.</p> <p>107 individuals placed on probation suffered from mental health issues.</p>	<p>Northeastern Center</p> <p>IYI Kids Count 2022 Data Book</p> <p>Steuben County Probation</p>
2. The use of Delta 8, 9, and 10, fentanyl, meth, opioids and amphetamines among youth and adults has increased in Steuben County.	<p>9.9% of Indiana children live with an adult suffering from a substance use disorder.</p> <p>In 2022, of 2255 drug screens, 210 were positive with the</p>	<p>IYI Kids Count 2022 Data Book</p> <p>Steuben County Community Corrections</p>

	<p>greatest number being amphetamines.</p> <p>In 2021, 52% of residents indicated meth was their drug of choice.</p> <p>Substance use disorder is the second most common reason (60%) children were placed in foster care in Indiana.</p> <p>In 2022, there were 62 felony cases and 200 misdemeanor cases involving substance use offenses.</p> <p>Of 175 drug screens, 31 were positive for THC and 34 for amphetamines.</p>	<p>Women In Transition</p> <p>IYI Kids Count 2022 Data Book</p> <p>Steuben County Probation</p> <p>Steuben County Probation</p>
<p>3. Alcohol misuse continues to be a problem among youth and adults in Steuben County.</p>	<p>6% of Indiana adults suffer from alcohol use disorder.</p> <p>In 2021, 24% of residents indicated alcohol was their drug of choice.</p>	<p>IYI Kids Count 2022 Data Book</p> <p>Women In Transition</p>

### Step 3: Brainstorm

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
<p>1. Steuben County continues to see residents struggling with mental health related substance use disorders.</p>	<p>Provide support to agencies offering mental health counseling.</p> <p>Work to educate the community on substance use disorders associated with mental health issues.</p> <p>Support mental health counseling agencies that provide services in the schools.</p> <p>Support judicial programs that address mental health issues.</p>

<p>2. The use of Delta 8, 9, and 10, fentanyl, meth, opioids and amphetamines among youth and adults has increased in Steuben County.</p>	<p>Work to raise awareness of the dangers of Delta 8, 9, and 10, fentanyl, meth, opioids and amphetamines.</p> <p>Help promote agencies offering recovery services for adults and youth with substance use disorders.</p> <p>Increase opportunities to educate youth and adults on the dangers of Delta 8, 9, and 10, fentanyl, meth, opioids and amphetamines.</p> <p>Support drug prevention programs for k-12 school students.</p> <p>Work to raise community awareness on the dangers of Delta 8, 9, and 10, fentanyl, meth, opioids and amphetamines.</p>
<p>3. Alcohol misuse continues to be a problem among youth and adults in Steuben County.</p>	<p>Support educational programs at the collegiate level to reduce the abuse of alcohol among their students.</p> <p>Support alcohol prevention programs for k-12 school students.</p> <p>Support law enforcement and judicial initiatives that address alcohol related offenses and issues.</p> <p>Support education, prevention and early intervention programs that address the negative impact of alcohol.</p> <p>Raise public awareness of the problem of alcohol-related issues and their cost to society.</p> <p>Promote the Lifeline Law.</p>

**Step 4: Develop SMART Goal Statements**

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

<p><b>Problem Statement #1</b></p>
<p>Goal 1 Reduce the number of positive drug screens through coalition agencies by 3% by April 2025.</p>
<p>Goal 2 Reduce the number of adults and youth placed on probation for substance use offenses by 3% by April 2025.</p>
<p><b>Problem Statement #2</b></p>

<p>Goal 1 Increase the number of individuals receiving mental health counseling for issues related to substance use disorders by 5% by April 2025.</p>
<p>Goal 2 Decrease the number of individuals on probation suffering with a mental health disorder by 3% by April 2025.</p>
<p><b>Problem Statement #3</b></p>
<p>Goal 1 Increase the number of students receiving alcohol prevention education by 5% April 2025.</p>
<p>Goal 2 Decrease the number of adults and youth on probation for alcohol related offenses by 3% by April 2025.</p>

**Step 5: Plans to Achieve Goals**

*For each goal, list the steps required to achieve each*

<b>Problem Statement #1</b>	<b>Steps</b>
<p>Goal 1 Reduce the number of positive drug screens through coalition agencies by 3% by April 2025.</p>	<ol style="list-style-type: none"> <li>1.Support agencies that offer prevention services related to drugs.</li> <li>2.Support agencies that provide treatment services to youth and adults working through substance use disorders.</li> <li>3.Support law enforcement agencies addressing substance use disorders.</li> <li>4.Grow coalition members to include more agencies that provide substance use services, preventative and treatment.</li> </ol>
<p>Goal 2 Reduce the number of adults and youth placed on probation for substance use offenses by 3% by April 2025.</p>	<ol style="list-style-type: none"> <li>1.Support programs that provide intervention and treatment services.</li> <li>2.Provide community awareness regarding substance use disorders.</li> <li>3.Promote prescription drug drop-off box for unused and expired medications.</li> </ol>
<b>Problem Statement #2</b>	<b>Steps</b>
<p>Goal 1 Increase the number of individuals receiving mental health counseling for issues related to substance use disorders by 5% by April 2025.</p>	<ol style="list-style-type: none"> <li>1.Promote community awareness of mental health and substance use disorders.</li> <li>2.Support agencies that provide mental health counseling and education to youth.</li> </ol>

<p>Goal 2 Decrease the number of individuals on probation suffering with a mental health disorder by 3% by April 2025.</p>	<p>1.Support agencies that offer preventative education on mental health and substance use disorders.</p> <p>2. Support law enforcement programs that help identify mental health issues.</p>
<b>Problem Statement #3</b>	<b>Steps</b>
<p>Goal 1 Increase the number of students receiving alcohol prevention education by 5% April 2025.</p>	<p>1.Encourage increased school participation in the coalition.</p> <p>2. Support programs that provide preventative education in schools.</p> <p>3. Encourage local church youth leaders to join the coalition.</p>
<p>Goal 2 Decrease the number of adults and youth on probation for alcohol related offenses by 3% by April 2025.</p>	<p>1.Increase community awareness of alcohol treatment programs offered in Steuben County.</p> <p>2.Increase youth serving agency participation in the coalition.</p> <p>3.Add a representative from AA or Celebrate Recovery to the coalition.</p>

## Fund Document

*The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).*

Funding Profile		
1	Amount deposited into the County DFC Fund from fees collected last year:	\$44,853.51
2	Amount of unused funds from last year that will roll over into this year:	\$3,959.34

<b>3</b>	<b>Total funds available for programs and administrative costs for this year (Line 1 + Line 2):</b>	<b><i>\$48,812.85</i></b>
<b>4</b>	<b>Amount of funds granted last year:</b>	<b><i>\$29,972.60</i></b>

**Additional Funding Sources (if no money is received, please enter \$0.00)**

<b>A</b>	<b>Substance Abuse and Mental Health Services Administration (SAMHSA):</b>	<b><i>\$0.00</i></b>
<b>B</b>	<b>Centers for Disease Control and Prevention (CDC):</b>	<b><i>\$0.00</i></b>
<b>C</b>	<b>Bureau of Justice Administration (BJA):</b>	<b><i>\$0.00</i></b>
<b>D</b>	<b>Office of National Drug Control Policy (ONDCP):</b>	<b><i>\$0.00</i></b>
<b>E</b>	<b>Indiana State Department of Health (ISDH):</b>	<b><i>\$0.00</i></b>
<b>F</b>	<b>Indiana Department of Education (DOE):</b>	<b><i>\$0.00</i></b>
<b>G</b>	<b>Indiana Division of Mental Health and Addiction (DMHA):</b>	<b><i>\$0.00</i></b>
<b>H</b>	<b>Indiana Family and Social Services Administration (FSSA):</b>	<b><i>\$0.00</i></b>
<b>I</b>	<b>Local entities:</b>	<b><i>\$0.00</i></b>
<b>J</b>	<b>Other:</b>	<b><i>\$0.00</i></b>

**Categorical Funding Allocations**

<b>Prevention/Education:</b>	<b>Intervention/Treatment:</b>	<b>Justice Services:</b>
\$12,203.21	\$12,203.21	\$12,203.22
<b>Funding allotted to Administrative costs:</b>		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator compensation		\$7,500.00
Office supplies		\$4,703.21
<b>Funding Allocations by Goal per Problem Statement:</b>		
<b>Problem Statement #1</b>	<b>Problem Statement #2</b>	<b>Problem Statement #3</b>
Goal 1: \$6,101.60	Goal 1: \$6,101.60	Goal 1: \$6,101.61
Goal 2: \$6,101.60	Goal 2: \$6,101.60	Goal 2: \$6,101.60